

# Return to School Report

DVUSD Board Meeting 09.08.2020

# **Agenda**

- Sunshine Stories
- Return to School Work Team Updates
- Questions and Answers

### **Sunshine Stories Vista Peak**

"Three weeks ago I was feeling anxiety and nervousness about coming back to in-person learning... I can firmly say that our outstanding leadership team at Vista Peak reassured us that we would be taking every precaution possible to promote the safety of every staff member and child, but were also humble and human enough to let us know that our safety could not be guaranteed. While they could not promise that we would not potentially get sick, they did promise that the use of masks, shields, hand-washing stations, would be implemented and that in no time it would feel like the new normal. Within about one week it felt like the new normal. I am proud to work at a school filled with outstanding leadership, outstanding monitors, outstanding janitors, and outstanding co workers. It felt as though overnight we all came together to face fears together it a positive way with strength in numbers! The faces of each child lit up has flooded my heart with so much happiness that the darkness of 2020 is out shined! As a new employee to Vista Peak this year I am happy to report that this is home! #trailblazersleadtheway" - Ms. Sara Rivera, Vista Peak Staff Member

### **Sunshine Story Developmental Preschool**

Village Meadows In-Person Developmental Preschool

Developmental Preschool students have done a wonderful job of adjusting to wearing masks and adhering to all the safety practices that have been put in place. A Developmental Preschool Teacher overheard one student tell another student..."I can't wait for all the students to come back to school!"



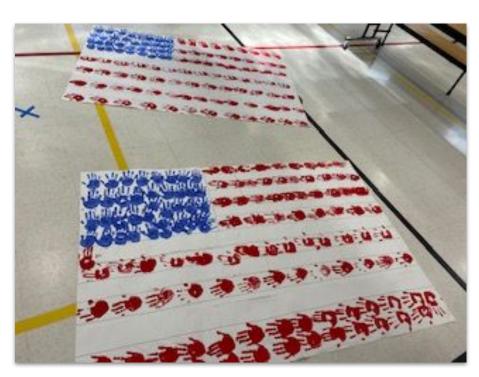




### **Sunshine Story #3**

Good afternoon Ms. Taylor,

I wanted to send Dr. Finch a picture of 2 American Flags that we made with the kiddos at Norterra Canyon while they were on a brain break from their FSLS classes. We made one for the 1st responders in our community for Labor Day to thank them for keeping us safe and being on the frontline during this trying time. Also the other flag, I am mailing it to the current mayor of New York in honor of the September 11th memorial. We wanted to do something special for those first responders as well as show our sympathy for the many people who were lost that day. Thought it would be nice to share this with you. If you have any questions or comments please feel free to email me.



Caryn McNally

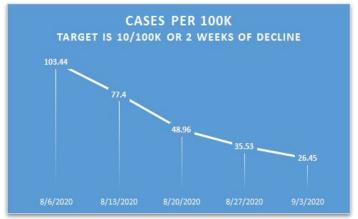
# Return to School Work Team Update







ADHS Public Health Benchmarks

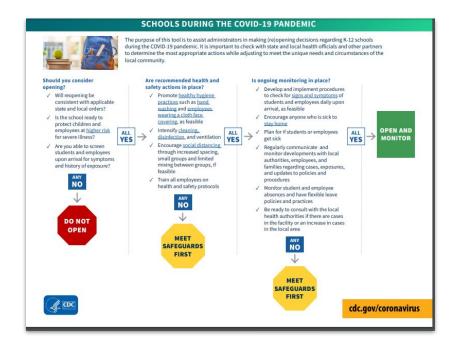






		VID-LIKE RGET IS <59		
7.00%				
	4.00%			
		3.00% —	3.00%	
				2.00%
				2.00%

Reporting 1	ime Period				
Start	End	Reporting Date	Cases Per 100K	% Positivity	COVID- Like %
7/12/2020	7/25/2020	8/6/2020	103.44	9.60%	7.00%
7/19/2020	8/1/2020	8/13/2020	77.4	8.12%	4.00%
7/26/2020	8/8/2020	8/20/2020	48.96	6.51%	3.00%
8/2/2020	8/15/2020	8/27/2020	35.53	4.22%	3.00%
8/9/2020	8/22/2020	9/3/2020	26.45	4.25%	2.00%





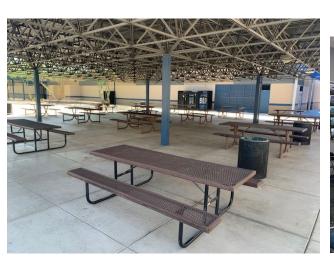
- www.dvusd.org/returntoschool
  - Updated Operational Safety Plan
  - COVID-19 Reporting Procedures
  - Parent Communication



## **Return to School Safely - DVHS**

Sample Model Schools



















### Return to School Safely - Sierra Verde







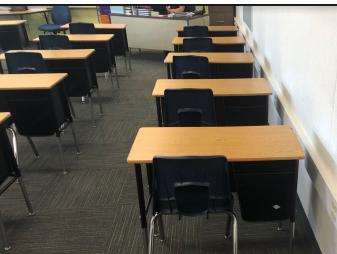


Return to School Safely - Village Meadows









- Personal Protective Equipment (PPE)
  - Items distributed this week:
    - Cloth masks for students 34,625
    - More masks on hand and arriving next week
- Items distributed this week:
  - Cloth masks for students 34,625
- Continue to order:
  - Hand sanitizer
  - Gloves
- Waiting delivery:
  - Face shields for every teacher



### **Ventilation Systems**

- Indoor Air Quality Strategies
  - Continuously running indoor fan during occupancy
  - O Bring in outside air throughout the day, including purging the air before each school day
  - Utilizing MERV8 rated air filters
  - The EPA states, "portable air cleaners and HVAC filters are not enough to protect people from the virus that causes COVID-19."



### **Return to School Safely - Notification**



**Protocol - Notification of COVID-19 Case to Community** - DVUSD will follow the guidelines outlined in <u>ADHS Emergency Measure 2020-03</u> and notify current staff, faculty, students, and students' parents and guardians if an outbreak due to COVID-19 occurs within the population of a school within 24 hours of confirming such information.

ADHS defines an outbreak as two or more laboratory-confirmed COVID-19 cases among students or staff with onsets within a 14-day period, who are epidemiologically linked, do not share a household, and were not identify as close contacts of each other in another setting during standard case investigation or contact tracing.

### **Communication**

Fireside Chats

More will be covered in the Return to Learning preview item later

tonight.



## **Return to Learning**

Information in the Preview Item later in the Board Meeting.



### **Return to Work Safely**

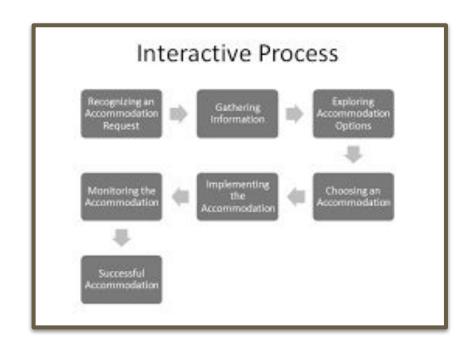
### Topics:

- ADA Interactive Meetings
- Families First Coronavirus Response Act
- Classroom Coverage Options
- Supporting Employee Health, Wellness, Wellbeing



### **ADA Interactive Meetings**

- HR is currently completing interactive meetings for those employees who have submitted all required paperwork.
- Meetings are scheduled in anticipation of return to in-person learning.
- An interactive meeting is a required part of the ADA workplace process.



### **Classroom Coverage Options**

- In person substitute covers the classroom and the instruction
- In person substitute covers the classroom and the teachers continues instruction from home
- Staff member (classified, certified or exempt) covers the classroom and the teacher continues delivery of instruction from home
- Staff member (classified) covers the classroom and a different teacher provides instruction remotely
- Staff member (certified) covers the classroom and the instruction

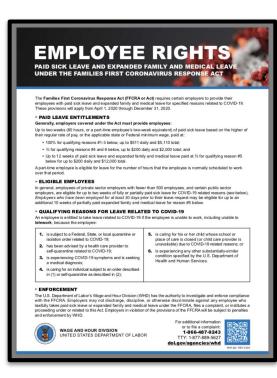
### **Substitute Pool**

- 415 Day to Day Substitutes (not canvas trained) poised and ready to start when DVUSD goes back to in-person learning
- 34 Canvas trained Long Term Substitutes filling Vacancies
- 9 Canvas trained Long Term Substitutes filling FMLA position
- 24 additional substitutes Canvas trained and ready to take on positions
- Added an additional 18 subs on 9/2/20
- Assigning 1 sub to each location, each day



### Families First Coronavirus Response Act

- Employees who qualify under 1 or more of the 6 categories are entitled to a one time paid leave option.
- Employees must complete the FFCRA paperwork to qualify for the benefit.
- Leave days are applied retroactively to employee leave accounts.



### **Employee Supports**

Stay Calm & Reduce Fear **During the COVID-19 Pandemic** 

With coronavirus (COVID-19) now a global pandemic, anxiety and stress levels may be higher than normal for many people. If you already struggle with mental health problems, you may worry about the impact of COVID-19 on your condition. Here's what you need to know about COVID-19 and mental health, and how to keep yourself calm during the outbreak.

### Why COVID-19 is tough on your mental health

There's so much uncertainty around what's going to happen with COVID-19 that neonle are understandably feeling anxious. Jobs may be at risk, elderly fam By members are vulnerable, and many of us are now forced to change our daily routines. What's more, we're constantly flooded with news statistics, and fresh emergency guidelines, and it's mentally draining for everyone. So, how do we combat all this stress and stay calm?

### 1: Practice self-care

With so much beyond our control right now, focus on what you can control. Get more sleep, read a new book, have a warm bath, or take a walk somewhere quiet - whatever you do, now is the time to prioritize your well-being.

### 2: Limit social media use

Set limits on how often you use social media, especially if you're at home where it's tempting to check in more often. Don't let a constant stream of tweets, status updates, and conflicting opinions overwhelm you.

### 3: Read only reliable news sources

Stay informed by reading only reliable sources, such as government websites. the WHO, and the CDC. Other news

sources may be less accurate, and they may cause feelings of panic and concern.

### 4: Talk it out

Acknowledge any stress or anxiety you're feeling right now, and ask others how they're coping. Talk to family and friends, and make sure you check in with how your kids are

### 5: Reach out to coworkers

Now is the time for coworkers to come together. Focus on maintaining positive morale at work, and if you're working remotely. set regular meetings

### Handling self-isolation and quarantine

If you're showing flu-like symptoms, working remotely, or simply self-isolating, here are some specific tips to get your through the next few weeks and months.

### 1: Maintain your routine

it's important to maintain a sense of normalcy, where possible. If you're working remotely, check in with coworkers, and try to stick to a tunical daily soutine. You never know - you might even be more productive than usual!

### 2: Stay in touch where possible

Whather you use video chats amails or voice calls, check in with family, friends, and

ting supplies during th reach out to coworken are willing to help at a

stuck at home. Try out other at-home workou meals - your body ne

### 3: Ask for help

If you're feeling losely munity. You'd be surpri

### 4: Look after your bo

Don't neglect your boo can get right now.

NO TIME TO EXERCISE?

TRY MICRO WORKOUTS:

### colleagues regularly. have virtual movie nigh

Before getting in the shower, do 1-minute of each of the fol-

lowing: Jumping jacks, mountain climbers, high knees, and butt

calls, do 10 Jumping jacks, 10

Lack of time is the biggest reason people give for why they don't exercise. With micro workouts, there are no more excuses!

What's a micro workout? They're short workouts (think 10 minutes or less) with intense bursts of activity. Basically, they're shorter versions of HIIT (high intensity internal training) workouts.

Not only are they effective, but with the right movements, they can even be better for you than steady-state exercising for long periods. Some can be as effective as a 45-minute workout at a moderate pace.

### Here are a few examples:

. Run up two flights of stairs a

### Between meetings or phone

squats, and 10 push-ups.

e to the holistic state of mind.

few times per day. · During your lunch break, take

a 10-minute brisk walk. . Try a 10-minute Tabata

workout; you can find great examples on YouTube.

### **Health and Wellness**

Welcome to the Interface Behavioral Health - Health & Wellness Program

param provides support for current life events and ortunity for planning and pursuing positive changes future. Thinking well and making healthy choices to e the mind, body, soul and spirit brings great



e Behavioral Health & Wellness resources provide a ctrum of support. Get connect for Wellness today. r now for full access.

REG!	

### DONE CONSISTENTLY, A LITTLE CAN GO A LONG WAY!

### Conclusion and Using the EAP

Everyone reacts to stressful situations and changing circumstances differently, and it's natural to feel overwhelmed right now. Your employee assistance programs is a go-to source for help and support. Keep them in "top-of-mind" for when the going gets tough with any life concern.

Take care of yourself, your family, your friends, and your coworkers, and don't be afraid to ask for help if you need it. Remember, we're all in this together - stay connected to those around you, focus on what you can control, and don't allow yourself to burn out.

Key Resource: Coronavirus.gov

May be reproduced and distributed.



### Taking Care of Your Health and Wellness

Research shows the following strategies support our wellness in this pandemic year:

- Unplug-important strategy for reducing burn out
- Focus on your physical health
- Take time to stay connected with other people
- Nurture your mental health



# **Questions & Answers**