

SEMINOLE VALLEY STAMPEDE

Cedar Rapids, IA

Seminole Cross Country Course

Weather: Sunny, Wind SSE 10-20mph, 77% Humidity & 63

Host: Mount Mercy University

Saturday, October 5, 2024

MEET OFFICIALS**Meet Director:**

Jeffrey Barker

Meet Referee:

Tom Cahalan

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 10/5/2024 10:06 PM

**Race #2
Women's 6K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Lewis	66	6-9-15-17-19(21)(24)	1:55:35	23:07	0:38.8
2 Aquinas	74	3-4-20-22-25(30)(39)	1:55:34	23:07	1:13.7
3 Mount Mercy	84	7-8-12-26-31(41)(42)	1:56:06	23:14	1:00.7
4 St. Francis (Ill.)	95	1-16-18-27-33(34)(38)	1:56:27	23:18	1:41.3
5 Missouri Baptist	145	5-10-28-47-55(68)(76)	1:59:20	23:52	2:42.2
6 St. Ambrose	185*	11-35-43-44-52(54)(59)	2:00:54	24:11	1:52.3
7 St. Xavier	185*	2-14-48-60-61(64)(69)	2:01:35	24:19	3:24.9
8 MidAmerica Nazarene	250	37-49-51-56-57(58)(66)	2:04:31	24:55	1:15.5
9 Michigan-Dearborn	266	32-45-50-67-72(91)	2:06:32	25:19	3:07.0
10 Coe	305	29-46-71-79-80(83)(88)	2:09:48	25:58	3:49.6
11 Culver-Stockton	325	13-62-74-82-94(96)(97)	2:14:28	26:54	7:42.3
12 Southeastern CC	333	36-65-73-75-84(85)(86)	2:12:43	26:33	3:57.2
13 DuPage	340	23-70-77-81-89(90)(95)	2:13:41	26:45	5:06.6
14 Grand View	379	40-53-92-93-101	2:23:30	28:42	9:10.3
15 Emmaus Bible	425	63-78-87-98-99(100)(102)	2:26:44	29:21	6:27.2
DNP William Penn					
DNP Midland					
DNP St. Ambrose					
DNP Indiana Tech					
DNP Aquinas					
DNP Hawkeye CC					

***Tiebreakers**

St. Ambrose	11	35	43	44	52	54
St. Xavier	2	14	48	60	61	64

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM	2.8K
1 RAMSEY, Allison	SR	St. Francis (Ill.)	1	22:11.2	5:56.9	3:41.9	10:11.4
2 MATHIS, Olivia	SR	St. Xavier	2	22:19.9	5:59.2	3:43.3	10:20.4
3 REMPALSKI, Madison	JR	Aquinas	3	22:24.3	6:00.4	3:44.1	10:15.2
4 KOOLE, Amber	FR	Aquinas	4	22:34.0	6:03.0	3:45.7	10:17.1
5 DUNCAN, Mia	SR	Missouri Baptist	5	22:37.8	6:04.0	3:46.3	10:15.8
6 ALVAREZ, Lilia	SR	Lewis	6	22:43.7	6:05.6	3:47.3	10:20.8
7 ROTZOLL, Kalin	SO	Mount Mercy	7	22:47.9	6:06.7	3:48.0	10:19.8
8 KNEPPER, Abby	SO	Mount Mercy	8	22:48.6	6:06.9	3:48.1	10:17.7
9 WANNAMAKER, Chloe	SR	Lewis	9	22:52.7	6:08.0	3:48.8	10:21.9
10 ROCKETTE, Adrienne	JR	Missouri Baptist	10	22:56.4	6:09.0	3:49.4	10:24.1
11 KNOCHE, Kaitlyn	SO	St. Ambrose	11	22:59.0	6:09.7	3:49.8	10:39.2
12 KNUTSON, J'Lyn	SR	Mount Mercy	12	23:00.0	6:10.0	3:50.0	10:20.0
13 STRAUS, Delaney	SO	Culver-Stockton	13	23:01.9	6:10.5	3:50.3	10:18.3

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**Race #2
Women's 6K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km	2.8K
14 CLARKE, Alexandra	SR	St. Xavier	14	23:07.9	6:12.1	3:51.3	10:44.4
15 OCEGUERA, Janellisa	FR	Lewis	15	23:13.9	6:13.7	3:52.3	10:21.9
16 MARTINEZ, Evita	FR	St. Francis (Ill.)	16	23:18.0	6:14.8	3:53.0	10:20.0
17 MELZER, Katie	SO	Lewis	17	23:22.1	6:15.9	3:53.7	10:31.2
18 MACH, Riley	FR	St. Francis (Ill.)	18	23:22.3	6:16.0	3:53.7	10:38.0
19 MACIAS, Julie	FR	Lewis	19	23:22.5	6:16.0	3:53.8	10:35.1
20 WOOER, Lauren	JR	Aquinas	20	23:24.9	6:16.6	3:54.2	10:33.0
21 FINDLEY, Kristina	FR	Lewis	(21)	23:26.3	6:17.0	3:54.4	10:53.6
22 BOWKER, Mallory	SR	Aquinas	22	23:32.3	6:18.6	3:55.4	10:35.5
23 SOLIS, Carmen	SO	DuPage	23	23:34.0	6:19.1	3:55.7	10:51.8
24 FINDLEY, Madison	FR	Lewis	(24)	23:35.6	6:19.5	3:55.9	10:53.7
25 SCHULTZ, Cadence	SO	Aquinas	25	23:38.0	6:20.2	3:56.3	10:36.9
26 ALTHOFF, Emma	SO	Mount Mercy	26	23:40.9	6:20.9	3:56.8	10:39.2
27 FRANCO, Dyannara	SO	St. Francis (Ill.)	27	23:42.2	6:21.3	3:57.0	10:51.6
28 WHORTON, Julia	FR	Missouri Baptist	28	23:42.9	6:21.5	3:57.2	10:44.3
29 SCHEUFELE, Keeauna	FR	Coe	29	23:43.2	6:21.6	3:57.2	10:49.5
30 KOONS, Ella	SO	Aquinas	(30)	23:47.0	6:22.6	3:57.8	10:35.9
31 OVERTON, Kayla	JR	Mount Mercy	31	23:48.6	6:23.0	3:58.1	10:47.7
32 HOOVER, Lauryn	SR	Michigan-Dearborn	32	23:50.1	6:23.4	3:58.4	10:47.6
33 KOKER, Sarah	FR	Indiana Tech	-	23:50.8	6:23.6	3:58.5	10:43.7
34 VOLLRATH, Nicole	FR	St. Francis (Ill.)	33	23:52.5	6:24.0	3:58.8	10:45.0
35 MARTINEZ, Aaralyn	FR	St. Francis (Ill.)	(34)	23:56.4	6:25.1	3:59.4	10:43.1
36 MINARD, Lexi	FR	St. Ambrose	35	24:04.8	6:27.3	4:00.8	11:03.3
37 WIEGAND, Paetyn	FR	Southeastern CC	36	24:05.5	6:27.5	4:00.9	10:55.8
38 MEILI, Isabella	FR	MidAmerica Nazare	37	24:09.8	6:28.7	4:01.6	10:52.7
39 FORD, Riley Jo	SR	St. Francis (Ill.)	(38)	24:14.9	6:30.1	4:02.5	10:49.9
40 ORDONEZ, Liliana	SR	St. Francis (Ill.)	-	24:20.7	6:31.6	4:03.5	10:50.0
41 SHIPMAN, Carly	JR	Lewis	-	24:21.9	6:31.9	4:03.7	10:46.4
42 HACKER, Lilia	FR	St. Francis (Ill.)	-	24:22.6	6:32.1	4:03.8	10:58.8
43 WALTON, Claire	SR	Aquinas	(39)	24:23.1	6:32.3	4:03.9	11:00.1
44 NEELEY, Faith	JR	Grand View	40	24:23.4	6:32.3	4:03.9	11:08.9
45 DAY, Jessa	SR	Mount Mercy	(41)	24:25.3	6:32.8	4:04.2	11:04.3
46 DUDZIK, Maria	FR	Mount Mercy	(42)	24:26.6	6:33.2	4:04.4	10:55.0
47 BALL-DULEY, Skotti	FR	Indiana Tech	-	24:27.7	6:33.5	4:04.6	10:46.9
48 SMITH, Addy	JR	St. Ambrose	43	24:28.0	6:33.6	4:04.7	10:56.1
49 HEIN, Allison	JR	St. Ambrose	44	24:30.3	6:34.2	4:05.1	11:09.7
50 JENNINGS, Ruth	JR	Mount Mercy	-	24:33.0	6:34.9	4:05.5	11:04.6
51 SARABIA, Nevaeh	SR	Midland	-	24:34.8	6:35.4	4:05.8	11:14.2
52 BOURQUE, Kaitlyn	JR	Michigan-Dearborn	45	24:37.8	6:36.2	4:06.3	11:01.3
53 MAYO, Lily	SO	Coe	46	24:38.7	6:36.4	4:06.5	11:28.3
54 WATKINS, Camrin	FR	Missouri Baptist	47	24:42.0	6:37.3	4:07.0	11:08.8
55 DEANNA PANINKA, Yanira	FR	St. Xavier	48	24:44.6	6:38.0	4:07.4	11:21.5
56 GRIFFIN, Joslyn	FR	MidAmerica Nazare	49	24:45.9	6:38.4	4:07.7	11:07.9
57 WHEELER, Elena	JR	Michigan-Dearborn	50	24:46.5	6:38.5	4:07.8	10:54.9
58 REYES, Casandra	SR	MidAmerica Nazare	51	24:47.5	6:38.8	4:07.9	11:02.5
59 FORTUNE, Rileigh	SR	St. Ambrose	52	24:51.3	6:39.8	4:08.6	11:17.4

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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km	2.8K
60 ESS, Kristen	SR	Lewis	-	24:55.2	6:40.9	4:09.2	11:05.6
61 OROZCO, Kendall	FR	Mount Mercy	-	25:01.7	6:42.6	4:10.3	11:10.1
62 LEIS, Liberty	SR	Grand View	53	25:04.1	6:43.2	4:10.7	11:12.2
63 LOPEZ, Ariana	SR	Mount Mercy	-	25:11.6	6:45.3	4:11.9	11:31.6
64 HAVERCAMP, Lexi	FR	St. Ambrose	(54)	25:14.0	6:45.9	4:12.3	11:29.7
65 DEMENT, Mercy	SR	Missouri Baptist	55	25:20.0	6:47.5	4:13.3	11:33.0
66 FILMORE, Riley	FR	MidAmerica Nazare	56	25:21.9	6:48.0	4:13.7	11:10.8
67 BERGSTROM, Maddie	FR	Midland	-	25:22.1	6:48.1	4:13.7	11:35.2
68 MCKNIGHT, Anna	FR	MidAmerica Nazare	57	25:25.3	6:48.9	4:14.2	11:12.4
69 SWEARENGIN, Julia	FR	MidAmerica Nazare	(58)	25:25.3	6:48.9	4:14.2	11:12.6
70 LEUENBERGER, Danika	FR	Midland	-	25:27.8	6:49.6	4:14.6	11:35.0
71 JOHNSON, Lauren	FR	St. Ambrose	(59)	25:30.4	6:50.3	4:15.1	11:24.8
72 KARSZCEWSKI, Emma	JR	St. Xavier	60	25:37.4	6:52.2	4:16.2	11:34.6
73 SALGADO, Kenia	JR	St. Xavier	61	25:44.8	6:54.2	4:17.5	11:40.2
74 ADMIRE, Briana	SO	William Penn	-	25:45.0	6:54.2	4:17.5	11:45.7
75 YOUNCE, Faith	SR	Culver-Stockton	62	25:45.5	6:54.3	4:17.6	11:34.1
76 HOUSE, Noelle	SO	Aquinas	-	26:04.3	6:59.4	4:20.7	11:36.0
77 CONIGLIO, Anna	JR	Emmaus Bible	63	26:06.2	6:59.9	4:21.0	11:58.8
78 GUZMAN, Alexia	FR	St. Xavier	(64)	26:10.0	7:00.9	4:21.7	11:40.4
79 FERNEAU, Chloe	FR	Southeastern CC	65	26:11.0	7:01.2	4:21.8	11:56.3
80 BISHOP, Annabel	SR	Aquinas	-	26:11.7	7:01.4	4:22.0	11:52.7
81 NEAL, Annabelle	FR	Mount Mercy	-	26:12.1	7:01.5	4:22.0	11:33.7
82 BENNETT, Carolyn	SO	Aquinas	-	26:17.1	7:02.8	4:22.8	11:42.9
83 ADAM, Sage	JR	MidAmerica Nazare	(66)	26:17.3	7:02.9	4:22.9	11:44.2
84 DAWSON, Tariyah	SO	Michigan-Dearborn	67	26:20.4	7:03.7	4:23.4	11:41.6
85 BURGAN, Elizabeth	FR	Missouri Baptist	(68)	26:22.8	7:04.3	4:23.8	11:49.2
86 BARAKAT, Sabeen	SR	St. Xavier	(69)	26:27.6	7:05.6	4:24.6	11:48.4
87 PELLIGRINI, Brianna	FR	DuPage	70	26:29.7	7:06.2	4:25.0	11:25.1
88 MAHLER, Fiona	SR	Coe	71	26:30.2	7:06.3	4:25.0	11:59.9
89 AMRHEIN, Katrina	JR	Aquinas	-	26:33.3	7:07.2	4:25.6	11:40.1
90 WOOLM, Carlie	SO	St. Ambrose	-	26:38.4	7:08.5	4:26.4	12:02.9
91 MCCLUNG, Josephine	FR	MidAmerica Nazare	-	26:51.5	7:12.0	4:28.6	12:29.0
92 KROLL, Sabrina	SR	Michigan-Dearborn	72	26:57.1	7:13.5	4:29.5	12:00.8
93 PEDRIN, Arianna	SO	Southeastern CC	73	27:06.0	7:15.9	4:31.0	12:11.6
94 BERRY, Emma	FR	Culver-Stockton	74	27:10.2	7:17.1	4:31.7	11:56.5
95 FULLER, Roselaure	SR	William Penn	-	27:16.5	7:18.7	4:32.8	11:57.0
96 OLSEN, Rylee	FR	Southeastern CC	75	27:17.3	7:19.0	4:32.9	12:10.7
97 HARRIS, Lillian	JR	Missouri Baptist	(76)	27:19.3	7:19.5	4:33.2	12:02.9
98 BLUEMLE, Maureen	FR	DuPage	77	27:20.3	7:19.8	4:33.4	12:15.6
99 JANZEN, Kate	JR	Emmaus Bible	78	27:22.4	7:20.3	4:33.7	12:23.0
100 REIFSTECK, Natalie	JR	Coe	79	27:22.8	7:20.4	4:33.8	12:30.2
101 HOEFFLIN, Roz	FR	Coe	80	27:32.8	7:23.1	4:35.5	12:49.5
102 ABOOD, Alexandra	SO	DuPage	81	27:36.2	7:24.0	4:36.0	12:23.0
103 LUKANCIC, Sydney	FR	St. Francis (Ill.)	-	27:37.3	7:24.3	4:36.2	12:37.4
104 GERONA, Marianne	FR	St. Francis (Ill.)	-	27:39.1	7:24.8	4:36.5	12:29.7
105 CARMACK, Malia	FR	Culver-Stockton	82	27:46.2	7:26.7	4:37.7	12:04.3

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106 BOOKER, Kristin	SR	St. Xavier	-	27:48.1	7:27.2	4:38.0	12:03.9
107 JAMES, Briannah	FR	Coe	(83)	27:54.0	7:28.8	4:39.0	12:34.4
108 DOWNEY, Eva	FR	Southeastern CC	84	28:02.7	7:31.1	4:40.5	12:47.4
109 KUNTZ, Aubrey	FR	Southeastern CC	(85)	28:05.9	7:32.0	4:41.0	12:47.2
110 RITTER, Kennedy	FR	Southeastern CC	(86)	28:08.0	7:32.5	4:41.3	12:29.4
111 CHRISTENSEN, August	FR	Emmaus Bible	87	28:10.7	7:33.3	4:41.8	12:23.8
112 VAUGHN, Alexis	JR	Coe	(88)	28:35.2	7:39.8	4:45.9	13:05.6
113 BLANKENSHIP, Samantha	FR	DuPage	89	28:40.6	7:41.3	4:46.8	12:54.2
114 PASDIORA, Alison	FR	DuPage	(90)	29:09.2	7:49.0	4:51.5	13:37.1
115 MAYER, Ava	FR	St. Xavier	-	29:15.0	7:50.5	4:52.5	13:14.1
116 KROTZINGER, Kennedy	FR	MidAmerica Nazare	-	29:16.9	7:51.0	4:52.8	12:39.7
117 TAYLOR, Morgan	JR	William Penn	-	29:24.0	7:52.9	4:54.0	13:03.5
118 HUERTA-MARTINEZ, Itzel	FR	Michigan-Dearborn	(91)	29:33.0	7:55.3	4:55.5	13:04.8
119 SCHROEDER, Ella	SO	Southeastern CC	-	29:34.3	7:55.7	4:55.7	12:42.4
120 WATERHOUSE, Avery	SO	William Penn	-	29:42.0	7:57.7	4:57.0	13:30.7
121 PLUM, Natalie	SO	Grand View	92	30:04.5	8:03.8	5:00.8	12:19.1
122 SIDIQUE, Neomi	FR	Grand View	93	30:24.0	8:09.0	5:04.0	13:27.1
123 SMITH, Zoi	SO	Culver-Stockton	94	30:44.2	8:14.4	5:07.4	13:40.3
124 ENOCHS, Gracie	JR	MidAmerica Nazare	-	30:50.3	8:16.1	5:08.4	12:39.7
125 ELIZONDO, Alyssa	SO	DuPage	(95)	30:55.3	8:17.4	5:09.2	14:06.7
126 ELENTENY, Eileen	SO	St. Ambrose	-	31:12.3	8:22.0	5:12.1	14:16.6
127 KEITH, Morgan	SO	Culver-Stockton	(96)	31:17.8	8:23.4	5:13.0	13:48.2
128 NUNEZ, Bianca	SO	DuPage	-	31:35.6	8:28.2	5:15.9	13:45.8
129 LINDSEY, Caroline	JR	Culver-Stockton	(97)	32:00.6	8:34.9	5:20.1	14:18.7
130 VANDERWULP, Lauren	SO	Aquinas	-	32:12.8	8:38.2	5:22.1	14:12.4
131 RATH, Riley	SO	Emmaus Bible	98	32:30.8	8:43.0	5:25.1	14:05.9
132 SWEENEY, AnElyse	FR	Emmaus Bible	99	32:33.4	8:43.7	5:25.6	14:06.3
133 TUTTLE, Bria	SO	Emmaus Bible	(100)	33:15.1	8:54.9	5:32.5	14:28.7
134 EYOB, Feven	FR	Grand View	101	33:33.7	8:59.9	5:35.6	15:08.2
135 ANDERSON, Claire	FR	Southeastern CC	-	34:50.6	9:20.5	5:48.4	16:00.6
136 BLASZCZYK, Klaudia	SO	Culver-Stockton	-	34:53.1	9:21.2	5:48.8	15:14.6
137 FIGUEROA, Adriana	FR	DuPage	-	36:16.5	9:43.5	6:02.8	
138 MILAN, Annette	FR	DuPage	-	36:39.3	9:49.6	6:06.6	16:38.5
139 ROGERS, Carolyn	JR	Emmaus Bible	(102)	37:12.6	9:58.6	6:12.1	16:41.6
-- HEIL, Loryn	JR	St. Ambrose	-	DNF	---	---	13:28.8
-- EILDERTS, Jayne	SR	St. Ambrose	-	DNF	---	---	13:29.2
-- SIMPSON, Zee	SO	Aquinas	-	DNF	---	---	14:59.7
-- O'LOUGHLIN, Darcee	SO	Hawkeye CC	-	DNF	---	---	19:42.2