

FRIDAY ONLY, Nov. 1, 2019: MANDATORY HEIGHT & WEIGHT CHECK-IN

Houston Ballroom at the Texas Hotel / 2101 N. Texas Star Lane, North Las Vegas, NV 89032

2 pm - 4 pm: All Men Competitors • **4 pm - 6 pm:** All Women Competitors



**NPC STEVE KARR
LAS VEGAS CLASSIC**

Sanction # 2714

SATURDAY • Texas Hotel and Casino

2101 N. Texas Star Lane, North Las Vegas, NV 89032

8 am: Mandatory Competitor Meeting • **10 am:** Prejudging • **6 pm:** Finals

MORE INFO: CONTACT AUSTIN KARR, 702.324.4801

www.NPCLasVegasClassic.com

ELIGIBILITY
All Competitors **MUST HAVE**
a Current NPC Card
Available at check-in.

MEN'S BODYBUILDING

A. Open Men's : 6 Weight Classes

B. Novice Men's: 3 Weight Classes

C. Master's: 3 Age Groups (Over 40, Over 50, Over 60)

D. Teen: No Height or Weight Classes

Pre-judge: Quarter Turns and "MANDATORY" Posing Comparisons

Finals: 60 SECOND ROUTINE: CDs ONLY. Bring music to Friday night check-in.

ALL BODY BUILDERS WHO ARE REQUIRED TO WEIGH-IN MUST WEIGH-IN WEARING POSING TRUNKS. NO EXCEPTIONS.

MEN'S WEIGHT CLASS

Open Men's Division

- A. BANTAM under 143 1/4
- B. LIGHT 143 1/4 up to and including 154 1/4
- C. MIDDLE over 154 1/4 up to and including 176 1/4
- D. LIGHT HEAVY over 176 1/4 and up to including 198 1/4
- E. HEAVY over 198 1/4 up to and including 225 1/4
- F. SUPER HEAVY over 225 1/4

Novice Men's Division

- A. LIGHT up to and including 165 1/4
- B. MIDDLE over 165 1/4 up to and including 187 1/4
- C. HEAVY over 187 1/4

TEEN & MEN'S CLASSIC PHYSIQUE

OPEN MEN'S DIVISION

DIVISION A • UP TO & INCLUDING 5'7"

- Up to & including 5'4" Up to & including 160 lbs
- Over 5'4" and up to and including 5'5" Up to & including 165 lbs
- Over 5'5" and up to and including 5'6" Up to & including 170 lbs
- Over 5'6" and up to and including 5'7" Up to & including 175 lbs

DIVISION B • OVER 5'7", UP TO & INCLUDING 5'10"

- Over 5'7" and up to and including 5'8" Up to & including 182 lbs
- Over 5'8" and up to and including 5'9" Up to & including 190 lbs
- Over 5'9" and up to and including 5'10" Up to & including 197 lbs

DIVISION C • OVER 5'10"

- Over 5'10" and up to and including 5'11" Up to & including 205 lbs
- Over 5'11" and up to and including 6'0" Up to & including 212 lbs

DIVISION D • OVER 6'

- Over 6'0" and up to and including 6'1" Up to & including 220 lbs
- Over 6'1" and up to and including 6'2" Up to & including 230 lbs
- Over 6'2" and up to and including 6'3" Up to & including 237 lbs
- Over 6'3" and up to and including 6'4" Up to & including 245 lbs
- Over 6'4" and up to and including 6'5" Up to & including 252 lbs
- Over 6'5" and up to and including 6'6" Up to & including 260 lbs
- Over 6'6" and up to and including 6'7" Up to & including 267 lbs
- Over 6'7" Up to & including 275 lbs

TEEN MEN'S DIV. • ONE CLASS / MEN'S MASTER DIV. • 35 & OVER • ONE CLASS • 45 & OVER • ONE CLASS

Pre-judge: Quarter Turns and "MANDATORY" Posing Comparisons

Finals: 60 SECOND ROUTINE: CDs ONLY. Bring music to Friday night check-in.

ALL COMPETITORS ARE REQUIRED TO WEAR CLASSIC MENS PHYSIQUE TRUNKS AT WEIGH IN. NO EXCEPTIONS.

The Judging is scored 100% and will consist of comparisons of the quarter turns and the following four mandatory poses:
Front Double Biceps • Side Chest • Back Double Biceps • Abdominals and Thighs • Favorite Classic Pose (No Most Muscular)

MEN'S PHYSIQUE

OPEN MEN'S DIVISION • SIX HEIGHT CLASSES

- A. Up to & including 5'7" C. Over 5'8" and up to and including 5'9" E. Over 5'11" and up to and including 6'
- B. Over 5'7" and up to and including 5'8" D. Over 5'9" and up to and including 5'11" F. Over 6'

MEN'S MASTER DIV. • 35 & OVER • ONE CLASS • 45 & OVER • ONE CLASS — TRUE NOVICE • ONE CLASS — TEENS DIV. • ONE CLASS

Judging Criteria • Broad Shorts / Competitor will walk to the center of the stage alone and perform front and rear turns. The competitor will be brought back out in a group and directed to do turns. Judges will be looking for fit contestants who display proper shape & symmetry combined with muscularity and overall conditioning. **This is not the BODYBUILDING DIVISION**, so extreme muscularity will be marked down.