

# **ŠRÎ SÂI LEELA**

## Šrî Shirdi Sai Bâbâ Temple

1449 & 1451 Abers Creek Road, Monroeville, PA 15146 Mailing: PO Box 507, Monroeville, PA 15146-0507; Phone: 412-374-9244 TAX EXEMPT # 25-1584149 - Website: http://www.baba.org

"Help Ever, Hurt Never"

January 2018 Like us - www.facebook.com/pittsburghbabatemple " Everyone should firmly believe that they are the Atma, Embodiment of Divine Self. Šrî Sâi Bâbâ."

#### PROGRESS REPORT OF FUND RAISING

Dear Embodiments of Love:

May SAI BABA BLESS ALL OF US. The Temple conveys gratitude for your continued support to the First Sri Shirdi Sai Baba Temple in USA for the past 3 decades. As you all know, the Temple is in the process of constructing a new Temple building to better serve the needs of the devotees.

The new Temple site plan includes a new building, private driveway, meditation Gazebos, and a walking trail. The estimated budget for the all the construction is an estimated 5 million dollars. WE CANNOT MOVE AHEAD WITHOUT YOUR FINANCIAL SUPPORT.

You do not have to make the full donation at one time. You can pledge a total amount and can donate towards the pledge over time. The Temple acknowledges all the devotees that have pledged to donate to the New Temple project so far.

We thank all the devotees that have supported the temple so far. Consider supporting the construction of the New Shirdi Sai Baba Temple and be a part of our Sri Sai Sanjeevani Tree. The amount that has been fundraised so far is close to \$350,000, the goal is

#### President's New Year's Message of 2018

**Dear Embodiment's of Divine Love and Peace:** Sai Baba bless all of us a Happy New Year with Health and Wealth. Thank you all with immense gratitude and love for your continued support to the temple

Wealth has 4 sons- 1. Charity 2. Government 3. Fire 4. Thieves. If we donate to the 1st son (Charity) other 3 will have no claim. Any amount is welcome-\$1008, \$504, \$252, \$108, \$54, \$21 & \$11. Annadanam is the Greatest Gift of All and is being rendered throughout the year in India and in the Temple. Your generosity is enabling these noble programs.

#### WORLD PEACE YAGNAS - JAN 12 - 18, 2018

This year's aim of the World Peace Yagnas is to pray for individual peace. By addressing problems of individuals, we can achieve world peace. There will be 7 different Yagnas, one each day of the Peace Yagnas. Choose the one(s) of the Yagna(s) for you or someone you want to help. (see insert). May Baba bless us all with Peace, which He has and we need!

MAY ALL DENIZENS OF ALL THE WORLDS BE HAPPY.PEACE-TRANQUILITY-SERENITY

**Yours in Service** President - Sri Panduranga Rao Malyala



\$500,000 for the Phase 1. The names of devotees who have sponsored 1-3 bricks for the proposed temple project are on our temple website.

We humbly request you to sponsor a leaf on the Sanjeevani Tree with a donation of \$1008

or greater. (You can have your family names or names of your choosing on the leaf) You may make a pledge to donate over time. If you cannot sponsor a leaf consider sponsoring a single brick for \$252.

With Gratitude and Love, May Baba bless us all -Temple Management

#### Leaf Sponsorship of the Sai Sanjeevani Tree 252 - One brick (1-3) - Name on website\$1008 - Bronze Leaf \$2500 - Silver Leaf \$5000 - \$10,000 Gold Leaf \$10,000 - Small picture (4.25" x 5.5") \$100,000 - Gold Leaf, Medium picture (8.5"x11") \$500,000 - Gold Leaf, Large picture (15"x 22") \$1 million - Gold Leaf, Extra Large picture(24"x 36")

#### Chant the Surya Mantra for health and Prosperity

Surya arishtetu sampraapthe Surya pujaamcha kaarayet Surya dhyaanam pravakshyami Atma PeeDa upashanthaye

Adi Deva Namastubhayam praside mama Bhaskara Diwakara Namastubhayam Prabhakara Namastute

Saptaswa radhamaroodam prachadam kasyapatmajam Sweta padmaharam devam Tam Suryam pranamamyaham

Om Japa Kusuma Sankasam Kashya peyum mahadyuthim Thamorim sarva papaghanam pranatosmi divakaram

Banduka pushpa samkasam harakundala bhushitam Eka chakra dharam devam tam Suryam Pranamamyaham

Viswesam viswakartaram mahatejah pradeepanam Maha papaharam devam tam Suryam Pranamamyaham

#### Lunar eclipse - January 31, 2018

Karkataka Rasi in Stars (Punarvasu(4th), Pushyami, Ashlesha) TEMPLE will be open at 12:00 noon Abhishekam, Arathi - 12:00pm to 2:00pm Nakshatra Homam & Arathi - 5:30pm

Makara Sankranthi - Sankramanam "Makara Sankranthi Subhakankshalu"



#### Saptaswa Radhamaroodam Prachandam Kasyapatmajam Sweta Padmadharam Devam Tham Suryam Pranamamyaham

Makara Sankramana is the day on which the Sun appears to traverse from the Tropic of Capricorn in the South to Tropic of Cancer in the North. The Sun takes the northern path from this day, the higher path. Whenever the mind yearns for and pursues a goal, it is on the northern path, following the Sun, the splendor of Intelligence. The summer solstice day is celebrated as an auspicious festival since ages.

Every home is swept clean. Women draw auspicious designs(Rangoli) on the floor. They place a lump of cow dung with a big yellow flower in the middle of that design. The cow dung symbolizes the COW, the GO that Gopala feeds and fends. "GO" also means, beings, souls, and individuals. Thus each trivial detail of the festival rites has a meaning; people hang mango leaves across their doors to welcome the Sun God.

On this day, sweet rice is cooked in milk. The food is sathvic, which promotes elevated thoughts, mildness and humility. What you take in through the eye, the ear, the nose, the mouth and the skin for variegated experiences of the objective world is food in different forms. Every particle of it has to be sathvic for your quick progress towards self realization.

The Moon represents the emotion and the Sun represents the intellect. Both must be balanced in every individual, emotion held back by intelligence. One must learn to accept good and bad bravely and welcome every happening with a "Yes".

## Sri Surya Namaskara- Salutations

OM MITRAYA NAMAH - NAMASKARAM SAMARPAYAMI. (THE FRIEND OF ALL)

OM RAVAYE NAMAH - NAMASKARAM SAMARPAYAMI. (PRAISED BY ALL)

OM SURYAYA NAMAH - NAMASKARAM SAMARPAYAMI. (THE GUIDE OF ALL)

OM BHANAVE NAMAH-NAMASKARAM SAMARPAYAMI.(THE BESTOWER OF BEAUTY)

OM KHAGAYA NAMAH-NAMASKARAM SAMARPAYAMI.(STIMULATOR OFTHE SENSES)

OM PUSHNE NAMAH -NAMASKARAM SAMARPAYAMI. (THE NOURISHER OF ALL)

OM HIRANYAGARBHAYA NAMAH - NAMASKARAM SAMARPAYAMI. (THE CREATOR)

OM MARICHAYE NAMAH -NAMASKARAM SAMARPAYAMI. (DESTROYER OF DISEASE)

OM ADITYAYA NAMAH - NAMASKARAM SAMARPAYAMI. (THE INSPIRER)

OM SAVITRE NAMAH - NAMASKARAM SAMARPAYAMI. (THE PURIFIER)

OM ARKAYA NAMAH - NAMASKARAM SAMARPAYAMI. (THE RADIANT)

OM BHASKARAYA NAMAH- NAMASKARAM SAMARPAYAMI. (THE ILLUMINATOR)

## Significance of Surya Namaskara: Health is Wealth

For thousands of years we revere the Sun (Surya), as both the physical and spiritual heart of our world and the creator of all life itself. One of the means of honoring the Sun is through the Surya Namaskar (known as Sun Salutation). The Sanskrit word Namaskar stems from namas means "to bow to" or "to adore." Kara means "you" also comes from the root. The Meaning "the divine in me honors the divine in you." Each Sun Salutation begins and ends with Namaskara mudra, touched to the heart. Surya Namaskar or Sun salutation, is a morning ritual of prayer and worship to Lord Surya the God of health.

The Sun Salutations are said to remove bodily and mental tensions, improve circulation, stimulate the nervous system and raise the body heat. All joints are loosened and lubricated. It offers great flexibility to your spine. The muscles of the abdomen, pelvis and spine are toned and strengthened. The breathing is regulated, thereby calming the mind. If practiced slowly, it has a calming effect.

Our ancestors are performing Surya Namaskars as part of worship which gives us good health.

# Sri Shirdi Sai Baba Temple

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# Sai Family Puja Sponsorship \$252

The donors will be listed as Sai family supporters of 2018 in the website and will be included in the 5 major festivals (Maha Sivaratri, Ugadi, Guru Poornima, Dasara and Deepavali) throughout the year and prasadam will be sent.

# **Annual Sai Family Puja Sponsorship \$1008**

The donors will be listed as Annual Sai family supporters of 2018 in the website and will be included in all the major festivals throughout the year and a blessed silver pendant will be sent as prasadam.

Method of donation: Check (	)Numb	er:	Cash (	),CC (	)
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#### CALENDAR OF EVENTS - JANUARY 2018 Samvatsaram: Sri Heyvilambi

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\$108	Subrahmanya Archana					
\$54	Oil lamps (6)					
\$126	Jan 23 Tue Ratha Saptami					
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<i>Q</i> 100	•					
\$54	10.30 am Durga Homam	\$1 \$				
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\$54	Krittika Nakshatra Archana	•				
\$108 \$18	Oil Lemon lamps (2) <b>Krittika Deepam :</b> The lamps are also lit for a ha and for the well being of children in the family.	ppy married l				
	Jan 27 Sat Bheeshma(Jaya) Ekadasi - ANTHAF	RVEDI kalya				
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<b>&amp;</b> \$108		n & Archana				
\$126 \$36 \$21 \$108	Jan 28 Sun Bhanu Pradosham 06.30 pm Ekavara Rudra Abhishekam Siva Archana Jan 30 Tue 6 pm Sri satyanarayana Vratam					
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10.00 am Lalitha Sahasranama Homam\$12606.00 pm Lalitha Sahasranama Parayana/Flowers\$27Travelling is Prohibited. Festival of animals- cow and calf		TEMPLE will be open at 12:00 Noon				
weet	-					
	5.30pm Nakshatra Homa	ım				
\$54	- Sei Arathi					
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mi \$54 Homama \$18 Archana thi puja to all Participants. ti shekam \$54 na \$18 \$12 \$126 \$18 \$126 \$18 & Krittika Deepam tra Archana \$18 (2)\$6 also lit for a happy married life n the family. asi - ANTHARVEDI kalyanam na Homam \$126 \$54 Vratam uma parayanam & Archana \$54 **\$36** \$18 Abhishekam \$54 na Vratam LUNAR eclipse in Karkataka ı, Pushyami, Ashlesha)

### pen at 12:00 Noon

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