

March 2023 Newsletter



President's Corner

Hi all –I heard that Punxatawny Phil saw his shadow – so, according to legend we will be having 6 more weeks of winter and while that is daunting to some people, it is glorious for most quilters. This means there is more time to hibernate and get projects done! I want to thank everyone who took bowl cozies cut outs, pot holders, and quilts that needed to be completed you are all incredible. What an amazing group of women we have and so many hands to help! It looks like we are gaining members, so if you see someone you do not recognize introduce yourself! - Dani



- **Lady Bruce, March 2**
- **Carol Harris, March 10**
- **Sandra Hewitt, March 11**
- **Sharon Lampton, March 14**
- **Sharon Spencer, March 17**
- **Patty Gossett, March 20**

Napa Fair

For the quilt show/ fair we need potholders pillow cases, bears and other items to sell made. Kits will be available at the next meeting. - Rosie

Block of the Month

March 2023 Block of the Month Southern Belle pink, purple, white

White: A: cut 1 7/8 cut diagonally twice
B: cut 1 6 7/8 cut diagonally

Pink: C: cut 1 7/8 cut diagonally twice

Purple: D: cut 1 6 7/8 cut diagonally

Sew C to A ; Sew CA unit to D's and B's ; Sew together as in diagram !

April fat quarters: yellow, white

Vice President / Programs

Our speaker for March is TOM MURRAY the sewing machine GURU from Napa Valley Vacuum and Sewing located at 2880 Jefferson in Napa.

Tom has been with Napa Valley Vacuum and Sewing since 1999. If you have any questions regarding a Sewing Machine, Sergers (Commercial or Home), Robot Vacuum and Kitchen-aid Mixers, he is your guy! Tom also performs on site sewing machine repairs as well. Tom, who's proudly served in the air force, has a huge passion for guitar, rock & roll and is a major World War 2 history buff!

Tom will share all his tips for keeping our sewing machines in top shape. Bring your questions and get ready for an informative talk!

No Bake Eclair Cake

No Bake Eclair Cake is the perfect dessert to whip up in a snap and serve for any occasion. Rich vanilla pudding mixed with whipped cream and layered between graham crackers then topped with sweet chocolate frosting, everyone will enjoy this easy icebox cake!



Prep Time
20 mins

Chill time
8 hrs

Total Time
8 hrs 20 mins



5 from 9 votes

Course: **Dessert** Cuisine: **American**

Keyword: **icebox cake, no-bake cake, no-bake dessert** Servings: **12 servings** Calories: **464kcal**

Author: **Jill**

Ingredients

- 3 1/2 cups whole milk
- 2 boxes (3.4 ounces each) instant French vanilla pudding mix
- 16 ounce tub Cool Whip (this is 1 large tub, or use small 8-ounce tubs) thawed
- 1 box graham crackers
- 1 tub chocolate frosting

Instructions

1. In a large mixing bowl, whisk together the milk and instant vanilla pudding until well combined. Set aside to thicken for a few minutes, stirring occasionally. Once thickened, fold in the Cool Whip.
2. Place a single layer of graham crackers in the bottom of a 9x13-inch pan. Top with half of the pudding mixture. Add another single layer of graham crackers, then the remaining pudding mixture. Top with a final layer of graham crackers.
3. Scoop the chocolate frosting into a microwave-safe bowl and heat in 15-second increments until melted, stirring well between each cooking interval. Pour the frosting over top of the eclair cake.
4. Refrigerate the eclair cake for about 30 minutes until the chocolate frosting is set, then cover with plastic wrap and chill overnight, or 8 hours.
5. Slice the eclair cake into 12 servings and serve chilled.

Nutrition

Calories: 464kcal | Carbohydrates: 77g | Protein: 6g | Fat: 15g | Saturated Fat: 7g | Polyunsaturated Fat: 1g | Monounsaturated Fat: 5g | Cholesterol: 3mg | Sodium: 451mg | Potassium: 295mg | Fiber: 2g | Sugar: 55g | Vitamin A: 174IU | Calcium: 152mg | Iron: 2mg

Tips and Tricks

Here are some helpful apps for your smartphone or tablet for quilters

Quilting Tutorials by MSQC

This free app from the [Missouri Star Quilting Company](#) provides hundred of free in-app tutorials and patterns. Updated weekly with new patterns, this is a must-download app for quilting newbies. Jenny from the MSQC provides engaging and helpful videos for quilters of all levels. Plus, you can use this app to browse Missouri Star Quilting Company's impressive inventory of fabric and precuts.

QuiltingCalc

This suite of quilting calculators from [Robert Kaufman Fabrics](#) is essential for any quilter. Complete with 8 of the most-needed quilting calculators and converters, this Apple and Android app takes the guesswork out of buying and cutting fabric.

Included Calculators: Fabric Measurement Converter, Backing and Batting Calculator, Piece Count Calculator, Pieces to Area Calculator, Binding Calculator, Border Calculator, Square-in-a-Square Calculator, Set-in and Corner Triangle Calculator.

BlockFab

[BlockFab](#) is a completely free-to-download quilting app that helps you make the best of your fabric stash. Focusing on helping you create the best quilt blocks possible, this collection of 50 traditional quilt blocks allows you to experiment with fabric on each block before downloading a list of yardage for each block. In addition to block components, this nifty app allows you to see strip cutting suggestions for fabric, as well.

QuiltSandwich

The application is quite useful, several features will be useful and just in time during the design. The main drawback of the app is that in the app itself you will not be able to create layouts and designs for quilting.

It is worth noting some bugs that appear during the use of the application. Most often, or in extreme cases, the app can be used as an online quilting calculator.

The app has a calculator with great features and functions, where you can calculate the difference, measure materials, correct and find out extra measures, and so on. There's also a ruler tool, and on top, there's a description of your work, that is, size data.

A valuable function of the app, here you can see how the colors of the selected material will balance with each other. You can select several colors from the palette at the same time and see how they look and whether the colors match each other.

Last Month's exciting
Quilting
Applique Class with
Instructor Rose Luce



NVQG February 11, 2023 Meeting

The meeting was called to order by President Dani Neuman at 10:00 AM.

The Pledge of Allegiance was recited; members with February birthdays were acknowledged.

Ellen Wulf as treasurer announced that a budget for 2023 had been created by the guild board,

with income exceeding expenses. Copies of the proposed budget were available if any guild members were interested in examining them. It was moved and seconded to vote on the budget, which was passed. The bank balance was \$

Rose Luce was called upon to talk about the Napa Town and Country Fair which will be the biggest fund-raiser for the guild, and will require participation of guild members for success. In addition to ticket sales for the Opportunity Quilt at the fair, the quilters' boutique, and raffle baskets will be the main sources of income. Members are asked to make a wide variety of small craft items; kits are provided for the necessary supplies. The most popular items in the past have been pillowcases, potholders, and microwave-bowl-cozies. The plan is to supplement these handcrafts with pincushions and receiving blankets/burp cloths. There was a discussion concerning the safety of bowl-cozies if

used in a microwave. Rose indicated that the batting and other materials provided in the

kits are safe to use in microwaves.

The secretary announced the publication of the January's meeting minutes in the newsletter;

since there were no corrections, revisions, or additions, there were to be approved as published.

Vice President (workshops) Kelly Van Camp commented on the success of last month's in-person workshop. Next month's program will be a lecture by Tom Murray of Napa Sew and Vac who will be discussing the best use and maintenance of sewing machines. Both V-Ps are researching the possibility of offering on-line workshops as many quilt instructors are providing such classes, which result in cost savings on accommodations, meals, and travel expenses for an in-person instructor. Currently, the V-Ps are aiming for June as an on-line workshop; the subject would be (fabric) scrap management.

Membership announced there were 68 attendees at the meeting, and 5 guests; a new member

Jackie was acknowledged. Anni will be taking ID photos for the roster after the meeting.

Four winning tickets were drawn for prizes.

BOM – there were enough blocks donated to make a small quilt. Since no individual had put in her name for the drawing, Venita Bush volunteered to assemble the blocks into a quilt to donate to Quilts to Share. Next month's block was on display; the pattern was available and will be offered in the newsletter as well.

There were no updates from communications, historian, or newsletter except that any item for publication must be submitted by the 20th of the month.

Peggy Hart – Opportunity Quilt chair – announced that ticket packets are available for pick-up, and that plans are being made to take the quilt to other guild meetings.

Quilts to Share co-chair Sue Lipschultz read out the names of organizations that had received quilts as community outreach from the guild last year. There were 100 quilts donated from the Quilts to Share program; other quilts are donated as disaster response (earthquake/fire/flood) or on an individual basis by members of the guild. Marilyn Betcher, Kay O'Neill, and Sue Lipschultz announced their retirements as co-chairs; they will be replaced by Rose Luce and Denise Callahan. Rose thanked the retiring co-chairs for their 20+ years of service, and is looking forward with Denise to regularizing the Quilts to Share workdays' schedule.

There were no reports from Linda Feutz (parliamentarian) or Lindsay Hoffman (website).

Dani N. announced that Joan Wilson has volunteered to be the Hospitality chair – they attended a meeting with Senior Center to become familiar with the available facilities and discuss current standards/limitations on food and beverage provision. Coffee and hot water for tea had been provided at the meeting today.

Dani N. revealed a new means of communication within the guild – a "white board" will be stationed at the table near the entrance door where members can post personal notices not specifically related to quilt guild business.

Additional announcements at the meeting were: Joan Wilson is working on sewing up neck coolers for soldiers deployed by U.S. Armed Forces – she requested donations of dark-colored fabrics for this

outreach effort. Heidi Sapere indicated she has flannel fabric she will donate to Cheryl Bundy for guild-sponsored production of items for the fair boutique. Anni Donahue reminded members about the Fiber Arts exhibition taking place this month at Mare Island. Marilyn Betcher pointed out four quilt top "kits" at the front door that are ready for assembly by members for Quilts to Share.

Show and Tell took place.

All business being concluded, a move was made, seconded, and approved to adjourn the meeting at 10:40 AM.