



## Preparing for surgery

- **Pre-operative tests** will be ordered and a medical assessment may be necessary if you have other medical problems that impact on the anesthesia necessary.
- If you are discharged the same day as your surgery someone should **drive you home** from the hospital or surgical center.

- **Do not take aspirin and non-steroidal anti-inflammatory medications (NSAIDs) one week prior to surgery.**
- You will be notified as to the exact time to arrive at the hospital prior to your surgery, by the hospital.
- If you are having general or monitor anesthesia, do not eat or drink anything after midnight, before the day of surgery.
- If you have surgery with only local anesthesia, you may eat your normal breakfast.
- You may take any **medications** (other than aspirin or NSAIDS), the morning of your surgery, **with just a sip of water, even if you are having general or monitor anesthesia.**
- **Do not shave the part of the body involved.**
- **If general or monitor anesthesia, do not wear any jewelry, body piercing, makeup, nail polish, hairpins or contacts.**
- Leave valuables and money at home.
- Wear loose-fitting, comfortable clothing.

Disability issues and recovery time will be addressed prior to surgery.