


Introduction to EMDR


with Dr. Krista Trefz



Participants will learn the basic fundamentals of Eye Movement Desensitization and Reprocessing [EMDR] including who are the ideal clients, how long therapy lasts and expectations for both client and therapist.

Light breakfast and beverages will be provided

 Discovery Village-Stuart
2625 SE Cove Rd.
Stuart, FL

 October 6, 2023
9:00 AM - 10:30 AM

This workshop has been approved for and offers 1.5 contact hours. BAP-321, Exp. 03/25

Register for free here: <https://www.naswfl.org/events.html>