



# ODE CNP CACFP Menu Form



Sponsor name/site name Gentog D – Spring 2019

Month and Year July 15-19, 2019

Meal Patterns	Monday July 15, 2019	Tuesday July 16, 2019	Wednesday July 17, 2019	Thursday July 18, 2019	Friday July 19, 2019
<b>Breakfast</b> <ul style="list-style-type: none"> <li>Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>Vegetables or Fruits</li> <li>Fluid Milk</li> <li>Other Foods</li> </ul>	English Muffins (WG) Apples Whole or 1% Milk	Tasteeos Toasted Whole Grain Oat Cereal Raisins Toast (WG) Whole or 1% Milk	Scrambled Egg (Meat Alt) Toast (WG) Small Oranges Whole or 1% Milk	Quaker Old Fashioned Oatmeal (WG) Raisins Whole or 1% Milk	Tasteeos Toasted Whole Grain Oat Cereal Bananas Toast (WG) Whole or 1% Milk
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Great Value Light Vanilla Low-fat Yogurt Pretzels	Graham Crackers Cheese Slices	Peaches English Muffins	Fruit Smoothies Graham Crackers	String Cheese Bananas
<b>Lunch</b> <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits/Veg</li> <li>Grains</li> <li>Other Foods</li> </ul>	Cheeseburgers (Meat, Lettuce & Tomatoes) French Fries Peas Pear Slices Whole or 1% Milk	Pork Tenderloin Scalloped Potatoes Carrots & Peas Bread Mandarin Oranges Whole or 1% Milk	Bean w/Bacon Soup (CP) Ham Sandwiches (WG) Raw Veggies Applesauce Whole or 1% Milk	Chicken Pot Pie w/Mixed Vegetables (HM) Bread (WG) Apricots Whole or 1% Milk	Hamburger Tacos/Taco Salad Refried Beans Peaches Whole or 1% Milk
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Ritz Crackers Cheese	Rice Cakes Whole or 1% Milk	Cheese Its Whole or 1% Milk	Gold Fish Crackers Whole or 1% Milk	Choc Chip Cookies Whole or 1% Milk

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.