

LENS Treatment Consent

Areas of applicability: The LENS has been successfully applied to central nervous system problems, such as symptoms of traumatic brain injury, stroke rehabilitation, fibromyalgia, depression, mood, and anxiety disorders, restlessness, attention, hyper-activity, explosiveness/ anger, and learning problems.

Effects of the LENS: The LENS tends to make functioning clearer and easier. It facilitates the processing and reorganizing of brain physiology leading to many changes. It has: increased cognitive functioning (memory, concentration, attention, ability to learn and to read, organizing, and sequencing); increased motivation (initiating and completing activities); improved motor skills (coordination, balance, grace, recovery from paralysis); elevated mood as an antidepressant; improved sleep at night, and reduced sleepiness during the day; increased energy and stamina; reduced seizures, explosiveness, irritability, spasticity, anxiety, and restless legs; reduced migraine and fibromyalgia pain.

Side Effects: Although no significant negative side effects have been observed so far, the ones that we have seen with the LENS are in the form of temporary increases of the symptoms you already have or have had in the past. If you experience any side effects, let your LENS Clinician know so that he can work closely with you to adjust the dosage.

Safety: Controlled studies on the LENS have been and are being conducted. Several university and medical human subjects review committees have reviewed the LENS treatment and have found it to be "minimally invasive." It is an FDA approved class II device (recognized as safe).

Duration of Treatment: You may have as many sessions as you need. These sessions will occur on a weekly basis. It is difficult to predict how many LENS sessions will be required, but these estimates are based on our clinical experience. The average for problems that came on suddenly after a life of normal function is **6 - 20 sessions**. If you have had a stroke, spinal cord injury, severe head injury, or genetic physiological disturbances, the number of sessions could be **40+** in order to maintain function. *In general, it is after 6 treatments that we can best gauge the expected number of treatments.*

Medical Stability: You must be medically stable to engage in this treatment. Please tell your clinician if you have any changes in medication, but especially any changes that could affect your medical stability. At times, your need for medications may be decreased and we ask you to consult your prescribing physician in these instances.

Because people are individuals, success with the LENS is best predicted with a complete evaluation and development of a treatment plan. The evaluation allows us to predict which symptoms will respond and which may respond first. As with any treatment, there can be no guarantee of success in any particular instance. You are therefore invited to consent to be treated on the basis of this information. Before you give your consent to be treated, we want you to ask as many questions as are necessary for you to understand this process. Please continue to express your questions, observations, and concerns at any time during the treatment process. Please note, you may discontinue treatment at any time for any reason.

Consent to Treatment: I have been informed of the effects, side effects, benefits, and risks of this treatment, and give my consent to participate in it.

Patient Name

Guardian Name (if applicable)

Patient/Guardian Signature

Date