

## INGREDIENT LIST FORM MAY – 2020

- MAY 1** CHICKEN CACCIATORE – CHICKEN, TOMATOES, ONIONS, BELL PEPPERS, GARLIC  
POWDER, CHICKEN STOCK, FLOUR, WATER  
ROASTED RED SKIN POTATOES – RED SKIN POTATOES, VEG. OIL  
DINNER ROLL – FLOUR, YEAST, WATER  
GRAHAM CRACKERS – FLOUR, HONEY, SOYBEAN OIL
- MAY 4** HAMBURGER PATTIE – GROUND BEEF  
HASH BROWNS – SHRED. POTATOES, VEG OIL  
STEWED TOMATOES – TOMATOES, SUGAR, ONIONS, BELL PEPPERS, CELERY
- MAY 5** MASHED POTATOES – DEHY, POTATOES, WATER  
GRAVY – FLOUR, ONION POWDER, TURKEY BASE  
GRAHAM CRACKERS – FLOUR, HONEY, SOYBEAN OIL  
DINNER ROLL – FLOUR, YEAST, WATER
- MAY 6** BAKED STEAK IN GRAVY – BEEF, FLOUR, ONION POWDER, BEEF BASE  
MASHED POTATOES – DEHY. POTATOES, WATER  
PICKLED BEETS – BEETS, WATER, SUGAR, CORN SYRUP, VINEGAR  
FRUIT MUFFIN – BLUEBERRIES, FLOUR, EGGS, SUGAR, MILK  
DINNER ROLL – FLOUR, YEAST, WATER

**MAY 7**            **STUFFED CABBAGE ROLL – BEEF, CABBAGE, WATER, RICE, ONIONS, BREAD**  
**CRUMBS, BELL PEPPERS, CELERY, EGGS, MILK**

**SCALLOPED POTATOES – POTATOES, ONIONS, SUGAR**

**VANILLA WAFERS – FLOUR, SUGAR, MILK, EGGS, BAKING SODA**

**DINNER ROLL – FLOUR, YEAST, WATER**

  

**MAY 8**            **LEMON BUTTERED CHICKEN – CHICKEN, LEMON FLAVORING, MARGARINE**

**PUDDING – CORNSTARCH, MILK, FLAVORING**

**DINNER ROLL – FLOUR, YEAST, WATER**

  

**MAY 11**          **ITALIAN SAUSAGE – PORK, WATER, SEA SALT, SPICES, NATURAL FLAVORING,**  
**TOMATO SAUCE, ONION, BELL PEPPERS**

**GRAHAM CRACKERS – FLOUR, HONEY, SOYBEAN OIL**

  

**MAY 12**          **CREAMED CHICKEN – DICED CHICKEN, CHICKEN STOCK, FLOUR, WATER**

**MASHED POTATOES – DEHY. POTATOES, WATER**

**DINNER ROLL – FLOUR, YEAST, WATER**

**CAKE - FLOUR, SUGAR, EGGS, MARG., MILK**

  

**MAY 13**          **BAKED SPAGHETTI – GROUND BEEF, SPAG. PASTA, SPAG SAUCE, TOMATOES**

**GARLIC ROLL – GARLIC POWDER, MARGARINE, FLOUR, YEAST, WATER**

  

**MAY 14**          **SLOPPY JOE – BEEF, KETCHUP, ONIONS, SUGAR, WATER**

**PUDDING – CORNSTARCH, COCOA, MILK**

- MAY 15**      **PORK CHOP IN GRAVY – PORK, FLOUR, ONION POWDER, PORK BASE**  
**VANILLA WAFERS – FLOUR, SUGAR, MILK, EGGS, BAKING SODA**  
**DINNER ROLL – FLOUR, YEAST, WATER**
- MAY 18**      **HAMBURGER PATTIE – GROUND BEEF**
- MAY 19**      **CHICKEN MARSALA – CHICKEN, FLOUR, CHICKEN BASE, WATER, MUSHROOMS**  
**CHIVE POTATOES – CHIVES, DEHY POTATOES, WATER**  
**CINNAMON MUFFIN – FLOUR, CINNAMON, EGGS, SUGAR, MILK**  
**DINNER ROLL – FLOUR, YEAST, WATER**
- MAY 20**      **VEGETABLE SOUP – BEEF, MIXED VEGS, CABBAGE, ONIONS, TOMATO JUICE,**  
**BEEF BASE**  
**PIMENTO CHEESE – CHEESE, RED PIMENTOS, SUGAR, MAYO**  
**FRUIT MUFFIN – BLUEBERRIES, FLOUR, EGGS, SUGAR, MILK**  
**POTATO SOUP – POTATOES, FLOUR, MARGARINE, WATER, ONIONS, BACON**
- MAY 21**      **SCALLOPED POTATOES – POTATOES, ONIONS, MILK, SUGAR**  
**DINNER ROLL – FLOUR, YEAST, WATER**  
**CAKE – FLOUR, SUGAR, EGGS, MARG., MILK**
- MAY 22**      **MEATLOAF – BEEF, ONIONS, CRACKER CRUMBS, EGGS**  
**DINNER ROLL – FLOUR, YEAST, WATER**  
**GRAHAM CRACKERS – FLOUR, HONEY, SOYBEAN OIL**

**MAY 26** VANILLA WAFERS – FLOUR, SUGAR, MILK, EGGS, BAKING SODA

**MAY 27** BREADED TURKEY BURGER – WHITE TURKEY, ONION POWDER, GARLIC  
POWDER, SEASONINGS, ROSEMARY EXTRACT, SALT, BRAD CRUMBS  
HASH BROWNS – SHRED. POTATOES, VEG OIL

**MAY 28** CHICKEN DRUMSTICKS – CHICKEN  
O'BRIEN POTATOES – DEHY. POTATOES, ONIONS, GREEN AND RED  
PEPPERS, CORN SYRUP, GARLIC,  
CREAM CHEESE, PASTERIZED MILK  
DINNER ROLL – FLOUR, YEAST, WATER  
ANIMAL CRACKERS – FLOUR, SUGAR, OIL, BAKING SODA

**MAY 29** SALISBURY STEAK – BEEF, BELL PEPPERS, ONIONS  
MASHED POTATOES – DEHY.POTATOES, WATER  
GRAVY – FLOUR, ONION POWDER, BEEF BASE  
DINNER ROLL – FLOUR, YEAST, WATER  
CAKE – FLOUR, SUGAR, EGGS, MARG., MILK