

Counseling Believers in Bondage

1. Listen to the person's story to determine "**turning points**"
 - a. **When** did you start your addictive behavior?
 - b. **What** was happening in your life at that time?

2. Determine what **strongholds** the enemy might have erected at that time that need to be torn down.
 - a. **anger**, resentment, bitterness, guilt, **shame**
 - b. need for **affirmation** from sources other than God (often unintentional
 - c. misconceptions about the **character** of God - every problem is a **theological** issue.

3. Definition of a Spiritual Stronghold

“A stronghold is a **mindset** impregnated with **hopelessness** that causes a person to accept as **unchangeable** something that they know is **contrary** to the will of God” Ed Silvano

4. Interpret the **circumstances** of a person's life **biblically**
 - a. God will frustrate a person in order that they will let go of their idols
 - b. God will reveal a man's heart in the way he is being tempted

5. Fight Spiritual **battles** with spiritual **weapons**

“For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, (2 Corinthians 10:3-5 NKJV)

 1. **Remember** Your **Position** in Christ
 - A. Your Connection to the **Winner**
 - a. Ephesians 2:6
 - b. Colossians 3:1

c. Colossians 2:9-15

B. Your **legal authority** in Christ – for example - football player and referee, the player far outweighs the referee, but the referee has more authority.

2. **Rely** on God's **Provision**

A. **Rely** on God's Greater Grace -James 4:6

1. Not just for salvation, but to live in victory
2. Grace is greater than your circumstances

B. **Surrender** to God -James 4:7a

1. What it does not mean -James 4:1-5
2. Surrender comes first- I cannot - He can

C. **Commit** to God - Philippians 2:12,13

D. **Draw near** to God James 4:8a

1. Prayer
2. Worship

3. **Repent** of **Sin**

A. **Admit** your sin.

1. Humble yourself and admit your sin (verse 6)
2. Take personal responsibility James 4:8b

B. **Give** up pride to receive grace (verse 6)

4. **Resist** the **Devil** -1Peter 5:6-9

A. **Know** and **use** the Word -Matthew 4:1-11

1. Contradict Satan's lies with Gods Word
2. Take God's promises to the bank

B. Put God's Word to the test to **find out** whether it works or not

1. David and Goliath 1 Samuel 17:45 & 46a
2. Petition the Throne of Grace Hebrews 4:14-16

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- a. _____ did you start your addictive behavior?
- b. _____ was happening in your life at that time?

2. Determine what _____ the enemy might have erected at that time that need to be torn down.

- a. _____, resentment, bitterness, guilt, _____
- b. need for _____ from sources other than God (often unintentional)
- c. misconceptions about the _____ of God - every problem is a _____ issue.

3. Definition of a Spiritual Stronghold

“A stronghold is a _____ impregnated with _____ that causes a person to accept as _____ something that they know is _____ to the will of God” Ed Silvano

4. Interpret the _____ of a person's life _____

- a. God will frustrate a person in order that they will let go of their idols
- b. God will reveal a man's heart in the way he is being tempted.

5. Fight Spiritual _____ with spiritual _____

“For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, (2 Corinthians 10:3-5 NKJV)

1. _____ Your _____ in Christ

A. Your Connection to the _____

- a. Ephesians 2:6
- b. Colossians 3:1
- c. Colossians 2:9-15

B. Your _____ in Christ – for example - football player and referee, the player far outweighs the referee, but the referee has more authority.

2. _____ on God's _____

A. _____ on God's Greater Grace -James 4:6

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B. _____ to God -James 4:7a

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C. _____ to God - Philippians 2:12,13

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1. Prayer
2. Worship

3. _____ of _____

A. _____ your sin.

1. Humble yourself and admit your sin (verse 6)
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B. _____ up pride to receive grace (verse 6)

4. _____ the _____ -1Peter 5:6-9

A. _____ and _____ the Word -Matthew 4:1-11

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