

# IT'S ALL ABOUT FOSTER TEENS AND AT-RISK YOUTH



*"You may choose to look the other way, but you can never again say that you didn't know."—William Wilberforce*

**Fact:** Each year in South Florida, hundreds of youth age out of foster care and begin their adult lives without family, resources, life skills, or support.

- 55% will experience homelessness, arrest or incarceration
- 54% will drop out of high school
- 98% will never graduate from college

Hundreds more are walking on the edge of danger because they live in a high-risk environment on a daily basis. BiG Children's Foundation has a heart to catch them before they slip through the cracks and become a statistic. We provide them with mentoring, support, and skills to lead productive lives independent of social systems.

That's why BiG Cardio is so important – because the proceeds of this event go directly to preventing the problem pre-emptively, rather than dealing with its fallout in the future. So when you participate in BiG Cardio 2018, you will not only be signing up for some fun, but you will be a BiG part of the solution!

**BiG Cardio has something for everyone at all ages. So you and your teammates can bring their whole family!**

**Central Broward Regional Park, 3700 NW 11th Place, Lauderhill, FL 33311 (NE corner of Sunrise Blvd and US 441)**

**5K Run/Walk • Wheelchair Div. • Cardio Class • Cycling Class • Obstacle Course • KidFit • Soccer Clinics • Volleyball • Basketball • Soccer Fun Zone with climbing wall, bungee jumping, giant slide, carnival games, face painting and more.**

Be part of BiG Cardio: form a team, join a team, or sign up individually. Use your personal fundraising page provided with registration to make an even bigger impact on our at-risk youth who need our love and support.

**Thank you for being part of the solution by participating in BiG Cardio!**

We look forward to seeing you at the event!



BiG Cardio is produced by BiG Children's Foundation, Inc. a 501(c)3 non-profit organization that provides opportunity and support for at-risk youth. All proceeds from the BiG Cardio event go directly towards the iMfit2SUCCEED program, a unique outcome based program that focuses on 4 key areas: personal health and wellness, emotional healing, independence preparedness and leadership development. See [www.bigcardio.org](http://www.bigcardio.org) for further information.