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HARRIERS WEBSITE

Let's start with some really exciting news! The RR Harriers website has become a reality. Richard Scott has been working his thousand-mile socks off to get this up and running over the last few weeks, and I'm sure you'll agree the result has been well worth waiting for. Go and have a look: just Google "Rolls-Royce Harriers", and you'll find it at www.rollsroyceharriers.com. There is loads more stuff to put on yet. and we're working on it. If you have any comments or suggestions, let Richard, Jon Leek, Gillian Whiteside or me know.

PS we now have a Facebook page too!

DIARY DATES

Sun 1st March Derby Runner League X Country Holly Hayes Wood, Whitwick Sun 8th March Weston Run 11am Sun 31st May Sinfin Classic 10k Sun 7th June Ramathon Half Marathon, Elvaston Park

HIGH PEAK 40. 20th SEPTEMBER 2014

Now in its 30th year, this is a 40 mile jaunt between Buxton and Buxton, taking in some of the bumpier bits of the High Peak in between. Last September a multitalented Rolls-Royce Harriers squad of Robin and Amanda Carter, Jon Kinder, Andy Swift and Allan Pollock took on the world and came away with an impressive array of trophies. From 140 finishers, these were the results:

3rd overall and 2nd senior man: Robin Carter (5hrs 51min 49sec)

34th overall and 11th vet man: Jon Kinder (7:15:58) 39th overall and 1st senior lady: Amanda Carter (7:27:53) 51st overall and 10th senior vet man: Andy Swift (7:45:23)

127th overall and 28th senior vet man: Allan Pollock (11:12:05)

1st men's team: Robin, Jon, Andy (20:53:10). The winning margin was almost an hour and a half.

Congratulations all!

SINFIN HANDICAP 17th SEPTEMBER 2014

Against expectations, we were able to start the new season in the traditional way, with the Handicap race on Sinfin Moor. Other traditions were upheld too, with one competitor managing to confound the handicapper with a runaway win (on this occasion it was the ever-youthful Bob Bond), and another off the back with plenty of time to invent some new guttural Scottish adjectives to describe the handicapper's abilities (my thanks to Allan Pollock for adding to my CV). In between, everyone managed to behave themselves. Second place went to newcomer Alan Middup, who also posted the fastest time, 22:29, two seconds faster than Jon Leek.

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NORTH MIDLANDS CROSS-COUNTRY LEAGUE 2014-2015

There were good turnouts in three of the four races, at Markeaton Park, Shipley Park and Wollaton Park. Sadly, Kettering in November proved an attraction too far for most of the regulars, so we failed to close a team and figure in the end of season charts. Nevertheless, it was good to see some newcomers this season, especially among the ladies. And all those points did your championship chances no harm at all!

NORTH MIDLANDS CROSS-COUNTRY LEAGUE 2014-2015

RR HARRIERS PERFORMANCES

	POSITIONS			POINTS					
	OCT 11	NOV 8	DEC 6	JAN 10	OCT 11	NOV 8	DEC 6	JAN 10	BEST THREE
	LE	AGUE	RAC	ES	LE	AGUE	RAC	ES	T TS
	DERBY	KETTERING	HEANOR	NOTTINGHAM	DERBY	KETTERING	HEANOR	NOTTINGHAM	TOTAL OF BES
MEN									
BOB WILSON DEAN SMITH STEVE WAKEFIELD ROBIN CARTER JON LEEK MARK FOWELL ANDY DODSLEY GAVIN CHADWICK CHRIS SMITH LEE GRIFFITHS	182 208 236 54 94 194 216	190 207	178 184 211 38 127	172 206 243 82 138 178 242	20 16 10 22 21 18 14	22 21	20 18 16 22 21	20 16 12 22 21 18	60 56 49 44 43 42 36 14 14
LADIES									
GILLIAN WHITESIDE AMANDA CARTER JANET ILLSLEY LINDSAY CUTHBERTSON LUCY WILLIAMS	116 57 99	92	86 43 72 41	109	20 22 21	22	18 21 20 22	22	60 43 41 22 22

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DERBY RUNNER CROSS-COUNTRY LEAGUE 2014-2015

Five races down and one to go as I write. This league continues to attract massive crowds, usually 400 – 500, and what I'm sure was an all-time record 626 at Bradgate Park, Leicester in January. I'm sure there will be plenty of mud to wallow in at Holly Hayes Wood (March 1st). Come along and enjoy!



The joys of cross-country running: Robin Carter emerges from the mist at a frozen Sinai Park in the Derby Runner League race on January 3rd.

AWARDS NIGHT, 28th NOVEMBER 2014

We owe Jon Leek a huge debt of gratitude for organising the Awards Night at the Brunswick Inn almost single-handed. This even extended to providing the buffet, though rumour has it that Mrs Leek had an important part to play there! An evening of chat and the occasional beer culminated in the presentation of last season's trophies, as follows:

Club champion Mark Fowell, Men's champion Robin Carter, Ladies Champion Gillian Whiteside, Men's V40 Bob Wilson, Men's V50 Jon Leek, Men's V60 Bill Southgate, Ladies V35 Clare McKittrick, Ladies V45 Paula Parkin.

Whinger's Trophy: the traditional climax of the evening! In a closely-reasoned analysis of last season's contributions to the art of whinging, title holder Steve Leach announced his decision in favour of Robin Carter. Is there no limit to Robin's abilities?

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CHAMPIONSHIP TABLE

R-R HA	RRIERS CHAMPIONSHIP 2014-	2015		POSITIONS AT 15 FEB	RUARY 2015
POS	NAME	POINTS	POS	NAME	POINTS
1	GILLIAN WHITESIDE	157	33=	ALAN ECCLESTON	18
2	ROBIN CARTER	151		MARK HULANDS	18
3	JON LEEK	144		WENDYLAWRENCE	18
4	ANDY DODSLEY	142		GUY NORRIS	18
5=	AMANDA CARTER	133		DARREN POTTER	18
	DEAN SMITH	133	38=	BEN KIRBY	15
7	MARK FOWELL	130		ROSEMARY WRIGHT	15
8	BOB WILSON	112	40	CLIVE BARRACLOUGH	14
9	LINDSAYCUTHBERTSON	111	41	ALLAN POLLOCK	13
10	STEVE WAKEFIELD	96	42=	PETE LONG	12
11	GAVIN CHADWICK	94		PAUL STEELE	12
12	LUCYWILLIAMS	78	44	RICHARD THOMPSON	11
13	JANET ILLSLEY	61	45	RANBIR SAHOTA	9
14	CLARE MCKITTRICK	52	46	ADAM LOWERSON	8
15	LEE GRIFFITHS	49	47=	JOE BOAL	5
16	BILL SOUTHGATE	44		COLIN BURFORD	5
17	BEN HALL	41		KIERAN CONNALLY	5
18=	NEIL BARNES	39		PHIL EDWARDS	5
	CHRIS SMITH	39		ROB GOULDS	5
20=	RUSSELL PARKIN	37		ALBERT PEPPER	5
	JOE REES	37		JULIE ROCK	5
22=	ALAN MIDDUP	35		ADRIAN SHORE	5
	ANDY NORMAN	35		ANDY WARD	5
24	ANDY GRIFFITHS	28			
25=	PADDY CONNALLY	23			
	LISA FILDES	23			
	IAN LAMBERT	23			
28	RICHARD SCOTT	22			
29=	BOB BOND	21			
	JOHN TAYLOR	21			
31=	PETE ADAMS	20			
	MATT TOMLINSON	20			
Colour (<u>Codes</u>	(based on age at	start of season	(17 September 2014)	
	Junior (under 18)			Over 60 men	
	Senior (under 18)			Over 70 men	
	Over 40 men			Ladies (all age categories)	
	Over 40 men			Laures (aii age categories)	
	Over 30 men				

THE AGEING POPULATION

In the course of preparing some of the old results tables for our new website, I unearthed an interesting statistic. In our first championship season, 1984-1985, the average age of R-R Harriers scoring championship points was 35.4 years. The equivalent figure for last season, 2013-2014, was 47.2 years.

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DALES WAY RELAY 17TH - 18TH OCTOBER 2014

A team of seven men and one lady tackled the Dales Way, which runs from Ilkley to Bowness-on-Windermere, preceded by the optional Leeds extension, bringing the mileage up to the requisite 100.

A couple of circuits of the Leeds ring road in our minibus, caused by unhelpful road closures, meant that we were unable to make the early start we'd been hoping for, but did enable Steve Leach to add another chapter to his autobiography later on: "The Evening I Nearly Walked off with Alastair Brownlee's Chicken Curry Supper"! Embarrassment was avoided in the chippie at Bramhope by our Olympic Triathlon winner's turn of speed when his order was announced and the hungry Harrier was reaching for the counter. I don't think Steve would have got far with it! The very boggy conditions following recent prolonged rain, and further squally showers en route, slowed the pace somewhat, and the target of 24 hours was just missed. Discounting the time spent at changeovers, the running time was 21 hours 19 minutes, and of course JK and Robin ran it all, with the rest of the team chipping in as and when. An enjoyable time was had by all, and another line was added to the RRH map of the UK.

LONDON MARATHON 2015

Congratulations and the best of luck to our two lucky draw winners, Clive Barraclough and Ben Kirby.

HARRIERS DICTIONARY

Thanks to Neal Fellows for adding to my collective noun collection: an embarrassment of PWs!

FASTEST TIMES LAST SEASON

I was mildly rebuked after the last newsletter for the "men only" nature of this news item. So here is last season's full picture:

Marathon	Chris Morrison 3:01:26	no ladies time recorded
Half Marathon	Mark Fowell 1:26:16	Helen Woodman 1:45:01
Ten Mile	Robin Carter 57:45	Amanda Carter 1:17:38
10k	Russell Parkin 36:20	Clare McKittrick 38:04
5k	Russell Parkin 17:14	Clare McKittrick 18:57
3k	Russell Parkin 9:56	Paula Parkin 13:40
1500m	Russell Parkin 4:38	Paula Parkin 6:17

AGM

The postponed AGM will now take place at the club room on Thursday March 5th 2015 at 5pm. The club room is the hut nearest to the gym building. All welcome.

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BROOME CUP

We intend to hold the Broome Cup, our longest-standing and most popular event, this year, although the traditional course is rapidly disappearing under Infinity Park. An announcement about the date and venue will be made shortly. Meanwhile, here's a glimpse of how things used to be. This photograph was kindly made available by Lesley Wain, who has competed in several recent Broome Cups, and shows start of the race about 1955. Lesley's husband's grandfather, Harold Asher, was a regular participant, and appears wearing 242, right of centre.



We haven't been able to identify all the runners (any help would be welcome), but these are the names we think we know: (roughly left to right), farthest left Bill Kiely, 243 Ken Stevenson, 202 Georgie Cull, 229 Alastair McHaffie, 6 Gordie Oaks, Cyril Beeston (over left shoulder of 212), 245 Keith Wright, Maurice Brown (in front of spectator with flat cap), Ernie Cripps (front row, dark top, no number), Sandy Swales (over Ernie's left shoulder), 242 Harold Asher, Ted Matley (over Harold's left shoulder), Jim Tyler (behind 218), Brian Hoon (behind Jim), 247 Jack Piggs, Arthur Walters (over Jack's right shoulder).

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GRADUATE INDUCTION EVENT

A big thank you to Richard Scott for taking the initiative and organizing Rolls-Royce Harriers representation at January's Graduate Induction Day, and to Richard, Robin Carter and Jon Leek for manning the table

Perhaps that average age profile I mentioned earlier will come down as a result!

BRIAN READ

Sad news is that Brian Read passed away recently, at the age of 79. Older members will share some of my happy memories of lunch-time runs with Brian, a runner who developed the Harriers art of whingeing to new levels. Inevitably, he was an early recipient of the Whingers Trophy, but was unable to be present at the Awards Night for "unspecified reasons". Undaunted by his absence, trophy holder Steve Leach made the presentation to a life-sized cardboard cutout!

STOP PRESS - BEN HALL TO TACKLE THE MARATHON DES SABLES!

I've just heard from Ben Hall that he will be taking on the legendary Marathon des Sables in a few weeks' time, and raising money for the charity Kids Kidney Research in the process.

The Marathon des Sables crosses the Sahara Desert, and is billed as the "toughest footrace on Earth". There are five stages, equivalent in distance to six and a half full marathons, and competitors have to carry their own food and equipment, other than a tent to sleep in.

To read more about Ben's challenge, and how to make a donation to Kids Kidney Research, have a look at the article in the Derby Telegraph by following this link:

http://www.derbytelegraph.co.uk/Major-challenge-Hilton-man-prepares-toughest/story-26066211-detail/story.html

Best of luck Ben!

THE DERBY RUNNER

A reminder that our good friends at the Derby Runner sports shop in Sandringham Drive, Spondon, and their associated shop in David Lane, Old Basford, Nottingham (the Nottingham Runner) offer a 10% discount to RR Harriers members on their comprehensive range of running shoes, clothing etc, and sound advice on what to buy.

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WEEKLY CLUB RUN

Just a reminder that the club runs start from the Roundhouse changing rooms (adjacent to the Moor Lane site) at 5pm every Wednesday. The 4 to 5 mile runs are taken at a very leisurely pace, and all Harriers, and prospective Harriers, are welcome to join in. More details from Jon Leek (jon.leek@rolls-royce.com), Richard Scott (richard.scott2@rolls-royce.com) or Gillian Whiteside (gillian.whiteside@rolls-royce.com).

CLUB KIT

If you require a new vest, shorts etc, please contact Jon Leek who is the vendor of all these items, at competitive prices.

Vests: £13.00	Shorts : £10.00
Mens Sizes : S(36in) M(38in) L(40in) XL(42in)	Mens Sizes : S(30in) M(32in) L(34in)
Ladies Sizes: S(34in) M(36in) L(38in)	Ladies Sizes: S(28in) M(30in) L(32in)

Phone Jon Leek on 44005

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