

# Mo-Kan Connection



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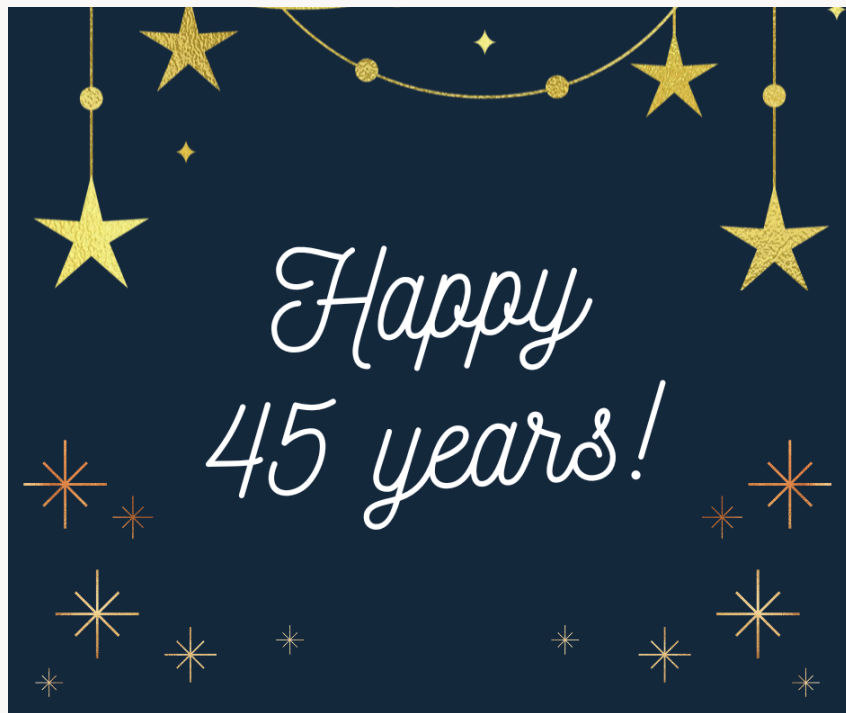
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**The Mo-Kan Chapter of the American Business Women's Association chartered on April 27, 1980!**

### **Mission Statement**

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

## *From my Desk to Yours*



Spring is here which brings new growth, new possibilities, new opportunities! ABWA and our chapter offer many opportunities to grow **you** personally and professionally!

In May, we will vote for our new Executive Board which consists of the President, Vice-President, Secretary, and Treasurer; all these positions will be open as the current officers are moving on to other opportunities! Why would anyone want to serve on this board?

- **Growth** – you get to learn more about yourself as you take on new activities associated with these positions! See the article in this newsletter about the responsibilities of each officer.
- **Resume' enhancing** – serving as an officer and even a committee chair/co-chair is absolutely something to add to your resume! It shows that you have initiative and leadership drive!
- **Skill-building** – there may be activities you've not conducted before such as create an agenda, take minutes, create a treasury report, delegation

ABWA is a safe place to learn skills that you can take to your job or your business; serving on the board or as a committee chair/co-chair can up your game in your career!

Let me share my story: I joined in March 1985 and later that year was asked to be newsletter chair – I knew nothing about creating a newsletter! What an opportunity to try something new and who knows, maybe it will help me be creative in my job (it did!) The next year I was nominated to be the chapter Secretary. I had done some of this in college so I thought, why not? It would lead me to learn so much more about ABWA and more importantly, more about myself and what I was willing to do that was unfamiliar! Over the subsequent years, I stepped out from the back of the room and served in many chapter positions that helped me in my career immensely! How you may ask? I grew more confident in speaking to and leading teams at work and creating presentations for corporate leaders.

I hope you embrace the growth opportunities and see what you **BECOME!**

Cheers!

*Meg Bell, 2024-25 Mo-Kan President*



**BELIEVE. BELONG. BECOME.**  
American Business Women's Association

# *“Deliberate Growth® for Leaders”: Book Release Inspiration and Conversation*



**KEYNOTE: Debra Kunz**  
**WEDNESDAY, April 9th, 2025**  
O'Neill's Restaurant & Bar  
9417 Mission Rd, Leawood, KS 66206

**NETWORKING: 5:30pm**  
**DINNER: 6:00pm**  
**PROGRAM: 6:40pm**

*Changing Women's Lives  
One Woman at a Time.*

MO-KAN CHAPTER

Email [ABWAMoKan@gmail.com](mailto:ABWAMoKan@gmail.com)  
Website [www.abwamokan.org](http://www.abwamokan.org)



Join Author and Executive Coach Debra Kunz for an insightful conversation about her new just released book: *“Deliberate Growth® for Leaders: Discover Blind Spots, Activate Teamwork, Accelerate Results!”*

**Bring your copy for Debra to sign!**

Debra will explore powerful insights that will transform the way you lead and grow:

- The key principles of Leading for Deliberate Growth® and why they matter now more than ever
- How intentional leadership creates stronger teams and better results
- Practical ways to shift your mindset and make growth a daily habit
- A behind-the-scenes look at the book and the inspiration behind it

Cost includes dinner: \$25/ Members and \$27/ Guests  
**Reservations required with dinner choice** by 6 pm Monday, April 7<sup>th</sup>. Details at [www.abwamokan.org](http://www.abwamokan.org)



**BELIEVE. BELONG. BECOME.**

American Business Women's Association

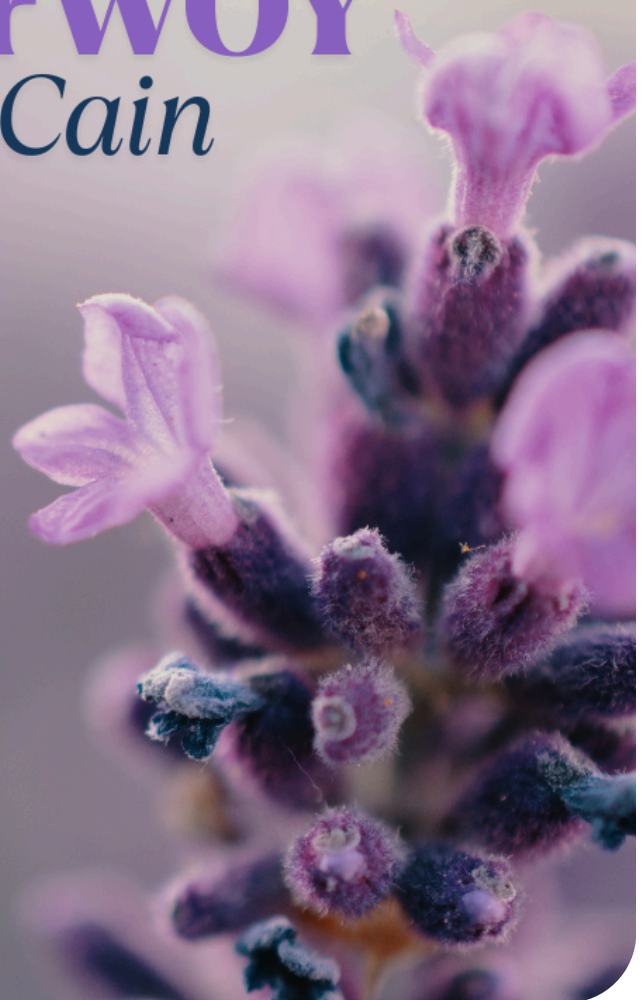


Each year, ABWA leagues honor a member who has made notable contributions to the success of the league! This year, the Mo-Kan Chapter elected Karen Cain!

Karen stepped back into the Treasurer position last year as the elected Treasurer was unable to continue, and Karen has done phenomenal in this role! She's carefully documented the responsibilities of this role so her successor will also have success! Karen has also served as our Program Chair, securing our wonderfully fabulous programs each month!  
Congratulations Karen!

# Chapter WOY

## *Karen Cain*



## Women's History Month

Every year, March is designated Women's History Month by presidential proclamation. The month is set aside to honor women's contributions in American history.

In 1987, Congress passed a law designating March as "Women's History Month." Between 1988 and 1994, Congress passed additional resolutions requesting and authorizing the President to proclaim March of each year as Women's History Month. Since 1995, each president has issued an annual proclamation designating March as "Women's History Month."

The National Women's History Alliance selects and publishes the yearly theme; the theme for 2025 is "Moving Forward Together! Women Educating & Inspiring Generations."

\*Text from National Women's History Museum site



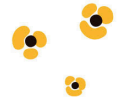
## Extraordinary Kansas City Women

Check out some extraordinary Kansas City women honored in the Starr Hall of Fame!

There were 4 inductees this year; women are selected and honored every other year.

[www.umkc.edu/starrhalloffame/](http://www.umkc.edu/starrhalloffame/)

# How will you share the benefits you've received in your membership with others?



## **BELIEVE. BELONG. BECOME.** ABWA's Spring Membership Campaign **MARCH 1 – JUNE 30**

### Spring Into Action with ABWA!

As spring brings new growth and fresh opportunities, now is the perfect time to take action and invite others to join the American Business Women's Association (ABWA). Share your success stories and encourage friends, neighbors, and business colleagues to discover the opportunities for professional and personal growth as a member of the American Business Women's Association.

Invite a prospective member to your next ABWA meeting or event and help them explore how ABWA can help them grow professionally and personally.

As a thank you for sponsoring new members during our Spring Membership Recruitment Campaign, we're offering these lovely gifts (while supplies last).

Don't miss this opportunity to expand your network and help others bloom just like the season of spring!

#### **LEVEL ONE**

##### **RECRUIT ONE NEW MEMBER**

Receive a dazzling 1-1/4" round ABWA Pin enhanced with diamond rhinestones celebrating ABWA's commitment to working women and women business owners. Wear this exclusive pin as a symbol of your contribution to our legacy of *Changing Women's Lives... One Woman at a Time.*™



pin shown larger than actual size



#### **LEVEL TWO**

##### **RECRUIT THREE OR MORE NEW MEMBERS**

Elevate your organization game when you receive this beautiful red Round Zip Pouch, the ideal solution for keeping your essentials organized and easily accessible wherever you go. Perfect for stashing tech accessories, coins or any other small items, the pouch fits effortlessly into your purse, backpack, or luggage.

Dimensions:  
4" w x 3.75" h x .75" d

# News and Views

## 2024-25 Chapter Goals

- Install 10 new members in this league year
- Retain current members, especially first year members
- Increase member participation

## Chapter Opportunities

- Easy opportunity to try something new and increase your skills by shadowing any executive board or committee chair position!

## Get Educated with ABWA Online Learning!

*"Leadership is the capacity to translate a vision into reality."*

- Register today for our newest courses and save dollars!
- Announcing our new School of Leadership courses!
- Develop the next set of leaders with these concise micro-learning modules ranging from 3-10 minutes. Each course provides practical strategies and insights to enhance leadership skills, foster a winning culture of continuous improvement, and equip professionals to lead efficiently and effectively in any business environment.

-Change Management

-Facilitation

-Leading Teams

-Adaptive Leadership

-Emotional Intelligence

-Self-Awareness

Login at [www.myapexcampus.org](http://www.myapexcampus.org) under the The School of Leadership and register today! Please call the ABWA National team at 913-732-5100 or email [webmail@abwa.org](mailto:webmail@abwa.org), if you have questions.

## THE MO-KAN CHAPTER OF THE AMERICAN BUSINESS WOMEN'S ASSOCIATION OFFERS OUTRIGHT GRANT WORTH \$2000

THE MO-KAN CHAPTER OF THE AMERICAN BUSINESS WOMEN'S ASSOCIATION (ABWA) IS OFFERING ONE SCHOLARSHIP WORTH \$2000, FUNDED THROUGH THE STEPHEN BUFTON MEMORIAL EDUCATIONAL FUND TO ONE DESERVING AREA STUDENT.

EACH YEAR, LOCAL LEAGUES OF ABWA PROVIDE STEPHEN BUFTON MEMORIAL EDUCATIONAL SCHOLARSHIPS (SBMEF) TO FEMALE STUDENTS WHO WILL BE ATTENDING ACCREDITED U.S. COLLEGES OR UNIVERSITIES THAT OFFER AT LEAST A BACCALAUREATE DEGREE. APPLICANTS MUST BE FEMALE, U.S. CITIZENS AND HAVE COMPLETED AT LEAST 60 COLLEGE CREDIT HOURS BY AUGUST 2025. ELIGIBLE WOMEN INTERESTED IN

APPLYING FOR THE SCHOLARSHIP SHOULD CONTACT:

CHERYL SCOTT, SCHOLARSHIP/PROFESSIONAL DEVELOPMENT CHAIR, MO-KAN CHAPTER  
[CHERYLSCOTT4MOKAN@GMAIL.COM](mailto:CHERYLSCOTT4MOKAN@GMAIL.COM)

APPLICATIONS MUST BE COMPLETED BY MAY 15, 2025 AT [WWW.SBMEF.ORG](http://WWW.SBMEF.ORG). A MINIMUM OF THREE (3) ELIGIBLE COMPLETED APPLICATIONS PER SCHOLARSHIP ARE REQUIRED IN ORDER FOR THE SCHOLARSHIP TO BE AWARDED.

THE SCHOLARSHIP RECIPIENT(S) WILL BE NOTIFIED IN JULY 2025.

# The Best Practices Approach

ABWA's Leagues provide members a place to belong, to convene, to converse, to create expectations of themselves and each other, and a place to achieve, in what business author, Peter Block, defines as, "a community of aliveness."

ABWA's Best Practices Approach is built on core concepts and business practices that provide members with a safe and supportive culture to learn, rehearse, and master skill sets that are valued in business today.

By embracing the Best Practices Approach, ABWA members will be afforded a myriad of opportunities to increase their business acumen and their competitive advantage in business.

## 2024-25 Mo-Kan Best Practices Tracking



Requirement	As of March	Needed
Minimum of thirty (30) primary members in good standing	20	
Recruited at least six (6) new members in the current award year	4	
League in Good Standing	Yes	No action needed
10 members complete 2023-24 Member Interest Survey	11	No action needed
Vision Statement	Yes	No action needed
GAP Analysis	Yes	No action needed
Competitive Analysis	Yes	
Annual Business Plan, Action Items, Budget, Executive Summary	Yes	
Vote on Standing Rules	Yes	No action needed
6 Members subsidized to attend a Regional/National Conference	6 at National	No action needed
9 Professional Development Programs	6	3 needed
Just in Time Attendance by officers	3	
Fundraising Event (minimum 1)	Yes	No action needed
At least 3 Members present to accept award at the 2025 NWLC		Yes
Woman of the Year Selected	Yes	
Top 10 Businesswoman Nominee	Optional	
Protégé Award	Optional	
Brochure	Yes	No action needed
Website	Yes	No action needed
Facebook/Instagram	Yes	No action needed
4 Newsletters	3	1 more needed





# Save the Date!



**THURSDAY**  
**april**  
**24** 2025

5:00PM – 7:30PM

6840 W. 105<sup>TH</sup> STREET  
OVERLAND PARK, KS

**\$45 PER PERSON**  
INCLUDES PROGRAM, REFRESHMENTS,  
WELCOME BAG & VENDOR GIVEAWAYS!

Register by April 20, 2025 at  
[www.abwamokan.org/  
fundraising-activities.html](http://www.abwamokan.org/fundraising-activities.html)

**THE TOTAL you**

YOUR PATH TO PERSONAL & PROFESSIONAL GROWTH

## Core Values of ABWA

Our core values are the guiding principles that shape your actions, behaviors, and decision making as an ABWA member and leader. They are reflective of the ethos for which the American Business Women's Association was founded in 1949.

1. **Selfless Leadership** – Be committed to doing the right thing, always.  
Be transparent in your actions even when no one is looking!
2. **Building Community** – Be committed to creating a sustainable ABWA community where women can connect, learn, and grow together.
3. **Value and Seek Diversity** – Be committed to recruiting new members from diverse cultures, ages, work industries and experiences.
4. **Manage for Innovation and Excellence** – Be committed to original thinking and delivering excellence in everything you do.
5. **Lifelong Learning** – Be committed to enhancing your own business knowledge, skills, and acumen. Be unafraid to make mistakes, iterate, err and try again.
6. **Focus on Facts and Own Your Results** – Be committed to using “data” to drive your decisions and actions, and be accountable for your performance.
7. **Choose to Make a Difference** – Be committed to unlocking a member's potential and inspiring/motivating her to become the best version of herself.
8. **Celebrate** – Be committed to celebrating members' achievements.

# Mo-Kan Chapter



## Chapter Officers

President

Meg Bell

Vice President

Krina Snider

Secretary

Carol Brown

Treasurer

Karen Cain



 [abwamokan.org](http://abwamokan.org)

 [ABWAMoKan@gmail.com](mailto:ABWAMoKan@gmail.com)

Follow us on social media:



## Committee Chairs

Membership

Open/Krina Snider

Program

Karen Cain

Hospitality

Kathy Richer/Gail Martinez

Fundraising

Abby Helin

Webmaster/Social Media/Newsletter

Meg Bell

Education/SBMEF

Cheryl Scott

Social

Sandy Jacobson

## ABWA's Proud Code of Conduct

1. All members will serve as goodwill ambassadors for the American Business Women's Association.
2. Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
3. Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
4. Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
5. Members will not use their personal power to advance their personal interests. Members will strive for excellence in their professions by maintaining and enhancing their own business knowledge and skills, and by encouraging the professional development of other members.