



Bismarck



Century



Dickinson



Jamestown



Legacy



Mandan



Minot



St. Mary's



TMCHS



Watford City



Williston

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2022-23 All-WDA Boys' Swim-Dive awards announced

WILLISTON, N.D. – The Western Dakota Association released its 2022-23 boys-swim-dive awards. WDA champion Minot High and Bismarck High each had six earn all-conference honors. Bismarck Century, Bismarck Legacy and Williston had three allWDA selections. Dickinson, Jamestown and Mandan each had one selection. In addition, coaches selected this year's region senior athlete of the year and region coach of the year.

All-WDA Team

Bismarck Century – Luke Domres, Isaac Vallie, Benjamin Schaff,

Bismarck High – Luke Vatnsdal, Gaige Merck, Sam Eggl, Garrett Wick, Blake Nelson, Alex Steichen

Bismarck Legacy – Braxton Steele, Noah Mayer, Jayden Ahmann

Dickinson – Shain Janice

Jamestown – Bodi Haglund

Mandan – Jacob Thomas

Minot High – Ty Ross, Alex King, Jaxon Reinke, Paradorn Roongin, Ryan Hubbard, Logan Hill

Williston – Kolden Kringen, Camden Ekblad-Lundby, Caleb Osborn

Region Senior Athlete of Year Nominees: Alex King, Minot High

WDA Coach of the Year: Jake Solper, Minot High