

Education: BA in Psychology from Manhattan College and MSW from Yeshiva University School of Social Work.

Previous Work Experience: Adolescent Therapeutic Case Manager/Senior Counselor - Odyssey House, Inc., Retention Support Counselor for Job Placed Clients - Binding Together, Inc., Substance Abuse Clinician - Roosevelt Hospital MMTP, Habilitation Specialist - St. Dominic's Home (Intermediate Care Facility), Senior Clinician - Catholic Charities Community Services of Orange and Sullivan, Clinic Director - Catholic Charities Community Services of Orange and Sullivan.

Additional Training/Specialty: Cognitive Behavioral Therapy, Motivational Interviewing, Mindfulness Practices, Positive Psychology, Substance Abuse, Depression, Anxiety and Self Esteem Issues.