

"The Lord's
Prayer is the
most perfect of
prayers.... In it
we ask, not only
for all the things
we can rightly
desire, but also
in the sequence
that they should
be desired"

St Thomas Aquinas

SCRIPTURE of the DAY

Genesis 18: 20-32

Psalm 137: 1-3, 6-8

Colossians 2: 12-14

Luke 11: 1-13

We seek His forgiveness for our sins and pray that He will protect us from the evil one. This prayer serves as a model for our communication with God, encompassing adoration, supplication, confession, and intercession.

In the Gospel of Luke, Jesus tells the parable of the persistent friend, illustrating that God hears and answers the prayers of those who earnestly seek Him. This teaches us to approach God with unwavering faith, trusting that He will respond in His perfect timing.

The Apostle Paul, in 1 Timothy 2:1-2, emphasises intercessory prayer, urging believers to pray for all people, including kings and those in authority, so that we may lead peaceful and godly lives. Such prayers are not merely requests but acts of faith that invite God's intervention in the lives of others.

In Genesis 18, we witness the transformative power of praying for others when Abraham successfully intercedes on behalf of the people of Sodom, negotiating with God to spare the city. Likewise, through our intercession, God can save the righteous, heal the sick, and protect His creation from all types of danger. If we persevere in prayer, we shall gladly testify: "On the day I called, you answered me, O Lord!".

Therefore, let us continuously pray for Mother Earth. May all mankind learn to see the world through the eyes of God, capturing its beauty, complexity, and purpose. May our hearts be stirred to act, to protect, and to nurture all that God has made. By living sustainably and advocating for policies that protect the environment, may we fulfill our role as faithful stewards of the Earth. In doing so, we honour God, who entrusted us with the care of His creation, and participate in His redemptive work in the world.



NEW WAY OF BEING CHURCH | 17th Sunday in Ordinary Time | 27 July 2025 (World Day for Grandparents and the Elderly)

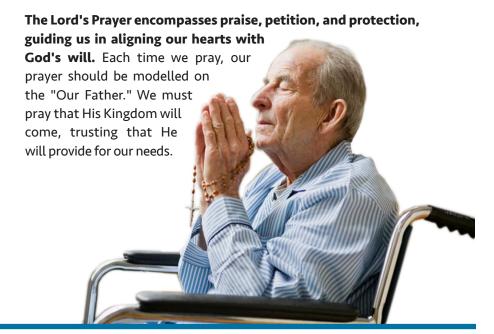
CELEBRATING, LISTENING AND WALKING AS PILGRMS OF HOPE

MONTHLY FOCUS & RATIONALE

ECOLOGY (STEWARDSHIP)
CALLED TO STOPPING THE PLUNDER AND EXPLOITATION OF RESOURCES

The Transformative Power of the "Our Father"

rayer serves as the key that unlocks the door to the heart of God. Today, Jesus offers us this "key" through His teachings on three essential lessons of prayer: the Lord's Prayer, the importance of persistence in prayer, and the need for intercessory prayer.





PARISH OF OUR MOTHER OF PERPETUAL HELP Redemptorist Community Rev.Fr. Joseph Stephen, C.Ss.R. (Parish Priest) Rev.Fr. Patrick Massang, C.Ss.R. (Assistant Parish Priest) Celebrating, Listening and Walking as Pilgrims of Hope.

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak, 1, Jln Serindik, Ipoh Gdn., Ipoh

Tel. Nos.: (office - 05 5458220) (Fax: 05 5468495) website: omphip.org

ANNOUNCEMENTS: FEAST DAY OF ST.ALPHONSUS + ADORATION OF THE BLESSED SACRAMENT — 1st Fri. of each month.

(date) **Friday, 1 August, 2025** (time) **7.20 p.m**. Adoration of the Blessed Sacrament followed by a special Mass at 8.00 p.m.; the Feast day of St.Alphonsus Liguori, Founder of the Redemptorist Congregation. All are invited to celebrate with the Redemptorists.

FAMILY FOOD FAIR DAY

The Home for the Aged (CWS) Simee Care Centre, Ipoh will hold a Family day with Food stalls. Fun and Entertainment on

Sunday, 14 September, 2025

from 8.30 a.m. till 1.00 p.m. at Dewan SJKC Chung Tack, Lebuh 2, Simee, Ipoh. Come and Join in the fun with family & friends.

1 coupon = 5 pcs of 2 tokens = RM10/-

10 coupons (1 bk.) = RM100/-Contact: Dennis 013 5200385 or Carol Chan 016 2948618

JUBILEE SALIB OF HOPE

The Jubilee Salib will be arriving in our OMPH church on

Mon., 18 till 31 of August, 2025

* 18 till 20 Aug., the Cross will be in our church.

On the following days, the Jubilee Salib will be move to the following locations -

- * 21 & 22 Aug, it will be in Our Lady's Convent.
- * 23 & 24 Aug., it will be in Good Shepherd Convent.
- * 25 & 26 Aug., it will be in Fatima Hospital.
- * 27 & 28 Aug., it will be in St.Mary's Chapel, Kg.Tersusun.
- * 29 till 31 Aug., it will be back in OMPH church.

Come and spent sometime in prayer for Hope in our lives, in our family, our parish, our country and our world.

There will be special talks and celebrations. You will be informed.

	gust 2025)
* * 27/7/2025 - 11.30 a.m. – RCIA (T)	(St.Paul Rm.)
* 28/7/2025 - 8.00 p.m Group study(C) (Gospel of Mark)	(ven Francis Xavier Rm.)
* 29/7/2025 - 8.00 p.m. – Legion of Mary (C)	(St.Mt.Rm.)
* 31/7/2025 - 7.30 p.m. – RCIA (E)	(St.Mk.Rm.)
- 8.00 p.m. – RCIA (BM)	(Wallace Rm.)
* 1/8/2025 - 8.00 p.m RCIA (C)	(ven Francis Xavier Rm.)
* 3/8/2025 - 11.30 a.m. – RCIA (T)	(St.Paul Rm.)
* 5/8/2025 - 8.00 p.m Legion of Mary (C)	(St.Mt.Rm.)
- 8.00 p.m Liturgical Committee	(St.Mk.Rm.)
* 6/8/2025 - 8.00 p.m Chinese Apostolate	(St.Mk.Rm.)
* 7/8/2025 - 7.30 p.m. – RCIA (E)	(St.Mk.Rm.)
- 8.00 p.m. – RCIA (BM)	(Wallace Rm.)
* 8/8/2025 - 8.00 p.m RCIA (C)	(ven Francis Xavier Rm.)
* 9/8/2025 - 8.00 a.m Sun.Sch Fun day	(church grounds)
* 9/8/2025 - 9.30 a.m. – Prison Ministry	(ven Francis Xavier Rm.)
* 11/8/2025 - 8.00 p.m Group study(C) (Gospel of Mark)	(ven Francis Xavier Rm.)
* 12/8/2025 - 8.00 p.m. – Legion of Mary (C)	(St.Mt.Rm.)
* 12/8/2025 - 7.30 p.m. – Caritas OMPH	(St.Mk.Rm.)
* 14/8/2025 - 7.30 p.m. – RCIA (E)	(St.Mk.Rm.)
- 8.00 p.m. – RCIA (BM)	(Wallace Rm.)
* 15/8/2025 - 8.00 p.m RCIA (C)	(ven Francis Xavier Rm.)

(St.Paul Rm.)

JULY/AUGUST COFFEE MORNINGS:

- 27/7/2025 - BEC St.Monica (T)

* 17/8/2025 - 11.30 a.m. - RCIA (T)

- 3/8/2025 BEC St.Alphonsus Liguori.
- 10/8/2025 RCIA.
- 17/8/2025 RECHOSO
- 24/8/2025 BEC St. Faustina.
- 31/8/2025 Sunday Sch.

ETERNAL HAPPINESS TO:

+ John Wong Wai Heng departed on 16 July, 2025



All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.

Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

Next Meeting: Fri.29/8/2025.

EVENING FOR THE ENGAGED 2025 Please see your Parish Priest for registration.

EE144	8-10 Aug 2025
EE145	7-9 Nov 2025

Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year.

For **Tamil marriage preparation** course **2025** –

Dormitory	
St.Anne, Bukit	Aug 23 & 24/
Mertajam.	Nov 15 & 16
Church of	(Closing date on:
St.Anthony,	1st day of each month)
Nibong Tebal.	,

Please see your Parish Priest for registration.

You are requested to register six (6) weeks before the weekend Please see your Parish Priest for registration.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.

Session & Rehearsal: Sat. 30/8/2025 at 10 a.m.

Next Baptism: 31 August, 2025.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

WEDDING BANNS:

* Magdalene Abeervatham & Rínnesh a/l Mohan

PRISON MINISTRY

Penang Diocesan Prison Ministry & OMPH church organised a talk on (date) **Sat. 9 August, 2025**— (time) 9.30 a.m. – 10.30 a.m. (venue) ven Francis Xavier Rm.

SALVATION ARMY OPEN DAY

(date) Sat. 20 September, 2025.

The team from Salvation Army will be in our Parish on Sat. 9 & Sun 10 of August, 2025 to sell their Open day coupons. Please give them your support.

FUND RAISING FOR St.Mary's Chapel, Kg.Tersusun, Ulu Kinta.

Dear Parishioners,
Our chapel in Ulu Kinta is in need

of funds to repair the roof of the chapel. It cost RM100,000/-.
We are launching a project called

We are launching a project called "Buy A Brick".

Each brick cost RM10/-.

To-date we have collected RM70,000/-.

Kindly help us to raise the needed fund. God bless you.

(Fr. Joseph Stephen, Parish priest)

TWO MAJOR PROJECTS IN O.M.P.H

- 1. The roof at our Parish Hall is leaking and we need to replace the roof tiles and also to service the Solar panels.
- 2. St.Joseph Chapel area gets flooded after a heavy downpour. We need to rectify the drainage.

The Maintenance Committee is looking into it before we call for Tender. Once we have more information of the projects, we will inform about the cost and duration of the work.

(Parish priest)

FUNDAY 4.0

A fun day for all catechism children filled with games & activities on (date) **Sat. 9 August, 2025** (time) 8.00 a.m. till 12 noon. (venue) OMPH compound.

ST.MARY'S CHAPEL, Tersusun 45th FEAST DAY CELEBRATIONS

(date) **Sat. 16 August, 2025.**

(time) 6.00 p.m. Novena, 6.30 p.m. Mass followe

6.30 p.m. Mass followed by procession & Benediction.

In preparation for the feast day, St.Mary's chapel have organized nine nights of Novena and Mass starting on Fri. 8 till Fri. 15 Aug.,2025

On the 1st day; Fri. 8 Aug. at 7.15p.m. Flag raising, 7.30 p.m. Novena followed by 8p.m. Mass. On Sat. 9 Aug there will be Novena at 7.30 p.m. From Sun.10 till Fri. 15 Aug., Novena @ 7.30 p.m. followed by 8 p.m. Mass each night. To help defray the expenses of the feast day, donations can be submitted at the parish office or at St.Mary's chapel.

Drug abuse is an

alarming issue in Malaysia. Since 2022, as much as 60000 youths below 18 are addicted to various kinds of substances. In this training, we will equip Parish Caritas with the skills to journey with drug users, design plans, and eventually help them recover. Also open for other parish outreach ministries and anyone who keen to learn. Sign up at

https://forms.gle/Y5UN4LNbVkXa nwHD9 before July 29, 2025.

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS. (**27 July 2025**) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)

(All in English unless stated otherwise.)

SUN.27 SEVENTEENTH SUN. IN ORD. TIME

8.00 a.m Mass (E)

10.00 a.m. Mass (T)

11.30 a.m Mass (C)

MON.28 17th Week in Ord. Time (Wk 1)

7.00 a.m. Mass

TUES.29 17th Week in Ord. Time (Wk 1)/SS. Martha, Mary & Lazarus

7.00 a.m. Mass.

8.00 p.m. Tamil Charismatic prayer meeting.

WED.30 17th Week in Ord. Time (Wk 1)/St.Peter Chrysologus

7.00 a.m. Mass.

THURS.31 17th Week in Ord. Time (Wk 1)/St.Ignatius of Loyola

7.00 a.m. Mass

FRI.1 17th Week in Ord. Time (Wk 1)/St.Alphonsus Liquori

7.00 a.m. Mass

7.20 p.m. Adoration of the Blessed Sacrament.

8.00 p.m. Mass

SAT.2 17th Week in Ord. Time (Wk 1)/St.Eusebius of Vercelli/St.Peter Julian EymardB.V.M

7.30 a.m Mass. (Novena intentions)

9.00 a.m Novena devotion to Our Mother of Perpetual Help. (church)

5.00 p.m Novena devotion to Our Mother of Perpetual Help. (church)

5.45 p.m Mass.

SUN.3 EIGHTEENTH SUN. IN ORD. TIME

8.00 a.m Mass (E) 10.00 a.m. Mass (T)

11.30 a.m Mass (C)

ST. MARY'S CHAPEL, KG. TERSUSUN

- Sun.27/7/2025 8.00 a.m. Mass in Tamil.
- Mon. 4/8/2025 7.30 p.m. BEC Mass
- Tues.5/8/2025 7.30 p.m BEC Mass
- Wed. 6/8/2025 7.30 p.m. BEC Mass.
- Thurs. 7/8/2025 7.30 p.m. BEC Mass
- Fri. 8/8/2025 7.15 p.m. Flag Raising, 7.30 p.m. Novena, 8p.m. Mass.
- Sat. 9/8/2025 7.30 p.m. Novena.
- Sun. 10/8/2025 7.30 a.m. Novena, 8.00 a.m. Mass in Tamil.
- Mon. 11/8/2025 Fri. 15/8/2025 7.30p.m Novena, 8.00 p.m. Mass.
- Sat. 16/8/2025 6 p.m. Novena, 6.30 p.m. Mass, Procession, Benediction.

2nd COLLECTION: 27/7/2025 – For parish maintenance.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS::::: Year C) (WEEKDAY READINGS ::::: Year 1)

SUNDAY 27 (27 July – 3 August, 2025)

(a) Gen 18: 20-32. (Ps 137: 1-3, 6-8)

(b) Col 2: 12-14 (c) Lk 11: 1-13

MONDAY 28 (a) Ex 32: 15-24, 30-34. (Ps 105: 19-23)

(b) Mt 13: 31-35

TUESDAY 29 (a) 1 Jn 4: 7-16. (Ps 33: 2-11)

(b) Jn 11: 19-27 or Lk 10: 38-42

WEDNESDAY 30 (a) Ex 34: 29-35. (Ps 98: 5-7, 9)

(b) Mt 13: 44-46

THURSDAY 31 (a) Ex 40: 16-21, 34-38. (Ps 83: 3-6, 8,11)

(b) Mt 13: 47-53

FRIDAY 1 (a) Lev 23: 1, 4-11, 15-16, 27, 34-37. (Ps 80: 3-6, 10-11)

(b) Mt 13: 54-58

SATURDAY 2 (a) Lev 25: 1, 8-17. (Ps 66: 2-3, 5, 7-8)

(b) Mt 14: 1-12

SUNDAY 3 (3 AUGUST – 10 AUGUST, 2025)

(a) Ecclus 1: 2, 2: 21-23. (Ps 89: 3-6, 12-14, 17)

(b) Col 3: 1-5, 9-11 (c) Lk 12: 13-21