

IT'S

SUNNY DAY

BLUE SKY CAFÉ

CREATIVE FAMILY DINING WHERE THERE IS SOMETHING FOR EVERYONE!

3987 Hendersonville Road, Fletcher, N.C. 828-684-1247 <u>www.iloveblueskycafe.com</u>

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- ** We have condensed our menu, to feature our most popular items, but most anything you have ordered in the past is still available. Thank you for your business! **
- * We accept cash, Visa, MasterCard, Discover & American Express. No personal checks.
- We reserve the right to add an 18% gratuity to the pre-adjusted bill of parties of seven or more, regardless of any coupons, discounts or how ticket is divided.
- Please ask your server for a specialized menu for Vegan, Vegetarian and/or Gluten Sensitive dietary needs.

© Welcome to Blue Sky Cafe! We are a locally owned & family operated restaurant where everyone can find something delicious to eat. We are proud to have served Fletcher for over 14 years! Excellent food quality, along with friendly, courteous service in a relaxed, family atmosphere is our goal. Your comments and ideas are always welcome, because it is your happiness that continues our success. We truly do appreciate your business! © Thanks for stopping by the Sky! ~ Julianna & Mark Pletcher

APPETIZING STARTERS

<u>Hummus Plate</u> – house-made roasted red pepper hummus served with pita & crunchy veggies 6.29

<u>Mediterranean Plate</u> – hummus, veggies, roasted red peppers, olives, pita & side Greek salad 8.29

<u>Fresh Corn Chips and Salsa</u> - both made fresh in house daily 5.29

<u>Mozzarella Sticks</u> - five crunchy and gooey sticks served with marinara sauce 5.69

<u>Bowl o' Onion Rings</u> – plenty to share, served with chipotle-ranch sauce 6.29

<u>Southwestern Spring Rolls</u> – filled with chicken, spinach, corn, Monterey jack cheese, black beans, peppers and jalapenos, served with chipotle-ranch dipping sauce 6.29

<u>Side of Pita Bread</u> – grilled & seasoned with butter, garlic and herbs 99¢

<u>Buffalo Wings</u> - served with celery sticks & choice of blue cheese or ranch dressing 6 wings - 5.99 12 wings - 11.99

Sauces: Honey BBQ, Garlic Romano or Buffalo

<u>6 Wing Thing</u> - 6 wings tossed in choice of sauce, with a side of French fries 8.29

<u>12 Wing Thing</u> - 12 wings tossed in choice of sauce, with a side of French fries 14.29

<u>Bowl of Meaty Chili</u> – topped with cheddar cheese with pita bread, corn chips *or* crackers 4.79

<u>Daily Soup Selection</u> - served with pita bread, corn chips *or* crackers 4.79

<u>Black Bean Bowl</u> – our savory beans on rice, topped with cheddar and grilled onions, served with corn chips and salsa 7.49

<u>Trio Salad Plate</u> – chicken salad, pesto penne and roasted red pepper hummus, served with crunchy dipping veggies & pita 8.49



Kid's Plates include entrée item and choice of the following sides and a small drink

Black Beans & Rice Carrots & Ranch Dip Cinnamon Applesauce Coleslaw French Fries Mandarin Oranges Pesto Penne Potato Chips

(Extra charges apply for other side choices)

 We offer animal cookies for your child at the end of their meal, just ask your server.

<u>Kid's Chicken Tenders</u> – two tenders (breaded or grilled) and dipping sauce

Kid's Corn Pups - six mini chicken corn dogs

<u>Kid's Hamburger</u> - 4 oz. beef patty with ketchup, mustard and pickle (Add cheese for just 50¢ more)

<u>Kid's Grilled Cheese</u> – on white or wheat bread with American and/or cheddar cheese

<u>Kid's Cheesy Teepees</u> – American & Cheddar melted in a grilled sun-dried tomato tortilla

<u>Kid's Trio Plate</u> - kid-sized portions of any three of our sides

Drink Selections:

2% Milk 2% Chocolate Milk 100% Juice Boxes Sweet & Unsweetened Tea Hot Tea Hot Cocoa Water Lemonade Fanta Orange Coke Mr. Pibb Sprite Mello Yello

(More of the Menu on the Back!)

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* * <u>SENSATIONAL SALADS</u> * *

Salads are made to order, served with pita or corn chips & one 4 oz. dressing. Extra Dressings 50¢ ea. Dressings: House (balsamic-Dijon), Bleu Cheese, Caesar, Greek, Honey Mustard, Ranch, Raspberry Walnut Vinaigrette, Oriental Sesame, 1000 Island, Fat-Free Ranch, Oil & Vinegar. You can ADD ~ fried or blackened organic tofu (+\$2), grilled, breaded or blackened chicken (+\$2) or grilled or blackened salmon (+\$3)

Blue Sky Salad - green leaf lettuce, onion, tomato, carrots, peppers, cucumbers, croutons 6.99

<u>Caesar Salad</u> – green leaf lettuce, croutons, Parmesan cheese, tomato garnish 6.99

Greek Salad - green leaf lettuce, onion, tomato, feta, cucumbers, Kalamata olives, banana peppers 7.49

Spinach Salad - spinach, onion, bacon, croutons, hardboiled egg (add shredded cheddar for 50¢) 7.49

Spring Salad - spinach, green leaf lettuce, carrots, onion, feta, pecans 7.49

<u>Chef Salad</u> - lettuce, onion, tomato, cucumber, carrots, turkey, ham, cheddar, American, Swiss, egg 7.79

Taco Salad - chili, lettuce, tomato, onion, pepper, cheddar, salsa, sour cream, guacamole, chipotle ranch 8.49

Vegetarian Taco - beans, lettuce, tomato, onion, pepper, cheddar, salsa, sour cream, guacamole, chipotle ranch 7.49

Carolina Crispy Salad - hand-breaded fried chicken, green leaf lettuce, onion, tomato, cheddar, bacon 9.49

Oriental Grilled Chicken - lettuce, spinach, celery, carrot, onion, mandarin oranges, Chow Mein noodles, pecans 9.49

Albuquerque Turkey - lettuce, spinach, onion, tomato, celery, cranberries, bacon, cheddar, mustard pretzels 9.49

Mesquite Chicken - smoked, pulled chicken, lettuce, onion, pepper, tomato, cheddar, BBQ sauce, chipotle ranch 9.49

Chicken Salad Plate - our pecan-dill house-made salad on lettuce, served with crunchy veggies & pita 7.49

Tuna Salad Plate - our house-made tuna salad (with apples, onion, celery), served with veggies & pita 7.49

* SIDES **

Included in most entree prices: (or a la carte at \$2.29 each)

Black Beans and Rice Coleslaw Pesto Penne Carrots & Ranch Dip Corn Chips & Salsa Potato Chips (1 oz. bag) Cinnamon Applesauce French Fries Seasonal Side - varies

For 50¢ more (to entrée price): (or a la carte at \$2.79 each)

Mixed, Grilled Vegetables (yellow squash, onion, carrots, red & green peppers, mushrooms) on rice Side Caesar Salad Side Sky Salad

For \$1 more (to entrée price):(or a la carte at \$3.29 each)Side Greek SaladSide Spinach SaladOnion RingsSweet Potato Fries

Side Spring Salad 2 oz. Hummus & Veggies

* * * GREAT PLATES * * *

Create A Plate: each plate below includes your choice of two sides (up charges apply for certain choices, see the SIDES box inside menu)

<u>Chicken Plate</u> - choose from: grilled tenderloins, chicken fingers, blackened or hand-breaded 10.49 <u>Hamburger Plate</u> - grilled to your liking (no bun) topped with grilled onions and mushrooms 10.49 <u>Sesame Veggie Bowl</u> - peppers, onion, squash, carrots & mushrooms on rice, oriental sesame sauce 9.99 <u>Salmon Fillet Plate</u> - grilled or blackened, on lettuce, with tzatziki sauce 11.99

* MARVELOUS MELTS & SUPER SANDWICHES*

All come with your choice of one side item. Breads: Whole Wheat, White, Rye or in a Wrap Cheeses: American, Cheddar, Pepper Jack, Provolone, Swiss <u>Carolina BBQ Melt</u> - pulled, smoked chicken, cheddar, grilled onions, slaw, BBQ sauce 8.79 <u>Grilled Cheese</u> - the traditional sandwich, choice of grilled bread and cheese(s) 6.99 <u>Deluxe Grilled Cheese</u> - choice of grilled bread and cheese(s), grilled tomato, bacon 7.49

Jazzy Turkey Melt - grilled turkey and onions, pepper jack, spinach, tomato, spicy mayo 8.49

Patti Melt - hand pattied burger and grilled onions on grilled rye bread with Swiss cheese 8.29

Pesto Chicken Melt - grilled chicken tenderloins and onions, provolone, spinach, tomato, pesto sauce 8.79

Tuna Melt - our house-made recipe (made with apples, onion, celery) with choice of cheese 8.29

B. L. T. - classic Bacon, Lettuce, Tomato, mayo (or try our spicy mayo, by request) 7.59

Chicken Bravo - grilled chicken tenderloins, bacon, lettuce, tomato, onions, honey mustard, on a Kaiser roll 8.89

Chicken Parmesan - grilled or hand breaded chicken tenderloins, marinara, provolone & parmesan cheese, on a Kaiser 8.79

Chicken Salad - our house made pecan dill chicken salad (made with grapes and celery), lettuce, choice of bread 8.39

Cordon Bleu - grilled or hand breaded chicken tenderloins, ham, provolone, tomato, dijonnaise, on a Kaiser roll 8.89

Ham & Swiss - served cold or grilled, with lettuce, tomato, Dijonnaise, choice of bread 8.39

Humdinger - house made roasted red pepper hummus, lettuce, tomato, cucumber, onions, carrots on wheat bread 7.59

L. A. Chicken - grilled or hand breaded chicken tenderloins, lettuce, tomato, onion, mayo, on Kaiser roll 8.39

Mediterranean - roasted red pepper hummus, feta cheese, spinach, onion, roasted red peppers, on wheat bread 7.59

New Orleans - fried chicken tenderloins, pepper jack, lettuce, tomato, onion, spicy mayo, on a Kaiser 8.59

Sky Club - turkey, ham, Swiss, American, bacon, lettuce, tomato, onion, mayo, choice of bread 8.89

Triple "B" - grilled or breaded chicken tenderloins, Buffalo sauce, Blue cheese, Bacon, onion, on a Kaiser 8.59

Tuna Sandwich - our house recipe (made with apples, onion, celery), lettuce, tomato, mayo, choice of bread 7.89

Turkey Bravo - turkey, bacon, Swiss, lettuce, tomato, onions, honey mustard, choice of bread 8.69

*** WONDERFUL WRAPS ***

All wraps come in a Sundried Tomato Flour Tortilla (or Whole Wheat on request) with your choice of one side item. Add or Substitute fried or grilled, organic tofu in any wrap if you wish.

Black Bean Wrap - beans, rice, grilled pepper and onion, salsa, sour cream (Add grilled chicken + \$2) 6.79

Blackened Chicken Wrap - chicken dredged in blackening and grilled, lettuce, tomato, onion, ranch dressing 8.79

Buffalo Chicken Wrap - breaded tenderloins, mild buffalo sauce, bacon, lettuce, onion, ranch dressing 8.79

<u>Caesar Chicken Wrap</u> - grilled chicken, lettuce, parmesan cheese, Caesar dressing 8.79

Carolina Chicken Wrap - grilled chicken, bacon, cheddar cheese, lettuce, tomato, onion, ranch dressing 8.79

Chicken Fajita Wrap - grilled chicken, onion and pepper, pepper jack cheese, salsa, sour cream 8.79

Chipotle Chicken Wrap - grilled chicken, onion and pepper, cheddar cheese, black beans, chipotle sauce 8.79

Dijon Spinach Wrap - grilled chicken, onion and mushroom, provolone cheese, spinach, tomato, Dijonnaise 8.79

Fiery Phoenix Wrap - blackened chicken, grilled onion and pepper, pepper jack, spinach, chipotle-ranch 8.79

Greek Chicken - lettuce, tomato, onion, cucumber, feta, olives, banana pepper, Greek 8.79

Gyro Wrap - seasoned beef and lamb strips (or substitute chicken), lettuce, tomato, onion, tzatziki sauce 8.79

Hawaiian Wrap - grilled chicken, pineapple, onions, rice, Swiss cheese, bbq sauce 8.79

Sesame Veggie Wrap - mixed, grilled veggies, rice, oriental sesame dressing 6.79 (Add chicken + \$2 or salmon + \$3)

Smokin' Ranch Wrap - grilled chicken & onion, cheddar, spinach, tomato, bacon, BBQ sauce, chipotle ranch 8.79

Sweet and Sassy Wrap - grilled chicken, onion and pineapple, spinach, pepper jack, chipotle sauce 8.79

Salmon Wrap - grilled salmon, black beans, rice, tomato, onion, tzatziki sauce 9.79

Tuscan Chicken Wrap - grilled chicken & onion, provolone, spinach, parmesan, roasted peppers, pesto 8.79

* * <u>bodacious burgers</u> * *

Hand-pattied, 1/3 lb. all beef patties! (or substitute a bean & veggie patty) Burgers come with your choice of one side. (Hamburgers are cooked 'Medium-Well', but can be cooked to order on request. Consuming raw or undercooked meats, poultry or seafood, may increase your risk of food borne illness, especially if pregnant or have certain medical conditions.)

All-American - burger, lettuce, tomato, onions, pickles, mayo, ketchup, mustard (want to add cheese? just + 50¢) 7.89

Bacon, Mushroom & Swiss - burger, bacon, grilled mushrooms, Swiss, lettuce, tomato, onions, mayo 8.89

Baja Burger - burger, grilled onions & pineapple, pepper jack, spinach, tomato, jalapenos, spicy mayo 8.39

Black & Blue - blackened burger, grilled onions, lettuce, tomato, blue cheese crumbles & dressing 8.39

Carolina Classic - burger, American cheese, raw onions, chili, coleslaw, yellow mustard 8.39

Chipotle Veggie - bean & veggie burger, grilled onions & peppers, cheddar, lettuce, tomato, chipotle sauce 8.19

Monterey Burger - burger, grilled onions, pepper jack, bacon, spinach, tomato, jalapenos, chipotle sauce 8.89

Texas Burger - burger, grilled onions, Swiss cheese, lettuce, tomato, mayo, BBQ sauce 8.39

(Flip Over to View our Great Plates, Melts and Sandwiches!)