October Lunch Menu 2021

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| 6  Whole Wheat Spaghetti with Tomato Sauce  Steamed Corn  Diced Peaches  Milk | 7  Sliced Turkey Sandwich on Whole Wheat Bread  Steamed Peas  Fresh Cut Bananas  Milk | 8  Swedish Turkey Meatballs  Mashed Potatoes  Mandarin Oranges  Milk | 9  Deli Style Ham Sandwich  on Whole Wheat Bread  Sweet Potato Fries  Applesauce  Milk | 10  Cheese Pizza  Apple Juice |
| 13  Turkey Hot Dogs with Baked Beans  Fruit Cocktail  Milk | 14  Deli Sliced Chicken on  Whole Wheat Bread  Tater Tots  Fresh Cut Bananas  Milk | 15  All Beef Hamburgers  Tossed Salad  Strawberry Yogurt  Milk | 16  Grilled Cheese Sandwich  on Whole Wheat Bread  Steamed Carrots  Diced Pineapple  Milk | 17  Cheese Pizza  Apple Juice |
| 20  Whole Wheat  Macaroni & Cheese  Green Beans  Diced Pears  Milk | 21  Deli Style Ham Sandwich  on Whole Wheat Bread  Vegetable Medley  Fresh Cut Bananas  Milk | 22  Whole Wheat  Corn Dog Nuggets  Peas & Carrots  Diced Peaches  Milk | 23  Sliced Turkey Sandwich  on Whole Wheat Bread  Sweet Potato Fries  Mandarin Oranges  Milk | 24  Cheese Pizza  Apple Juice |
| 27  Whole Wheat  Chicken Nuggets  Steamed Peas  Applesauce  Milk | 28  Cheese Quesadilla  Steamed Corn  Fresh Cut Bananas  Milk | 29  Whole Wheat Spaghetti with Tomato Sauce  Tossed Salad  Strawberry Yogurt  Milk | 30  Deli Sliced Chicken on  Whole Wheat Bread  Tater Tots  Fruit Cocktail  Milk | Cheese Pizza  Apple Juice |