# **Pre-Teen/Teen Program Class List**

# Ballet (Vaganova based)

- Ballet Pre-Teen/Teen Intermediate: Mondays 8 9:15 pm (Ms. Caroline)
- Ballet Teen Intermediate/Advance: Thursdays 7:30 8:45 pm (Mrs. Camille)

### **Pre-Pointe & Pointe**

- Beginner/Intermediate Pointe: Mondays 7:15 8 pm (Mrs. Hyunmi)
- Pre-Pointe/Beginner Pointe: Mondays 8 8:45 pm (Mrs. Hyunmi)

## Modern (Horton, Graham, & Dunham based)

- Modern Pre-Teen/Teen Intermediate: Wednesdays 7 8:15 pm (Mrs. Camille)
- Modern Teen Intermediate/Advance: Wednesdays 8:15 9:30 pm (Mrs. Camille)

# **Hip Hop**

• Hip Hop Pre-Teen/Teen: Tuesdays 6 – 7 pm (Mr. Tyone)

#### Acro/Tumble

- Acro/Tumble Beginners 1: Fridays 6 6:45 pm (Mr. Collin & Ms. Joy)
- Acro/Tumble Beginners 2: Fridays 6:30 7:15 pm (Ms. Kaniesha)
- Acro/Tumble Intermediate: Fridays 6:45 7:45 pm (Mr. Collin & Ms. Joy)
   \*Must do a skills assessment prior to enrolling in the intermediate level\*

## **Technique & Conditioning**

• Technique & Conditioning Level 2: Mondays 6 – 7 pm (Mrs. Hyunmi)

<sup>\*</sup> For this class, students must be at least 11 years old & up. They must also be assessed & gain teacher approval prior to enrolling in pointe or pre-pointe.

Students MUST take ballet in addition to this class. Email info@nfernodance.com for details. \*