

April 2021

LUNCH & SNACK MENU



Child Development Center
Hyde Park Baptist Church

GF – Gluten Free DF – Dairy Free V – Vegetarian E – Egg

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Applesauce (GF,DF,V) Chicken Strips (DF,E) Mac & Cheese (V) Broccoli (GF,DF,V) Fresh Fruit Turkey & Cheese Roll-ups (GF)	CDC Closed for Good Friday
5	6	7	8	
Pears(GF,DF,V) Beef Chili (GF,DF) Corn Bread (E,V) Green Beans (GF,DF,V) Fresh Fruit Cucumber & Cheese Sammies (V)	Berry Yogurt (GF,V) Bean & Cheese Quesadillas (V) Roasted Corn (GF,DF,V) Rice (GF,DF,V) Fresh Fruit Veggies w/Ranch	Bananas Spaghetti & Meatballs Carrots (GF,DF,V) Fresh fruit Cucumbers w/Hummus (V,DF)	Applesauce (GF,DF,V) BBQ Chicken (DF,E) Potato Salad (GF,V) Zucchini & Squash (GF,DF,V) Fresh Fruit Ham & Cheese Roll-ups (GF)	Carrot Muffins (V,E) Pizza (V) Mixed Veggies (GF,DF,V) Fresh Fruit Sunbutter & Celery (GF,DF,V)
12	13	14	15	16
Peaches (GF,DF,V) Chicken & Rice (GF) Peas & Carrots (GF,DF,V) Fresh Fruit Veggies & Hummus (GF,DF,V)	Berry Yogurt (GF,V) Turkey Soft Tacos (DF) Cauliflower Rice (GF,DF,V) Black Beans (GF,DF,V) Fresh Fruit Ham & Cheese Roll-ups (GF)	Banana Fish Sticks (DF,E) Mac & Cheese (V) Broccoli (GF,DF,V) Fresh Fruit Berries & String Cheese (GF,V)	Applesauce (GF,DF,V) Tomato Soup (GF,DF,V) Grilled Cheese (V) Cucumber Slices Fresh Fruit Bagels W/Cream Cheese (V)	Zucchini Muffins (E,V) Pulled Pork Sliders (DF) French Fries (GF,DF,V) Coleslaw (GF,V) Fresh Fruit Sunbutter Sammies (DF,V)
19	20	21	22	23
Pears (GF,DF,V) Turkey Tetrazzini (E) Green Beans (GF,DF,V) Fresh Fruit Berries & String Cheese (GF,V)	Berry Yogurt (GF,V) Beef Soft Tacos Roasted Corn (GF,DF,V) Green Rice (GF,DF,V) Fresh Fruit Veggies w/Hummus (V,DF)	Banana Penne Pasta w/Tomato & Mozzarella (V) 3 Bean Salad (GF,DF,V) Fresh fruit Veggies w/Ranch	Applesauce (GF,DF,V) Chicken Noodle Soup (DF) Ham & Cheese Sandwich Carrot & Celery Fresh Fruit Sunbutter w/Celery (GF,DF,V)	Blueberry Muffins (E,V) Pizza (V) Broccoli (GF,DF,V) Fresh Fruit Turkey & Cheese Roll-ups (GF)
26	27	28	29	30
Peaches (GF,DF,V) Beef Lasagna (E) Peas & Carrots (GF,DF,V) Fresh Fruit Veggies w/Bean Dip (GF,DF,V)	Berry Yogurt (GF,V) Chicken Soft Tacos (DF) Black Beans (GF,DF,V) Zucchini & Squash (GF,DF,V) Fresh Fruit Ham & Cheese Roll-ups (GF)	Banana Turkey Alfredo Green Peas (GF,DF,V) Fresh Fruit Veggies w/ Cream Cheese (GF,V)	Fruit (GF,DF,V) Teriyaki Meatballs E Sesame noodles DF V Mixed Veggies (GF,DF,V) Fresh Fruit Berries w/String Cheese (GFV)	Berry Cereal Bars (DF,V) Bean & Cheese Quesadilla (V) Roasted Corn & Tomato (GF,DF,V) Fresh Fruit Cucumber & Cream Cheese Sammies (V)