

Chronic fear

Chronic fear:

The Truth is when you have chronic or reoccurring fears it is a sign you need to develop a better Love walk in your life. This begins with making a closer connection to your Father God because God is Love.

1 John 4:8 ^(AMP)

⁸*He who does not love has not become acquainted with God [does not and never did know Him], for God is love.*

What is fear? It is an acronym that says "Fear = False, Evidence, Appearing, Real"

These false thoughts and feelings of fear need to be submitted to what the Word of God says. Taking the Word of God as the highest Truth is the action of putting the "thoughts of fear from satan" under your feet as you make Jesus Christ the even greater Lord of your life.

So what is the Truth about these fears and satan's power to harm you?

1 John 4:4 ^(ASV)

⁴*Ye are of God, my little children, and have overcome them: because greater is he that is in you than he that is in the world.*

We are now at the intersection of decision between the stronghold of chronic fear in your mind and the Biblical Truth that "Greater is He who is within you than he who is in the world". This "Greater is He" is in fact the same "God of Love" that lives in your heart! This God of Love is the active force in your heart that has the power to remove all fear from your mind.

1 John 4:18 ^(ASV)

¹⁸*There is no fear in love: but perfect love casteth out fear, because fear hath punishment; and he that feareth is not made perfect in love.*

Decide today you are going to live a life of Love and forgiveness towards others. When you do it is important that you remember it is a choice and not a feeling to walk in Love. Walking in God's Love is saying "Forgive them Lord" in obedience no matter how you "feel" at that moment. The Good News is when you make this choice you allow God to liberally supply an increased Love Life Force within your heart that will *cast out the fear*.

Do you see the connection? When you walk in Love and forgiveness in obedience to God He will liberally supply Love in your heart. It is this Love Force that will do the work of CASTING OUT YOUR FEAR. Your Love walk is really the spiritual weapon to overthrowing your fear thoughts and feelings as you submit to the obedience of Christ.

2 Corinthians 10:4-5 ^(AMP)

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⁴ *For the weapons of our warfare are not physical [weapons of flesh and blood], but they are mighty before God for the overthrow and destruction of strongholds,*

⁵ *[Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),*

We are to lead every thought and purpose away captive into the obedience of Christ with the Help from Father God Himself through the Holy Spirit. We are not expected to do this within our own power or efforts.

Ephesians 3:16-17 ^(AMP)

¹⁶ *May He grant you out of the rich treasury of His glory to be strengthened and reinforced with mighty power in the inner man by the [Holy] Spirit [Himself indwelling your innermost being and personality].*

¹⁷ *May Christ through your faith [actually] dwell (settle down, abide, make His permanent home) in your hearts! May you be rooted deep in love and founded securely on love,*

Conclusion, Your Father God wants you to succeed and has provided a way for you to life free of fear.

Confession:

1. Read the above Scriptures aloud and place yourself in each Scripture as if it was written just for you. Be like Jesus and say "It is written!"
2. Confess aloud:
 - a. "Father God you Love me... right now, as I am and without measure."
 - b. "Father God thank you for giving me your Power of Love to overthrow the strongholds of fear in my life. With your strength added to my choice I now have overcome all fear."
 - c. "Greater is the Love that flows from my heart, than the thoughts of fear that come against my mind!"
 - d. I choose to open my heart and receive from you Father God your Love, Peace, Joy and Strength for my life and reject all fear.
 - e. I declare I am now free from fear no matter how I feel because God is faithful.

Prayer:

"Father God, you Love me and have given me Grace in my life. Today I respond to your Love nature that lives in my heart and choose to live an even greater life of Love and forgiveness towards all others. As I obey your instructions, I ask for Your Love within my heart to cast out all fear from my mind. I place all thoughts of fear under the submission to what the Word of God says and will rest knowing you will strengthen me. I am free now from fear in Jesus' name. I choose to have the Love of God living and flowing in my heart."