

Blake Kneeland, Studio Receptionist and Maintenance, is a familiar face at the studio who, sadly, never had a "title" (or public recognition) until now! Blake has handled all of the maintenance on our current studio, as well as our original studio, since 2011. With the growth of YogaOne, he now also fills in as occasional receptionist. Blake practices yoga two to three times per week and can't say enough about how it has improved his golf game....and his life!