

Clear Life Counseling, LLC

Engaging and Inspiring Others to Engage and Inspire Themselves
"Helping You Recover From What Feels like the Unrecoverable"

Jacqueline V. Banasiewicz, Owner of Clear Life Counseling LLC & Grief Recovery Center, assists clients in navigating through life altering change and loss events. As a leading authority on grief and licensed professional counselor, Jackie has engaged in thousands of sessions with compassion, respect, and genuine understanding of the challenges and conflicting emotions grieving people may experience. Exploring your grief and addressing your unresolved emotional pain, is actually a gift to those you love and have lost and honors the meaningfulness of your relationship.

Jackie offers "Grief Uncovered Life Discovered" individual and group experiential programs in-person and online, **opening Hearts, Minds and Doors**. Through this growth and action-oriented evidence-based program that she incorporates into her own life finding it therapeutic, thought-provoking, and heartfelt, you will learn a wealth of information about yourself, your relationships, your life experiences, your coping strategies, and effective recovery tools for past, current, and future loss related experiences.

Experiential Reviews

A new powerful way to understand and work through the losses in your life. I have needed this resolution for so many years. I am amazed that the process works so quickly and so fully."
- A New Life 2017

"I have gone to therapy for years and haven't achieved this amount of growth in such a short time frame"
- Jake from West Hartford

"This was an amazing and reflective experience that connected many dots and brought much clarity"
- Breathing Again - 2016

"This group has truly changed me so much in just a short 8 weeks. I've learned so much about myself and how others 'perceive' my grief. I was able to open in how I feel about my grief, how I can grow, how to work through the pain"
- A grieving widow

"You do a lot of work, thinking and reflecting. You become a student of Yourself"
- Collinsville Group Member 2017

"Extraordinary in scope of issues related to grieving. It helped me to sort through issues emotionally that have been unresolved"
- Friend from West Simsbury



I invite you to reach out and I will reach back to see how I might assist.
Warmly,

Jackie

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www.ClearLifeCT.com