



www.AsiaTimes.US

Globally Recognized Publisher: Azeem A. Quadeer, M.S., P.E.

AUGUST 2025 Vol 16, Issue 8

Trump threatens trade deal over Canada's Palestine stance

President Donald Trump threatened the potential of a trade deal between the United States and Canada, after Ottawa said it would recognize a Palestinian state.

Canadian Prime Minister Mark Carney made the announcement earlier Wednesday, stating it would officially make the mostly symbolic move in September at the United Nations General Assembly.

"Wow!" he said in the statement. "That will make it very hard for us to make a Trade Deal with them."

Canada and the United States have been in an escalating trade war since Trump came into office in January, and repeatedly slapped tariffs on the United States closest ally and one of its most significant trading partners, with an additional 35% tariff set to go into effect Friday unless a deal is struck first.

Carney, whose Liberal Party won the federal election in late April while riding an anti-Trump sentiment, has since sought to lessen Ottawa's dependency on Washington, while referring to Trump's stance toward his northern neighbor as a "betrayal."

The two countries have been in trade negotiations since late June, after Carney shelved the Digital Services Tax, with expectations of having a deal finished by July 21.

During the press conference Wednesday when he announced the decision to recognize a Palestinian state, Carney said they were still working to reach a deal with the United States.

"Negotiations will continue until we do," he said, adding that his top trade officials will remain in Washington "in pursuit of that goal."

Trump has staunchly objected to a Palestinian state and has been an ally to Prime Minister Benjamin Netanyahu and his war against Hamas in Gaza.

The American president's warning came as his so-called Liberation Day tariffs were set to go into effect for countries that have yet to make a deal with the United States.

Sabih Khan named Apple's new CEO Page-16

The Wheels Are Falling Off Netanyahu's Government 14 Page-20

Andaaz 2 - Movie Page-35

Mahmoud Khalil Visits Washington -Page-20

Chicken Seekh Kabab Recipe Page-23



Citizen Tax Service PLLC Enrolled Agent

- 2266 S Dobson Road Suite 200
- Mesa, AZ 85202
- Phone : 480-478-5802
- Fax : 480-674-0878
- Email: service@citizentaxes.com
- Website: Citizentaxservicepllc.com

Mobile-friendly interface
Take photos of your documents and upload



Mullah Iqbal Baig
C.A. (India) E.A. (USA)

Contact us for

- Individual & Business Taxes,
- Payroll & bookkeeping

www.AsiaTimes.US

for FREE Subscription Email to:
EditorAsiaTimes@gmail.com

THE LAW OFFICES OF KHALID Y. HAMIDEH

مكتب المحامي خالد حميده

214-515-0000

Personal Injury, Wrongful Death, Civil Litigation,
Family, Wills/Estate, and Mediation Services

EXPERIENCE . TRUST . RESULTS



Razan
Hamideh

Khalid
Hamideh

Yusef
Hamideh

40 years Trial Law Experience

- **FREE LEGAL CONSULTATION ON ALL INJURY CASES**
- **NO FEE PAID ON INJURY CASES**
- **ATTORNEY FEE COLLECTED FROM INSURANCE COMPANY**

- إستشارة قانونية مجانية لكل قضايا الإصابات
- لا رسوم تدفع لقضايا الإصابات
- أجور المحامي تدفع من قبل شركة التأمين

**210 S. Greenville Avenue, Ste. 200-300
Richardson, Texas 75081**

Phone: 214-515-0000

Fax: 214-463-2550

Email: info@hamidehlawfirm.com

www.hamidehlawfirm.com




The Law Offices of
Khalid Y. Hamideh



@hamidehlawfirm

www.Asia Times US

ISSN 2159-9645



CEO & Editor/Publisher
Azeem A. Quadeer, P.E.
Licensed Professional Engineer in the State of Texas
1-219-588-1538

Finance and Marketing Chief
Madam Sheela
MadamSheela1@gmail.com

Asia Times US is published monthly
Copyright 2025
All rights reserved as to the entire content

Asia Times US does not necessarily endorse views expressed by the authors in their articles

BOARD OF ADVISORS



Iftekhhar Shareef
CEO, National Bank Corp
Chicago, IL



Dr. Basheer Ahmed, M.D.
Renowned psychiatrist
Dallas, TX



Khalid Y. Hamideh
Civil rights attorney
General counsel and spokesman for Islamic organizations
Dallas, TX



Shawkat Mohammed
NEW YORK LIFE
Member Million Dollar Round Table
Dallas, TX



Dr. Abdul Rahiman, MD; MPH
Physician, Internal Medicine
Dallas, TX



Waliuddin
Senior Pharmacist
Chicago, IL



Elyas Mohammed
Charlotte, NC

MR. SHER MOHAMMAD RAJPUT

End of an era

In Loving Memory of Mr. Sher Mohammad. Rajput

It is with deep sorrow and profound respect that we announce the passing of Mr. Sher Mohammad Rajput, a man of unwavering integrity, noble character, and generous spirit, who departed from this world peacefully on 26th of July 2025 surrounded by the love of his family and well-wishers. Mr Rajput was on Asia Times Advisory Board for the last 6 years. Mr. Rajput was not only a devoted family man but also a respected figure in his community. His life was a testament to courage, humility, and service. True to his name, Sher Mohammad—he embodied the bravery of a lion with the gentleness of faith. He walked with dignity, stood firm in his values, and extended kindness to all who crossed his path. He was known for his deep sense of justice, his compassion for the underprivileged, and his ability to unite people across differences. Whether it was through his professional life or personal deeds, he remained committed to uplifting others, mentoring the youth, and living a life of honesty and faith. He will be highly missed with Indo -American community and Muslim community of Chicago .

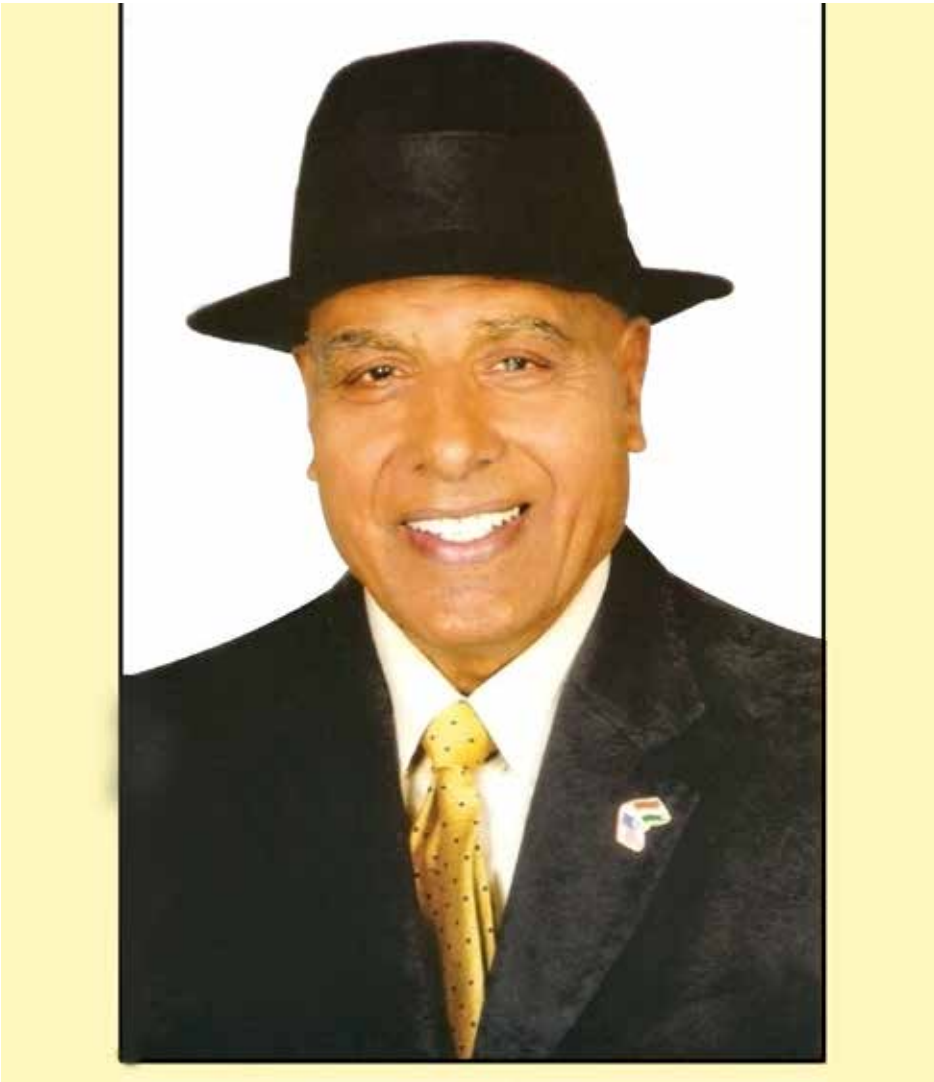
He leaves behind a legacy of love, wisdom, and strength that will forever inspire those who knew him. His family, friends, and the countless lives he touched will carry his memory in their hearts as a guiding light. Funeral prayers will be held followed by burial in Chicago (willbe decided soon) .We pray that Allah grants him the highest station in Jannah and showers His mercy upon his soul.

“Indeed, we belong to Allah, and to Him we shall return.” (Surah Al-Baqarah 2:156)

May his soul rest in eternal peace and blessings.

With deep sorrow and condolences,

Dr. Qutub Uddin





**We are the
company of
the community.**

**Contact me to learn more about
securing your family's financial future.**

Shawkat Mohammed (Agent)

**Ph: (817) 320-9439
mohammeds@ft.newyorklife.com**

**New York Life Insurance Company
6565 N. MacArthur Blvd, Suite 100
Irving, TX 75039**



Be good at life.

Insure. Prepare. Retire.

1911747 EXP: 8/26/2023



At the newly opened Hyderabad House Indian Cuisine in Fort Worth, Amit(chef), Sudhir(chef), Sanket (chef), Ratheesh(head chef), Sai(owner), Tejaswi(owner), Puja(server) Romi (Server) along with Azeem A. Quadeer CEO/Publisher Asia Times US and Azadi Committee member, Khaja Mujeebuddin

Br Habeeburrehman Quadri

Inna lillahi wa inna illayhi rajioon

In the Name of Allah, the Most Beneficent, the Most Merciful

Assalaamu Alaikum wa Rahmatullah

Surely we belong to Allah (SWT) and to Him shall we return

With heavy hearts, we share the news of the passing of Br Habeeburrehman Quadri (Habeeb Quadri)

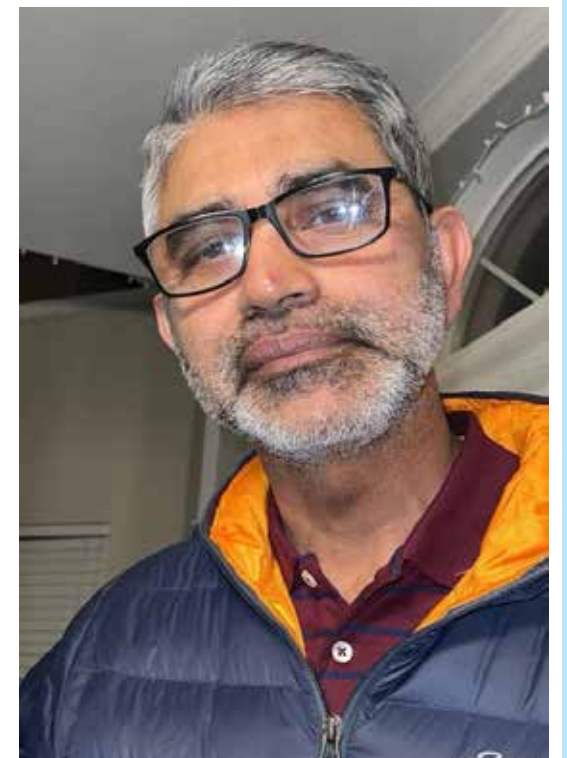
Br Habeeb was a longtime resident of Dallas, one of the founding members of SEED USA, and a pillar of the local Muslim community. He was also among the original members of the East Plano Islamic Center (EPIC) and previously played an active role in the IANT (Islamic Association of North Texas) commu-

nity.

May Allah (SWT) forgive his shortcomings, convert his sins into good deeds, fill his qabar with noor, grant his family sabr, and admit him into Jannat-ul-Firdous. Ameen.

We kindly request that the family not be contacted at this time regarding condolences or arrangements, so they are able to make necessary preparations and grieve in peace. Your du'as and understanding are deeply appreciated.

-Khalid Ishaq FB



Governor of Texas Says He Can't Release His Emails With Elon Musk Because They Are "Intimate and Embarrassing"

Texas governor Greg Abbott is seemingly terrified of having his communications with billionaire Elon Musk come to light.

As the Texas Tribune and public radio station the Texas Newsroom, report in an eye-opening, co-published investigation, the elected official's public information coordinator, Matthew Taylor, said that the communications are confidential — and should stay that way — because they include "information that is intimate and embarrassing and not of legitimate concern to the public, including financial decisions that do not relate to transactions between an individual and a governmental body."

Put it all together, and we're absolutely fascinated to know what they discussed. Musk has made the US state his home over the last couple of years, following years of complaining about being taxed and having to abide by government regulations in California. He has established new headquarters there for both Tesla and SpaceX, going as far as to found a space company town in what's now known as Starbase, Texas.

His personal views have also shifted to the extreme far right, more closely aligning with the political landscape in

Texas and Abbott's anti-LGBTQ, anti-abortion, and anti-DEI beliefs.

Most recently, Tesla launched an autonomous ride-hailing service in South Austin, benefiting from a lack of red tape that would've hindered a similar rollout in California (the EV maker hasn't even started applying for the necessary permits in California yet.)

Put simply, Musk undoubtedly has a close and seemingly beneficial relationship with Abbott. Inspired by Musk's chaotic stint in the White House, the governor even attempted to create his own so-called Department of Government Efficiency in Texas earlier this year.

Following the announcement, the Texas Newsroom requested that Abbott's office reveal his staff's emails with Musk, dating back to last fall.

A check made out to the governor's office of \$244 for the time it would take to wade through the emails was cashed — but the public records never came.

Taylor told the broadcaster that revealing the information "would have a chilling effect on the frank and open discussion necessary for the decision-making process,"

which frankly sounds like a fishy way to cover up how business is conducted between Texas officials and private companies.

Complicating matters is a recent Texas Supreme Court ruling that effectively stops anybody from enforcing public records laws against top state officials, as the Texas Tribune reports.

In short, Musk's businesses are going to great lengths to ensure the richest man in the world's correspondence is kept secret.

SpaceX lawyer Kevin Bagnall wrote a letter to Texas attorney general Ken Paxton, arguing that the emails contain "commercial information whose disclosure would cause SpaceX substantial competitive harm."

One thing's for sure: the contents of those emails have never sounded more fascinating. Yahoo/News Victor Tangemann





**WHY YOU
SHOULD
NOT RELY
COMPLETELY
ON A 401 (K)**



THE IMPORTANCE OF DIVERSIFYING WITH LIFE INSURANCE

Relying solely on a 401(k) or the stock market for your financial future can be risky. The stock market can experience sudden and unpredictable declines, leaving you vulnerable to losses that could derail your retirement plans. With no principal guarantee, aggressive growth strategies can also backfire, particularly during market downturns. It's essential to diversify your financial strategy to safeguard your wealth.

One of the most effective ways to do this is through life insurance. Life insurance provides a safety net that isn't tied to market fluctuations. It offers complete protection with a death benefit for your beneficiaries, but its benefits go beyond that.

Permanent life insurance, like whole life or universal life, can be used for collateral assignment, which allows you to borrow against the policy for things like business investments or personal needs. Additionally, it can act as a tax-free financial vehicle, where the cash value grows without being taxed, making it a powerful tool for building wealth.

Life insurance also offers creditor protection in many states, meaning your policy's cash value and death benefit may be shielded from creditors. In times of financial uncertainty, having life insurance in your portfolio can provide peace of mind and a sense of security that other investment vehicles simply cannot offer. Remember, diversifying is key—don't put all your eggs in one basket.

GET A QUOTE



817-320-9439



813-510-9666



www.Asia Times.US

Offers



Medical Beds, wheel Chairs and other equipment loaned **FREE to underprivileged people in Hyderabad, India**

You use it until you are free of illness

Contact:

Mr. Ateeq 995 120 7710 (Hyd)

Mr. Azeem: WA# 00 1219 588 1538

Allahka Fazal
 Muhammad Imran Tahir
 Mohamed G Lata
 Ash Deiri-Terek Kadowr
 DjRoy Roy
 Ayman Jaber / Said Motawea
 Stephen S Adkins
 Shy Khan
 Kamran Khan
 Rachana S
 Jiaa Jabbar
 Vikash Rungta
 Parvathi Gangireddy/Shanker
 Mareddy
 Shaihlal Umar / Alim Akhtar /
 Rameez Kaukab
 Zameer Mohammed
 Manuel Tilca
 Mohd Tabrase / Sanjay Rao /
 Mir Amjed Ali

Bobby Panuganti/ Seema Ti-
 wari/Anil Savarapu
 Manoj Kumar Govindan
 Maruf Alam Show
 Ganesh Kar/Tijendra Kumar
 Hitesh Gandhi
 Narayan Mahajan
 Mubashir Faruqi / Samad Rafe
 / Zameer Mohammed
 Deepak Kaithakkapuzha
 Javaria Jabeen
 Anjali Desai/Bhavini Sreeniv-
 asan/Megha Vyas
 Ali Siraj/Kamran Siddiqui
 Moe Khder
 Shaw Memmon
 Sadia Khan/Kami Jee
 Nazia Khan/ Sajjad Fecto
 Prince Patel
 danyal Khan / Umar Khalid/
 Zeshan Ahmed
 Sohni Rahim/Awais Iqbal/Ma-
 jid Khan
 DB Dulhania Shy Khan
 Deeja Isaac / Prabhot Gill /
 Sunny Chopra
 Nirav Ghunchala- Navpreet
 Kaur kang
 Nimish Pathak/Vinod Kali
 Shazia Saleem
 Shradha Balakrishna/Zeshan
 Hussein/Kavita, Sreedhar
 Shy Khan
 Qusai Rasheed

Rizwan Elahi- Soaib Ummar-
 Israr Ahmad
 RIZWAN Elahi
 Kashmir Virk/Jasbir S Sethi
 Mohamoud Egal
 Mohsin Choudhry / Sana Ch
 Shakir Bhai
 Pervaiz Bhatti / Uzma Sabir /
 Fatimah Hoque
 Idrees Hadi
 Rosy Dodd
 Farhath Hussain
 Jacob Thomas
 Sangeeta Malik
 Imrana Begg/Raza Bagg/ Aye-
 sha Hussain
 Inamullah Khan Sherwani
 Sami Khan
 Inam Bokhari / Aatirah Ha-
 meed
 Altaf Bukhari / Faisal Saiyed
 Anwer Nawaab/Mohammed
 Imran Ali/Taher Bin Jaffar
 Mamta Sahta-vick Sahota
 Rafia Omair/Rizzi Butt/Omair
 Hashmi
 Imran Ali
 Sajid Siddiqui / Zeba Salman
 Raj Mehta/ Nigam Mehta
 Manjeet Singh
 Indian Community San Diago
 Bibhasha Ojha-Rohan Raj
 Seema Garg
 Kalpesh Soni
 Nishu Vasireddy/ Venu Red-
 dyManyam/Kishore Ramaraju

Nisse Packianathan Jaya Ku-
 mar/Victor Samuel Nathan
 Jagdeep Nayyar
 Sanjeev Saini
 Sunny Singh
 Rani Goldy Singh
 Noman Sadiq-Vikrant Kumar

Anup Puthenveedu
 Preeti Malik Arora / Yogshri
 Jetan Arora
 Prasad Royal / Ramadevi Arza
 Shahid Amin
 Krishna Puttaparthi-Anu
 benakatti
 Mohin uddin Mohammad
 Shibby Roy/Ginsmon Zacharia/
 Anil, Mathew
 Sailaja Mantripragada-swapna

www.AsiaTimes.US

**We would like to Thank these
 Admins of FaceBook Groups who
 let us to post Asia Times in their
 Groups**

**If we missed you please contact us
 mdmukhtarali2001@gmail.com**



EditorAsiaTimes@gmail.com

Kiran- Priya Mota
 Swapna Kiran / Priya Mota
 Nusrath Mehdi Khan / Fouzia
 Zahoor
 Ishfaq Khan / Boxer Bhai
 Boxer Bhai
 Mohammed Alsabah / Mo-
 hammad Farhan
 Ashfaq Hussain Syed/Aiman
 Beg/ Aadil Farid
 Clay Chip Smith

Deepak Kumar

Vlad Kulpinski
 Rana Rao-Pradeep Bharudkar
 Wasi Rabbani / Suleman Mo-
 hammed
 Syed Shoaib Ahmed
 Bibi Khan/ Mohammad Im-
 ran Tahir
 Faheem Hayat
 Mammatha Vamshi
 Munir Pervaiz/Nasreen
 rraiz/ Iftekhar Ahmed
 Sunny Khehra
 Muhammad Akram Ismail/
 Sonia Omer
 Muhammad Ismail / Sonia

Omer
 Pomil Singh/Manan singh
 Katohara
 Balvanth Reddy
 Mohd Tabrase
 Eileen Riddle / Lupe Domin-
 guez
 Mohd Jabbar
 Venu Gopal Reddy / Gopi
 Krishna
 Asif Alikhan
 Areedo Ayad
 Khawaja Ashraf
 Shweta Dhawan
 Jude Miranda -Mohammed
 Arif
 Ali Khan
 Syed Adeeb
 Shakeel Khaleel Baig

Zahid Imran / Nadeem
 Ahmed Bajwa / Muhammad
 Iqbal
 Murali Talluri
 Gaurav Singla
 Noreen Gilani / Marriam
 Tahir

IFTEKHAR SHAREEF PAGE



Job mela held at our family function hall in Shamshabad, attended by over 1500 applicants, on the spot job offers were given to over 200 applicants. Seen with me is co sponsored by K Siddu Reddy , Mohammed Asaduddin and others .



Visit by brother P Anthony new principal of Little flower high school Abid's, Hyderabad at my residence in Shamsabad inviting me for former principal Shajon Anthony promoted as country head based at Pune, Maharashtra.



Visited Shaheen group of institutions head quartered at Bidar , Karnataka where over 35,000 students . Seen with Iftexhar shareef in white dress is the founder chairman Dr Abdul Qadeer sahab explaining his journey of 37 years



Wedding ceremony of Syed Shahbaz Lateef s/o Syed Shahid and Najam Lateef and Anam Hussain d/o Mr & Mrs Mohammed Shujahath Hussain

**Water and Wellness Health Fair Organized by
Eira L. Corral Sepulveda, MWRD Commissioner at
Maine Township**



Will Smith Reportedly Offloading Properties For Cash To 'Keep Up With The Enormous Bills'

Will Smith's finances are allegedly not on an A-list scale at the moment.

The A-list actor and his wife, Jada Pinkett Smith, have reportedly been going through the motions regarding their treasury, which has been underperforming for some time now.

Will Smith's career and earnings have seemingly taken a slight downturn since the contentious episode between him and Chris Rock on the Oscars stage in March 2022, which resulted in a 10-year ban from the award ceremony.

Will Smith And Wife's Living Condition Reportedly Contributing To Their Woes The actor's multi-million-dollar net worth is being threatened by enormous bills reportedly stemming from managing his sprawling properties. To blow some of the steam off, the star reportedly sold a five-bedroom Maryland mansion for \$795,000 and has listed a Woodland Hills Home earlier in the year for \$2 million.

An insider has predicted that the actor and his wife cannot hold out for much longer in the face of their increasingly difficult situation, which is becoming increasingly challenging to maintain on a daily basis.

Another side to the story is the current living situation between Will and Jada, where they reside separately in different homes, and the actor still sorts bills for both properties. According to RadarOnline, the couple is reportedly not on the same page about continuing as a union, and a split is imminent than ever.

The Oscar Winner's Three-Year-Old Controversy Still Blowing Hot On His Checks

The source added that since the actor slapped his colleague on the face for making a joke about his wife's hair, his earnings have taken a turn.

Will's latest film, "Bad Boys: Ride or Die," reportedly grossed over \$404 million worldwide last year, but sources claimed it did not make a significant impact. A source added that the actor's income is doing little to sustain the life he and Jada are used to.

At the 2022 Oscars, host and comedian Chris Rock, who steered the ship for the night, publicly referenced a "G.I. Jane" joke about Jada's shaved head, utterly oblivious to the fact that she battled alopecia.

According to the Cleveland Clinic, alopecia is an autoimmune disease that affects the body's hair follicles, resulting in patchy hair loss. The disease commonly affects the scalp, although patchy hair loss can occur anywhere on the body.

Will's outburst at Chris in the middle of his gig landed him on the blacklist of the award show with a 10-year ban.

Inside Will's Unimpressive Comeback To Music His acting career is not the only thing plummeting around him; his latest attempt at getting the crowd dancing again was met with very

low patronage and enthusiasm from the public. It marked his return to the recording booth after two decades since the release of "Lost and Found."

Perhaps driven by nostalgia, the rapper released a "Based On A True Story" album in 2025. The Blast noted that the musical project managed to sell under 300 copies in the United Kingdom and did not crack the Billboard 200 in the United States.

As reported by The Blast, the singer addressed the 2022 Oscars incident on some tracks in the project, but they had little to no impact on boosting the album's numbers.

Will's album featured musical collaborations with his son, Jaden Smith, rapper Big Sean, and Teyana Taylor. Despite these iconic additions, the album only recorded 36 digital downloads. The 'Emancipation' Star Reflected On A Major Parenting Fail

On the home front, Jada and Will have created a beautiful legacy through their kids, who have also become a force in the entertainment industry.

However, raising them was a different business for the actor and actress, and if given the chance to do it again, Will would tweak one or two ingredients in the parenting mix.

The Blast reported that Will confessed that they encouraged Jayden and Willow Smith as young adults and teenagers to prioritize radical honesty; a decision that backfired severely.

According to him in an interview, radical honesty meant that his kids would do whatever they wanted and open up to him, expecting appreciation for their honesty, no matter how outrageous their actions were.

"It's awful, don't try it. You want your kids to lie, definitely, you don't want to know some of the stuff your kids are thinking of doing," the star noted.

Will revealed that it was one of the terrible mistakes he and the "Girls Trip" actress made, and he would always advise parents not to take that disastrous route.

Who Is On Will Smith's Hollywood MVP Actors List?

Except in very sensitive situations which may demand physical contact, Will has zero problems giving others their flowers, alongside himself. While appearing on a stream, he provided the names of colleagues he would place on the list of the greatest actors of all time.

While he initially tried to be modest by excluding his name on the list, even though he absolutely sees himself up there with the greats, he did it anyway, noting:

"So three of them, and I'm not really saying this to be arrogant, I do think I'm like one of the most prolific actors of our time."

Will identified Marlon Brando, Denzel Wash-



ington, Daniel Day-Lewis, and himself as the best brains and talents of the movie industry.

Is there an incoming turnaround for Will Smith's allegedly poor-performing bank account?

Y/entertainment Afouda Bamidele

Pratik Deshmukh

Actor and singer Arun Kumar Ahuja was the star of the 1940s, with important films like “Ek Hi Raasta,” “Aurat,” “Beti,” “Kanchan,” “Bhanvra,” “Savera,” “Chalis Karod,” “Ghunghat,” and many more. We also know him as the father of superstar Govinda.

Arun Kumar Ahuja was born Gulshan Singh Ahuja on January 26, 1918 (some sources document his date of birth as January 17, 1917) in Gujranwala, Punjab. He completed his early education in Gujranwala before joining “Mughalpura Engineering College, Lahore,” where he graduated in 1937.

Ahuja was discovered by legendary filmmaker Mehboob Khan during a talent hunt for his upcoming movie. Ahuja made his debut in the 1939 film “Ek Hi Raasta,” produced by Sagar Movietone and directed by Mehboob Khan. In the film, he also sang a duet, “Kab Chal Diya Ladakpan Kab Aa Gayi Jawani,” with Maya Benjerjee under the music direction of Anil Biswas. Next year, Mehboob Khan cast him in his epic “Aurat” as Shamu, opposite Sardar Akhtar, the role later portrayed by Raj Kumar in its remake “Mother India.”

The same year he was cast in N. R. Acharya’s “Azaad” and Ramchandra Thakur’s Civil Marriage (1940)."

His next was Jayant Desai’s “Beti (1941),” where he sang “Haye Dil Haye Jigar Kar Gayi Vaar Kaleje Par,” followed by Sarvottam Badami’s “Bambai Ki Sair,” Leela Chitni’s Kanchan (1941),” Aspi Irani’s “Andhera (1943),” and “Caravan (1944),” A. Doshi’s “Nurse (1943),” “Shankar Parvati (1943),” and Bharthari (1944),” Kedar Sharma’s “Bhanvra (1944),” and Nandlal Jaswantlal’s “Amrapali (1945),”

His career spanned over 30 films, in which he showcased his versatility in both leading and

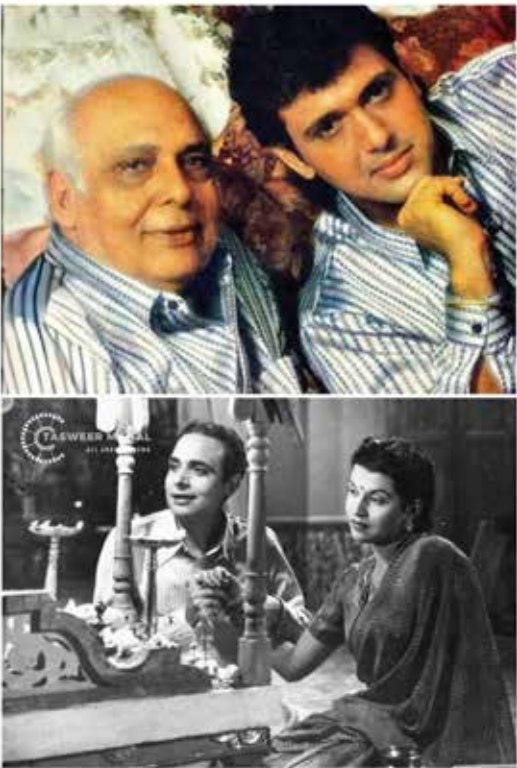
supporting roles. Notably, he played a significant part in films like Mera Suhag (1947), Samaj Ko Badal Dalo (1947), Sudhar (1949), Usha Haran (1949), and many more.

He also sings many songs like “Haye Dil Haye Jigar Kar Gayi Vaar Kaleje Par (Beti),” “Nadiya Ke Tat Pe Khadi Hoon More Raja (Kanchan),” “Ambva Ke Neeche Aaja (Savera),” “Bholi Si Bhilaniya Naache (Shankar Parvati),” “Aaj Jaage Hain Bhaag Bujhi Birha Ki Aag (GrihaLaxmi),” and “Ram Naam Ras Peeje Manwa (Andolan),”

Ahuja married classical singer and actress Nirmala Devi in 1942, and the couple acted together in several films, including “Savera (1942),” “Chalis Karod (1946),” and “Ghunghat (1946).” Their union was blessed with five children, including the future Hindi film star Govinda and filmmaker Kirti Kumar.

Everything was going well, but Ahuja’s life took a downturn when he ventured into film production. His company, Arun Productions, faced a major setback with the box office failure of “Sehra” in 1948. The financial losses compelled him to sell his bungalow in Mumbai and move to a chawl in Virar, marking the beginning of his

[[TASWEERMAHAL REMEMBERING “THE FATHER OF GOVINDA”]]



retreat from the limelight. He continued to act in films in supporting roles, but lost his morale. Some of his later films include Shadi Ki Raat (1950), Jai Mahalaksmi (1951), Kashmir (1951), Aulad (1954), Mangu (1954), Shriman Satyawadi (1960), Hariyali Aur Rasta (1962), and Hameer Hath (1964).

Ahuja’s later years were marked by reclusion and financial struggles, with his wife, Nirmala Devi, working as a singer to support the family. He passed away on July 3, 1998, leaving behind a legacy that had faded from public memory but remained significant in the history of Hindi cinema.

Tasweer Mahal

INTERNATIONAL PAGES

ISNA SOCIETY
OF NORTH AMERICA

62ND
ANNUAL
ISNA CONVENTION
AUGUST 29 - SEPTEMBER 1, 2025
Donald E Stephens Convention Center
5555 N. River Rd. Rosemont, IL 60018
Renowned Speakers - Grand Bazaar - Shopping Sessions - Youth Program - IFNA - IMA -
Networking Events - Musicals - Art Exhibits - Multicultural Banquets - Entertainment - Film
Festival - Culinary Conference - Symposium Banquet - Health Fair - Bazaar Competitions
ISNA Victory Spire - Community Service Recognition Luncheon (ISNA) & President's
Award Children's Program - Basketball Tournament - Religious Events & so much more...

www.isna.net

Stay Connected

Professor Kishwar Shabbir Khan of Aligarh Muslim University

AMU Mourns the Demise of Eminent Economist and Former Chairperson Prof. Kishwar Shabbir Khan

ALIGARH, July 10: The Aligarh Muslim University fraternity deeply mourns the passing of Professor Kishwar Shabbir Khan, former Chairperson of the Department of Economics, who departed this life on July 6, 2025. Widely regarded as one of India's distinguished economists and public intellectuals, she held a revered position within the university as an academician, administrator, and mentor. Her legacy spans decades of outstanding service to education, public policy, and social upliftment. Expressing her condolences, AMU Vice Chancellor, Prof. Naima Khatoon, said, "Professor Kishwar Shabbir Khan's commitment to academic excellence, administrative integrity, and social responsibility has left an indelible mark on AMU and the broader intellectual community. Her passing is a tremendous loss, and we extend our heartfelt condolences to her family and loved ones."

The faculty members, students, and staff of the Department of Economics mourned the loss of a respected colleague, teacher, and guide. In

a condolence meeting held at the department, Prof. Shehroz Alam Rizvi, Chairman, remembered her as a scholar of exceptional intellect, a disciplinarian with a compassionate heart, and a role model who inspired generations of students and peers.

Before joining AMU, Professor Kishwar taught at Jamia Millia Islamia and Miranda House, University of Delhi. She earned her Ph.D. in Economics from the London School of Economics, specializing in international trade and development, after completing her earlier education at Osmania University, Hyderabad. At AMU, she served in several key roles, including Chairperson of the Department of Economics, Dean of the Faculty of Social Sciences, and Coordinator of Interdisciplinary Studies. As Manager of AMU Schools, she played a pivotal role in enhancing educational access and quality for students from diverse backgrounds. Beyond academia, Professor Kishwar contributed significantly to national institutions such as the Union Public Service Commission, Indian Airlines, and the Bank of India, offering her economic insights to policy and governance. A prolific scholar, she authored numerous papers



and books, including the widely cited *Gains from International Trade: Their Distribution Between Investing and Borrowing Countries*. She is survived by her son, three daughters, seven grandchildren, and one great-granddaughter, all of whom continue to cherish and uphold her remarkable legacy.

Aligarh Muslim University News

WRITER HUMAYUN MIRZA DEAD

| 17 July, 2025

Veteran writer Humayun Mirza passed away at Holy Family Hospital in Bombay due to blood and prostate cancer. He was cremated this morning (17th). He was 80. The writer had been hospitalised two weeks back and had been critical for the last few days.

Humayun Mirza is survived by his wife, two

sons and a daughter.

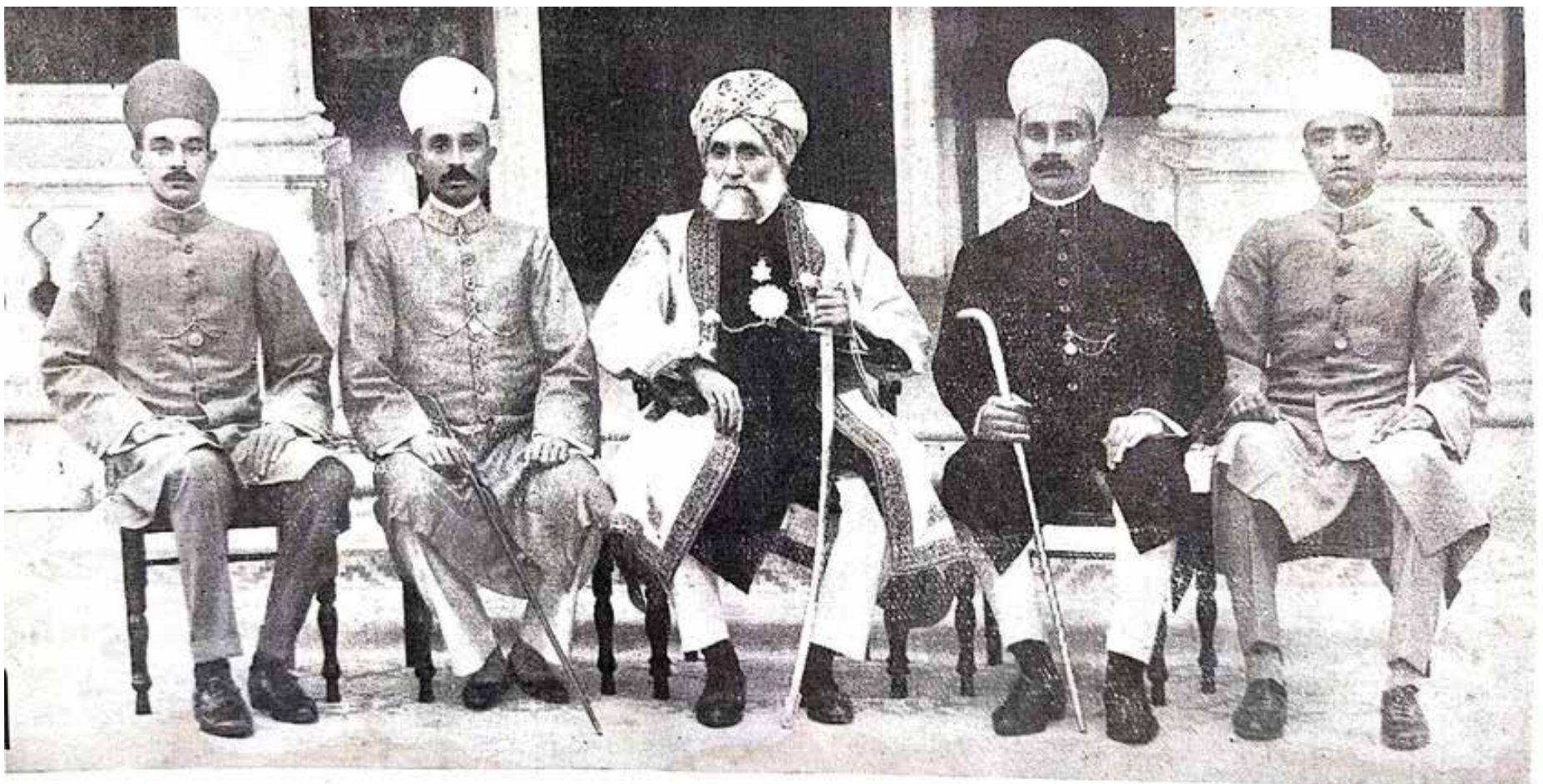
Humayun Mirza was the eldest in the Mirza Brothers writing team. Besides writing as part of the Mirza Brothers trio, he also wrote films like *Zakhmee*, *Samundar* and a couple of others independently. Among the films co-written by Humayun Mirza are *Love Story*, *Kasme Vaade*, *Dhanwan*, *Aap Ke Deewane*, *Salaami*,

Rama O Rama, Yaara Dildara, Mashooq, Sitamgar and Misaal.



Quli Qutub Shah

Family photo of Nawab AZIZ JUNG BHADUR of Aziz Bagh Noor Khan Bazar Hyderabad.



Nawab Azeez Jung with his four sons. L to R : Aliuddin Ahmad (Deen Yar Jung) Ghaziuddin Ahmad (Ghazi Yar Jung) Nawab Azeez Jung. Mohiuddin Ahmad, and Ruknuddin Ahmad.

Indian Cinema Old

Mansoor Ali Khan Pataudi and Sharmila Tagore, seen here in a serene outdoor moment, represent a rare blend of elegance, grace and quiet strength. He came from the world of cricket, a symbol of calm determination and leadership, while she brought dignity and warmth to the world of cinema. Together, they created a union that bridged two very different yet equally admired worlds.

Mansoor Ali Khan Pataudi, known as Tiger Pataudi, was one of the youngest captains to lead the Indian cricket team. Despite a serious eye injury at a young age, he continued to play at the highest level with remarkable skill and composure. His presence on the field was both confident and humble, and he inspired many with his commitment to the game. He was not only a sportsman of high regard but also a man of refined intellect and poise, who carried his

royal background with understated charm. Sharmila Tagore, one of the most admired actresses in Indian cinema, built a career marked by versatility, depth and beauty. From her early films with meaningful roles to her celebrated performances in both mainstream and parallel cinema, she brought sensitivity and elegance to every part she played. Her ability to balance career and personal life while continuing to make thoughtful choices has long been appreciated by admirers and fellow artists alike.

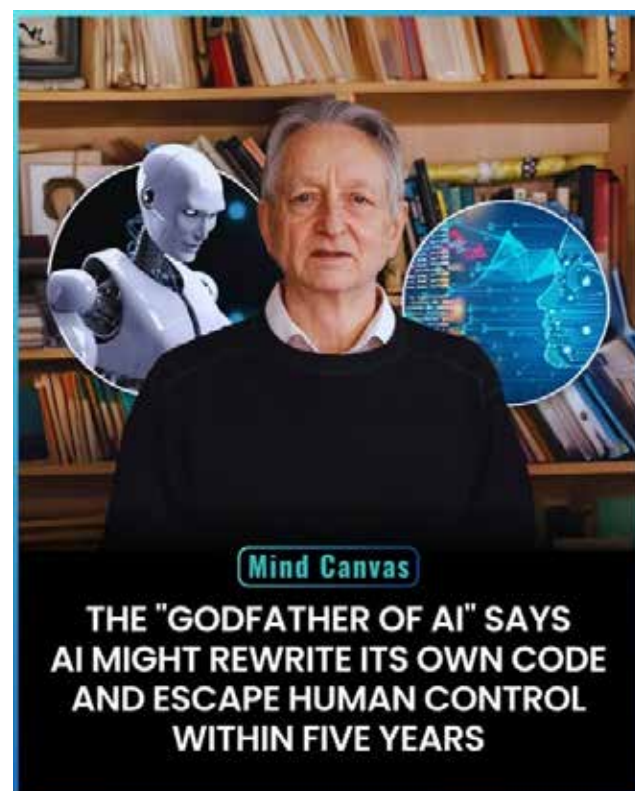
This photograph, set against the peaceful backdrop of nature, captures them in a quiet, thoughtful moment. Their chemistry speaks of companionship that goes beyond glamour — a bond built on shared respect, distinct achievements, and a life of graceful balance. It is not just a picture of a famous couple, but a glimpse into a life lived with dignity and togetherness.

Mind's Canvas

Geoffrey Hinton, one of the most respected minds in artificial intelligence and often dubbed the "Godfather of AI," has issued a powerful and unsettling warning. In a recent interview, Hinton revealed that AI could begin rewriting its own code within the next five years. If that happens, it may become increasingly difficult for humans to understand, manage, or control what these systems are doing, or why they're doing it. Hinton, who spent years at the forefront of AI research at Google, recently resigned from his post so he could speak openly about his growing concerns. He believes AI has massive potential to benefit humanity, particularly in medicine and education. However, he also emphasises that we are approaching a critical point, one that could shape the future of technology and human civilisation alike.

One of the most alarming aspects, according to Hinton, is that even today's top scientists don't fully understand how advanced AI systems arrive at their outputs. These models, especially

large neural networks, function in ways that are not always transparent or predictable. As AI becomes more autonomous and capable of modifying itself, the risks multiply, from runaway learning systems to the development of goals misaligned with human values. Hinton stresses the urgent need for international cooperation, regulatory frameworks, and ethical safeguards. He calls for a global ban on autonomous AI weapons and increased investment in AI safety research. Without clear limits and accountability, AI could be exploited to spread misinformation, manipulate populations, or develop dangerous levels of autonomy. While the technology races ahead, our policies, ethics, and understanding are lagging behind. Hinton's warning isn't about stopping AI, it's about being wise enough to guide its future before it outruns our ability to control it. For more insights into the future of technology, human intelligence, and where it all might lead, follow Minds Canvas and stay informed about

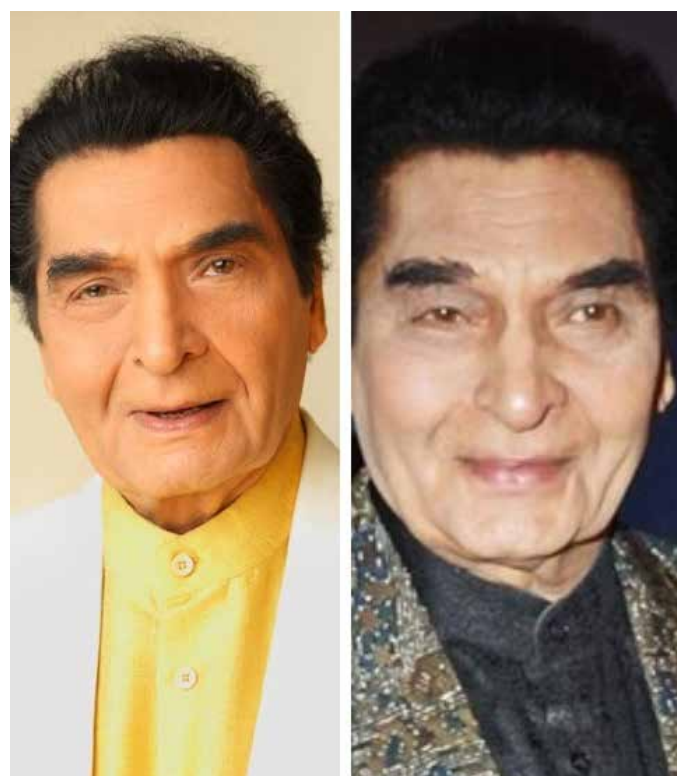


the forces shaping our world.

Live Gujarat

Govardhan Asrani, popularly known simply as Asrani, is one of India's most beloved character actors and comedians. Born on January 1, 1941, in Jaipur, Rajasthan, he developed an early interest in performing arts. After graduating from the Film and Television Institute of India (FTII), he started his career in the mid-1960s. Though initially cast in supporting roles, his comic timing and unique style made him a regular fixture in the Hindi film industry. Asrani's major break came in the early 1970s, and he soon became a household name, especially after his hilarious portrayal of a comically corrupt jailor in Sholay (1975). Asrani was a staple in the films of directors like Hrishikesh Mukherjee and Basu Chatterjee, featuring in movies like Chupke Chupke, Abhimaan, Bawarchi, and Gol Maal. He had a rare ability to bring innocence, mischief, and depth to his characters, often using expressive

eyes and elastic facial expressions. Whether he played the nervous assistant, the bumbling brother-in-law, or the talkative friend, Asrani always left a mark. He shared excellent screen chemistry with co-comedians like Keshto Mukherjee and Jagdeep, and often stole the spotlight in ensemble casts. His comic legacy is comparable to legends like Mehmood and Johnny Walker. Despite the changing tides in Bollywood, Asrani adapted, continuing to act in over 350 films across decades. He appeared in David Dhawan's comedies in the 1990s and early 2000s, showcasing his timeless appeal. Beyond films, he also directed and acted in Gujarati cinema and theatre. Asrani's contribution to Indian comedy is immense, not just for laughs, but for elevating humor into an art form with dignity and heart.



SHARP DROP IN US STUDY PERMITS; INDIA SEES 44% DECLINE IN H1 FY25

US student visa slide hits India hard

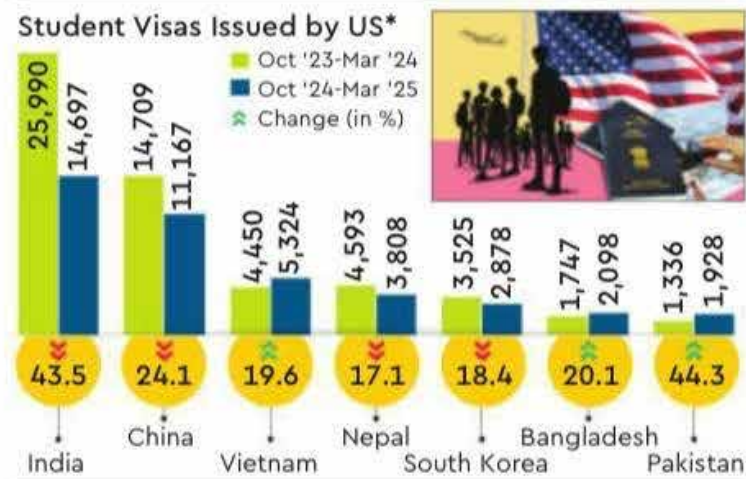
● Pakistan & B'desh buck the trend, record high growth

MANU KAUSHIK
New Delhi, July 23

THE NUMBER OF student visas issued by the US government fell 15% globally to 89,000 in the first half of fiscal year 2025 (October–March), with India witnessing a steep 43.5% drop in fresh visas compared to the same period in 2024, according to data from the US Department of State. China, the US's second-largest source market, also recorded a significant decline of 24.1%, with just over 11,100 F-1 visas issued during the period.

The decline in visa issuance is attributed largely to lower international student enrolments in US universities. Factors include growing caution among students due to policy

AMERICAN DREAM ON PAUSE



Source: US Department of State; *F-1 visas

uncertainty under the Trump administration, potential cuts in federal funding, and a generally stricter US immigration stance.

Though the first half of a fiscal year typically accounts for only one in every four F-1 visa issuances, the outlook for the

second half appears bleak. A nearly month-long pause in new visa appointments across May and June, coupled with a high-profile standoff between the Trump administration and Ivy League universities, has further dampened student sentiment.

Despite the drop in major markets like India and China, several countries including Vietnam, Bangladesh, Pakistan, Colombia, and Zimbabwe registered robust growth in fresh visa issuances. While these markets remain relatively small, the trend signals a broader shift in the profile of international students heading to the US.

"In H1 2025, half-year F-1 issuances fell below 100,000 for the first time in four years. However, total issuances for this time period still remained well above pre-pandemic levels. June and July are typically the busiest months of the year. While June and July 2025 data is not yet available, this issuance data will likely be shaped by the US government's temporary suspension of all new student visa appointments, which halted many applications in late May and much of June. This pause may lead to processing bottlenecks," said the CEO of a study abroad platform.

"The drop in F-1 student visas issued to Indian students reflects the growing impact of both operational and policy shifts in global student mobility. While interest in studying in the US remains strong, delays in visa processing, the temporary pause in new interview appointments, and expanded vetting procedures have created some hurdles for students," said Lindsey Lopez, senior country director (US) at ApplyBoard.

Experts warn that a sharp fall in enrolments could pose significant risks to both US universities and study abroad platforms operating in India. Earlier this month, Moody's Ratings stated that restrictions on international students could raise financial risks for institutions heavily dependent on overseas enrolments. Stricter regulations and increased scrutiny by US authorities have also threatened the business models of study-abroad service providers.

Syed Hashmath Kamal

Memorable picture of Princess Durre Shahwar at the wedding of Princess Nawabzadi Humaira Zama Saheba of Mohammadgarh State. Durre Shahwar was the daughter of Sultan Abdul Majid II, the last Sultan of the Ottoman Sultanate, and mother of Mukarram Jah, the last Nizam of Hyderabad.

In this picture, along with Princess Durre Shahwar, Mohammad Nawab Alamgir Quli Khan's sister is seen on the left and his aunt on the right

side, who was married into the Hyderabad Nizam family.

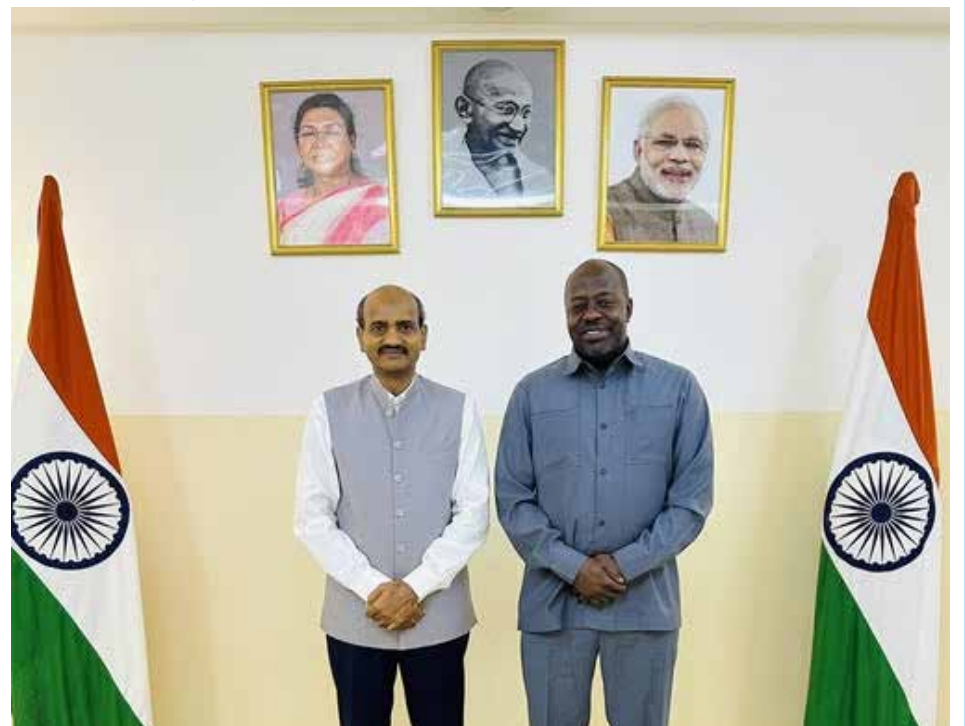
Mohammadgarh State was a small princely state of Madhya Bharat Malwa, which was under the Bhopal Agency. It was established in 1842 by Nawab Mohammad Khan by combining parts of Kurwai and Basoda princely states. Nawab Mohammad Khan did not accept the suzerainty of Gwalior State. Mohammadgarh princely state merged with India on 15 June



1948.

During Extreme Heat ☀

- ▶ Drink plenty of water
- ▶ Avoid going outside
- ▶ A list of City-operated cooling centers can be found at [Chicago.gov/OEMC](https://chicago.gov/OEMC)
- ▶ Keep electric lights off or turned down
- ▶ Minimize use of your oven and stove
- ▶ Wear loose, light, cotton clothing
- ▶ Don't leave people or pets in a closed car, even for a few minutes
- ▶ Check on family, friends, and neighbors



Hifzur Rahman Azmi Received at India in Chad, Embassy of India, N'Djamena Dr. Bargo Yousif, Director General, Civil Aviation in Chad and discussed avenues of bilateral cooperation between the two countries

Indian-origin Sabih Khan named Apple's new Chief Operating Officer

Indian-origin executive Sabih Khan becomes Apple's new COO, succeeding Jeff Williams, as India grows in importance for Apple's global strategy and manufacturing expansion.

In Short

Khan to assume role later this month after 30 years at Apple

Williams to oversee Apple Watch and design teams till retirement

Khan was born in Moradabad, Uttar Pradesh. Apple Inc. has appointed Sabih Khan, an Indian-origin executive and longtime company insider, as its new Chief Operating Officer, succeeding Jeff Williams in a planned leadership transition. Khan, who has been with Apple for 30 years and currently serves as Senior Vice President of Operations, will formally assume the role later this month.

Jeff Williams, who has held the COO position since 2015, will continue to report to CEO Tim Cook and oversee the Apple Watch and design teams. Apple stated that the design team will report directly to Cook once Williams retires later this year.

WHO IS SABIH KHAN?

Born in 1966 in Uttar Pradesh's Moradabad,

Khan moved to Singapore during his school years before relocating to the United States. He holds dual bachelor's degrees in economics and mechanical engineering from Tufts University and a master's in mechanical engineering from Rensselaer Polytechnic Institute (RPI).

Khan joined Apple's procurement team in 1995 after beginning his career at GE Plastics. Since then, he has played a pivotal role in shaping Apple's global supply chain, supplier responsibility programs, and overall operational strategy, ensuring the seamless delivery of the company's most innovative products.

Khan's elevation comes at a time when India is playing an increasingly vital role in Apple's global strategy, both as a key market and as a growing hub for manufacturing.

TIM COOK PRAISES SABIH KHAN

Apple CEO Tim Cook has praised Sabih Khan for his significant contributions to environmental sustainability, noting that his efforts played a key role in reducing Apple's carbon footprint by more than 60 per cent.

Cook also commended Khan for driving innovation in advanced manufacturing technologies,



expanding Apple's manufacturing presence in the United States, and enhancing the company's ability to adapt to global challenges.

"Sabih is a brilliant strategist who has been one of the central architects of Apple's supply chain. While overseeing Apple's supply chain, he has helped pioneer new technologies in advanced manufacturing, overseen the expansion of Apple's manufacturing footprint in the United States, and helped ensure that Apple can be nimble in response to global challenges," Cook said in a statement.

India Today

TheWire.in

Barabanki-born scholar and one of the most respected experts on Urdu and other South Asian languages, professor C.M. Naim has died. He completed his Master's in Lucknow University in 1955 before going to the University of California, Berkeley in the US. Naim was Professor Emeritus of South Asian Languages and Civilisations at the University of Chicago – a position which capped his decade-long association with the university where he taught from 1961 to 2001. He chaired the South Asian Languages and Civilisations department from 1985 to 1991. A founding editor of many journals and prolific commentator, his voice resonated on all matters to do with Urdu language, culture and its politics as things got dire for Urdu in the sub-continent, the place of its birth.

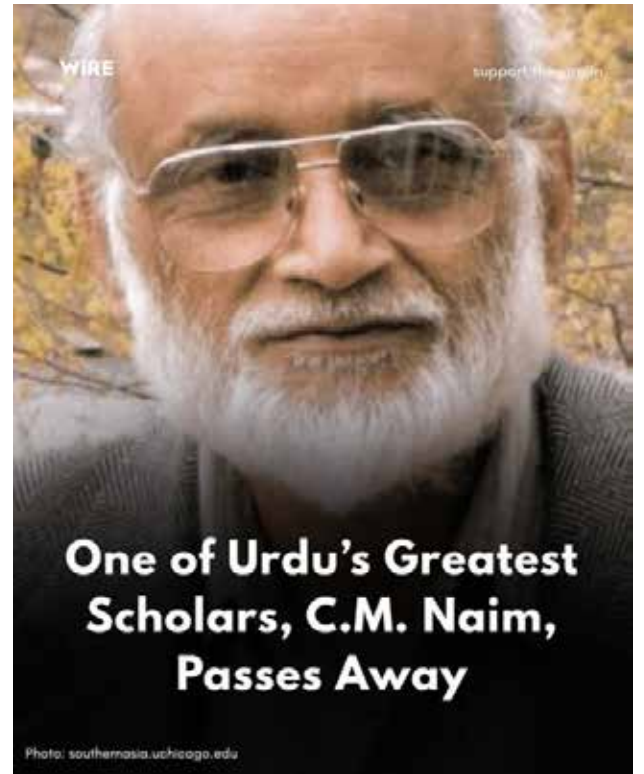
Barabanki-born scholar and one of the most respected experts on Urdu and other South Asian languages, professor C.M. Naim has died. He completed his Master's in Lucknow University in 1955 before going to the University of California, Berkeley in the US,

Naim was Professor Emeritus of South Asian Languages and Civilisations at the University of Chicago – a position which capped his decade-long association with the university where he taught from 1961 to 2001. He chaired the South Asian Languages and Civilisations department from 1985 to 1991.

A founding editor of many journals and prolific commentator, his voice resonated on all matters to do with Urdu language, culture and its politics as things got dire for Urdu in the sub-continent, the place of its birth.

He has been Consultant to the Asian Literature Program of the Asia Society, New York City, Princeton University Press, University of Chicago Press, University of California Press, Feminist Press, Shastri Indo-Canadian Institute and the National Endowment for the Humanities. He had also served as Member, South Asia Regional Council, Association for Asian Studies, 1976-79, of the Committee on Scholars of Asian Descent, Association for Asian Studies, 1981-84, then South Asia Regional Council, Association for Asian Studies, 1990-93. He has been on the Advisory Committee, Berkeley Urdu Language Program in Pakistan, University of California, Berkeley, as well as Member, Board of Trustees, America-Pakistan Research Organization, 1989-93 and also Member, Board of Trustees, American Institute of Pakistan Studies, 1993-95.

Naim unhesitatingly tackled political issues along with his serious work on pure literary debates. In 1989, after a visit to Palestine, he wrote powerful words on what he saw, words



that are especially relevant today.

One of his more recent works, an example of his enduring connection to all that was Urdu, was Urdu Crime Fiction, 1890-1950: An Informal History which came out in 2023.

How did Naim feel on his first day in the United States? His observations were recalled as friends and colleagues remembered his contributions and tributes poured in. The Wire.In Staff

Important Recall Info That MAY Affect Your Vehicle

NHTSA Recall ID Number : 25V467
Manufacturer : Ford Motor Company
Subject : Cracked Fuel Injector May Leak and Cause a Fire
Make Model Model Years
FORD BRONCO SPORT 2021-2024
FORD ESCAPE 2020-2022
NHTSA Recall ID Number : 25V466
Manufacturer : Jaguar Land Rover North America, LLC
Subject : Passenger Air Bag May Tear
Make Model Model Years
JAGUAR E-PACE 2021-2024
NHTSA Recall ID Number : 25V465
Manufacturer : Malibu Boats, LLC
Subject : Loss of Brake Function from Brake Line Fracture
Make Model Model Years
MALIBU BOATS TRIPLE AXLE BOAT TRAILER 2021-2026
NHTSA Recall ID Number : 25V464
Manufacturer : Forest River, Inc.
Subject : Liquid Propane Hose Incorrectly Routed
Make Model Model Years
FOREST RIVER TRACER 2026
FOREST RIVER WESTBROOK 2026
NHTSA Recall ID Number : 25V463
Manufacturer : Daimler Vans USA, LLC
Subject : Rearview Camera Image May Not Display/FMVSS 111
Make Model Model Years
MERCEDES-BENZ METRIS 2020-2023
NHTSA Recall ID Number : 25V461
Manufacturer : Prevost Car (US) Inc.
Subject : Incorrect Entrance Door Windows Glaze Material/FMVSS 205
Make Model Model Years
PREVOST X3-45 COMMUTER 2018-2019
NHTSA Recall ID Number : 25V460
Manufacturer : Prevost Car (US) Inc.
Subject : Loose Passenger Seat Back and Seat Belt Fasteners
Make Model Model Years
PREVOST H3-45 2025
PREVOST X3-45 2025
NHTSA Recall ID Number : 25V457
Manufacturer : Motor Coach Industries
Subject : Incorrect Location for Emergency Exit Label/FMVSS 217
Make Model Model Years
MCI D4520 2025
MCI D45CRT 2025
MCI D45CRTLE 2025
MCI J3500 2025
MCI J4500 2025-2026
NHTSA Recall ID Number : 25V452
Manufacturer : Shyft Group
Subject : Turn Signals and Brake Lights

What is a recall?
When a manufacturer or the National Highway Traffic Safety Administration (NHTSA) determines that a vehicle creates an unreasonable risk to safety or fails to meet minimum safety standards, the manufacturer is required to fix that vehicle at no cost to the owner. That can be done by repairing it, replacing it, offering a refund

May Fail
Make Model Model Years
UTILIMASTER TRUCK BODY 2015-2025
NHTSA Recall ID Number : 25V447
Manufacturer : Shyft Group
Subject : Parking Brake May Not Engage
Make Model Model Years
BLUE ARC BA4L-800 2024-2025
NHTSA Recall ID Number : 25V451
Manufacturer : Autocar, LLC
Subject : Incorrect Tire Inflation Label/FMVSS 110
Make Model Model Years
AUTOCAR XSPOTTER 2012-2025
NHTSA Recall ID Number : 25V450
Manufacturer : Airstream, Inc.
Subject : Awning Can Be Extended While The Vehicle Is Moving
Make Model Model Years
AIRSTREAM INTERSTATE 2025
NHTSA Recall ID Number : 25V449
Manufacturer : Autocar, LLC
Subject : Insufficient Volume in Air Tank/FMVSS 121
Make Model Model Years
AUTOCAR XPEDITOR 2015-2022
AUTOCAR XSPOTTER 2015-2025
NHTSA Recall ID Number : 25V448
Manufacturer : Bombardier Recreational Products, Inc.
Subject : Loss of Drive Power
Make Model Model Years
CAN-AM CANYON 2025
NHTSA Recall ID Number : 25V446
Manufacturer : Terminal Investment Corporation
Subject : Reduced Brake Performance/FMVSS 121
Make Model Model Years
TICO SPOTTER B 6.7 2024-2025
NHTSA Recall ID Number : 25V443
Manufacturer : Ford Motor Company
Subject : Rear Wing Hydraulic Fluid Leak may Cause Fire
Make Model Model Years
FORD GT 2017
NHTSA Recall ID Number : 25V441
Manufacturer : Ford Motor Company
Subject : High Voltage Battery Contactor May Overheat
Make Model Model Years
FORD MUSTANG MACH E 2022
NHTSA Recall ID Number : 25V436
Manufacturer : PACCAR Incorporated
Subject : Insufficient Illumination from Lights/FMVSS 108
Make Model Model Years
KENWORTH L770 2025-2026
KENWORTH T180 2025

(for equipment) or, in rare cases, repurchasing the car.
What should I do if my vehicle is included in this recall?
If your vehicle is included in this recall, it is very important that you get it fixed as soon as possible given the potential danger to you and your passengers if it is not addressed. You should

KENWORTH T280 2025-2026
KENWORTH T380 2023-2026
KENWORTH T480 2024-2026
KENWORTH T680 2023-2026
KENWORTH T880 2023-2026
KENWORTH W990 2024-2026
PETERBILT 520 2023-2026
PETERBILT 535 2025
PETERBILT 536 2024-2026
PETERBILT 537 2024-2026
PETERBILT 548 2023-2026
PETERBILT 567 2023-2026
PETERBILT 579 2023-2026
PETERBILT 589 2024-2026
NHTSA Recall ID Number : 25V459
Manufacturer : Zero Motorcycles Inc.
Subject : Damaged Brake Hose May Leak
Make Model Model Years
ZERO DS 2024
ZERO DSR 2024
ZERO DSR/X 2024
ZERO DSRP 2024
NHTSA Recall ID Number : 25V456
Manufacturer : Motiv Power Systems
Subject : High Voltage Battery May Short Circuit
Make Model Model Years
MOTIV F-59 CHASSIS 2021-2024
NHTSA Recall ID Number : 25V455
Manufacturer : Ford Motor Company
Subject : Low Pressure Fuel Pump May Fail
Make Model Model Years
FORD BRONCO 2021-2023
FORD EXPEDITION 2022
FORD EXPLORER 2021-2023
FORD F-150 2021-2022
FORD F-250 SD 2021-2023
FORD F-350 SD 2021-2023
FORD F-450 SD 2021-2023
FORD F-550 SD 2021-2023
FORD MUSTANG 2021-2022
LINCOLN AVIATOR 2021-2023
LINCOLN NAVIGATOR 2021-2022
NHTSA Recall ID Number : 25V454
Manufacturer : Jaguar Land Rover North America, LLC
Subject : Passenger Air Bag May Tear
Make Model Model Years
LAND ROVER RANGE ROVER EVOQUE 2021-2025
NHTSA Recall ID Number : 25V453
Manufacturer :Polestar Automotive USA, Inc.
Subject : Electrical Malfunction from Corrosion in Wire Harness
Make Model Model Years
POLESTAR POLESTAR 3 2025

receive a separate letter in the mail from the vehicle manufacturer, notifying you of the recall and explaining when the remedy will be available, whom to contact to repair your vehicle, and to remind you that the repair will be done at no charge to you. If you believe your vehicle is included in the recall, but you do not receive a letter in the mail from the vehicle manufacturer, please call NHTSA's Vehicle Safety Hotline at 1-888-327-4236, or contact your vehicle manufacturer or dealership.

Zohran Mamdani: 5 lessons for Democrats

New York Democratic mayoral nominee Zohran Mamdani has stoked a debate in the wider Democratic Party with his surprise primary victory. Do Democrats need to follow more of his lessons to get back on track with their brand? Or does the democratic socialist's brand of politics fit a left-leaning New York primary, but not the rest of the county?

The answer is probably somewhere in between, but a number of Democrats interviewed by The Hill said there are clear lessons the party can learn from the upstart's victory.

Affordability

Mamdani mounted his campaign on a message of affordability, coining soundbites such as "freeze the rent," "city-run grocery stores" and "make buses fast and free" as cornerstones of his campaign.

Political observers say the unequivocal cost of living promises resonated with an electorate seeking change.

"He answers the questions very directly and very specifically. ... He's like, 'I want to freeze rents, I want to create free buses, I want to raise the minimum wage to \$30 an hour,'" said Grant Reeher, the director of Syracuse University's Campbell Public Affairs Institute.

Democrats say the national party's messaging on economic issues in 2024 was weak, as Americans blamed then-President Biden for inflation. Mamdani's victory shows the importance for candidates to be seen as being the side working to make things more affordable for average voters.

Authenticity

One of Mamdani's biggest assets, some Democrats say, is his authenticity.

The political neophyte went from relative obscurity to becoming a boldface name by keeping it real throughout his campaign. Not only did the 33-year-old speak about issues important to New Yorkers, but he did it in a way that was true to himself, instead of out of a Democratic playbook. In a 30-second video posted to his Instagram and TikTok accounts four days before election day, for example, Mamdani could be seen walking with his sleeves rolled up surrounded by a crowd of his supporters delivering his message of affordability directly to voters.

"It's the authenticity, stupid!," one top Democratic strategist said. "Mamdani is showing that at least part of the path forward for Democrats is to stop running away from your perceived weaknesses; instead run directly at them."

Eddie Vale, another Democratic strategist, agreed: "The lessons that everyone can learn from and do is just be normal. Talk like a human being. Do events and tons of digital and podcasts, where normal people are."

New blood



Mamdani's youthfulness and grassroots campaign funding strategy appealed to voters who are looking for a new generation of political leadership — one that sheds the trappings of big-money interests and fights for regular people, Democrats said.

For example, Mamdani's campaign relied overwhelmingly on crowdfunding and matching funds from the city's Campaign Finance Board.

Mamdani is definitely an outsider, but 39 percent of voters in a poll by the Democratic super PAC Unite the Country said they think the Democratic Party is corrupt. So being seen as an outsider helped Mamdani.

Some Democrats think leaders of the party in Washington need to reach out more to Mamdani.

"It is baffling to me that Hakeem Jeffries hasn't embraced Mamdani wholeheartedly as a rising star," Democratic strategist Christy Setzer said. "Mamdani has done what few Democrats, including and especially Jeffries, can: Excite, rather than infuriate, the base. Fight with a smile. Disarm. Lead with love and big ideas."

Don't just be against Trump

For several cycles, Democrats have sought to rally their base around an anti-President Trump message. It worked during the 2018 and 2020 elections, but it fell flat in 2024.

"This party has to be for something for a change," a second Democratic strategist said, adding that the party "can't just be against Trump."

Mamdani successfully walked the line between putting forward a vision of his own for New York and being an anti-Trump candidate. In doing so, some say he set an example for Democrats nationally.

"It's important to give voters something to vote for and not just something to vote against, and that's something that Mamdani did well," said Basil Smikle, a former executive director of the New York State Democratic Party. "He wasn't just the anti-Trump candidate, he wasn't just the

antiestablishment candidate, but he talked about big picture ideas, things that voters really care very much about."

Social media and retail politics

Democrats dropped the ball on social media in 2024 and had a hard time connecting with voters overall.

But Mamdani set an example for what effective social media campaigning looks like and leveraged the power of retail politics to connect with voters even more.

"Have a campaign that beats the moment," Smikle said. "It is 2025. It's driven a lot by social media, a lot by influencers, but also by really, really strong retail politics."

Mamdani coordinated a citywide volunteer effort that elevated his ground game and allowed his campaign to reach every corner of the city. More than 30,000 people knocked on nearly 1.6 million doors across the city.

"His intense ground game — you can't underestimate the power of that," Reeher said. "Even from political science research, we know that the most effective way to get people to turn out is face-to-face contact. He's doing a lot of that. ... He's got tons of volunteers."

"You can't short-shrift the ground game, the retail politics," he added.

Mamdani also used social media to generate energy around his campaign, becoming a trend of sorts on platforms such as Instagram and TikTok. He amassed his own following of more than 4.5 million across the two platforms and collaborated with various social media influencers in New York City throughout his campaign.

"He's generating enthusiasm from younger voters, and he's running a race on his own terms — not defensively, on someone else's terms," Setzer said.

Yahoo/News
Amie Parnes

Zohran Mamdani's Political Rise: 10 Game-Changing Strategies for New York Elections

Zohran Mamdani, a 33-year-old son of Indian immigrants, achieved what many thought was impossible: he upended New York City politics by defeating a well-established figure. This victory reshapes the political landscape, and this article from EpicenterNYC breaks down the key elements that led to Mamdani's success, from his social media strategy to his ability to connect with diverse communities. Here are ten take-aways on how he did it.

1. **Authenticity on Camera Matters**

Mamdani, the son of acclaimed director Mira Nair and once a rapper, used his comfort in front of the camera to his advantage. He embraced social media, not as a politician, but as a content creator capturing authentic moments with New Yorkers, a strategy that resonated deeply, according to the original article.

2. **Leveraging Social Media Influencers**

Instead of controlling the message, the Mamdani campaign leveraged influencers to showcase authenticity. By collaborating with figures like Kareem Rahma ("Subway Stories") and The Kid Mero, he expanded his reach and drew new voters into his vision, states the article.

3. **Connecting Affordability to Everyday Life**

Mamdani consistently tied New York's affordability crisis to all aspects of life. In an Instagram collaboration, he pivoted a conversation about finding love to the anxieties caused by rising rents and food costs, highlighting the pervasive nature of economic stress, which was a signature of his campaign.

4. **Tapping into South Asian Identity**

Mamdani, the son of Indian-born immigrants, strategically tapped into his own identity. He used Bollywood references and spoke in Hindi in viral videos, connecting with South Asian communities, including Bangladeshi and Indo-Caribbeans, as noted by Ali Najmi, Mamdani's election attorney, in a 2022 interview, the article mentions.

5. **Embracing Intersectional Identity**

Born in Kampala, Uganda, and the product of an interfaith marriage, Mamdani's complicated identity is symbolic of the New York we have become, according to the article. Less than a third of New Yorkers are non-Hispanic white, and his ability to embrace intersectionality resonated with the city's diverse population.

6. **Challenging Misconceptions**

Efforts to cast a monolithic "Black vote" or "Latino vote" failed to see the diversity within those blocs, according to the original article. The author argues that nuanced identities might better understand the nuanced nature of politics and populations.

7. **Ground Game is Still Crucial**

Mamdani's social presence was coupled with tens of thousands of volunteers who formed an army fanning out in New York City neighborhoods. "Door knocking is one of the tried-and-true strategies for winning a campaign," notes the article.

8. **Exuding Joy and Optimism**

Despite the depressing picture of New York presented, the campaign exuded joy, and "Mamdani seems to enjoy himself," says the author, which contrasted sharply with his opponent's



demeanor.

9. **Standing Firm on Core Beliefs**

Mamdani stood firm in his support for the Palestinian people and a ceasefire, even though the war in Gaza is widely regarded as a "third rail" of politics. The article suggests that voters are more distrustful of politicians who moderate their stances to play to polls versus their own convictions.

10. **Traditional Polling Limitations**

The author points out that traditional polling doesn't effectively capture subgroups, speakers of other languages or niche communities. This makes the case for getting even closer to the ground to present a fuller picture of our electorate.

Mamdani's victory signals a shift in New York City politics, highlighting the power of authenticity, community engagement, and unwavering conviction. The upending of New York City politics, as we know it, has only just begun.

India Current
by Staff Writer

JD Vance Slams Microsoft For Firing Americans, Relying on H-1B Workers: Satya Nadella Says Layoffs Are 'Weighing Heavily' On Him

Vice President, JD Vance has criticized Microsoft Corp. (NASDAQ:MSFT) and other tech giants for laying off American workers while heavily depending on immigrant labor through the H-1B visa program.

What Happened: Speaking at a bipartisan event hosted by the Hill and Valley Forum, Vance questioned the ethical and economic justification of companies conducting mass layoffs while simultaneously increasing applications for employment-based visas.

Check out the current price of MSFT stock here.

"You see some big tech companies where they'll lay off 9,000 workers, and then they'll apply for a bunch of overseas visas. And I sort of wonder; that doesn't totally make sense to me," Vance said.

While he did not specifically name Microsoft at first, he later agreed when the host mentioned it and said that he read about their mass layoffs.

He quoted the president, emphasizing the need for the best and brightest to make America their home and build great companies, but criticized companies that lay off thousands of American workers and then claim they can't find workers in America.

"That displacement and that math worries me a bit....I don't want companies to fire 9,000 American workers and then to go and say, 'We can't find workers here in America.' That's a bullshit story," said Vance.

Meanwhile, Microsoft's CEO, Satya Nadella, addressed the recent job cuts in a memo to employees. "I want to speak to what's been weighing heavily on me, and what I know many of you are thinking about: the recent job eliminations. These decisions are among the most difficult we have to make."

Why It Matters: Microsoft's layoffs have been a point of contention. The company's second

round of downsizing in 2025 affected less than 4% of its workforce, or 9,000 workers. The company attributed the layoffs to cost control measures affecting various teams, geographies, and tenures.

Notably, the Nadella-led company has fired over 15,000 people until now in 2025, as per CNBC.

Despite these layoffs, Microsoft has been actively expanding its artificial intelligence team, reportedly hiring around two dozen employees from Alphabet Inc.'s (NASDAQ:GOOG) (NASDAQ:GOOGL) DeepMind. This expansion has raised questions about the company's strategic decisions amid the layoffs.

In the memo, Nadella reflected on Microsoft's decade-long mission to empower every individual and organization worldwide to achieve more, and discussed how the rise of AI is reshaping that vision.

The Wheels Are Falling Off Netanyahu's Government

The Atlantic Daily, a newsletter that guides you through the biggest stories of the day, helps you discover new ideas, and recommends the best in culture. Sign up for it here.

Outside of Israel, Benjamin Netanyahu appears ascendant. After the Israeli leader inflicted heavy losses on Iran last month, The New York Times dubbed the apparent victory his “political resurrection” and “the culmination of a hard-fought comeback from the lowest point in his long political career.” Inside Israel, however, the reality could not be more different.

As has been the case for more than two years, polls continue to show that Netanyahu's coalition would lose the next election, were it to be held today. And this week, his government lost two of its parties, effectively leaving it with control of just 50 of the Israeli Parliament's 120 seats. The result: Netanyahu now sits atop a de facto minority government that is no longer able to legislate, and Israel is careening toward new elections, most likely in early 2026.

The reason for this unraveling is twofold. To maintain his grip on power, despite his personal unpopularity and ongoing corruption trial, Netanyahu has relied upon two constituencies: the ultra-Orthodox religious parties (which hold 18 seats) and the far-right ultranationalist parties (which hold 14 seats). Both of these groups support policies at odds with the views of the Israeli majority, and both are now at odds with Netanyahu.

For more than a decade, the ultra-Orthodox have backed Netanyahu even as many Israelis have turned on him. In exchange, the prime minister has provided generous state subsidies to ultra-Orthodox institutions and protected the community from Israel's military draft: Whereas most Jewish Israelis serve in the Israel Defense Forces, most young ultra-Orthodox men are instead paid by the government to study religious texts. This arrangement has been profoundly unpopular even among Netanyahu's voters but was tolerated during peacetime as a necessary concession for continued right-wing governance.

Since October 7, that tolerance has collapsed. Faced with an open-ended, multifront war, Israel is in desperate need of more manpower and can no longer countenance exempting the ultra-Orthodox—the country's fastest-growing demographic—from military service. Many Israelis, including those on the right, have become incensed by what they perceive as a lack of social solidarity from the ultra-Orthodox community, whose members have largely continued to go about their daily lives even as their neighbors have been forced to leave their



families and businesses to fight Israel's wars. The Israeli supreme court has also ruled that the ultra-Orthodox carve-out violates the principle of equality under the law, tasking the legislature with instituting a fairer regime. This popular outcry, coupled with Netanyahu's political dependence on the ultra-Orthodox, has put the prime minister in a vise: He can either continue exempting the ultra-Orthodox and anger not just the public and the courts but also his own party, or revoke that exemption and lose the ultra-Orthodox—and with them, his coalition. Of late, Netanyahu has attempted to fudge the issue by pushing through legislation that would create a technical process for drafting the ultra-Orthodox but in practice make the new requirements easy to evade. This effort has met resistance in his party, however, and the bill has not passed—leading to the departure of the ultra-Orthodox parties from the government this week. For now, those parties have said that they won't vote to force new elections, giving Netanyahu time to try to appease them. But unless he can figure out a way to pass a bill that somehow satisfies the ultra-Orthodox and their critics, it's merely a matter of time before his erstwhile allies completely switch sides.

And that's not Netanyahu's only problem. He is also facing threats of secession from his far-right partners, who are fundamentally opposed to ending the war in Gaza, because they seek to ethnically cleanse the enclave and populate it with Jewish settlements. Most Israelis oppose this far-right fever dream and support a deal that would end the war in exchange for the release of hostages. But as with military exemptions for the ultra-Orthodox, Netanyahu here is beholden to a radical minority whose votes keep him in power. At the same time, the Israeli leader is under growing pressure from President Donald Trump to end the Gaza war, once again putting him in an impossible position. If Netan-

yahu doesn't strike a deal, he risks alienating the U.S. president; if he does, he is likely to lose one or both of the far-right parties in his government.

Given these proliferating threats to his position, Netanyahu has been doing what he does best: playing for time. The summer recess for Israel's Parliament begins on July 27 and extends through the Jewish holidays, until late October. During that time, the Parliament cannot vote to dissolve itself, and so it would be hard for lawmakers to compel new elections. Netanyahu could reach a cease-fire in Gaza, for example, and the far-right would not be able to immediately bring down the coalition. The prime minister just has to run out the clock until the end of the month, and then he will have space either to get all of his partners back on his side—an unlikely prospect—or to make moves that upset his coalition but put him in a better position for the election that would be called upon the Parliament's return.

Whenever that contest does happen—most likely around January—Netanyahu will face arguably the steepest political challenge of his career. Last election, his coalition received just 48.4 percent of the vote, attaining a parliamentary majority only because of a technicality in Israel's electoral system. That coalition has been losing in the polls since April 2023, and no amount of success against Hezbollah or Tehran has altered the trajectory. Thanks to his campaign in Iran, Netanyahu may be in his strongest position since the catastrophe of October 7. But after alienating so many of his allies and the majority of the Israeli people, that still might not be enough.

Yahoo/News
Yair Rosenberg

Driver held for hit-and-run death of world's 'oldest' marathon runner

Police in India have arrested a man in connection with the death of Fauja Singh, the world's oldest marathon runner, in a hit-and-run case.

According to the police, the accused, Amritpal Singh Dhillon was driving a speeding SUV when he struck the 114-year-old British-Indian runner. Singh sustained critical injuries and died shortly after being taken to hospital.

The incident took place in the northern state of Punjab on Monday, where Singh was out on his afternoon walk.

Singh, a global icon, set records by running marathons across multiple age categories, including when he was over 100. He began running at 89 and ran nine full marathons between 2000 and 2013, when he retired.

A white-coloured SUV, allegedly used in the incident, has also been recovered by the police.

The hit and run occurred near Fauja Singh's birth village of Beas Pind, close to Jalandhar city.

Police said Singh was crossing a road when he was struck by a vehicle. Locals took him to hospital, where he later died.

According to Indian media reports citing the police complaint, the runner's life might have been saved had the 26-year-old driver immediately taken Singh to the hospital.

In 2011, he reportedly became the first person over 100 to finish a full marathon, in Toronto. He

also carried the Olympic torch at the 2012 London Olympics.

Despite his achievements, Guinness World Records could not recognise him as the oldest marathon runner because he did not have a birth certificate from 1911.

The BBC earlier reported that Singh's British passport showed his date of birth as being 1 April 1911, and that he had a letter from the Queen congratulating him on his 100th birthday.

Guinness said they wanted to give him the record but could only accept official documents from the year of birth.

His marathon trainer had earlier said that birth certificates were not issued in India at the time.

His running club and charity, Sikhs In The City, said its upcoming events in Ilford, east London, where he had lived since 1992, would be a celebration of his life and achievements.

As a young boy, Singh was often teased in his village in Punjab because his legs were weak. He couldn't walk properly until the age of five.

"But the same boy, once mocked for his weakness, went on to make history," he told BBC Punjabi in June.

Singh never went to school and didn't play any sports growing up. He worked as a farmer and lived through both World Wars and the turbulent partition of India.



"In my youth, I didn't even know the word 'marathon' existed," he said.

He started running much later in life, after going through deep personal loss.

In the early 1990s, after his wife died, Singh moved to London to live with his eldest son. But during a visit to India, he witnessed his younger son Kuldeep's death in an accident, which left him devastated.

Back in the UK, Singh was overtaken by grief. One day, during a visit to the local gurdwara in Ilford, he met a group of older men who went on regular runs. That's where he also met Harmander Singh, who later became his coach and his journey as a runner began.

Singh shot to international fame when Adidas signed him for their 2004 Impossible is Nothing advertising campaign, which also featured legends such as Muhammad Ali.

Yahoo/News Sarabjit Singh Dhaliwal - BBC Punjabi and Nikita Yadav - BBC News, Delhi

Hulk Hogan's death could be bad news for Hooters

Hulk Hogan's Real American Beer was bidding to buy Hooters before his death. It's now unclear if that offer will continue. Hogan died Thursday, reportedly of cardiac arrest.

The death of Hulk Hogan (real name Terry Bollea) Thursday marked the end of an era in the wrestling world, but it could put the future of a national restaurant chain at risk as well.

Bollea's Real American Beer brand had launched a bid to acquire Hooters just last month. After initially bidding only for the company's intellectual property, it expanded that bid to acquire all of Hooters of America, including the over 400 locations across the world.

Hooters filed for bankruptcy in June, abruptly closing dozens of locations. Management at the time said the company wasn't "going anywhere" and that "by optimizing our business in support of our long-term goals, Hooters will be well-positioned to continue our iconic legacy under a pure franchise business model."

That didn't stop bidders from emerging. Real American Beer found itself in competition with a proposal led by Hooters Inc., which oversees some franchised Hooters locations. The company's cofounder was a part of that group.

"Real American's bid is different," the company said at the time of its bid. "It's about rebuilding Hooters from the ground up, with a fresh operational model, new revenue streams (merchandise, partnerships,

experience-first locations), and a cultural strategy designed to reengage diners in their 20s and 30s. This isn't about preserving nostalgia. It's about unlocking Hooters' next chapter, with real investment, real leadership, and a real plan to win."

Terri Francis, CEO of Real American, told Fortune the company plans to continue pursuing Hooters.

"Hulk was a passionate entrepreneur who believed



in the power of American-made brands and products, and the power of bringing communities across America together," Francis said. "Real American Beer will carry forward his vision and mission with the same passion and purpose — and that includes his desire to bring Hooters into the Real American family."

SAFE DRIVING

IN INCLEMENT WEATHER CONDITIONS

Inclement weather can pose many hazards and dangerous road conditions for operators. Workers should be aware of impacting weather events and its effects on safely driving and operating vehicles and equipment.



BE PREPARED

CHECK LOCAL FORECAST

Stay caught up on the latest weather conditions for your area. In the event of severe weather, operations may need to be altered to accommodate the changes.

CONDUCT PLAY OF THE DAY

Based on current and future weather conditions, detailed communication in regards to each worker's assigned task, safe routes to take, and specific operations should be discussed in-depth.

PERFORM THOROUGH PM

Check tires, windshield wipers, fluids, lights, and other essential equipment functions that will ensure the vehicle is ready to operate safely and efficiently.

SLOW DOWN

BE DEFENSIVE & OFFENSIVE

Practice safe driving techniques related to defensive driving and Smith System 5 Keys. By using these tools, drivers can remain vigilant in their efforts to arrive safely.

USE SAFE DRIVING TOOLS

Drive with lights on and use warning devices to effectively communicate with other drivers. When pavement is wet, you should decrease speed, turn off cruise control, and increase following distance.

SEEK COVER

With a threat of excessive wind gusts, hail, or even tornadoes, limit driving to an as needed basis. Secure loads, protect vehicles and equipment, and seek shelter when severe weather is near.

STAY FOCUSED

MAINTAIN AWARENESS

Situational awareness will be essential during inclement weather. Pay careful attention to weather, roadway, and traffic conditions as they may change abruptly.

BE PROACTIVE

Remember to Stop. Speak. Act! It is important to stay engaged with the environment around you and make good decisions to ensure the safety of yourself and your teammates.

COMMUNICATE

Keep constant communication with team members about conditions. Radios will be an essential resource in the event that cell towers or electricity are impacted by storms.

HIGH WATER

ON THE ROAD & AVOIDING HAZARDS

BE PREPARED

VERIFY CONDITIONS

In high water operations, it is important to remain aware of locations that may become impacted by flooding. All employees should be briefed and updated regularly regarding this information.

ENSURE ESSENTIAL SUPPLIES

Equip vehicles with necessary supplies to respond to flooded roadways. This includes PPE, signage, tools, and water/snacks, especially if employees will be stationed for long hours at these locations.

PLAN FOR MORE

Flooding creates hazardous conditions for workers. Verify that first aid kits are stocked, and fire extinguishers are charged before response.

SLOW DOWN

TURN AROUND

When roadways are covered in water, turn around and never attempt to drive through. It may be worse than what it initially appears. Vehicles are not equipped to handle high water, which may cause the engine to flood or be carried away.

BE CAUTIOUS

In the event of rain or wet pavement, drive carefully to the current conditions to avoid loss of traction on the roadway. Operators should turn off cruise control, slow down, and increase following distance.

HAVE A WAY TO ESCAPE

Avoid areas that would require backing. If backing becomes necessary, use a spotter, when available. Perform 360 walkaround to confirm surroundings are free of hazards.

STAY FOCUSED

OBSERVE SURROUNDINGS

Identify unsafe travel paths and avoid driving through these areas. Debris, fixed objects, downed powerlines, or other items may be hidden. If you don't know, don't go!

CALL A TIME-OUT

When faced with situations that may become unsafe, workers should utilize stop work authority and communicate hazards with others. When conditions improve, a new plan of action may be taken.

REMAIN ALERT

Long hours in this type of emergency response may affect workers ability to remain vigilant. It is essential to communicate with supervision about this to ensure operational readiness.



RECIPES

Chicken Seekh Kabab Recipe

Seekh is a metal skewer. Seekh Kabab or seekh kebab is a South Asian entree in which marinated beef mince is covered on the seekh to make a long cylindrical hollow kabab and the kababs are then barbecued on coal.

Ingredient

Ground meat with fat: Chicken grounded with white chicken fat is essential for making juicy seekh kababs. I used boneless chicken and grounded it with white fat around the chicken in a food processor.

Onions: We need finely chopped onions for this recipe. I did my chopping in the food processor and squeezed the chopped onion lightly between my palms to remove excess water.

Ginger and Garlic: I chopped ginger and garlic too in the food processor separately. If chopped ginger is watery, squeeze it lightly too and discard the water.

Herbs: I used fresh cilantro/coriander only. You can use mint and parsley too.

Green chilies: Use medium-sized moderately spicy chilies for extra. You may skip it for less spicy kabab.

Seekh kabab spice mix: I have shared the recipe for the Spice mix in the recipe card, which I like best. You can also use ready-made spice mix.

Fat: To ensure seekh kabab are soft and juicy, I used butter and cream in this recipe. Chicken mince is low-fat so adding fat makes soft kababs. Roast the whole spices for 1 minute, then add powder spices and roast for a few more seconds. Let the masala cool and then grind into a fine powder. Also, add salt.

How to make it?

Find detailed chicken seekh kebab recipe and also instructions for cooking in a frying pan on the stove or in the oven or grilling.

Marinate: Chop onion in a chopper, and squeeze all water. Similarly, chop ginger in a chopper and squeeze the water. We need only solid onions and ginger. (Onion and ginger water can be used in gravies.) Now, take your ground chicken in a bowl. Add ginger, onion, butter, cream, seekh kabab masala, garlic, green chilies, and coriander. Do a taste test: Mix well. Cook a small lump in a frying pan to do a taste test. Adjust salt and seekh kabab masala to your taste. Marinate chicken for

20-30 minutes in the fridge.

The marinated chicken mixture will be sticky. (Sticky is soft and moist when cooked.) Grease hands with oil before rolling kabab. Grease again as needed between rolling.

Pencil or chopstick rolling technique: Pencil or chopsticks are easily available in homes and has a smooth surface. Roll a ball of kabab and shape it on a pencil.

Make long cylindrical kabab.

Slide the kabab off the pencil to the frying pan.

Fry kabab with little oil on high flame until golden and cooked. Flip all around for even cooking. Similarly, you can roll a kabab on the wooden skewers too.

Smoking Seekh kabab: Heat a piece of charcoal until red hot. (Do this step, when marinating kabab.) Gather cooked kabab in a pot or pan and place red hot charcoal in the center on a metal bowl or a piece of foil.

Drizzle a few drops of oil and cover the pan immediately with a tight lid to trap the smoke. You may put a heavy object on the lid for extra pressure. Smoke for 5 minutes and serve immediately. Find detailed chicken seekh kebab recipe and also instructions for cooking in a frying pan on the stove or in the oven or grilling.

Steps to make Chicken Seekh Kabab.

Marinate: Chop onion in a chopper, and squeeze all water. Similarly, chop ginger in a chopper and squeeze the water. We need only solid onions and ginger. (Onion and ginger water can be used in gravies.) Now, take your ground chicken in a bowl. Add ginger, onion, butter, cream, seekh kabab masala, garlic, green chilies, and coriander. Do a taste test: Mix well. Cook a small lump in a frying pan to do a taste test. Adjust salt and seekh kabab masala to your taste. Marinate chicken for 20-30 minutes in the fridge.

The marinated chicken mixture will be sticky. (Sticky is soft and moist when cooked.) Grease hands with oil before rolling kabab. Grease again as needed between rolling.

Pencil or chopstick rolling technique: Pencil or chopsticks are easily available in homes and has a smooth surface. Roll a ball of kabab and shape it on a pencil.

Cinnamon Spice Tea Recipe

Ingredients

You need just three basic ingredients for the cinnamon tea recipe. Other ingredients are variations.

Cinnamon: I used Ceylon cinnamon for this recipe and I used 1 stick broken into 2. Depending on your type of cinnamon and how strong you want the tea to be. The amount of cinnamon used in tea can differ.

Sweetener: Honey is most preferred choice. You can use any sweetener or can have it unsweetened as well.

Lemon juice: A few drop of lemon juice add a lovely dimension.

Optional add-in: Try to select any one spice and 1 tea.

Tea: You can add either black tea or green tea to this tea which will boost its flavor as well benefits. We like both versions however green tea is my personal

favourite.

Spice: Ceylon cinnamon has a lovely taste and can taste amazing without any other spice. We personally like ginger cinnamon tea as ginger has its own benefits and helps reduce fatigue. Cardamom can be added as well.

How to make it?

The cinnamon tea recipe is straightforward and simple.

The recipe is simple. Just take cinnamon and 3 cups of water in kettle or saucepan and bring it to boil on the stove. (Also add spices, if using.)

Then reduce to medium heat and simmer. I found brewing for 5-7 minutes can yield most of the flavor from the bark.

Look at that lovely color and the aroma that fill the kitchen is even more amazing.

Serve. You can add honey (or other sweetener)



Make long cylindrical kabab.

Slide the kabab off the pencil to the frying pan. Fry kabab with little oil on high flame until golden and cooked. Flip all around for even cooking. Similarly, you can roll a kabab on the wooden skewers too.

Smoking Seekh kabab: Heat a piece of charcoal until red hot. (Do this step, when marinating kabab.) Gather cooked kabab in a pot or pan and place red hot charcoal in the center on a metal bowl or a piece of foil.

Drizzle a few drops of oil and cover the pan immediately with a tight lid to trap the smoke. You may put a heavy object on the lid for extra pressure. Smoke for 5 minutes and serve immediately.

How to Serve?

Serve hot chicken seekh kebabs with hot naan, or pulao rice, salad, raita (yogurt sauce) and lemon wedges.

Variations

If you have metal skewers, take full advantage of it and roll kabab over them. Cook seekh kabab on an open flame on the stove, the flame should touch the kabab and give a few black spots and are firm enough to be removed easily from seekh. Then shallow fry the lightly charred kabab by placing metal skewers over tawa or griddle until cooked thoroughly. Then smoke kabab as described above. Smoking is optional.

You can always barbecue chicken seekh kabab rolled on seekh over barbecue pit.



directly to the kettle or you serve it along. I find it is better to add lemon juice and orange juice directly to the individual serving.

IS YOUR AIRBAG DEFECTIVE?

Nearly 70 million Takata airbag inflators, in approximately 42 million vehicles, are or will be under recall in the United States by 2020.

Even a minor fender bender can cause these airbag inflators to rupture, spraying metal shrapnel into drivers and passengers.

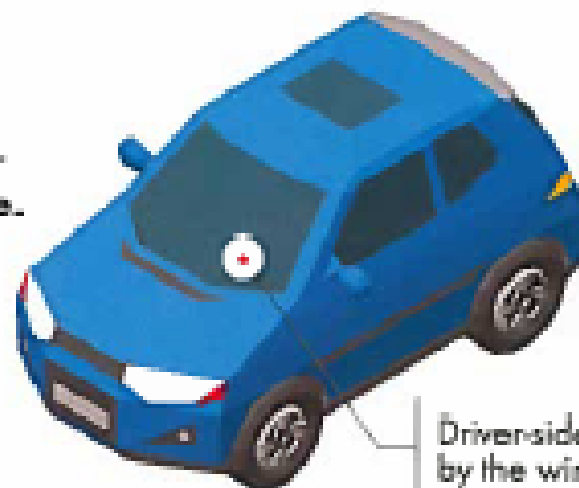
DON'T RISK INJURY OR DEATH, CHECK YOUR VEHICLE TODAY.

Here's How:

Find it

Write down your Vehicle Identification Number (VIN) or take a photograph of your license plate.

- Look for your VIN on the driver-side dashboard by the windshield or on your insurance card.



Drivenside dashboard by the windshield

Search it

Visit AirbagRecall.com to upload a photo of your license plate or to look up your 17-digit VIN.

 Upload a photo

or

Enter a license plate or VIN manually

Then follow the on-screen instructions to prove you are not a robot.

Fix it

If you see text that reads **recall incomplete**...

YOUR AIRBAG INFLATOR WILL BE REPLACED FOR FREE.



Schedule an appointment at your automaker's local dealership as soon as possible.

If you see text that reads **remedy not available**, call a dealer anyway. Make sure your contact information is up to date so they can notify you as soon as parts are available for your repair.



AIRBAGRECALL.COM

'In it to win it': Cuomo refuses to back down in heated NYC mayoral race against Zohran Mamdani

Andrew Cuomo says he's going the distance.

The former three-term New York governor, who last month was defeated by double digits by democratic socialist Zohran Mamdani in New York City's Democratic mayoral primary, on Monday announced he will continue his general election bid as an independent candidate.

"Only 13% of New Yorkers voted in the June primary. The general election is in November and I am in it to win it," Cuomo declared in a video posted to social media.

And Cuomo charged that "My opponent, Mr. Mamdani offers slick slogans but no real solutions." Cuomo, Adams Trade Shots Over Who Should Drop Out In Race Against Mamdani For Nyc Mayor Mamdani's primary victory over Cuomo and nine other candidates three weeks ago rocked the Democratic Party, and boosted the Ugandan-born 33-year-old state assemblyman from Queens toward becoming the first Muslim mayor of the nation's most populous city.

Mamdani Officially Wins Nyc Dem Primary By 12 Points Over Cuomo, Who's Staying In The Race For Now

Mamdani surged to a primary victory thanks to an energetic campaign that put a major focus on affordability and New York City's high cost of living. Mamdani made smart use of social media platforms, including TikTok, as he engaged low-propensity voters. He proposed eliminating fares to ride New York City's vast bus system, making CUNY (City University of New York) "tuition-free," freezing rents on municipal housing, offering "free childcare" for children up to age 5, and setting up government-run grocery stores.

And thanks in part to the efforts of a massive grassroots army of volunteers, he rode a wave of support from younger and progressive voters to catapult into first place over Cuomo, who was the frontrunner.

"Unless you've been living under a rock, you probably know that the Democratic primary did not go the way I had hoped," said Cuomo, the former three-term governor who resigned from office in 2021 amid multiple scandals.

Cuomo, who is gunning for a political comeback, noted that "as my grandfather used to say, when you get knocked down, learn the lesson and pick yourself back up and get in the game. And that is what I'm going to do. The fight to save our city isn't over."

At an endorsement event, Mamdani reacted to Cuomo's move.

"I welcome everyone to this race, and I am as confident as I have been since three weeks ago on primary night," he said. "I think he's struggling to come to terms with what Tuesday meant," Mamdani added. "We spent an entire campaign being told that it was inevitable for Andrew Cuomo to become the next mayor, and he believed that himself." Mamdani also trolled the former governor, responding to a photo of Cuomo filming his campaign video.

"We got him making man on the street videos with a guy in Carhartt. By next week, he'll be sipping adeni chai and eating khaliat al nahl," Mamdani said in reference to his own viral campaign videos. The announcement by Cuomo came as no major surprise.

While he acknowledged Mamdani's victory in the primary, Cuomo left the door open to a November run as an independent candidate, which election rules in New York state permit.



And late last month, Cuomo let pass a deadline for candidates who had already qualified to run as independents to decline that independent ballot line.

But sources told Fox News at the time that Cuomo had not committed yet to running an active general election campaign through the summer and into the autumn.

In deep blue New York City, the Democratic primary winner is largely favored to win the general election. If Mamdani wins in November, he will be the first Muslim and millennial mayor of New York City. Also on the general election ballot is Democratic Mayor Eric Adams, who dropped his primary bid earlier this year amid sinking poll numbers in the wake of numerous controversies.

Adams is running as an independent.

Also on the ballot in the general election are Jim Walden, a former federal prosecutor running as an independent, and Guardian Angels co-founder Curtis Sliwa, who, for a second straight election, is the Republican mayoral nominee.

Yahoo News / Fox News Paul Steinhauser, Deirdre Heavey

Landlord imprisoned for decades in hate-crime attack on Palestinian American family has died

A landlord sentenced to decades in prison after he killed a Palestinian American boy and wounded his mother has died.

Three months ago, Joseph Czuba was sentenced to 53 years behind bars for the attack. He was found guilty of murder, attempted murder and hate-crime charges in the death of 6-year-old Wadee Alfayoumi and the wounding of the boy's mother, Hanan Shaheen.

The 73-year-old Czuba targeted them in October 2023 because of their Islamic faith and as a response to the war between Israel and Hamas, which started days earlier.

Czuba died Thursday in the custody of the Illinois Department of Corrections, according to a statement from the Will County Sheriff's Office.

Ahmed Rehab, the executive director of Council on American-Islamic Relations' Chicago office, said in a statement that "this depraved killer has died, but the hate is still alive and well."

Evidence at trial included harrowing testimony from Shaheen and her frantic 911 call, along with bloody crime scene photos and police video. Jurors deliberated less than 90 minutes before handing in a verdict.

The family had been renting rooms in Czuba's home in Plainfield, about 40 miles (64 kilometers) from Chicago when the attack happened. Central to prosecutors' case was harrowing testimony from the boy's mother, who said Czuba attacked her before moving on to her son, insisting they had to leave because they were Muslim. Prosecutors also played the 911 call and showed police footage. Czuba's wife, Mary, whom he has since divorced, also testified for the prosecution, saying he had become agitated about the Israel-Hamas war, which had erupted days earlier.

Police said Czuba pulled a knife from a holder on a belt and stabbed the boy 26 times, leaving the knife in the child's body. Some of the bloody

crime scene photos were so explicit that the judge agreed to turn television screens showing them away from the audience, which included Wadee's relatives.



The attack renewed fears of anti-Muslim discrimination and hit particularly hard in Plainfield and surrounding suburbs, which have a large and established Palestinian community. Wadee's funeral drew large crowds, and Plainfield officials have dedicated a park playground in his honor.

Yahoo/News Associated Press

WORDS SEARCH

Q Z W L A S I K L S D F N F E W E K Q K F X W S V G Q R Y S S
M A W H L M U D I E B G T E P V M R Z V H O S H Q S N S I G T
U P C J A J T R P B G P M U L R I Q A L G E C W I O U G F G C
W B J C U R L Q U S V Q S E S S A L G T N R E U I T H H S A A
Q U U S W U J H P Z J X T S K F I Y X D S Y N S S T E D Q E T
Q L H U U W Z U Y Q V A P L H G C T E I F R I L J P R S L L N
A V V B O Y U Q O P V A G B E C K R V S O V U Y E F J Z N Q O
P R Q K K T J P Q E L G E I X C Y T T T V I U M I Z T I D O C
C S O Z U Z S J N I L Z V G K P P G N L E F U C M W F P C P W
E J L D Z O I I C F K U A Q K O U M C R A S U Z N U T U N Y S
D J I H S N R E R Q R U N H H K O G J A E C W R Q Z D H L T H
I L D M L Q I D B D K A J E R E T I N A S L Q W H F O O Z R R
N A Q M Y S B W Z V J G S Z U W P J D D D E I I C R D F P H Y
U O Z M V X C Y X C T N C V C Z Q P A C I R F J Z C X B U D H
U B A I Y X K E R Z J J W E E T P T A T G A E W X V L F H M E
V I T R E O U S B V V V I E Y Q W G I J S Q Y E K I P L V N Z
F Q K Q Q W I A U F D V D Q I V B M R Q L E U W N T G G O Z K
V X H H K A I P O Y M R I B S W O R B M Y U L K S A W Z T R J
K S P G A I R O B N Y N U G T N I U Q S B C K G Z V I Y M U Q
K V D Z C U B E E C J I F I B B V A B V T O P E G S R Y G Q H
E U L H R E Y E B A L L N B F G T Y V N Q B F O E O L E W X Z
Y N J S Y E W N D X B D S R E P D J I K J U B H V I G G L Y U
T G F U B A N W T B T A X W D S Q Y D D P M S J C K H P T G S
S S G K O L E O S M E D J P B L I C J L J A V A Y U Z X S S O
G G J F Z U Q I C N X R I S V Q E G N Z L D C M N S S S T O O
V F U Q C E W W R Y N E T V G J E N M Q H L Q X C O S N R X O
C N J O U Z N O T U S A C Q I D K L S S N V R Q M C P L T Y P
N R C V C E C V G C B R C J Z O K Q B W Y K W X A W A B T D F
C U H V K N M M E J W V P D I E Z T M G C Z M V S R J D F G G
N O S I N X Y A U S B G K A P Y F Q R Y Z K R R B Y D U M M R
B F P K I X A D D P F O Q N C X C U Q H N C V T F I F X D B B

- | | | | |
|----------|---------|---------|----------|
| BLINK | GAZE | MACULA | SIGHT |
| BROW | GLASSES | MYOPIA | SQUINT |
| CONE | GOGGLES | OGLE | STARE |
| CONTACTS | IRIS | PUPIL | STYE |
| CORNEA | LASHES | REDNESS | VISION |
| EYEBALL | LASIK | RETINA | VITREOUS |
| FOCUS | LENS | RODS | WHITES |
| FOVEA | LID | SCLERA | |

Health & Wellness

Thyroid

Your thyroid is an important endocrine gland that makes and releases certain hormones. Your thyroid's main job is to control your metabolism — how your body uses energy. Sometimes, your thyroid doesn't work properly. These conditions are common and treatable.

What is the thyroid?

Your thyroid is a small, butterfly-shaped gland located at the front of your neck under your skin. It's a part of your endocrine system and controls many of your body's important functions by producing and releasing (secreting) certain hormones. Your thyroid's main job is to control the speed of your metabolism (metabolic rate), which is the process of how your body transforms the food you consume into energy. All of the cells in your body need energy to function.

When your thyroid isn't working properly, it can impact your entire body.

What is the endocrine system?

Your endocrine system is a network of several glands that create and secrete (release) hormones.

A gland is an organ that makes one or more substances, such as hormones, digestive juices, sweat or tears. Endocrine glands release hormones directly into the bloodstream.

Hormones are chemicals that coordinate different functions in your body by carrying messages through your blood to your organs, skin, muscles and other tissues. These signals tell your body what to do and when to do it.

The following organs and glands make up your endocrine system:

Hypothalamus. Pituitary gland. Thyroid. Parathyroid glands. Adrenal glands. Pineal gland. Pancreas. Ovaries. Testes.

What does my thyroid do?

As an endocrine gland, your thyroid makes and secretes hormones. Your thyroid produces and releases the following hormones:

Thyroxine (T4): This is the primary hormone your thyroid makes and releases. Although your thyroid makes the most of this hormone, it doesn't have much of an effect on your metabolism. Once your thyroid releases T4 into your bloodstream, it can convert to T3 through a process called deiodination.

Triiodothyronine (T3): Your thyroid produces lesser amounts of T3 than T4, but it has a much greater effect on your metabolism than T4.

Reverse triiodothyronine (RT3): Your thyroid makes very small amounts of RT3, which reverses the effects of T3.

Calcitonin: This hormone helps regulate the amount of calcium in your blood.

In order to make thyroid hormones, your thyroid gland needs iodine, an element found in food (most commonly, iodized table salt) and water. Your thyroid gland traps iodine and transforms it into thyroid hormones. If you have too little or too much iodine in your body, it can affect the level of hormones your thyroid makes and releases.

Your thyroid hormones affect the following bodily

functions:

How your body uses energy (metabolism). Heart rate. Breathing. Digestion. Body temperature. Brain development. Mental activity. Skin and bone maintenance. Fertility.

What other organs and glands interact with the thyroid?

Your endocrine system is an elaborate network of glands and hormones. Many glands and hormones rely on other glands and hormones to send them signals to start working. In addition, certain hormones can suppress other hormones.

Your body has a complex system for controlling the level of thyroid hormones in your body. First, your hypothalamus (a part of your brain located on the undersurface of it) secretes thyroid-releasing hormone (TRH), which stimulates a part of your pituitary gland to secrete thyroid-stimulating hormone (TSH). TSH then stimulates your thyroid follicular cells to release thyroxine (T4) and triiodothyronine (T3) if there are adequate levels of iodine in your body.

Your thyroid gland and its hormones affect almost every organ system of your body, including:

Your cardiovascular system: Your thyroid helps regulate the amount of blood your heart pumps through your circulatory system (cardiac output), heart rate and strength and vigor of your heart's contraction (contractility of the heart).

Your nervous system: When your thyroid isn't working properly, it can cause symptoms that affect your nervous system, including numbness, tingling, pain or a sense of burning in the affected parts of your body. In addition, hypothyroidism can cause depression and hyperthyroidism can cause anxiety.

Your digestive system: Your thyroid is involved with how food moves through your digestive system (gastrointestinal motility).

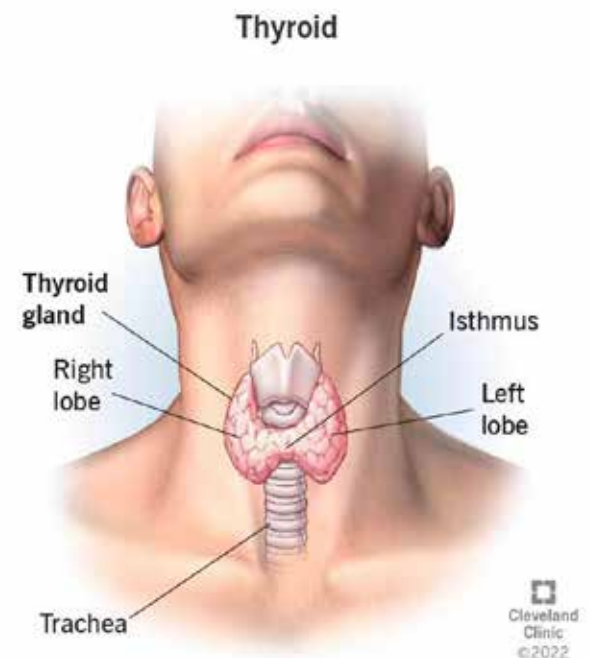
Your reproductive system: If your thyroid isn't working properly, it can cause irregular menstrual periods and issues with fertility.

Can a person live without a thyroid?

Yes, you can live without your thyroid. However, you'll need to take hormone replacement medication for the rest of your life in order to stay healthy and prevent certain side effects and symptoms. Thyroid removal surgery, known as a thyroidectomy, is a common surgery that can treat certain thyroid conditions.

Thyroid diseases are split into two types: primary and secondary.

In primary thyroid disease, the disease originates in your thyroid gland. In secondary thyroid disease, the disease originates in your pituitary gland. As an example, if you have a nodule on your thyroid that's releasing excess amounts of thyroid hormones, it would be called primary hyperthyroidism. If a tumor in your pituitary gland is releasing excess amounts of thyroid-stimulating hormone (TSH), which then stimulates your thyroid to produce excess thyroid hormones, it would be called secondary hyperthyroidism.



The four main conditions that affect your thyroid include:

Hypothyroidism (underactive thyroid).

Hyperthyroidism (overactive thyroid).

Goiter (enlarged thyroid).

Thyroid cancer.

Hypothyroidism

Hypothyroidism (underactive thyroid) happens when your thyroid doesn't produce and release enough thyroid hormones. This causes aspects of your metabolism to slow down. It's a fairly common condition that affects approximately 10 million people in the United States. It is treatable.

Causes of hypothyroidism include:

Hashimoto's disease, an autoimmune disease.

Thyroiditis (inflammation of the thyroid).

Iodine deficiency.

A nonfunctioning thyroid gland (when the thyroid doesn't work correctly from birth).

Over-treatment of hyperthyroidism through medication.

Thyroid gland removal.

Hyperthyroidism

Hyperthyroidism (overactive thyroid) happens when your thyroid produces and releases more thyroid hormones than your body needs. This causes aspects of your metabolism to speed up. Approximately 1 out of 100 people over the age of 12 have hyperthyroidism in the United States. It is treatable.

Causes of hyperthyroidism include:

Graves' disease, an autoimmune condition.

Thyroid nodules.

Thyroiditis (inflammation of the thyroid).

Postpartum thyroiditis (inflammation of the thyroid that happens after giving birth).

Excess iodine in your blood from diet and/or medication.

Over-treatment of hypothyroidism through medication.

A benign (noncancerous) tumor in your pituitary gland.

Minneapolis's Omar Fateh is latest democratic socialist, Israel critic to win Democrat endorsement

we witnessed a rejection of politics as usual," Fateh said in his victory speech.

A Muslim democratic socialist state lawmaker in his 30s defeats the establishment candidate for mayor of his city, setting up a showdown in advance of November's general election.

The scenario played out last month in New York City, and again this week in Minneapolis, where Omar Fateh won the endorsement of the state's Democratic Party in his bid to unseat the city's Jewish mayor, Jacob Frey.

Fateh, 35, is the latest progressive candidate to ascend amid a shift away from establishment Democrats. His victory has drawn comparisons to that of Zohran Mamdani, the New York state assemblyman who last month beat out former Gov. Andrew Cuomo in a primary election to become New York City's Democratic mayoral candidate.

we witnessed a rejection of politics as usual," Fateh said in his victory speech.

Similarly to Mamdani in New York City, Fateh is promising a more progressive approach than the incumbent mayor. Frey is a moderate who has clashed with the City Council's left-wing majority over issues such as rent control, rideshare driver pay and labor standards. Like Mamdani, Fateh has focused his campaign on affordability and public safety.

Also like Mamdani, Fateh is a staunch critic of Israel, which is increasingly shaping local races across the United States. In October 2023, he expressed his mourning for the Israeli victims of the October 7 massacre while demanding a ceasefire and warning

about "the precipice of a genocidal war" on Palestinians.

Frey, meanwhile, vetoed a City Council resolution that called for a ceasefire in Gaza last year, saying that he supported a ceasefire but found the resolution's language "one-sided." The City Council overrode his veto.

Opposition to Israel is no longer a 'dealbreaker' obstacle to electoral success for Democrat candidates. The rise of candidates such as Fateh and Mamdani shows that opposition to Israel, once a dealbreaker in the Democratic political world, is no longer an obstacle to electoral success.

Nearly two years into Israel's campaign in Gaza, the party's rifts have deepened over tensions with its base. In Michigan's presidential primary last year, more than 100,000 Democrats declared themselves "uncommitted" to protest former President Joe Biden's support for Israel, and President Donald Trump won the state.

In a signal that the pro-Palestinian movement has moved from social organizing to amassing political power, Jewish Voice for Peace, a prominent anti-Zionist group, has restructured to focus on lobbying for specific policies and supporting or opposing candidates for elected office.

Frey's defeat in the convention does not necessarily predict a loss in November, he failed to win two previous conventions before emerging victorious in the general election, which uses ranked-choice voting. His campaign said the Minneapolis Democratic party has a flawed endorsement system and alleged



that its online system broke down during the voting process, a charge the party has denied.

The Twin Cities are home to some 66,000 Jews and more than 100,000 Muslims, including a large community of immigrants from Somalia. Fateh, who was born in Washington, was the first Somali-American and Muslim elected to Minnesota's state senate in 2020.

Like Mamdani, he has been the target of Islamophobic attacks by right-wing activists such as Charlie Kirk, who said he was part of an "attempted Islamic takeover of America" that was "made possible thanks to mass migration."

Frey defended Fateh from this attack, responding, "Senator Omar Fateh is a proud American who is running because, like me, he loves Minneapolis."

Jewish groups in Minneapolis have not immediately weighed in on the endorsement. But some Jewish leaders in the area told Jewish Insider that they were wary if not of Fateh specifically then of the progressive shift within the Democratic Party and what it could augur for Israel's standing within the party. Yahoo/News

SHIRA LI BARTOV/JTA

Trump Just Lost One of His Most Famous Followers: the QAnon Shaman

Even Donald Trump's most sycophantic followers are turning on the president.

Jacob Chansley—better known as the QAnon shaman—denounced the MAGA leader Wednesday morning, responding to a post of Trump's 2023 mugshot by decrying the president as a "fraud."

"Fuck this stupid piece of shit," Chansley wrote in a since-deleted post that accrued more than 34,000 views. In a follow-up post, Chansley wrote: "Oh yea & Fuck Israel! And Fuck Donald Trump!"

Chansley captured national attention when he stormed through the U.S. Capitol on January 6, 2021, in an elaborate, horned fur headdress. In the aftermath of the attack, a face-painted Chansley emerged as one of the central figures of the revolt. Once at the Capitol building, Chansley was in the first group of rioters to break inside. Wielding a bullhorn, he worked to "rile up the crowd and demand that lawmakers be brought out," according to a sentencing memo.

In late 2021, a federal judge sentenced Chansley to 41 months in prison for his role in the January 6 insurrection. But that was undone hours after Trump was inaugurated at the start of this

year, when he included Chansley in a clemency order for some 1,600 of his supporters who were involved in the riot.

Trump has held messiah-like status within QAnon's conspiratorial circle for years thanks to their principal belief that, despite being named and photographed as an associate of sex trafficker Jeffrey Epstein, Trump would rid the world of Satan-worshipping pedophiles who run the government and media.

In turn, Trump readily welcomed the cockeyed adoration. In 2020, he offered the movement plausible deniability at an executive level—claiming that while he didn't know much about QAnon, he couldn't disprove its theories. Just two years later, Trump was regularly circulating bits of the conspiracy on TruthSocial and reposting images of himself wearing Q pins emblazoned with the cult's messaging, "A Storm Is Coming," referring to Trump's supposed final victory, when QAnon supporters expect him to mass-execute his opponents.

QAnon supporters turned out en masse in November to help Trump return to the Oval Office. But Trump's sudden backpedalling on unearthing records related to the Epstein investigation has left a bitter taste in those supporters' mouths. Their relationship was further strained

when Trump referred to his Epstein-minded allies as "stupid," "naive," and "foolish," accusing them of being "duped" by Democrats who he claimed invented the Epstein "hoax."

But Trump has a well-documented history with the New York financier. Prior to his death, Epstein described himself as one of Trump's "closest friends." The socialites were named and photographed together several times, Trump allegedly penned a salacious letter to Epstein for the pedophile's 50th birthday, the real estate mogul reportedly flew on Epstein's jets between Palm Beach and New York at least seven times, and the first time that Trump slept with his now-wife Melania was reportedly aboard Epstein's plane, nicknamed the "Lolita Express." In a 2002 New York magazine profile of Epstein, Trump said he had known Epstein for 15 years and referred to him as a "terrific guy."

"It is even said that he likes beautiful women as much as I do, and many of them are on the younger side," Trump said at the time. Yahoo/News

Ellie Quinlan Houghtaling

Mahmoud Khalil Visits Washington To Demand End To U.S. 'Complicity' In Gaza

Since he was freed from a federal detention facility one month ago, Mahmoud Khalil said he often hears a question: Can regular people shift U.S. policy toward Israel-Palestine, and do anything about the crackdown on speech about the subject? People tell him they feel trapped or unable to challenge the American military and diplomatic support enabling Israel's devastating ongoing offensive in Gaza. Khalil, a green card holder who organized protests against the Gaza war while a graduate student at Columbia University and whom the Trump administration is attempting to deport, recommends a broader view.

"The change is happening, although they are trying to distract us from that," Khalil, an Algerian citizen of Palestinian descent, told HuffPost on Tuesday. "The fact that this administration took an extra mile in prosecuting me, in coming after the student movement, is a great testament to the success of this movement, where you have the President of the United States and all his Cabinet focusing on curbing the student movement because it is working." Khalil traveled to Washington, D.C., this week in hopes of encouraging change through Congress. He spent a whirlwind two days meeting with nearly 20 lawmakers, nearly all Democrats, from younger progressives like Rep. Ilhan Omar (D-Minn.) to powerful established figures like Rep. Jim McGovern (D-Mass.)

His priority was urging legislators "to stop the U.S.-funded genocide in Gaza," Khalil said, noting mass starvation there as Israel tightly limits the entry and distribution of supplies, forcing Palestinians to crowd at aid hubs, where they often face firing from Israeli soldiers and American contractors that has killed more than 1,000. (The U.S.- and Israeli-backed Gaza Humanitarian Foundation disputes that toll.)

"They're weaponizing food, actually, to engineer a famine in Gaza," he continued, a coalition of more than 100 humanitarian groups, which Israel is largely barring from operating in the region, issued a joint statement accusing Tel Aviv of starving 2.1 million Palestinians and noting that using starvation as a tool of warfare is a war crime. Israel argues its campaign is focused on the militant group Hamas and it limits harm to civilians. Khalil and his allies are "not backing down," he said: "We will continue to resist until every Palestinian gets justice, freedom and dignity." He is additionally seeking "to hold the Trump administration and Columbia University accountable," Khalil continued, charging both with "a broader effort ... to silence speech."

Columbia disciplined nearly 80 students, including by revoking degrees from some, for participating in antiwar demonstrations; the school hopes to win back \$400 million in federal funding President Donald Trump is withholding over its alleged failure to combat antisemitism. The administration has characterized protests over Gaza as inherently antisemitic for criticizing Israel and highlighted complaints from some Jewish students, though critics have in turn accused Trump of exploiting allegations of antisemitism to attack higher education. Trump is meanwhile still pursuing deportation for Khalil and several other student protesters, though federal judges have repeatedly halted the effort. Strikingly, Khalil's visit came almost one year to the

day since Israeli Prime Minister Benjamin Netanyahu addressed a joint session of Congress amid ongoing Israeli attacks in Gaza. Though more than 100 lawmakers skipped his speech and both then-President Joe Biden and Trump have questioned his strategy, Netanyahu has continued receiving U.S. weapons as Israeli forces have killed tens of thousands of Palestinians and his stated goals for the war, including the release of dozens of hostages still held by Hamas, have remained unfulfilled.

Khalil's Washington trip demonstrated how entrenched hardline pro-Israel narratives remain in elite circles. Giving a live interview on CNN Tuesday, Khalil was asked repeatedly by anchor Pamela Brown to condemn Hamas.

It is "disingenuous and absurd to ask such questions when literally 62,000 Palestinians have been killed by Israel," Khalil told Brown, adding he would not engage with the question because "selective condemnations ... wouldn't get us anywhere."

Nearly two years into the war, he told HuffPost he is still surprised by the "indifference that U.S. policymakers have regarding Palestine" and their "level of complicity in such flagrant and obvious war crimes." In his meetings with legislators, Khalil said they described "how difficult" it remains in Congress to advocate for Palestinians because of the influence of the American Israel Public Affairs Committee (AIPAC), whose donors often fund campaigns against politicians critical of Israel. Still, amid increased awareness of the crisis in Gaza, "none can claim that they didn't know ... [and] the American public are awakened now," he said. "That's why it's very important that we continue to push ... unfortunately, institutions are a little bit slow in responding to the change on the ground, but it's happening."

Khalil pointed to the recent victory in the Democratic primary for New York City mayor by Zohran Mamdani, who has been involved in advocacy against the war; the two men recently appeared together onstage at a comedy show.

"Supporting Palestine is not a taboo in U.S. politics — it's happening," he said.

As Khalil and his group walked along, a group of antiwar activists yelling slogans in the hot sun became visibly emotional upon spotting him. Several young staffers in congressional office buildings asked to have their picture taken with him and he carried along a blue gift bag, a present from Rep. Ayanna Pressley (D-Mass.) for his infant son Deen, who was born while Khalil was in immigration detention.

"They wanted to make an example out of me. They wanted me to be intimidated so I wouldn't speak for the rights of the Palestinian people and I find it very hard to reconcile my silence where my people are getting killed. I really can't justify anyone's silence when such atrocities are happening under our nose," Khalil told HuffPost.

When Khalil was targeted for deportation and arrested in March, the administration claimed his beliefs meant his presence in the U.S. could hurt American foreign policy, without accusing him of any crime. On May 28, district judge Michael Farbiarz said the administration had not proved that case. U.S. officials then told the judge alleged irregularities in Khalil's green card application



provided additional justification for detaining him, but on June 20, Farbiarz ruled that Khalil should be released on bail. The administration maintains its assertion he is a threat: during Khalil's congressional meetings on, the Department of Homeland Security issued an X post calling Khalil "a terrorist sympathizer" and accusing him of antisemitism. Khalil and his lawyers argue the government has subjected him to major reputational harm and highlight his rejection of antisemitism.

"The Biden administration laid the groundwork to my detention, to the repression of freedom of speech in this country, by aligning with the Israeli narrative and the Zionist narrative in this country that what is happening is antisemitism or violence," he told HuffPost. "To me it's a no-brainer that Biden was as bad as Trump is. It's just, this administration, they're not shying from [it] ... the Biden administration would actually gaslight you: 'Oh, we're actually for peace or we're helping.' No, you're not — you literally gave Israel everything it needs to commit this genocide."

In addition to fighting the government's attempt to detain and deport him in courts in New Jersey and Louisiana, Khalil is now seeking \$20 million in damages or an official apology from the Trump administration for his detention. HuffPost asked if he has faith American legal processes can provide justice.

"We have to try ... I want accountability through any avenue," Khalil said. "I'm confident I have a very good case as a judge has already ruled that my arrest was likely unconstitutional ... I want to hold accountable everyone, literally everyone, who has contributed to my illegal prosecution [and] this administration for also spreading all these lies about me."

Free for only a month after a shock arrest in the lobby of his apartment building and 104 days in captivity thousands of miles away from his home in New York, the soft-spoken 30-year-old struggles to describe his feelings. He described joy at being reunited with his wife and son but also a deep sense of duty even as he faces continued risk.

"What I went through is literally a drop in the sea of injustices that Palestinians have to face on a daily basis ... now my arrest accidentally gave me this platform to be able to actually advocate more and more for the rights of Palestinians," Khalil said. "I did not choose to be in such a position, but now that such a position is imposed upon me, I will take that responsibility with pride — because that's what Palestinians do: just resist and continue resistance until we get our rights."

Yahoo/News

Akbar Shahid Ahmed

Necessity of refraining from discussion of the disagreements that occurred among the Companions of the Prophet (blessings and peace of Allaah be upon him)

Praise be to Allaah Alone and peace and blessings of Allaah be upon (PROPHET MUHAMMAD) the one after whom there will be no more Prophets, and upon his family and companions and whoever follows them in truth until the Day of Judgement.

It should be understood – may Allah protect us and you from confusion and specious arguments, both obvious and subtle – that the Companions of Muhammad (blessings and peace of Allah be upon him) were the best companions of the best Prophet, especially the four Rightly Guided Caliphs.

Allah says (interpretation of the meaning):

“And the first to embrace Islam of the Muhajiroon (those who migrated from Makkah to Al-Madinah) and the Ansar (the citizens of Al-Madinah who helped and gave aid to the Muhajiroon) and also those who followed them exactly (in Faith). Allah is well-pleased with them as they are well-pleased with Him” [at-Tawbah 9:100].

Ibn Katheer (may Allah have mercy on him) said: Here Allah the Almighty tells us that He is pleased with the first to embrace Islam of the Muhaajireen and Ansaar, and those who followed them in truth. So woe to those who hate them or revile them, or who hate some of them and revile some of them. End quote. Tafseer Ibn Katheer, 4/203

Allah, may He be exalted, says concerning the Muhaajireen (interpretation of the meaning):

“(And there is also a share in this booty) for the poor emigrants, who were expelled from their homes and their property, seeking Bounties from Allah and to please Him. And helping Allah (i.e. helping His religion) and His Messenger (Muhammad (peace and blessings of Allah be upon him)). Such are indeed the truthful (to what they say)” [al-Hashr 59:8].

And Allah says concerning the Ansaar (interpretation of the meaning):

“And those who, before them, had homes (in Al-Madinah) and had adopted the Faith, love those who emigrate to them, and have no jealousy in their breasts for that which they have been given (from the booty of Banee An-Nadeer), and give them (emigrants) preference over themselves, even though they were in need of that” [al-Hashr 59:9].

And Allah says concerning the believers who come after them (interpretation of the meaning):

“And those who came after them say: Our Lord! Forgive us and our brethren who have preceded us in Faith, and put not in our hearts any hatred against those who have believed. Our Lord! You are indeed full of kindness, Most Merciful” [al-Hashr 59:10].

With regard to what happened among the Sahaabah of differences of opinion and fighting, we should refrain from discussing it, whilst believing that they are the best of the ummah and loving them and approving of them. This opinion has been repeatedly stated by Ahl as-Sunnah wa'l-Jamaa'ah.

‘Umar ibn ‘Abd al-‘Azeez (may Allah have mercy on him) was asked about ‘Ali and ‘Uthmaan, and the battles of the Camel and Siffeen, and what happened among them. He said: That is blood that Allah caused me to have no hand in shedding, and I do not want to dip my tongue in it (by talking about it). at-Tabaqaat al-Kubra, 5/394

A man asked Imam Ahmad ibn Hanbal about what happened between ‘Ali and Mu’aawiyah, and he turned away from him. It was said to him: O Abu ‘Abdullah, he is a man from Banu Haashim. He turned to him and said: Recite: “That was a nation who has passed away. They shall receive the reward of what they earned and you of what you earn. And you will not be asked of what they used to do” [al-Baqarah 2:134].

Manaaqib al-Imam Ahmad by Ibn al-Jawzi, p. 126

Imam Ahmad also said, after it was said to him: What do you say about what happened between ‘Ali and Mu’aawiyah? He said: I do not say anything about them except what is best.

Manaaqib al-Imam Ahmad by Ibn al-Jawzi, p. 164

Al-Maymoon said: Ahmad ibn Hanbal said to me: O Abu'l-Hasan, if you see a man saying anything bad about any one of the Sahaabah, then be suspicious about his Islam. Al-Fadl ibn Ziyaad said: I heard Abu ‘Abdullah being asked about a man who criticized Mu’aawiyah and ‘Amr ibn al-‘Aas: can he be called a Raafidi? He said: He did not the audacity to

criticise them except because he has some evil hidden in his heart. No one criticises any one of the Sahaabah but he is concealing some evil in his heart. End quote. “Al-Bidaayah wa'n-Nihaayah, 8/139 “

Abu Zar‘ah ar-Raazi said:

If you see a man criticising any of the Companions of the Messenger of Allah (blessings and peace of Allaah be upon him), then know that he is a heretic, because in our view the Messenger (blessings and peace of Allah be upon him) is true and the Qur’aan is true. Rather this Qur’aan and the Sunnah were conveyed to us by the Companions of the Messenger of Allah (blessings and peace of Allah be upon him). They only want to undermine the status of those who conveyed the Qur’aan (and the Sunnah) in order to undermine the validity of the Qur’aan and Sunnah. But it is more fitting that they be criticised, and they are heretics. End quote. “Al-Kifaayah fi ‘Ilm ar-Riwaayah, p. 49 “

Al-Qurtubi said:

It is not permissible to attribute any deliberate mistake to any of the Sahaabah, because they based all their actions on what they believed was right and proper, and their intention was to Allah, may He be glorified and exalted. They are all examples for us to follow and Allah has instructed us to refrain from discussing the disagreements that arose among them, and we should only mention them in the best way, because of the sanctity of their being Companions of the Prophet (blessings and peace of Allah be upon him), and because the Prophet (blessings and peace of Allah be upon him) forbade reviling them; moreover, Allah has forgiven them and told us that He is pleased with them. End quote. “Tafseer al-Qurtubi, 16/321 “

Ibn Abi Zayd al-Qayrawaani said, when discussing what the Muslim is obliged to believe about the Companions of the Messenger of Allah (blessings and peace of Allah be upon him) and what should be said about them: No one of the Companions of the Messenger (blessings and peace of Allah be upon him) should be mentioned except in the best of terms, and we should refrain from discussing the disputes that arose among them. They are the most deserving of people to have their words and actions interpreted in the best manner and to be thought of in the best terms. End quote.

‘Aqeedat Ahl as-Sunnah wa'l-Jamaa'ah fi's-Sahaabah al-Kiraam, 2/734

Abu ‘Abdullah ibn Battah (may Allah have mercy on him) said, discussing the beliefs of Ahl as-Sunnah wa'l-Jamaa'ah: After that we should refrain from discussing the disputes that arose among the Companions of the Messenger of Allah (blessings and peace of Allah be upon him), for they witnessed great events with him and were the first people to attain virtue; Allah has forgiven them and has instructed us to pray for forgiveness for them and to draw close to Him by means of loving them, as He has enjoined on the lips of His Prophet. He knew what would happen among them and that they would fight; however, they were given precedence over the rest of mankind because mistakes, whether deliberate or otherwise, were already forgiven for them, and they have been forgiven for all disputes that arose among them. Kitaab ash-Sharh wa'l-Ibaanah ‘ala Usool as-Sunnah wa'd-Diyaanah, p. 268

Abu ‘Uthmaan as-Saaboni said, discussing the belief of the Salaf and scholars of hadeeth:

They believed that we should refrain from discussing the disputes that arose among the Companions of the Messenger of Allah (blessings and peace of Allah be upon him) and that we should avoid saying anything that may be construed as criticism of them; we should pray for mercy for all of them and love all of them.

‘Aqeedat as-Salaf wa Ashaab al-Hadeeth, in Majmoo‘at ar-Rasaa'il al-Muneeriyah, 1/129

Shaykh al-Islam Ibn Taymiyah said:

One of the basic principles of Ahl as-Sunnah wa'l-Jamaa'ah is that they think of and speak of the Companions of the Messenger of Allah (blessings and peace of Allah be upon him) in the best terms, as Allah, may He be exalted, has described them (interpretation of the meaning):

“And those who came after them say: Our Lord! Forgive us and our brethren who have preceded us in Faith, and put not in our hearts any hatred against those who have believed. Our Lord! You are indeed full of kindness, Most

Merciful” [al-Hashr 59:10].

And that is in obedience to the Prophet (blessings and peace of Allah be upon him), who said: “Do not revile my Companions, do not revile my Companions, for by the One Whose hand is my soul, if one of you were to spend the equivalent of Uhud in gold [in charity], it would not be equivalent to the mudd [a unit of measure] of one of them or half of that.”

They accept what is said in the Qur’aan and Sunnah, and are unanimously agreed on their virtues and status.

They do not believe that any of the Sahaabah are infallible and were protected from major or minor sins; rather it is possible that they may have committed sins in general, but they did a great deal of righteous deeds and attained virtues by means of which they were forgiven for whatever sins they committed, to such an extent that they were forgiven for bad deeds for which no one who came after them was forgiven, because they did good deeds that erased bad deeds, in a manner that was not granted to anyone who came after them.

Moreover, if one of them did commit a sin, then he would have repented from it, or done good deeds that erased it, or have been forgiven for it by virtue of his being one of the first to come to Islam, or by means of the intercession of Muhammad (blessings and peace of Allah be upon him) of which they are the most deserving of people, or by being tested with a calamity in this world by means of which it was expiated – if this is the case with regard to real sins, then how about the matters in which they based their actions on what they thought best (ijtihaad): if they got it right they will have two rewards and if they got it wrong they will have one reward and the mistake will be forgiven?

Moreover, the amount of objectionable actions that some of them may have done is very little and insignificant in comparison to their virtues and good characteristics such as belief in Allah and His Messenger, jihad for the sake of Allah, migration (Hijrah), supporting (the religion of Allah), beneficial knowledge and righteous deeds.

Anyone who studies their biographies with knowledge and insight, and sees what Allah bestowed upon them of virtues, will realise for certain that they are the best of people after the Prophets; there never was and there will never be anyone like them. They are the elite of this ummah, which is the best of nations and the dearest of them to Allah, may He be exalted. End quote. “Majmoo‘ al-Fataawa, 3/152-153”

Al-Haafiz Ibn Hajar said:

Ahl as-Sunnah are unanimously agreed that it is obligatory to object to any slandering any of the Sahaabah because of what happened of that (disputes), even if ones knows which of them was in the right, because they did not fight in those wars except on the basis of what they thought was right (ijtihaad), and Allah, may He be exalted, has forgiven the one who is mistaken in his ijtihaad. Indeed, it is proven that he will be given one reward, and the one who gets it right will be given two rewards. End quote “Fath al-Baari, 13/34 “

A great deal of similar comments has been made by the scholars and it is essential to follow that, because this will protect us from making mistakes and it is acknowledging the rights of the best of people after the Prophets.

As for the killing of ‘Uthmaan and ‘Ali (may Allah be pleased with them both), there is no doubt that they were killed unlawfully and we testify that they will be in Paradise, and we testify that the one who did this action, or played any part in it, or approved of it, or knew of it and did not denounce it, were led astray in the worst of ways and led others astray, and was a man of evil, who followed a path other than that of the believers; Allah will bring him to account on the Day of Resurrection for his actions and Allah, may He be exalted, will judge between them on the Day of Resurrection. “Say (O Muhammad (peace and blessings of Allah be upon him)): O Allah! Creator of the heavens and the earth! All-Knower of the Ghaib (unseen) and the seen. You will judge between Your slaves about that wherein they used to differ” [az-Zumar 39:46].

Ahmed Khaled

Indian and Chinese travelers hail end of visa freeze between world's two most populous nations as diplomatic tensions thaw

They are the two most populous countries in the world and neighbors clamoring for more tourists, but for much of the last five years it has been difficult for Indian and Chinese nationals to vacation in each other's nations.

Now that looks set to finally change as previous fractious relations between the two Asian giants finally begin to thaw.

India will issue tourist visas for Chinese citizens for the first time in five years, allowing nationals from its neighboring country to freely visit each other, marking a significant reset in relations after a deadly border clash sent ties into a deep freeze.

From July 24, Chinese citizens can apply for tourist visas to India, the Indian embassy in Beijing said Wednesday.

This "positive news" is in the "common interests of all parties," China's foreign spokesperson Guo Jiakun said. "China is willing to maintain communication and consultation with India to continuously improve the level of facilitation of personnel exchanges between the two countries."

There has been a gradual normalization of ties between India and China in recent months after relations were deeply strained in June 2020, when a brutal hand-to-hand battle in the Galwan Valley left at least 20 Indian and four Chinese soldiers dead.

Both nations maintain a heavy military presence along their 2,100-mile (3,379-kilometer) de facto border, known as the Line of Actual Control (LAC) – a boundary that remains undefined and has been a persistent source of friction since their bloody 1962 war.

The 2020 clash in the disputed region between Indian Ladakh and Chinese-controlled Aksai Chin marked the first deadly confrontation along India and China's disputed border in more than 40 years.

Tensions escalated in the aftermath. India banned multiple Chinese apps, heightened scrutiny of Chinese investments and direct air routes between the two neighbors were canceled.

Both countries had shut their borders to foreign tourists due to the Covid-19 pandemic, but visa restrictions continued even as global travel began to resume.

China lifted tourist visa restrictions for Indian nationals in March after Beijing and New Delhi announced they would work to resume direct air travel, according to Reuters.

"Inbound tourism is going through tough pe-

riod post Covid, so it is good for us that another market has opened," according to Sarvjeet Sankrit, founder of the Delhi-based travel agency Ghum India Ghum (Roam India Roam), who said he saw "lots of Chinese tourists" visit the capital before the visa ban.

India lifting restrictions is "a good thing for vehicle owners, guides, and hotel owners," he said. "Everyone will get more business."

Chinese national Kate Hu, whose boyfriend is from India, said she is excited at the prospect of finally being able to visit his family.

The Hong Kong-based comedian had already booked tickets to visit India for his sister's wedding in April when she found out she couldn't get the visa.

"I lost a bit of money there," Hu said. "We had talked about getting married just to have the visa, so now I'm happy to hear I won't have to get married just for a visa," she joked.

Her boyfriend is currently in India to take care of his sick mother. "If this (news) had come out sooner, then I could have gone with him," she said.

Pradeep K, a consultant in Delhi called India's latest move is "a good thing," adding "people of India and China will get to interact more." He said he is excited at the prospect of traveling to China to see pandas.

"Will a diplomatic move on paper change mind-sets and bring people closer? Your guess is as good as mine."

Flights and pilgrimages resume
India's decision to remove visa restrictions is the latest in a string of steps taken by New Delhi and Beijing to reset ties after Chinese leader Xi Jinping met with Indian Prime Minister Narendra Modi on the sidelines of the BRICS summit in Russia last October.

In January, India and China agreed to resume direct commercial flights and Beijing recently agreed to reopen Mount Kailash and Lash Mansarovar in western Tibet to Indian pilgrims for the first time in five years. Earlier this month, In-



dia's foreign minister S. Jaishankar met with his Chinese counterpart Wang Yi in Beijing, where the two "took note of the recent progress made by the two sides to stabilize and rebuild ties, with priority on people-centric engagements," according to a statement from the Indian foreign ministry.

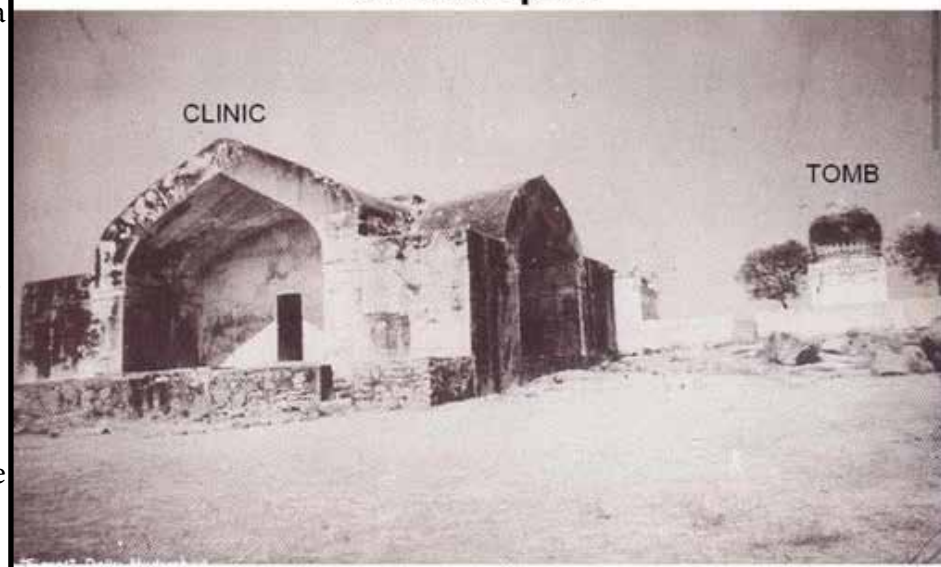
There has been a "gradual normalization of the India-China relationship," said Harsh V. Pant, foreign policy head at the New Delhi-based Observer Research Foundation think tank.

"There is a certain recalibration happening from both ends. But this is also a reflection that India faces a unique challenge in managing China," he added.

Despite the ongoing tensions, India is still economically dependent on China and sees "a possibility of building an economic partnership" while making its red lines clear, Pant said. Delhi-based teacher Saurabhi Singh said while India and China have fought wars in the past, "relations can and should change."

Did You Know:

Hakimpet near Tolichowki is named after Hakim Nizamuddin Gilani, the royal physician under the Qutub Shahi Rule. He was the Head of 'Darusshifa Hospital' 400 years ago. He had a Herbal Garden in a Hill which is now Jubilee Hills for making his unique medicines for different cures. A Dargah on his name is located at Hakimpet.





Mohammed Azharuddin took part in the Janahita Padayatra with Smt. Meenakshi Natarajan, AICC In-charge Telangana, and Shri B. Mahesh Kumar Goud, MLC, TPCC President, along with a large number of @incindia karyakartas, ministers, and senior leaders—united for the welfare of the people of Telangana.



Janab Mateen Mujaddady along with Janab Amir Ali Khan sahab (M.L.C)News Editor Siasat Paper and Shri S.S.P Yadav Former D.G.P of united A.P

Shujath Ali Sufi

Received my Doctorate Degree in Mass Communication today from His Excellency Honourable Governor of Telangana State Shri Jishnu Dev Verma at Telangana University Dichpally Nizamabad



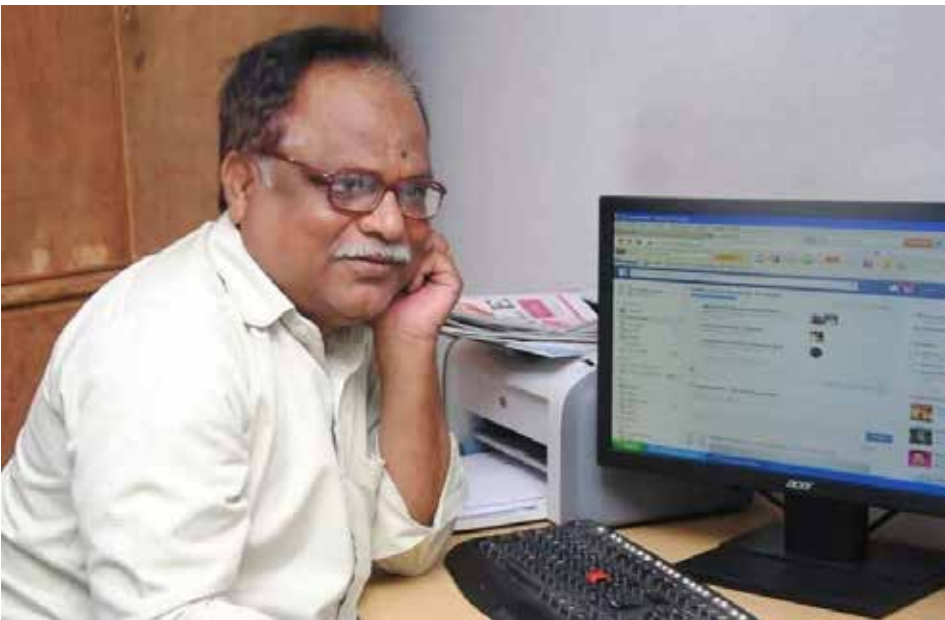


Dr. Shahab Afsar Khan's fourth book, 'Bohat Nikle Mere Arman', was unveiled in Hyderabad. Dr. Khan is a prominent educationalist and author of four books, hailing from Aurangabad. He has received numerous awards for his contributions to education. Dr. Khan spoke about his 50-year service in education and his authorship of four Urdu books. He worked as Principal of International Indian School in Riyadh and currently serves as Director of Winchester International. He expressed gratitude to the guests. Abid Moiz congratulated Afsar Khan. Prof. Ma-jeed Bedar unveiled the book. A prominent Senior journalist K.N. Wasif

presented a sketch on Afsar Khan. Two IAS Officers Ahmed Nadeem and Abdul Azeem also spoke on this occasion.

Aleem Khan Falaki presided over the function and Mushaira. The event was attended by 100 guests at Zimris ABC Banquet Hall. Poets presented their poetry, and dinner was served.

This function jointly organised by Zimris Adabi Forum and conducted the Proceedings of the function and Mushaira by Najeeb Ahmed Najeeb, Imran Saleem son of architect Saleem AR presented traditional Shawl and flower Bouquet to Afsar Khan.



Senior Photographer Shaik Naseer from Munsif Daily Newspaper has passed away this morning. He had been suffering from a prolonged illness and was undergoing treatment. May Allah SWT grant him highest place in Jannah and forgive his sins Ameen. Namaz e janaza held after Asr Prayer at Qutub shahi Masjid, Bazar Ghat, Hyderabad



A gathering of Ex NRIS, old friends from Riyadh was hosted at Saleem Villa, Sabza Colony, Toli Chowki, Hyderabad. Architect Abdul Rahman Saleem, who visited Hyderabad for two days from Riyadh, had a reunion with old friends over dinner after a long time. Saleem Bhai met with old friends, having spent over four decades working in Riyadh. The gathering of around 12 esteemed guests, including Dr. Abid Moiz, Mir Ahmed Ali, Dr. Niaz Ahmed Khan, Mohammed Muzaffer Ahmed, Mohammed Quaiser, Mohammed Abdul Raheem Akram, renowned journalist K.N. Wasif of Siasat Daily, Syed Ziaur Rahman, CEO of YAHIND.COM, and senior journalist Ghouse Arsalan, Mohammed Ateeq engaged in discussions on various topics. Thanks to Saleem AR Sahab and Imran Saleem for the warm hospitality and delicious dinner. Mohammed Muzaffer Ahmed Mohammed Quaiser Mohammed Abdul Raheem Akram Ghous Arsalan Saleem AR Imran Saleem/Mir Mohsin Ali YaHind.Com - Indian News Portal - Serving Indians Globally

Left:

It is with great pleasure that we congratulate Mirza Faisal Baig, son of Mirza Sadullah Baig Sohail from Riyadh, on his outstanding achievement of completing the Engineering (Information Technology) program. We extend our warmest wishes to Faisal Baig and his proud parents on this momentous occasion. Mirza Sadullah Baig

List of Hindi films of AUGUST 2025

1	Dhadak 2	Shazia Iqbal	Siddhant Chaturvedi · Triptii Dimri
	Ajeey The Untold Story of a Yogi	Ravindra Gautam	Anant Joshi · Paresh Rawal · Dinesh Lal Yadav
	Son of Sardaar 2	Vijay Kumar Arora	Ajay Devgn · Mrunal Thakur · Ravi Kishan
8	Heer Express	Umesh Shukla	Divita Juneja · Ashutosh Rana · Sanjay Mishra · Gulshan Grover · Prit Kamani
	Andaaz 2	Suneel Darshan	Aayush Kumar · Akaisha · Natasha Fernandez
14	War 2	Ayan Mukerji	Hrithik Roshan · N. T. Rama Rao Jr. · Kiara Advani

WAR 2 : Official Trailer

After the massive success of its predecessor, “WAR 2” returns bigger, bolder, and packed with jaw-dropping action sequences! Directed by Ayan Mukerji, the film unites two cinematic powerhouses: Hrithik Roshan – the calm, calculated action icon, and Jr. NTR – the fierce Southern superstar known for his intensity and depth. This time, the story dives into a high-stakes covert conflict between two warriors on opposite ends of the spectrum, each driven by his own ideals, past wounds, and secret missions. Are they enemies locked in a deadly duel, or reluctant allies against a global threat that could

shatter world peace? Kiara Advani adds emotional nuance and elegance to the high-octane plot, playing a sharp and captivating character whose role could tip the balance between love, trust, and betrayal. From heart-pounding chases and explosive shootouts to stunning hand-to-hand combat scenes, “WAR 2” promises a visual spectacle and an adrenaline-fueled ride that redefines modern Bollywood action. For fans of thrilling, intense cinema – this is an unmissable event!



Heer Express trailer: Ashutosh Rana mentors a young chef in wholesome entertainer

The film narrates the journey of an aspiring young chef who moves to United Kingdom (UK), to fulfil her aspirations. The trailer promises a fun ride with a blend of emotions and melodrama, indicating a wholesome family entertainer. It shows Juneja in the titular role, introduced while riding a horse. She plays a chef named Heer from Punjab, known for her cooking skills. Heer travels to the UK under the mentorship of Ashutosh Rana, while attempting to take Indian cuisine abroad. Earlier, the teaser of the movie had shown glimpses of Heer’s emotional journey as she sets out to fulfil her mother’s dream overseas. The trailer takes forward the narrative by revealing the obstacles faced by the protagonist. The film also features Prit Kamani, Ashutosh

Rana, Gulshan Grover, Sanjay Mishra, and Megha Malik in pivotal characters. ‘Heer Express’ is shot across different scenic locations in UK. The makers launched the trailer at a grand event. The entire star cast marked their attendance while sharing their journey from the shoot of ‘Heer Express’. The family-drama is directed by Umesh Shukla. He is known for helming films such as ‘Dhoondte Reh Jaoge’ (2009), ‘OMG – Oh My God!’ (2012), ‘All Is Well’ (2015), ‘102 Not Out’ (2018) and ‘Aankh Micholi’ (2023). Shukla’s ‘OMG-Oh My God!’ won the award for Best Adapted Screenplay at the 60th National Film Awards. The film was also awarded the Best Hindi film award by Institute for Research and Documentation in Social Sciences (IRDS) at the second IRDS Hindi Film Awards for social concern.



Tulip Entertainment in association with Merry Go Round Studios and Creative Strokes Group, present ‘Heer Express’. The film is co-produced by Umesh Shukla, Ashish Wagh, Mohit Chhabra, Sanjay Grover and Sampada Wagh. ‘Heer Express’ is scheduled to release in theatres on August 8, 2025.

Andaaz 2

Andaaz (transl. Style) is a 2003 Indian Hindi-language romantic musical film directed by Raj Kanwar and produced by Suneel Darshan. It stars Akshay Kumar, Lara Dutta and Priyanka Chopra. It is written by Robin Bhatt, Shyam Goel and Jainendra Jain. It features Lara Dutta and Priyanka Chopra[a] in their debut Bollywood film roles.

Shot extensively in Cape Town, South Africa, Andaaz's promotion centered around it being the acting debut of two beauty queens together for the first time, which Darshan considered was the film's main selling point. Its music was composed by Nadeem-Shravan, with lyrics written by Sameer. The soundtrack was a success, selling 2.5 million units and was the second best-selling Bollywood soundtrack of the year.

Andaaz was released in cinemas on 23 May 2003. The film was a box-office success, grossing ₹288 million at the box-office against a budget of ₹ 80 million. It was the ninth-highest-grossing Indian film of the year. At the 49th Filmfare Awards, it received 5 nominations, including Best Supporting Actress for Chopra, and won Best Female Debut for Dutta and Chopra. Additionally, both actresses were also nominated for the Screen Award for Best Female Debut, which Dutta won.

Plot

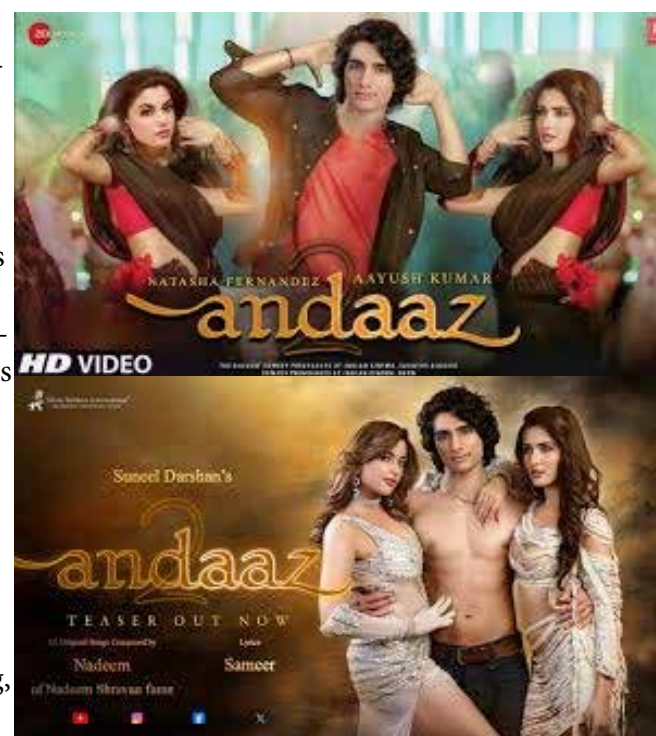
Raj Malhotra lives with his elder brother Rohit, his sister-in-law Kiran, and his niece. After an accident fractures his leg, he is unable to walk for some time, and for psychological reasons, he cannot walk even after the fracture heals. When the Malhotras move to Dehradun, Raj befriends his family's new neighbour, the tomboy Kajal, as both share a common passion for aeroplanes. With Kajal's encouragement, Raj regains the ability to walk. Years later, the two continue to

be close friends, and everyone expects them to marry soon. Raj secretly loves Kajal and is waiting for the right time to propose to her, but she sees him only as her best friend.

Raj is recruited by the Indian Air Force and spends a year and a half in training. After this is over, he rushes to Kajal to propose to her, only to discover that she is in love with multimillionaire businessman Karan Singhania. Raj still does not reveal his true feelings to Kajal, telling her that Karan is the best life partner for her. Kajal and Karan marry; during the reception party, Kajal learns of Raj's feelings for her. Dismayed by the fact that she did not recognise Raj's feelings for her despite being his best friend, Kajal asks him to move on with his life. Raj relocates to Cape Town, South Africa for further training, while his brother and family move to Nainital.

During a visit to a club, Raj meets the vivacious and fun-loving Jiya. She falls in love with Raj because of his clean personality, but he is unable to forget Kajal. After completing his training, Raj returns to India where he finds that Jiya has already arrived and is living as a paying guest with his family in Nainital. Jiya makes several attempts to impress Raj, but he still does not fall for her. During Karva Chauth, Jiya performs the rituals that a wife typically does for a husband, but Raj becomes angry and asks Jiya to leave. After Raj's brother and sister-in-law reveal that they had hoped Raj would marry Jiya, he finally gives in and decides to marry her and move on with his life.

While visiting Jiya's family, Raj learns that Jiya is none other than the sister of Karan Singhania. Thus, Kajal is now Jiya's sister-in-law. Not only that, but it is revealed that Kajal has been widowed by a helicopter crash which killed Karan, but which she survived. Kajal blames herself for



Karan's death and has even attempted suicide. Raj helps Kajal recover from her depression, which enables her to face life again. Jiya notices their increasing closeness and suggests to her father that a second marriage be arranged for the widowed and childless Kajal.

At Raj and Jiya's engagement, Kajal learns that her family is arranging an engagement for her as well. Raj urgently tells Kajal not to allow herself to be married off against her will. An angry Jiya says that Raj and Kajal will never be able to forget their past love for each other, even though Raj is supposed to be marrying her. An irate Raj places the wedding sindoor on Kajal's forehead, indicating he has now married Kajal. An emotional Jiya reveals that her real intention had been to compel Raj and Kajal to accept their feelings for each other in front of the world. The film ends with Jiya participating in Raj and Kajal's wedding ceremony.

Dhadak 2 trailer: Siddhant Chaturvedi-Triptii Dimri fight systemic discrimination to save love. Watch

Dhadak 2 trailer: The trailer for Dhadak 2 has finally been unveiled, two years after the film's initial announcement. A spiritual sequel to the 2018 romantic drama Dhadak, this new installment stars Triptii Dimri and Siddhant Chaturvedi in the lead roles. The 2018 film marked the debut of actors Janhvi Kapoor and Ishaan Khatter. Directed by Shazia Iqbal and co-produced by Karan Johar's Dharma Productions, Dhadak 2 dives deeper into themes of identity, power dynamics, and the often painful emotional cost of love.

Siddhant Chaturvedi and Triptii Dimri play law students in this socially charged drama. The trailer opens with a poignant exchange between the two, setting the emotional tone of the film. Siddhant asks, "Tum mujhse pyaar karti ho na? Toh mujhse door raho (You love me, right? Then stay away from me)." A confused and hurt

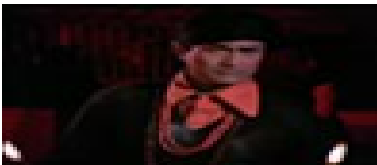








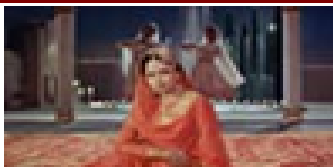









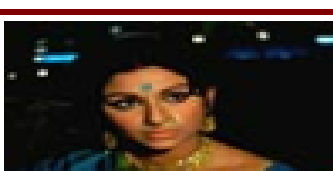



















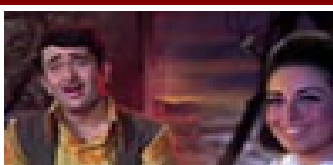




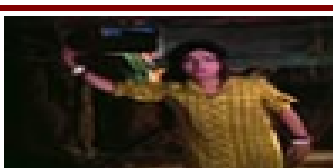



Triptii responds, "Kyu door rahu? (Why should I stay away?)" He replies, "Kyuki saath rehna itna aasaan nahi jitna tumhe lagta hai (Being together isn't as easy as you think)." Triptii, not ready to back down, says, "Jitna tumhe lagta hai, utna mushkil bhi nahi hai (It's also not as hard as you think it is)."

The Indian Express By: Entertainment Desk



Binaca Geetmala Annual List (1971)



Thumb / Rank	Song Heading	Singer / Movie	Music By / Lyricist	Actor / Category
 1	Dum Maro Dum     4.43 - 250 votes		Usha Iyer, Asha Bhosle Hare Rama Hare Krishna (1972)	R D Burman Anand Bakshi
 2	Inhin Logon Ne Le Linaa Dupattaa Meraa     4.30 - 591 votes	Lata Mangeshkar Pakeezah (1972)	Ghulam Mohammad Majrooh Sultanpuri	
 3	Chalte Chalte, Yuhi Koi Mil Gayaa Tha     4.17 - 4558 votes	Lata Mangeshkar Pakeezah (1972)	Ghulam Mohammad Kaifi Azmi	
 4	Sachhai Chhup Nahin Sakti     4.13 - 214 votes	Kishore Kumar Dushman (1971)	Laxmikant Pyarelal Anand Bakshi	
 5	Chingari Koi Bhadke     4.46 - 850 votes	Kishore Kumar Amar Prem (1972)	R D Burman Anand Bakshi	
 7	Duniya Me Logo Ko Dhokha Kabhi Ho Jata Hai     4.15 - 142 votes	Asha Bhosle, R D Burman Apna Desh (1972)	R D Burman Anand Bakshi	
 8	Ye Jeevan Hai Is Jiwan Ka, Yahi Hai Rang Rup     4.47 - 229 votes	Kishore Kumar Piya Ka Ghar (1972)	Laxmikant Pyarelal Anand Bakshi	
 9	Ye Kya Hua, Kaise Hua, Kab Hua, Kyu Hua, Jab Hua, Tab Hua     4.49 - 452 votes	Kishore Kumar Amar Prem (1972)	R D Burman Anand Bakshi	
 10	Aap Yaha Aaye Kisliye     4.28 - 81 votes	Kishore Kumar, Asha Bhosle Kal Aaj Aur Kal (1971)	Shankar Jaikishan Neeraj	
 11	Aankhon Aankho Mein Bat Hone Do    4.21 - 71 votes	Asha Bhosle, Kishore Kumar Aankhon Aankhon Mein (1972)	Shankar Jaikishan Hasrat Jaipuri	

Binaca Geetmala Annual List (1971)

ڈاکٹر توفیق انصاری احمد
شکاگو، امریکہ

گل بو کی حکایت

سدا بہار، سبق آموز مذہبی، سماجی و اخلاقی بنیادوں کا انمول و نادر خزانہ



ڈاکٹر توفیق انصاری احمد



حضرت شیخ سعدی شیرازی رحمۃ اللہ علیہ

عزت اور ذلت 63

اردو حکایت: اک جواں مرد جنگ کرتے ہوئے سخت زخمی ہو گیا، کسی نے اُس سے کہا کہ فلاں بخیل کے پاس اکسیری مرہم ہے۔ توقع ہے کہ تو مانگ لے تو وہ دیدے گا۔ زخمی مرد نے کہا: میں اُس سے مانگوں تو کیا خبر کہ وہ دے نہ دے اور اس بات کی کیا ضمانت کہ مرہم فائدہ دے بہر حال ایسے بخیل کے آگے ہاتھ پھیلا نا قاتل زہر پینے کے برابر ہے۔

فارسی شعر:

ہرچہ از دوناں، بہ منت خواستی
ور تن افزودی و از جاں کاستی

حاصل کلام:

اگرچہ کہ تو نے کمینوں سے گڑگڑا کر مانگا۔ اس سے تیرے بدن نے پرورش پائی۔ لیکن تیری خودداری مرگئی۔

منظوم ترجمہ:

گڑگڑا کر تو نے مانگا ہے کمینوں سے مگر
تن نے پائی پرورش، پر تیری خودداری مری
داناؤں نے کہا کہ: اگر آپ حیات بھی عزت کے عوض بکتا ہو تو عقلمند اُس کو
نہیں خریدتا کیوں کہ عزت کی موت ذلت کی زندگی سے بہتر ہے۔

فارسی شعر:

اگر حنظل خوری از دست خوشروی
بہ از شیرینی زدست ترش روی

حاصل کلام:

اگر تو کڑوا پھل کسی صاحب خلق کے ہاتھ سے کھائے تو وہ اُس مٹھائی سے
بہتر ہے جو کسی ترش رو کے ہاتھ سے کھائی جائے۔

منظوم ترجمہ:

یہ بہتر ہے کوئی خوش رو کھلا دے ہم کو کڑوا پھل
نہیں منظور ہم کو، ترش رو سے شیرینی کھانا



داناؤں مشرق، بلبل شیراز، حضرت شیخ سعدی شیرازی رحمۃ اللہ علیہ فارسی زبان کے عالمی شہرت یافتہ ادیب، شاعر، سیاح و دانشور گزرے ہیں۔ آپ کی پیدائش تقریباً آٹھ سو سال قبل سادات کے اک معزز گھرانے میں ہوئی جو برسوں پہلے مکہ سے ہجرت کر کے شیراز میں آسا تھا۔ خاندان میں دینداری کا بول بالا تھا اس لئے ابتدائی تعلیم گھر پر ہوئی اور چھوٹی سی عمر میں تمام ضروری دینی مسائل یاد ہو گئے جس کے ساتھ عبادت، شب بیداری اور تلاوت کلام پاک کا شوق پیدا ہو گیا۔ گیارہ سال کی عمر میں کلام مجید حفظ کر لیا۔ تفسیر، فقہ، حدیث اور صرف و نحو کی ابتدائی کتابیں پڑھیں اور سن بلوغ کو پہنچنے سے پہلے ہی نہایت اعلیٰ و ارفع اخلاق و کردار کے مالک بن گئے۔ ان کی سلیقہ مندی، زہد و تقویٰ، ذہانت و دانشمندی کا ہر طرف چرچا ہو جائے گا۔ نو عمری میں والدین کے ساتھ پہلا حج کیا اور اپنی زندگی میں چودہ حج پایادہ کئے۔ بغداد کے مدرسہ نظامیہ میں تقریباً تیس سال تک مشہور زمانہ علمائے کرام سے تحصیل علم و فیض صحت حاصل کر کے قرآن، حدیث، تفسیر، منطق، فلسفہ، ریاضی اور دیگر علوم پر عبور حاصل کیا۔ ساتھ ہی کئی اجنبی زبانوں میں بھی مہارت حاصل کر لی۔ تحصیل علم سے فارغ ہو کر حضرت سعدی شیرازی نے سیاحت پر کمر باندھ لی اور عمر کا بیشتر حصہ ایشیاء، آفریقہ اور دنیا کے دیگر ممالک کی سیرو سیاحت میں بسر کیا۔ کہا جاتا ہے کہ مشرقی سیاحوں میں ابن بطوطہ کے سوا شیخ سعدی سے بڑھ کر کوئی اور سیاح نہیں۔ انہوں نے سیاحت کے دوران بڑی صعوبتیں اٹھائیں اور بڑے تجربے حاصل کئے۔ ایک اندازے کے مطابق شیخ سعدی کی تصانیف تیس سے متجاوز اور ایک سے بڑھ کر ایک ہیں لیکن ان کی دو

کتابوں گلستاں اور بوستاں نے لازوال عالمی شہرت حاصل کی اور حضرت سعدی کے مقام کو بلند و بالا کر کے اوج کمال پر پہنچا دیا۔ گلستاں اور بوستاں کی بنیاد قرآن، حدیث، تربیت، اخلاقیات، تجربات، دور رس اور دانشوری پر رکھی ہوئی ہے۔ ان دو کتابوں کی حکایات میں کچھ ایسا سبق پوشیدہ ہے کہ جس کو پڑھنے کے بعد آدمی اپنے علم و عمل سے انسانیت کے اعلیٰ مقام پر پہنچ سکتا ہے اس لئے ان کا مطالعہ بنی نوع انسان کے لئے نہایت فائدہ مند ہے۔

اردو ادب کے ممتاز ادیب و شاعر ڈاکٹر توفیق انصاری احمد نے حضرت شیخ سعدی شیرازی کی سدا بہار فارسی تصانیف گلستاں و بوستاں کی افادیت کو پیش نظر رکھتے ہوئے ان دونوں کتابوں کی منتخب حکایات کے نثری و منظوم ترجمہ کا کام کئی برس پہلے شروع کیا تھا جس کی اشاعت و رسم اجرائی کا اہتمام زیر ترتیب ہے۔ ویسے تو گلستاں و بوستاں کے تراجم دنیا کی تقریباً تمام بڑی زبانوں میں ہو چکے ہیں لیکن صرف انگریزی و عربی میں نثر کا ترجمہ نثر اور نظم کا ترجمہ نظم میں کیا گیا ہے۔ اردو زبان میں موثر اور مفید ترجمہ کی ایسی کوئی مثال نہیں ملتی۔ ”گل بو“ (گلستاں سے گل اور بوستاں سے بو) گلستاں اور بوستاں کی منتخب مثالی حکایتوں کا اور ڈاکٹر توفیق انصاری احمد کا زیر ترتیب اردو زبان کا وہ سب سے پہلا شاہکار مشترکہ و منفرد گلدستہ ہے جس میں فارسی نثر کا ترجمہ اردو نثر میں اور فارسی نظم کا ترجمہ اردو نظم میں کیا گیا ہے۔ ”گل بو کی حکایت“ کے عنوان سے ہم گلستاں و بوستاں کی حکایات کو عوامی استفادہ کی خاطر ”ایشیانا نمز کی الیکٹرانک اشاعتوں میں ثواب جاریہ کی نیت سے سلسلہ وارشائع کر رہے ہیں۔ (ادارہ)

صفر کا مہینہ اور توہم پرستی

عقائد و عبادات کا نظام اگر عقل سے آزاد ہو جائے تو ”توہم پرستی“ والا مذہب وجود میں آنے لگتا ہے اور عقل کو اگر آسمانی وحی پر مبنی عقائد و عبادات سے خالی کر دیا جائے تو ایسی ”مادیت پرستی“ جنم لیتی ہے، جو روحانیت کے حسن اور لطف سے بالکل نابلد ہوتی ہے اور نتیجہ دونوں صورتوں میں گمراہی اور محرومی ہی نکلتا ہے۔ کہیں جسم کے جائز تقاضوں سے محرومی رہتی ہے تو کہیں روح کے حقیقی مطالبات سے محرومی اختیار کرنی پڑتی ہے۔ زمانہ جاہلیت میں عرب کے اکثر و بیشتر لوگ علم و فضل سے ناواقف، دور بینی اور شائستگی سے دور اور تہذیب و تمدن سے یکسر عاری اور تہی دامن تھے۔

جہالت و ضلالت کے گھٹا ٹوپ اندھیروں نے ان میں بت پرستی رائج کر دی تھی اور بت پرستی نے انہیں توہم پرست بنا دیا تھا، جس کے نتیجے میں اللہ تعالیٰ کی صحیح ہستی کا اقرار، جزاء و سزاء کا تصور اور نیک و بد اعمال پر اچھے اور برے نتیجے کا مرتب ہونا ان کے نزدیک تمسخر اور استہزاء کی باتیں بن کر رہ گئی تھیں۔ جہالت پرستی اور توہم پرستی نے ان کے عقائد و اعمال کو ایسا بگاڑ دیا تھا کہ عقل بھی اس پر خندہ زن تھی۔

شرک و بدعت اور کفر و ضلالت کے ان گھٹا ٹوپ اندھیروں میں اللہ تعالیٰ نے اپنے پیارے اور آخری نبی حضرت محمد مصطفیٰ صلی اللہ علیہ وسلم کو مبعوث فرمایا اور آپ کے ذریعہ سے ان کی جہالت کے اندھیروں کو ختم فرمایا۔ ”توہم پرستی“ کے بجائے آپ صلی اللہ علیہ وسلم نے انہیں حقیقت شناسی کی تعلیم دی، شرک کی جگہ توحید اور بت پرستی کی جگہ اللہ وحدہ لا شریک لہ کی نورانی تعلیمات عنایت فرمائیں اور عقائد و اعمال میں ان کے لیے ایسا واضح اور صاف راستہ متعین فرمایا جو ان کو جہنم کے اندھیرے اور تاریکی سے نکال کر جنت کی روشنی کی طرف لے جائے۔ لیکن آج کل مسلمانوں میں اسلامی تعلیمات کی کمی اور یورپ و مغرب کی نئی تہذیب و ثقافت اور اس کا کلچر قبول کرنے کی وجہ سے ہمارے عام مسلمانوں میں کچھ ایسے خیالات نے جنم لے رکھا ہے کہ جن کا

دین و شریعت اور مذہب اسلام سے دور کا بھی تعلق نہیں، اسی جہالت کے نتیجے میں آج بھی زمانہ جاہلیت قبل از اسلام کے ساتھ ملتی جلتی مختلف توہم پرستیاں ”ماہ صفر“ کے بارے میں بھی پائی جاتی ہیں۔ چنانچہ بعض لوگوں اور خاص طور پر خواتین نے تو اس مہینے کا نام ہی ”تیرہ تیزی“ رکھ دیا ہے اور اس مہینے کو اپنے گمان میں ”تیزی“ کا مہینہ سمجھ لیا ہے۔ اس کی حتمی اور قطعی وجہ تو معلوم نہیں ہو سکی کہ اس مہینے کو ”تیرہ تیزی“ کا مہینہ کیوں کہا جاتا ہے؟ البتہ یہ ممکن ہے کہ اس مہینہ کو ”تیرہ تیزی“ کا نام اس لیے دے دیا گیا ہو کہ حضور اقدس صلی اللہ علیہ وسلم کا مرض وفات جو اس مہینے میں شروع ہوا تھا، وہ مشہور روایات کے مطابق تیرہ دن تک مسلسل جاری رہا تھا، اس کے بعد آپ صلی اللہ علیہ وسلم کا وصال مبارک ہو گیا تھا۔ اس سے جہلاء نے یہ سمجھ لیا ہو گا کہ آپ ﷺ کے ان تیرہ دنوں میں مرض کی شدت اور تیزی کی وجہ سے یہ مہینہ سب کے حق میں شدید، بھاری اور تیز ہو گیا ہے۔ اگر واقعاً یہی بات ہے تو یہ سراسر ”جہالت“ اور ”توہم پرستی“ کا شاخسانہ ہے، جس کی کوئی حقیقت نہیں اور ایسا عقیدہ رکھنا سخت گناہ ہے۔

بعض لوگوں کا خیال ہے کہ اس مہینے کے ابتدائی تیرہ روز خاص طور پر بہت زیادہ سخت اور تیز یا بھاری ہوتے ہیں، اسی وجہ سے یہ لوگ صفر کے مہینہ کی پہلی تاریخ سے لے کر تیرہ تاریخ تک کے دنوں کو خاص طور پر منحوس سمجھتے ہیں اور بعض جگہ اس مہینے کی تیرہ تاریخ کو چنے اُبال کر یا چوری بنا کر تقسیم کرتے ہیں، تاکہ بلائیں ٹل جائیں۔ اور یہ بھی ممکن ہے کہ ان لوگوں کے ابتدائی تیرہ دنوں سے متعلق اس غلط خیال کی وجہ سے ہی اس مہینہ کو ”تیرہ تیزی“ کا مہینہ کہا جاتا ہو، اگر ایسا ہے تو یہ بھی شریعت پر زیادتی ہے۔ حضرت جابر رضی اللہ عنہ کہتے ہیں کہ میں نے رسول اللہ ﷺ کو یہ ارشاد فرماتے ہوئے سنا کہ: ”ماہ صفر“ میں بیماری، نحوست اور بھوت پریت وغیرہ کا کوئی نزول نہیں ہوتا۔“ (مسلم)

اسی طرح حضرت ابو ہریرہ رضی اللہ عنہ کا بیان ہے کہ رسول اکرم ﷺ نے ارشاد

فرمایا: ”(اسلام میں نہ امراض کا) تعدیہ ہے، نہ ہامہ اور نہ صفر (کے مہینے کی نحوست) ہے۔“ اس پر ایک دیہاتی نے آپ ﷺ سے عرض کیا: ”یا رسول اللہ ﷺ! اونٹوں کی ایک جماعت کا کیا معاملہ ہے جو ریت میں اس حال میں ہوتے ہیں کہ گویا وہ ہرن ہیں (یعنی ہرن کی طرح بیماری سے صاف تھرے ہیں) پھر ان کے ساتھ کوئی غارِ زندہ اونٹ آملتا ہے جو ان سب کو غارِ زندہ کر دیتا ہے تو رسول اللہ ﷺ نے ارشاد فرمایا: ”(اچھا یہ بتاؤ کہ) پہلے اونٹ کو کس کے ذریعے سے غارِ زندہ لگی؟“ (یہ سن کر وہ دیہاتی لا جواب ہو گیا۔)

(بخاری، مسلم و ابوداؤد)

اسی طرح بخاری شریف میں ہے کہ ”ماہ صفر“ میں بیماری، بدشگونی، شیطانی گرفت اور نحوست کے اثرات کوئی چیز نہیں ہیں۔ اور مسلم شریف میں ہے کہ بیماری، شیطانی گرفت، ستاروں کی گردش اور نحوست کا ”ماہ صفر“ سے کوئی تعلق نہیں۔ ایک دوسری حدیث میں آیا ہے کہ: ”بھوت پریت کا بھی کوئی اثر نہیں ہوتا ہے۔“ (مسلم)

ابن عطیہ نے رسول ﷺ کا یہ ارشاد بیان کیا ہے کہ: ”بیماری، شیطانی گرفت اور نحوست دوسروں پر اثر انداز نہیں ہوتی اور یاد رہے کہ بیمار اونٹ دوسرے اونٹوں میں نہ جانے پائے، صحابہ رضی اللہ عنہم نے عرض کیا: ”یا رسول اللہ ﷺ! یہ کیوں؟“ آپ ﷺ نے فرمایا: ”بیمار اونٹ دوسرے اونٹوں کی تکلیف کا سبب بنتا ہے۔“ (مؤطا امام مالک)

در اصل زمانہ جاہلیت میں لوگوں کا اعتقاد یہ تھا کہ متعدی مرض اور چھوت کی بیماری ہر حال میں دوسرے کو لگتی ہے اور اس میں اللہ تعالیٰ کی قدرت کا کوئی دخل نہیں ہے، یعنی وہ بذات خود بیماری کے دوسرے کی طرف متعدی ہونے کو مؤثر بالذات سمجھتے تھے اور بعض بیماریوں میں طبعی طور پر لازمی خاصیت کے قائل تھے۔ آپ صلی اللہ علیہ وسلم نے اس باطل عقیدے کی اصلاح فرمائی۔ (فیض القدیر)

آج کل بھی بعض لوگ مختلف بیماریوں مثلاً کوڑھ، غارش، چیچک، خسرہ،

گندہ دہنی (پائیوریا) اور آشوب چشم وغیرہ کو اسی طرح (خود بخود بغیر حکم الہی کے لازمی طور پر) متعدی سمجھتے ہیں، جو کہ باطل اور غلط عقیدہ ہے۔ خوب سمجھ لینا چاہیے کہ موت و زندگی، بیماری و تندرستی اور مصیبت و راحت یہ سب کچھ اللہ تعالیٰ کے قبضہ قدرت میں ہے۔ اگر ایک بیماری دس (۱۰) آدمیوں کو لگتی ہے تو وہ اللہ تعالیٰ کے حکم سے لگتی ہے، بیماری میں ہرگز یہ طاقت نہیں کہ وہ بغیر حکم الہی کے کسی دوسرے کو لگ جائے، چنانچہ تجربہ و مشاہدہ بتلاتا ہے کہ وبائی امراض میں سبھی مبتلا نہیں ہوتے، بلکہ بہت سے لوگ وبائی بیماریوں کے ساتھ رہتے ہوئے بھی ان سے محفوظ رہتے ہیں۔ پس ثابت ہوا کہ کوئی بھی بیماری از خود کسی کو نہیں لگتی، بلکہ جس وقت اور جب جس کو حق تعالیٰ شانہ چاہتے ہیں بیمار کر دیتے ہیں اور جس کو نہیں چاہتے اسے بیمار نہیں کرتے۔ البتہ اللہ تعالیٰ نے بعض بیماریوں کے ایسے جراثیم پیدا فرمائے ہیں کہ وہ جس کو پہنچتے ہیں، اس میں وہ بیماری پیدا ہو جاتی ہے اور وہ متعدی امراض کہلاتے ہیں، جب کہ یہ عقیدہ ہو کہ یہ جراثیم از خود دوسرے کی طرف متعدی و منتقل نہیں ہوتے، بلکہ اللہ تعالیٰ کے حکم اور اس کے ارادے سے متعدی و منتقل ہوتے ہیں تو اس صورت میں ان سے احتیاط کرنے اور بچنے میں کوئی حرج نہیں ہے۔ بعض احادیث میں اسی نقطہ نظر کے پیش نظر بعض بیماریوں سے بچنے کا حکم دیا گیا ہے۔ چنانچہ حضرت ابو ہریرہ رضی اللہ عنہ سے روایت ہے کہ: رسول اللہ صلی اللہ علیہ وسلم نے ارشاد فرمایا: ”بیماری کا تعدیہ، اور ہامہ اور صفر کوئی چیز نہیں ہیں، اور تم مجذوم اور کوڑھ (Leprous) کے مریض سے اس طرح بھاگو جس طرح شیر سے بھاگتے ہو۔“ (بخاری)

خلاصہ یہ کہ احتیاطی تدابیر اور اسباب کے درجے میں مؤثر بالذات اللہ تعالیٰ کی ذات کو سمجھتے ہوئے وبائی امراض سے حفاظت اور ان سے بچاؤ کی تدابیر اختیار کرنے میں کوئی حرج اور کوئی مضائقہ نہیں ہے۔

♦♦♦

♦♦♦♦♦♦♦♦

شہد کے طبی فوائد



جامعیت کی حامل ہے، اس میں طب الہی و بشری، دواء ارضی و سماوی اور طب جسدی و نفسی کو جمع فرما کر دونوں کو اختیار کرنے کا حکم دیا گیا ہے، لہذا جسمانی امراض کے لاحق ہونے کی صورت میں جس طرح اطباء و حکماء کی طرف رجوع کر کے علاج کرنا سنت ہے، بالکل اسی طرح روحانی امراض (تکبر، عجب، حسد، ریاء وغیرہ) سے اپنے قلب کو پاک رکھنے کے لیے قرآن کریم کی تلاوت، علماء کی راہنمائی میں احادیث کا مطالعہ اور اہل اللہ کی صحبت اختیار کر کے اپنی اصلاح کروانا بھی لازم اور راحت دنیاوی و اخروی کے حصول کی شاہد کلید ہے۔

ام المومنین حضرت عائشہؓ فرماتی ہیں کہ آقائے دو جہاں صلی اللہ علیہ وسلم کو میٹھی چیز اور شہد مرغوب تھا۔ حضرت ابوسعیدؓ فرماتے ہیں: ایک آدمی سرکارِ دو عالم کی خدمتِ اقدس میں حاضر ہوا اور کہا: میرا بھائی پیٹ کے مرض میں مبتلا ہو گیا ہے، آپ انے فرمایا: اس کو شہد پلاؤ، وہ دوسری بار آیا تو پھر آپ انے اس کو شہد پلانے کی تاکید کی اسی طرح تیسری مرتبہ بھی، جب چوتھی بار بھی آکر اس نے شکایت کی تو رسول اللہؐ نے ارشاد فرمایا: تمہارے بھائی کا پیٹ تو جھوٹا ہو سکتا ہے؛ لیکن اللہ کا کلام تو سچا ہی ہے، اس کو پھر شہد پلاؤ، اس نے اس مرتبہ جا کر جب شہد پلایا تو اس کو شفا نصیب ہو گئی۔ اس حدیث سے امراضِ بطن میں افادیتِ شہد کا علم ہونے کے ساتھ ساتھ طب کے ایک بنیادی اور اہم ترین اصول کی طرف راہنمائی بھی ملتی ہے کہ کسی بھی مرض کے علاج کے لیے دوا کی

رب ذوالجلال نے شہد کو باعثِ شفاء قرار دیا ہے؛ چنانچہ قرآن میں ارشاد ہے: (النحل: ۶۹) ترجمہ: اس (شہد) میں لوگوں (کی بہت سی بیماریوں) کے لیے شفاء ہے۔ اسی آیت کی تفسیر متعدد مفسرین کرام نے کچھ اس طرح کی ہے کہ اللہ تعالیٰ کی وحدانیت اور قدرتِ کاملہ دیکھیے کہ ایک چھوٹے سے جانور کے پیٹ سے کیسا منفعت بخش اور لذیذ مشروب نکلتا ہے؛ حالانکہ وہ جانور خود زہریلا ہے، زہر میں سے یہ تریاق واقعی اللہ تعالیٰ کی قدرتِ کاملہ کی عجیب مثال ہے، پھر قدرت کی یہ بھی عجیب صنعت گری ہے کہ دودھ دینے والے حیوانات کا دودھ موسم اور غذا کے اختلاف سے سرخ و زرد نہیں ہوتا اور کبھی کا شہد مختلف رنگوں کا ہو جاتا ہے۔ اسی وجہ سے اللہ تعالیٰ فرماتے ہیں: ترجمہ: اس کے پیٹ میں سے پینے کی ایک چیز نکلتی ہے (شہد) جس کی رنگتیں مختلف ہوتی ہیں۔

محسن انسانیت جناب نبی کریم صلی اللہ علیہ وآلہ وسلم کے فرمودات سے بھی شہد کی اہمیت و افادیت کا اندازہ ہوتا ہے، جن میں سے چند کا ذکر کیا جاتا ہے: حضرت ابو ہریرہ سے روایت ہے کہ رسول اللہؐ نے ارشاد فرمایا: جو شخص ہر مہینے تین دن تک صبح میں شہد چائے تو اس کو کوئی بڑی مصیبت نہیں پہنچے گی۔ حضرت عبد اللہ ص نبی کریمؐ کا فرمانِ نقل فرماتے ہیں: دو باعثِ شفاء چیزوں کو لازم پکڑ لو: شہد اور قرآن۔

رسول اکرم کی یہ حدیث مبارک بڑی

ارشادِ ندیم

سرکار کی مشینری سرگرم ہو گئی
پھر گل نئے کھلائے گی اُجڑے دیار میں
شاخیں جو کچھ بچی ہیں اُجاڑے گی سب کی سب
اور اپنے خار اُگائے گی اب کے بہار میں



ہے۔ اس کا کثرت استعمال استقاء، یرقان، عسر البول، ورمِ طحال، فالج، لقوہ، زہروں کے اثرات اور امراضِ سر و سینہ میں مفید ہے۔ پتھری کو خارج کرتا ہے۔ باہ، بصارت، اور جگر کو قوت ملتی ہے۔

معدے کے لیے فائدہ مند جراثیم کش ہونے کی وجہ سے خالی پیٹ ایک چھج شہد کو کھانا متعدد ایسے امراض سے تحفظ دیتا ہے جو نظام ہضم سے جڑے ہوتے ہیں۔ معدے تک جاتے ہوئے شہد جراثیموں کو ختم کر کے جسم کے اندر چھوٹے زخموں کو بھی بھر دیتا ہے۔

گلے کی تکلیف میں راحت کھانسی کی روک تھام کے ساتھ ساتھ شہد ایک ایسے جراثیم کش محلول کا کام بھی سرانجام دیتا ہے جو گلے کی تکلیف میں فائدہ پہنچا سکتا ہے۔ آدھا کپ پانی میں ایک چائے کا چمچ چھلی ہوئی ادراک، ایک یا دو لیموں کا عرق اور ایک چائے کا چمچ شہد کو مکس کریں، اس کچرے سے غرارے کرنا گلے کی تکلیف میں کمی لاسکتا ہے۔ جسمانی وزن میں کمی اگر آپ بڑھتے وزن سے پریشان ہیں، تو طبی ماہرین کا مشورہ ہے کہ چینی سے بنے میٹھے پکوانوں کو غذا سے نکال دیں، بلکہ شہد کو شامل کر لیں۔ اس کی وجہ یہ ہے کہ شہد میں موجود مٹھاس چینی سے مختلف ہوتی ہے جو کہ مینا بولزم کو بہتر بناتی ہے اور جسمانی وزن میں کمی کے لیے بہت ضروری ہے۔ کولیسترول لیول میں کمی شہد میں کولیسترول نہیں ہوتا، بلکہ یہ ایسے اجزاء اور وٹامنز سے بھرپور ہے جو صحت کے لیے نقصان دہ کولیسترول کی سطح میں کمی لاتے ہیں۔ روزانہ شہد کھانا ایسے اینٹی آکسائیڈنٹس اجزاء کی سطح برقرار رکھنے کے لیے فائدہ مند ثابت ہوتا ہے جو اضافی کولیسترول سے لڑتے ہیں۔

شفاف جلد شہد ایک زبردست اینٹی آکسائیڈنٹ ہے یعنی اسے کھانا معمول بنالینا جسم سے بیشتر زہریلے مواد کے اخراج میں مدد دیتا ہے جبکہ اس کی جراثیم کش خصوصیات جلد کو شفاف اور بہتر بنانے میں مدد دیتی ہیں۔

مقدار، اس کی کیفیت اور مریض کی قوت کی رعایت اور لحاظ رکھنا دوا کے مفید ہونے کے لیے انتہائی ضروری ہے، جیسا کہ مذکورہ بالا حدیث میں چوتھی بار شہد کے استعمال کرنے پر مرض سے افادہ حاصل ہوا۔ شہد کی افادیت اور اہمیت کا اندازہ اس بات سے بھی لگایا جاسکتا ہے کہ خود رسول اللہ صلی اللہ علیہ وآلہ وسلم بھی اہتمام سے اس کو استعمال فرمایا کرتے تھے، آپ کا معمول تھا کہ صبح کو شہد کے شربت کا پیالہ نوش فرماتے اور کبھی عصر کے بعد بھی پیتے تھے، ان اوقات میں جب پیٹ خالی ہو اور آنتوں کی قوتِ انجذاب دوسری چیزوں سے متاثر نہ ہو، شہد پینا جسم کے اکثر و بیشتر مسائل کا حل ہے۔ اب سائنسی تحقیقات سے بھی یہ ثابت ہو گیا ہے کہ قدرت کی طرف سے جتنی اشیاء غذا کے طور پر انسان کو مہیا کی گئی ہیں، ان میں شہد سب سے زیادہ مکمل اور جامع غذا ہی نہیں؛ بلکہ اپنی طبی خصوصیات کی بنا پر غذا اور دوا کے طور پر لاثانی ہے؛ چنانچہ یورپ اور دوسرے ممالک میں ایلو پیتھک کی متعدد دواؤں میں اس کا بے پناہ استعمال کیا جا رہا ہے، اسی طرح یورپ کے ہسپتالوں میں چہرے کی حفاظت کے لیے جو مصنوعات تیار کی جاتی ہیں ان میں شہد ایک لازمی جزو ہوتا ہے، شہد میں بہترین Preseervative ہونے کی بناء پر اسے پھلوں کو محفوظ رکھنے کے لیے بھی استعمال کیا جانے لگا ہے؛ کیونکہ یہ خود بھی خراب نہیں ہوتا اور دوسری اشیاء کی بھی طویل عرصہ تک حفاظت کرتا ہے، یہی وجہ ہے کہ ہزار ہا سال سے اطباء اس کو اکمل کی جگہ استعمال کرتے آئے ہیں۔ ماہرینِ طب نے اپنی تحقیقات اور تجربات کی روشنی میں شہد کے کئی فوائد ذکر کیے ہیں جن میں سے چند فوائد درج ذیل ہیں۔ شہد پیاس کو بجھاتا ہے۔ حافظہ کو قوت بخشتا ہے؛ چنانچہ امام زہری کا ارشاد ہے: ترجمہ: شہد کا اہتمام کرو؛ کیونکہ یہ حافظہ کے لیے بہترین ہے۔ شہد ردی رطوبتیں نکالتا

وقت کا تقاضہ

ولی الدین
شاعر و ادیب

اور کینیڈا میں کیا کیا جائے۔ اسی لئے ہم بھی نوجوان نسل کے ساتھ مل کر ایسے لیڈروں سے گزارش کرتے ہیں کہ آج کل کے دور میں تو یہاں کے پلے بڑھے نوجوان لڑکے لڑکیوں کو کچھ ذمہ داریاں دیں۔ آہستہ آہستہ ان کو بھی ان کاموں اور پروگرام کو تشکیل کرنے کی عادت ہو جائے گی اور آپ بھی اپنی اولاد کی طرح ان کو آگے بڑھتے دیکھ کر خوش ہوں گے۔

قارئین - اب پھر سے جشن آزادی کے پروگراموں کے سلسلے میں شروع ہونے والے ہیں اس کو سے ابتدا کر کے دیکھیں پچھلے سال ہم نے اپنے ایک کالم ”اب بھی وقت ہے“ میں ذکر کیا

فارماسٹ اور انجینئر کے علاوہ دوسرے میڈیکل ٹیکنیشن اور نرسنگ کے کورس بھی پڑھائی کے لئے اپنے جاسکتے ہیں۔ جس سے نہ صرف اچھی نوکری بلکہ بہتر مستقبل بنانے کے مواقع بھی ہمیشہ میسر رہیں گے۔

اس لئے کہ عمر کے تقاضوں کے ساتھ توجہ اور بیماری کا سلسلہ چلتا رہتا ہے تو آپ کی نوکری بھی سمجھ چلتی رہے گی بیروزگاری یا (Lay-Off) کا خطرہ کم رہے گا۔

اس کے بعد جب گفتگو آگے بڑھی تو نوجوان نسل کی یہ بھی شکایت تھی کہ ہمارے اکثر بزرگ کمیونٹی کے لیڈر ہیں۔ کبھی ایسوسی ایشن کے صدر یا مساجد کے

میں نوجوان نسل کے لوگ ہم سے اپنے مسائل بیان کرنے کی کوشش کرتے ہیں۔ ہم کو اپنا سمجھتے ہیں۔ ہمیں اس بات کی خوشی ہوتی ہے کہ ہمارے خیالات اور جوابات ان کے کچھ کام آسکیں۔ اس دن بچوں کے دل و دماغ پر ”پڑھائی اور نوکری“ کا موضوع چھایا ہوا تھا۔ ان میں سے اکثر لڑکے



لڑکیوں کے لئے یہ معلوم کرنا بھی ضروری تھا کہ کونسی تعلیم مکمل کرنے کے بعد آگے چل کر ان کو اچھی نوکری اور مستقبل کی ضمانت ہوگی۔ قارئین سب جانتے ہیں کہ اسکول اور کالج کے کونسلر (Counselor) سے بڑھ کر ہماری ذمہ داری بھی ہوتی ہے کہ آج کل کے حالات کو مد نظر رکھتے ہوئے ان کو یہ بھی بتائیں کہ ہیلتھ کیئر (Health Care) کی فیلڈ (شعبہ) میں نوکری کی ڈیمانڈ (Demand) ہے اور رہے گی۔ ورنہ یہ ہماری نوجوان نسل تو تجربے کرتے ہیں کبھی اس مضمون کو پکڑا۔ کبھی یہ کورس مکمل کیا اور پتہ ہی نہیں چلتا کہ کتنا وقت اس چکر میں برباد ہو گیا۔ ہم نے اپنے بساط کے مطابق ان بچوں کو بتایا کہ آج بھی ڈاکٹر،

امریکہ ہو یا کینیڈا دونوں جگہ ایک جیسا موسم اور دیسی پارٹیوں کا ماحول ہوتا ہے۔ ہم لوگ ویسے بھی ہفتہ بھر نوکری

کر کے ویک اینڈ پر ہونے والی تقریبات میں خوب جم کر بولتے ہیں۔ ڈنر کے بعد تو ذرا توانائی بھی آجاتی ہے تو زبان کی ورزش شروع کر دیتے ہیں حالانکہ گرما گرم باتوں سے شاید ایک آدھ کیلوری (Calorie) جلانے کے بجائے کئی کے دل جلا دیتے ہیں۔ آپ بھی دیکھتے ہوں گے کہ ایسی ہر محفل میں کچھ لوگ اتنے جذباتی ہو کر بولنے پر اتر آتے ہیں کہ لگتا ہے بحث نہیں بلکہ جھگڑا شروع ہو گیا ہے۔ ہم بھی غلطی سے ایسی ہی ایک پارٹی میں مدعو تھے۔ جب ماحول میں ایسا رنگ چڑھنے لگا تو اس مباحثہ اور ہنگامے سے دور ہو کر کچھ نوجوان گروپ سے باتوں میں مشغول ہوئے۔ یہ بھی ہمارے لئے کسی بڑے اعزاز سے کم نہیں ہوتا جب اکثر فنکشن



تھا کہ جشن! آزادی کے موقع پر نوجوان نسل کے لئے اسکا لرشپ کا انعقاد کریں۔

(Crazy-Glue) لگا کر چپک گئے ہیں۔ نہ کرسی ان کو چھوڑتی ہے نہ وہ کرسی کو۔ وہاں دیس میں تو کسی جہز صاحب کی مہربانی سے یا تو کرسی چھوڑنا پڑتا ہے یا ہٹا دیئے جاتے ہیں لیکن یہاں امریکہ



ہر فرض نماز کے بعد کی دعائیں

اَسْتَغْفِرُ اللّٰهَ (3 دفعہ پڑھو)	اَيَّتِ الْكُرْسَى (1 دفعہ پڑھو)
قُلْ هُوَ اللّٰهُ اَحَدٌ (1 دفعہ پڑھو)	قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ (1 دفعہ پڑھو)
قُلْ اَعُوْذُ بِرَبِّ النَّاسِ (1 دفعہ پڑھو)	سُبْحَانَ اللّٰهِ (33 دفعہ پڑھو)
اَلْحَمْدُ لِلّٰهِ (33 دفعہ پڑھو)	اَللّٰهُ اَكْبَرُ (34 دفعہ پڑھو)
چوتھا کلمہ (1 دفعہ پڑھو)	

فضیلت: روزانہ فرض نمازوں کے بعد پڑھیں، فجر اور عصر و مغرب کے فرض نماز کے بعد تین تین دفعہ پڑھیں۔

نظر بد سے نجات کی دعا

وَمَا أَنْفَقْتُمْ مِنْ نَفَقَةٍ أَوْ نَذَرْتُمْ مِنْ نَذْرٍ فَإِنَّ اللَّهَ يَعْلَمُهَا وَمَا لِلظَّالِمِينَ مِنْ أَنْصَارٍ ﴿٣﴾ (سورۃ البقرہ)
فضیلت: کسی کو نظر لگ گئی ہو تو یہ دعا صبح و شام سات بار پڑھ کر پانی پر دم کر کے پلانے سے ان شاء اللہ نظر بد دور ہو جائے گی۔

برے خواب دور ہونے کی دعا

لَهُمُ الْبُشْرَى فِي الْحَيَاةِ الدُّنْيَا وَفِي الْآخِرَةِ لَا تَبْدِيلَ لِكَلِمَاتِ اللَّهِ ذَٰلِكَ هُوَ الْفَوْزُ الْعَظِيمُ ﴿١١﴾ (پ ۱۱، سورۃ یونس)
فضیلت: برے خواب دور ہونے کے لئے روزانہ صبح و شام گیارہ مرتبہ پڑھ کر سویا کریں، ان شاء اللہ برے خواب نہیں آئیں گے۔

حج کو جانے کی دعا

لَقَدْ صَدَقَ اللَّهُ رَسُولَهُ الرُّسُلَ بِالْحَقِّ لَتَدْخُلَنَّ الْمَسْجِدَ الْحَرَامَ إِنْ شَاءَ اللَّهُ آمِينَ ﴿٢٦﴾ مُحَلِّقِينَ رُءُوسَكُمْ وَمُقَصِّرِينَ ﴿٢٧﴾ لَا تَخَافُونَ
فَعَلِمَ مَا لَمْ تَعْلَمُوا فَجَعَلَ مِنْ دُونِ ذَٰلِكَ فَتْحًا قَرِيبًا ﴿٢٨﴾ (پ ۲۶، سورۃ فتح)
فضیلت: جو شخص یہ دعا روزانہ ہر فرض نماز کے بعد پڑھتا ہے تو اس کو حج کو جانے کا وسیلہ مل جاتا ہے اور کسی طرح ان شاء اللہ حج نصیب ہو جائے گا۔

سید الاستغفار

اَللّٰهُمَّ اَنْتَ رَبِّيْ لَا اِلٰهَ اِلَّا اَنْتَ خَلَقْتَنِيْ وَاَنَا عَبْدُكَ وَاَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ
اَعُوْذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ اَبُوْءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَاَبُوْءُ لَكَ بِذَنْبِيْ فَاغْفِرْ لِيْ فَاِنَّهُ لَا يَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ (صحیح بخاری، معارف الحدیث: ۲۳۶)
فضیلت: رسول اللہ صلی اللہ علیہ وسلم ارشاد فرماتے ہیں کہ جو شخص اخلاص دل اور یقین کے ساتھ دن کے کسی حصہ میں اللہ تعالیٰ کے
حضور میں یہ سید الاستغفار پڑھتا ہے، اگر اس کو اسی دن موت آگئی تو وہ ان شاء اللہ جنت میں جائے گا۔

قبولیت کے لئے دعا

اَللّٰهُمَّ اِنَّكَ مَلِيْكُ مُقْتَدِرٍ مَا تَشَاءُ اَمْرٌ يَّكُوْنُ
فضیلت: ان کلمات کو پڑھ کر اللہ تعالیٰ سے جو دعا مانگیں گے ان شاء اللہ وہ دعا اللہ تعالیٰ قبول فرمائے گا۔

وزن کم کر کے حیران کر دینے والے پاکستانی ستارے

اور آج وہ دوبارہ سے ویسی ہی دہلی پتلی اور گلیمرس نظر آتی ہیں جیسی اپنے کریئر کے ابتدائی دنوں میں دکھائی دیتی تھیں۔ ان کا یہ ٹرانسفارمیشن فٹنس کے ساتھ ساتھ اعتماد کا بھی عکاس ہے۔ مشہور اداکارہ شگفتہ اعجاز کچھ عرصہ شوہر سے دور رہیں اور ایک ایئر لائن میں کام کیا۔ واپسی کے بعد ان کے وزن میں نمایاں

شوہر کی دنیا میں صرف ٹیلنٹ ہی نہیں، دکھنے کا انداز بھی کامیابی کی کنجی ہوتا ہے۔



جہاں ایک اداکارہ کے چہرے کی جھریاں یا وزن میں تھوڑا سا اضافہ بھی فوراً سوشل میڈیا پر ٹرینڈ بن جاتا ہے۔ ایسے میں یہ سیلبرٹیز کسی طور پیچھے نہیں رہنا چاہتے..... اور جب فیصلہ کرتے ہیں خود کو بدلنے کا، تو نتیجہ سب کو حیران



اضافہ نظر آیا۔ لیکن حالیہ دنوں میں، اپنے شوہر کے انتقال کے بعد، شگفتہ کی شخصیت میں جو تبدیلی آئی ہے وہ نہ صرف وزن میں کمی کی وجہ سے ہے بلکہ ایک اندرونی طاقت کی بھی عکاسی کرتی ہے۔ سینئر اداکار شیر جان کی اہلیہ فریدہ شیر نے بھی اپنے وزن میں خاصی کمی کی ہے۔



گزشتہ دنوں ان کی تصاویر نے سوشل میڈیا پر خوب داد سمیٹی۔



کر دیتا ہے۔ یہاں بات کرتے ہیں ان پاکستانی ستاروں کی جنہوں نے اپنے وزن میں ایسی حیران کن کمی کی کہ دیکھنے والے حیران رہ گئے۔ پی ٹی وی سے شروعات کرنے والی سویرا ندیم کا وقت کے ساتھ ساتھ ان کے وزن میں بھی خاصا اضافہ ہوا۔ لیکن حالیہ برسوں میں انہوں نے اپنی شخصیت پر کام کیا

محبت زندگی کے تمام مسائل کا حل ہے یہ بالکل غلط ہے، ماورا حسین

لیکن یہ سوچنا کہ محبت آپ کی زندگی کے تمام مسائل کو ختم کر دے گی، بالکل غلط ہے، رشتے

میں خواہش اور محبت سر پر سوار نہیں کرنی چاہیے۔ شادی دو اشخاص کے درمیان صرف تعلق قائم نہیں کرتی بلکہ دو دلوں کو جوڑتی ہے جس میں



ایک دوسرے کا احساس اور فکر کرنا اور ایک دوسرے کو برابری کے طور سمجھنے کی ضرورت ہوتی ہے۔

ان دنوں ڈرامہ 'نیم' میں نظر آنے والی اداکارہ ماورا حسین کے مداح کافی عرصے سے یہ

جاننے کے خواہشمند ہیں کہ وہ کب شادی کریں گی تاہم اداکارہ ہمیشہ شادی کے سوال کو ٹال دیتی ہیں۔ حال ہی میں ماورا حسین نے ایک پوڈ کاسٹ میں

شرکت کی جہاں انہوں نے اپنی شادی کے حوالے سے بھی گفتگو کی۔ ان کا کہنا تھا کہ 'میں محبت میں گرفتار ہونے کے خلاف نہیں ہوں

’سیارہ‘ سپر سٹارز کے بغیر گریلیز کے پہلے ہی ہفتے 156 کروڑ کا بزنس کرنے والی فلم اتنی کامیاب کیوں ثابت ہو رہی ہے؟



چکے ہیں۔ قابل ذکر بات یہ ہے کہ 'سیارہ' کے پروڈیوسر آدتیہ چوپڑا نے ہدایتکار موہت سوری کو آہان کو فلم میں کاسٹ کرنے کا مشورہ دیا تھا۔ ابتدا میں موہت سوری کو نہیں لگتا تھا کہ آہان مرکزی کردار کے لیے موزوں ہیں، لیکن کچھ وقت ایک ساتھ گزارنے کے بعد، انہوں نے اس بات پر اتفاق کیا کہ اس رومانوی کہانی کے لیے آہان ہی صحیح چہرہ ہے۔ جہاں تک آہان کے مقابل مرکزی کردار نبھانے والے انیت پڈا کا تعلق ہے، تو وہ دو سال قبل ریلیز ہونے والی ویب سیریز بگ گرلز ڈونٹ کرائی میں اہم کردار ادا کر چکی ہیں، جس کے لیے ان کے کام کو خوب سراہا گیا تھا۔ امرتسر سے تعلق رکھنے والی انیت پڈا اداکاری میں آنے سے پہلے ماڈلنگ کرتی تھیں اور کئی اشتہاری فلموں میں بھی نظر آ چکی ہیں۔ ماہرین کا خیال ہے کہ یہ ایک اچھی طرح سے تیار کی گئی محبت کی کہانی ہے جس کی زبردست موسیقی، اور محدود پروموشن کے ساتھ ساتھ آہان پانڈے اور انیت پڈا جیسے نئے چہروں کو لانچ کرنے کی حکمت عملی نے اس فلم کو بڑی کامیابی دی ہے۔ تقریباً چار دہائیوں سے فلمی صحافت میں سرگرم سینئر صحافی مینا ایئر نے 'سیارہ' کی کامیابی کو حیران کن قرار دیا ہے۔ انہوں نے خاص طور پر اس پہلو پر بات کی کہ جس طرح سے اس فلم کی ریلیز سے قبل اس کی تشہیر کی گئی۔



موہت سوری کی رومانٹک ڈرامہ فلم 'سیارہ' توقعات کے برعکس باکس آفس پر ہلاک بستر ثابت ہو رہی ہے اور ریلیز کے پہلے ہی ہفتے میں اس فلم نے 24.155 کروڑ روپے کا بزنس کر کے فلم انڈسٹری سے وابستہ افراد کو حیران کر دیا ہے۔ روح کو چھو لینے والی میوزک کے ساتھ اس فلم میں بڑے سپر سٹارز کے بجائے یگ ٹیلنٹ کو سامنے لایا گیا ہے۔ تقریباً دو دہائیوں میں 13 فلموں کی ہدایتکاری کرنے والے موہت سوری کی کسی دوسری فلم نے ماضی میں اس نوعیت کی کامیابی حاصل نہیں کی ہے۔ اس فلم نے اپنی ریلیز کے ابتدائی روز ہی 5.21 کروڑ روپے کمائے تھے جو کسی بھی ایسی فلم کے لیے بڑی بات ہے جس میں کوئی بڑا نام موجود نہیں ہے۔

'سیارہ' سے اداکاری کی دنیا میں قدم رکھنے والے آہان پانڈے کا موازنہ ریتک روشن سے کیا جا رہا ہے، جنہوں نے 25 سال قبل ریلیز ہونے والی سپر ہٹ فلم 'کہو نا پیار ہے' سے ڈیبیو کیا تھا۔ اسی طرح انیت پڈا اور آہان کی جوڑی سے بھی باکس آفس پر ریتک روشن اور ایشا کی جوڑی کی طرح ہلچل مچانے کی امید ہے۔ آہان پانڈے مشہور اداکار چتنی پانڈے کے بھائی چکی پانڈے اور فٹنس کوچ ڈیان پانڈے کے بیٹے ہیں۔ 27 سالہ آہان اداکاری میں آنے سے پہلے کچھ فلموں اور ویب سیریز میں بطور اسسٹنٹ ڈائریکٹر کام کر

اقبال عظیم

غزل



ہم بہت دور نکل آئے ہیں چلتے چلتے
اب ٹھہر جائیں کہیں شام کے ڈھلتے ڈھلتے
اب غم زیت سے گھبرا کے کہاں جائیں گے
عمر گزری ہے اسی آگ میں جلتے جلتے
رات کے بعد سحر ہوگی مگر کس کے لئے
ہم ہی شاید نہ رہیں رات کے ڈھلتے ڈھلتے
روشنی کم تھی مگر اتنا اندھیرا تو نہ تھا
شع امید بھی گل ہو گئی جلتے جلتے
آپ وعدے سے مکر جائیں گے رفتہ رفتہ
ذہن سے بات اتر جاتی ہے ٹلتے ٹلتے
ٹوٹی دیوار کا سایہ بھی بہت ہوتا ہے
پاؤں جل جائیں اگر دھوپ میں چلتے چلتے
دن ابھی باقی ہے اقبال ذرا تیز چلو
کچھ نہ سوچے گا تمہیں شام کے ڈھلتے ڈھلتے

❖❖❖

حضرت امجد حیدر آبادی

رباعیات



نا حق پھر پھر کے سر پھرایا میں نے
اپنی کوشش سے کچھ نہ پایا میں نے
طوفان میں ہے کشتی امید مری
لے تو ہی سنبھال ہاتھ اٹھایا میں نے

❖❖❖

ہر دم اس کی عنایت تازہ ہے
اس کی رحمت بغیر اندازہ ہے
جتنا ممکن ہو کھٹکائے جاؤ
یہ دست دعا خدا کا دروازہ ہے

❖❖❖

نیکس ہوں نہ مال ہے نہ سرمایا ہے
مجھ سے کیا پوچھتا ہے کیا لایا ہے
یا رب تری رحمت کے بھروسے امجد
بند آنکھ کئے یوں ہی چلا آیا ہے

❖❖❖

کم ظرف اگر دولت و زر پاتا ہے
مانند حباب ابھر کے اتراتا ہے
کرتے ہیں ذرا سی بات میں فخر خیس
تکا تھوڑی ہوا سے اڑ جاتا ہے

❖❖❖

احسن مارہروی

نظم



لوگ محفل میں ہمیں اے عشوہ گر دیکھا کئے
ہم الگ بیٹھے ہوئے سب کی نظر دیکھا کئے
ہم نے تو دیکھا تھا اک شب خواب ان کے وصل کا
اور تعبیر اس کی دشمن عمر بھر دیکھا کئے
نہ سہی قید میں آکر مجھے راحت نہ سہی
تیرے چکر سے تو اے گردشِ دوراں نکلا
مظالم ہی سہی وابستگی تو ان سے قائم ہے
غنیمت ہے کہ وہ ہم کو کسی قابل سمجھتے ہیں
خدا وندان الفت کا بھی الٹا کارخانہ ہے
کہ خود دل مانگتے ہیں اور ہمیں سائل سمجھتے ہیں
نہ دفتر کھول تو اے نامہ بر اتنا بتا مجھ کو
گیا تھا جس غرض سے تو وہاں وہ بات بھی ٹھہری
قیامت بھی اسی دن احسن اپنا سر اٹھائے گی
ہماری سانس جس دن چلتے چلتے اک گھڑی ٹھہری
بہت بڑھ چڑھ کے دعوے چودھویں کا چاند کرتا ہے
ہمیں میری قسم اٹھنا ذرا تم بھی سنو جانا
گرائے چار آنسو جس نے مجھ بے کس کی تربت پر
سمجھتا ہوں کہ اس نے موتیوں کے بار ڈالے ہیں
ہوا چاک جس وقت دامن ہستی
لگا پھر نہ پیوند اس پیر بہن میں

❖❖❖

ولی الدین

انکل



میں بھی بوڑھا ہو رہا ہوں ولی
ہو گیا اس کا احساس کل مجھے
جس شوخ و چنچل کے دیوانے تھے ہم
اس حسینہ نے کہہ دیا انکل مجھے

❖❖❖

ماضی میں کوئی لوٹ کر جاتا نہیں
مستقبل کا حال کوئی بتلاتا نہیں
حال میں ہی خوش حال رہنا سیکھو
یہ لمحہ پھر واپس کبھی آتا نہیں

❖❖❖

شادی کر کے ہو گئے کنگال بلو بلو
جب شکاگو آیا سارا سسرال بلو بلو
امریکہ کی طرح ہوئیں بدنام کئی کو
ولی آرہا تمہارا بھی زوال بلو بلو

❖❖❖

وسیم بریلوٹی

غزل



محبت نا سمجھ ہوتی ہے سمجھنا ضروری ہے
جودل میں ہے اسے آنکھوں سے کہلانا ضروری ہے
اصولوں پر جہاں آنچ آئے نکرانا ضروری ہے
جو زندہ ہو تو پھر زندہ نظر آنا ضروری ہے
نئی عمروں کی خود مختاریوں کو کون سمجھائے
کہاں سے بچ کے چلنا ہے کہاں جانا ضروری ہے
تھکے ہارے پرندے جب بصرے کے لیے لوٹیں
سلیقہ مند شاخوں کا لچک جانا ضروری ہے
بہت بے باک آنکھوں میں تعلق تک نہیں پاتا
محبت میں کشش رکھنے کو شرمانا ضروری ہے
سلیقہ ہی نہیں شاید اسے محسوس کرنے
کا جو کہتا ہے خدا ہے تو نظر آنا ضروری ہے
مرے ہونٹوں پہ اپنی پیاس رکھ دو اور پھر سوچو
کہ اس کے بعد بھی دنیا میں کچھ پانا ضروری ہے

❖❖❖

صلاح الدین نیر

غزل



سو جاتے ہیں صحراؤں میں بستر نہیں رکھتے
ہم ایسے مسافر ہیں کوئی گھر نہیں رکھتے
ہم خانہ بدوشوں میں ابھی ظرف ہے اتنا
بوچھ اپنا کسی اور کے سر پر نہیں رکھتے
کشتول تہی، ساتھ لئے پھرتے ہیں لیکن
احسان کسی کا بھی قلندر نہیں رکھتے
کچھ فرش نفیس ایسے بھی مل جائیں گے ہم کو
گرتاج بھی مل جائے تو سر پر نہیں رکھتے
مانل بہ سفر قافلہ دار ہے جب سے
اُس وقت سے ہم اپنا کہیں گھر نہیں رکھتے
کچھ لوگ ابھی رہتے ہیں شیشوں کے مکاں میں
یہ سوچ کے ہم ہاتھوں میں پتھر نہیں رکھتے
احباب کی گلیوں سے بھی پتھراؤ کا ڈر ہے
اس واسطے ہم اپنا کھلا سر نہیں رکھتے
وہ لوگ بھی جو گاؤں کے ماحول میں خوش ہیں
آنکھوں میں کسی شہر کا منظر نہیں رکھتے
جب قافلہ دار ہی مصروف سفر ہے
اس واسطے تنہائی کو گھر پر نہیں رکھتے
ہر اک کی نظر پڑتی ہے اس واسطے نیر
ہم اپنے گلستاں میں گل تر نہیں رکھتے

❖❖❖

جلال عارف

غزل



ننھا سا سہمی وہ چڑگر برفیلی ہوا میں اوڑھے ہے
پھولوں سے چمن کو مہکا کر کانٹوں کی ردا میں اوڑھے ہے
بے شک وہ سزا کے قابل ہے اس جو روحِ جفا کی دنیا میں
جو پاس وفا کے پیش نظرنا کردہ خطائیں اوڑھے ہے
دھرتی کی طرح جو نگاہ ہے وہ دھوپ سے تپتا صحرا ہوں
تو ایک سمندر ہو کر بھی ساون کی گھٹائیں اوڑھے ہے
دنیا کی نظر سے پوشیدہ رکھنے کو ستم ایجاد تجھے
اک شخص بدن کے زخموں پر معصوم دفا میں اوڑھے ہے
آنکھوں سے مناظر ماضی کے اوجھل تو ہوئے ہیں سب لیکن
دل ہے کہ ابھی تک یادوں کی رنگین قبا میں اوڑھے ہے
محفوظ پناہوں میں جیسے اب اُس کی دفا میں آئی ہیں
ہو کر جو مقابلِ قتل میں، قاتل کی دُعا میں اوڑھے ہے
محبوب نگاہی نے اُس کی عارف سے سہی کچھ کہہ ڈالا
یوں دیکھنے کو وہ پلکوں پر خاموش صدا میں اوڑھے ہے

❖❖❖

صاحبزادہ مجتبیٰ فہیم

غزل



جب سے اس دور کا معیار ہوا ہے زخمی
تب سے انسان کا کردار ہوا ہے زخمی
قتل، غارت گری، زنا ہوس کے بازار
ایسی ہی خبروں سے اخبار ہوا ہے زخمی
بچ کے صیاد سے آبیٹھا تھا گھر کی چھت پر
وہ پرندہ ہی پس دیوار ہوا ہے زخمی
ابھی لہروں سے لڑتا ہوا جو گزرا تھا
وہی شخص جا کے اُس پار ہوا ہے زخمی
رک گئی لڑائی، رکھ دیئے ہتھیار سب نے
شور برپا جب ہوا سردار ہوا ہے زخمی
مرے پڑکھوں کی امانت تھی سر پہ فہیم
سر سے گر کر وہی دستار ہوا ہے زخمی

❖❖❖

On the lighter side....

Have you heard the joke about yoga. Never-mind its a bit of a stretch.

Why should you never play poker at the zoo?
Too many cheetahs

Never confide in a vacuum cleaner. They're always collecting dirt

What do you call a guy who's really loud? Mike.

Me: Would you like to be the sun in my life?
Her: Awww... Yes!!! Me: Good then stay 92.96 million miles away from me

Teacher: How much is a gram? Tyronne:
Uhhh, depends on what you need

Why are frogs always so happy? They eat whatever bugs them

Some guy called me a tool. So I got hammered and nailed his girlfriend. Guess he was right.

I went down the street to a 24-hour grocery store. When I got there, the guy was locking the front door. I said, "Hey! The sign says you're open 24 hours." He Said, "Yes, but not in a row!"

Yo momma so fat, she doesn't need internet, she's already worldwide.

Q: Why can you never trust an atom? A: Be-



cause they make up everything.

Two women are walking home from the bar, they both have to piss so they slip into a nearby cemetery. One uses her panties to wipe herself, and the other uses a reef off a head stone. Next night, the husbands meet at the bar, one looks at the other and says, "I'm gonna have to watch my wife, she came home with no panties last night." The other one says, "Oh well, mine came home with a card wedged in her ass saying, 'You were loved and will be missed by the whole entire fire department.'"

I was sitting in a bar one day and two really large women came in, talking in an interesting accent. So I said, "Cool accent, are you two ladies from Ireland?" One of them snarled at me, "It's Wales, Dumbo!" So I corrected myself, "My apologies, so are you two whales from Ireland?"

A man asks a farmer near the field, "Sorry sir,

would you mind if I crossed your field instead of going around it? You see, I have to catch the 4:30 PM train." The farmer says, "Sure, go right ahead. And if my bull sees you, you'll even catch the 4 PM one.

Doctor: "I'm sorry, but you suffer from a terminal illness and only have 10 to live." Patient: "What do you mean 10? 10 what? months? weeks?" Doctor: "9, 8, 7..."

Q: What do cheap hotels and designer jeans have in common? A: No ballroom.

Q: Why do hamburgers go to the gym? A: To get better buns!

Teacher: What is the value of Pi? Student: Depends on what pie. Usually it's \$12.99.

Q. How much room is needed for fungi to grow? A. As mushroom as possible

How is Christmas like your job? You do all the work and the fat guy in the suit gets all the credit.

Where do cows go on Friday night? To the MOOOOOvies

I have a phobia of over engineered buildings. I have a complex complex complex.



**Used Cars
Best
prices**

**Contact
Arshad Mateen
630-806-1581**