

GYM SCHEDULE

FAR SIDE

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 12:00pm-5:00pm	Open Gym 5:00am-9:00am	Open Gym 5:00am-4:00pm	Open Gym 5:00am-9:00am	Open Gym 5:00am-4:00pm	Open Gym 5:00am-9:00am	Open Gym 6:00am-8:00am
	Silver Sneakers 9:00am-10:00am		Silver Sneakers 9:00am-10:00am		Silver Sneakers 9:00am-10:00am	Youth Basketball 8:00am-12:00pm
	Open Gym 10:00am-4:00pm		Open Gym 10:00am-4:00pm		Open Gym 10:00am-4:00pm	Open Gym 12:00pm-5:00pm
	Live Y'ers 4:00pm-6:00pm	Live Y'ers 4:00pm-5:30pm	Live Y'ers 4:00pm-6:00pm	Live Y'ers 4:00pm-6:00pm	Live Y'ers 4:00pm-6:00pm	
	Open Gym 6:00pm-9:00pm	Open Gym 6:00pm-9:00pm	Open Gym 6:00pm-9:00pm	Open Gym 6:00pm-9:00pm	Open Gym 6:00pm-9:00pm	

- Hi-lighted times are OPEN GYM times.
- Please be mindful of walkers, joggers, and runners while you enjoy the gym.
- Tennis shoes are required. No food or beverages other than water are permitted.

GYM SCHEDULE

NEAR SIDE

JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 12:00pm-5:00pm	Open Gym 5:00am-9:00am	Open Gym 5:00am-9:00pm	Open Gym 5:00am-9:00am	Open Gym 5:00am-9:00pm	Open Gym 5:00am-9:00am	Open Gym 6:00am-8:00am
						Youth Basketball 8:00am-12:00pm
						Open Gym 12:00pm-5:00pm

- Schedule subject to change with little or no notice.
- For questions or concerns, please contact the Program Director.



GYM SCHEDULE

AGE REQUIREMENTS:

- **Ages 11 and under**
A parent or guardian, 18 years or older, must be present with children in the gym.
- **Ages 12 and up**
May use the gym without parent present.

