

ANNIE MCCALL, M.A., L.M.H.C.

CREDENTIALS

Licensed Mental Health Counselor, #LH00009236
Clinical Faculty Appointee, Department of Psychology, University of Washington
M.A. in Psychology, New York University, 2000
B.A. in English and Secondary Education, University of Wisconsin, 1993

CLINICAL EXPERIENCE

Private Practice Therapist 2004-present

- Provide psychotherapy and skills coaching to adolescents, adults, and families
- Specialize in Dialectical Behavior Therapy and Prolonged Exposure treatment
- Teach a course on “Effectively Parenting Your Teenager”

Co-Founder and Skills Trainer, *Youth and Family DBT of Seattle*, 2006-present

- Lead multi-family DBT skills group for suicidal teenagers and their parents
- Member of Mapleleaf DBT Consultation Team

Research Therapist, *Behavioral Research and Treatment Clinic, Seattle, WA*, 2005-2010

- Co-led two weekly DBT skills groups of suicidal women with borderline personality disorder
- Provided individual DBT therapy to opiate-addicted clients, and co-morbid BPD and posttraumatic stress disorder
- Employed as Clinic Coordinator, reporting to treatment developer Marsha Linehan, Ph.D.

Community Psychiatric Clinic, Seattle, WA, 2003-2005

Child and Family Therapist

- Provided individual and family therapy to adults, adolescents, and children
- Conducted intake assessments, including diagnosis and treatment planning
- Provided crisis services as a member of the After-Hours Response Team

Clinical Case Manager

- Provided therapy and case management services to case load of 65 severely mentally ill adults
- Led the agency’s Dialectical Behavioral Therapy skills group
- Conducted agency-wide training on the use of DBT in case management

TRAINING EXPERIENCE

DBT Trainer *Treatment Implementation Collaborative, LLC, Seattle, WA*, 2012-present

- Teach workshops on DBT and exposure treatment to mental health professionals

DBT Trainer *Behavioral Tech, LLC, Seattle, WA*, 2008-2012

- Teach workshops on DBT and exposure treatment to mental health professionals

Contract Trainer *Art with Heart, Seattle, WA*, 2005-present

- Provide trainings for mental health counselors and community members on topics including:
 - Tools for Managing the Aftermath of School Crisis
 - Recruiting and Facilitating Counseling Groups in Middle and High Schools
 - Chill & Spill: Utilizing Creative Arts to Inspire and Heal At-Risk Youth
 - Using Art To Heal a Child: Becoming an Art Buddy
 - Programming for Siblings of Seriously Ill and Disabled Children
- Contribute to Art with Heart’s training publications:
 - Co-author of *Ink About It*
 - *Chill & Spill: Therapist’s Companion*
 - *Art Buddy Training Manual*

Featured Presenter

- King County Sexual Assault Resource Center, September 2011: “Managing PTSD when exposure isn’t an option”
- Search Institute Conference 2009, Cincinnati, OH
- Child Life Conference 2008, San Diego, CA
- Washington State Community Action Partnership, Family Development Conference, April 2008 “Using DBT Strategies in Case Management”
- UW-Extension Course: Adolescent Mental Health Treatment, Liz Sullivan, Instructor, February 2008: “Introduction to DBT with Adolescents”
- Washington Counseling Association 2007 Fall Conference, Seattle
- School’s Out Washington 2007 Conference: Bridge from School to Afterschool and Back, Vancouver, WA

RELATED PROFESSIONAL EXPERIENCE

Program Director, *Washington Women In Need, Bellevue, WA, 2000-2003*

- Managed annual program budget of approximately \$1,000,000
- Provided crisis support and brief counseling to clients who received grants for counseling
- Used extensive knowledge of Puget Sound resources to provide referrals and assist with problem-solving
- Created and implemented “WWINers Workshops” education and networking program

English teacher, *Verona Area High School, Verona, WI, 1993-1998*

Created individual learning plans and developed curricula for widely varying skill levels of grades 9-12.

- Counseled students on issues such as pregnancy, eating disorders, divorce, suicide, and grief
- Created engaging environment of self-exploration, critical thinking, and open discussion
- Honored as Wisconsin Outstanding Student Teacher of the Year

PUBLICATION

- Fornari, V., Dancyger, I., Schneider, M., Fisher, M., Goodman, Beverly, B., McCall, A. “Parental Medical Neglect in the Treatment of Adolescents with Anorexia Nervosa,” *International Journal of Eating Disorders*, December 2000.

ADDITIONAL TRAINING

- DBT 10-Day Intensive Training, completed January 2008
- Intensive Training in Prolonged Exposure therapy, October 2009
- Individual Psychotherapy in Dialectical Behavior Therapy, 2-day workshop
- Skills Training in Dialectical Behavior Therapy, 2-day workshop
- Complicated Trauma: Diagnosis and Treatment, 1-day training