

# Body Care Products

Safety Beyond Compare!

Effective! Healing! Protecting!

Feel Wonderful!



## ***Herbal Deodorant (SunSmile)***

- No fluoride or aluminum
- Kills bacteria with herbs
- Encourages the perspiration & doesn't block it.
- Fresh lasting protection, non staining

## ***Waterless Hand Cleansing Gel (Body Care)***

- Kills all tested bacteria, staph, strep, E-coli in 30 seconds
- Provides convenient waterless cleaning
- Cleanses and moisturizes at the same time. Hands feel soft!
- Amazing, super "aloe Vera gel," great for bites, wounds, burns and itching

## ***SunBreeze! Essential Oil & Balm (Vitalite)***

- Unbelievable first aid kit
- Use anywhere that you hurt or need healing
- Never leave home without it

## ***Soaps, Body Scrubs, and Lotions (Skin & Body Care)***

- pH matched to your skin
- Preserves natural protection
- No petroleum, lanolin, or mineral oils to clog pores
- Deep cleaning and nourishment
- Finest herbal ingredients

## ***Shampoos, Conditioners, Mousse, Hair Spray, Herbal Hair Coloring (Hair Care)***

- Safe, effective ingredients
- Encourages healthy, strong, beautiful hair

***Sunrider - the brand you can trust!!***

# *SunSmile* Herbal Deodorant

## *We're supposed to perspire!*

*Sweat glands are nature's way of cleansing out toxins. It is the bacteria in perspiration that has a foul odor, BO -- a serious matter.*

### **Manufacturing Choices:**

- Kill the bacteria,
- Stop the sweating,
- Stop the toxic waste from excreting.

The chemical industry chose the latter two: stop the sweat, block the excretion of waste. They did this with chemicals like aluminum and fragrances masking the foul odor.

This is additionally dangerous because aluminum has been linked with breast cancer and with Alzheimer's disease.

### **Compare the Solution: SunSmile Herbal Deodorant!**



### **Benefits:**

- Encourages the perspiration & doesn't block it.
- Deals with odor by killing the bacteria with powerfully concentrated, safe, natural herbs.
- Long lasting protection with fresh clean scent
- Roll-up for easy application
- Applies smoothly in controlled amounts
- Will not stain clothing
- Kills the bacteria on the skin with the same ingredient as in Fruit & Veggie Rinse called Benzoin made from corn and coconuts.

### **Compare the Difference:**

- Naturally fragranced
- Kind to sensitive skin and won't cause allergic reactions
- Other companies use chemicals like aluminum chlorohydrate, that clog the pores and sweat glands, to slow down or stop the perspiration
- Even some "natural" deodorants still use toxic chemicals that are absorbed

### **Finest quality ingredients and herbal extracts include:**

- *Zinc* - a mineral for the healthy skin and a good antioxidant
- *Vt. E* - for healthy skin and a powerful antioxidant
- *Baking soda* - sweetens & neutralizes odors
- *Benzoin extract* - kills bacteria
- *Thyme extract, chamomile extract, balm mint extract, oat extract, tea tree oil* are all effective anti-bacterial agents
- *Lemon oil, cypress oil & evening primrose* adds balance, freshness & fragrance

**Early Use:** During the early use, underarm odor might be intensified while toxins are being pulled from within the skin; this is good!

### **Breast Cancer?**

The fact that most breast cancers develop nearest to the underarm is very suspicious and frightening. If you want to be your healthiest, you need to sweat more—not less!

Exercise that promotes sweating has been proven to lower breast cancer risk.

***SunSmile Herbal Deodorant*** --When fresh impressions really count-- another *lifesaver!!!*

**SunSmile – Always Safe and the Most Effective Product of its Type!**

# Is SunSmile Herbal Deodorant For You?

Did you know that we're actually supposed to perspire? This shouldn't come as a big surprise to most of us. The sweat glands are designed to help our bodies excrete waste materials that we certainly don't want sealed up inside. The big issue is... foul odor, stink, B.O., and comments like "What died in here?" or "Gah! I can't breathe!" This might bring a smile to your face, but it's truly no laughing matter! Jobs are lost, friends are avoided, wars are started... well, maybe not wars, but don't you agree that this is a serious issue?

Along comes the chemical industry to solve this problem. They determined that it was the bacteria in the waste materials that the body was excreting that created the odor. This bacteria grows in water which promotes the odor problem. So, think about it... we could kill the bacteria, stop the sweating, stop the waste materials from excreting or any combination of the above. The chemical industry chose the latter two -- stop the sweating and block the excretion of the waste. They did this with chemicals like aluminum and also with fragrances for masking the odor should any bacteria succeed in spreading. The trouble with this approach is that we need to excrete these wastes. Also, aluminum has been linked with breast cancer and with Alzheimer's disease.

Now, enter **Dr. Chen**. He can clearly see that sweating is good for us. Why not simply allow the toxins and waste materials out of the body and deal with the offending bacteria with safe, natural herbs? The solution? **SunSmile Herbal Deodorant!** Some of the ingredients are: zinc, vitamin E, baking soda, benzoin extract (also in Fruit & Veggie Rinse and the Refresher Drops), thyme extract, chamomile extract, balm mint extract, oat extract, Tea Tree oil, lemon oil, cypress oil and evening primrose oil. These ingredients not only kill the offending bacteria, they also give us a very pleasant, fresh smelling scent. Zinc is a mineral that is good for the skin and is a good antioxidant, Vitamin E nourishes the skin and is also a powerful antioxidant, baking soda sweetens or neutralizes odors and benzoin extract kills bacteria. Tea Tree oil has also been touted as an effective anti-bacterial agent.

Did you know:

- The chemicals seep through your skin and creep into the immediate and nearby underlying soft tissue.
- The little microscopic nicks we get from shaving make the journey even easier.
- The labels on these deodorants even warn us not to apply them to broken skin!

In case you've never seen one, Diagram 1 is a breast cancer map. It shows you where breast cancer is most likely to occur. Did you realize that, if you do develop breast cancer, there's a 50% chance the tumor will appear in the area closest to your underarm? There is a 6% chance that cancer will

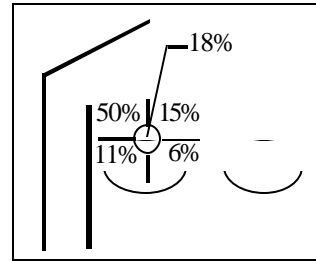


Diagram 1

appear in the farthest area from the underarm. "Just think of it; you are eight times more likely to develop breast cancer next to where you apply your deodorant."

Scientists can't say for sure — yet — that deodorant causes breast cancer. But it makes you wonder, doesn't it? We do know that most deodorants are laced with powerful chemicals that have yet to be thoroughly tested for safety. Combining these chemicals may lead to toxic interactions. And the fact that most breast cancers develop nearest to the underarm is very suspicious and frightening.

Are anti-perspirants even more dangerous?

If you use an anti-perspirant (more than half of us do), you may be creating a double danger. You see, the chemicals in those anti-perspirants help prevent sweating. And sweating is one of the ways the body cleanses itself of toxic substances. Every time you apply an anti-perspirant, it's like

damming up a river, sweat backs up in and around your armpits. The result? The toxins in your sweat become trapped there. And worst of all, fatty breast tissue is especially efficient at storing those poisons.

If you want to be at your healthiest, you need to *sweat more* — not less! Exercise, which promotes sweating, has been proven to lower breast cancer risk.



If this doesn't convince you, you should read **Sharon Farnsworth's** super article in the April, 1997 *Sharon's Pipeline* that I've taken the liberty to edit for this article. If you want to see her entire article, ask your upline for a copy. It has to be the most Xeroxed and faxed article I've ever seen.

The following was written by Kerri Bodmer, Founder and Editor of Women's Health Letter. She writes:

Does your deodorant cause breast cancer? In the course of a typical day, there's a lot we take for granted. We rarely stop to ask questions about everyday items, like the deodorant we put on this morning. But we should! For instance, most deodorants are really *chemical cocktails* for your armpits!

# *Waterless* HAND CLEANSING GEL

*Take it with you everywhere!*

## **Importance:**

*"We just learned at Convention that Sunrider's **SunSmile Hand Cleansing Gel** contains some of the same ingredients as the SunSmile Fruit and Veggie Rinse and will kill staph, strep, E-coli and all tested bacteria within 30 seconds.*

*What an answer for keeping hands clean and preventing illness. This is an important product to keep with us at all times." Nancy Donahue*

Parents of young children with sticky fingers also breathe a sigh of relief!



## **Benefits:**

- Kills all tested bacteria, staph, strep, E-coli
- Provides convenient waterless cleansing
- Evaporates quickly
- Cleanses and moisturizes at the same time. Hands feel soft!
- Prevents the chapped feeling with special formula.
- Smells wonderful.
- If you don't have access to water, can use on face and underarms.

- Great for bites and effective against itching. Relief in seconds!
- Amazing what it can do for burned flesh, wounds of all sorts, and all-around sanitation. Think of this as "SUPER" Aloe Vera gel.
- Just put a small amount in the palm of your hand and rub together.
- Comes in a tube for easy carrying in your purse, on your desk, or in the car.
- Great for travel! Mrs. Chen wanted this product formulated when her daughter was going to China.

## **Why It Is Better:**

Other brands often contain a very high percentage of alcohol, leaving your hands feeling dry and chapped. Sunrider uses a much lower percentage of alcohol plus natural moisturizers so your hands feel clean and refreshed.

## **Ingredients include:**

Deionized water, alcohol, (willow) bark extract, camellia sinensis extract, menthol, jasminum flower extract, imperate extract, melaleuca (tee tree) oil, laurel extract (rosmary) extract, and fragrance.

***Never Leave Home Without It!***

# *SUNBREEZE ...Heavenly!*

Essential Oil and Balm

## Traditional Chinese Essential Oil & Balm Made with Modern Technology

### ***Eases Pain! Promotes Healing!***

Essential oils are *distilled* from the roots, bark, peels, seeds, flowers and leaves of various plants and used to treat ailments.

*The molecules of essential oils are small enough to "diffuse through the skin penetrating deeply into the tissues & circulatory system...making application very efficient..."*

### ***Sunbreeze: Heavenly Oil & Balm:***

As with all the Sunrider products, the synergistic effects of the combination of ingredients are much more effective than those of any individual ingredients alone.

**Oil:** Menthol, Cassia oil, Mint Extract, Eucalyptus oil, and Camphor.

**Balm:** Menthol, Cassia oil and Camphor in a natural beeswax base.

### ***Wonderful Benefits and Uses:***

- **Rub on the temples, forehead and/or back of neck for:** headache, muscle tension, drowsiness, motion sickness
- **Rub anywhere it hurts for relief!**
- **Cool and soothing, ideal for overall rubdown**
- **Gives instant lift when dabbed on acupressure points.**
- **Rub on other parts of the body for:** sinus congestion, strains, sprains, insect bites/stings, canker sores, toothache, muscle pain, back pain, minor wounds, rheumatism, arthritis

***Sunbreeze brings balance –  
the warmth of the sun or the  
cooling of a breeze!***

- **Place on tongue for:** heartburn, sinus congestion, upset stomach, morning sickness, sore throat, motion sickness, drowsiness.
- A couple of drops of oil on a Q-tip **applied to the ear for:** Ear infections, wax buildup, motion sickness, ear pain while flying, water-log.
- Spreading on any **minor burn** will help prevent blistering and take the soreness out. Also, you may mix it with a moisturizing lotion, and if too sore to touch, mix 10-15 drops of oil with water in a small spray bottle, spray or mist.
- As an **air freshener and cleaner** it is absolutely wonderful. Just mist for cigarette smoke or other odors. You'll love it!
- For scalp problems, morning sluggishness, and headaches, **mix oil with shampoo or conditioner** and wash hair as usual.
- **Mix with a lotion** before applying to small babies, children, or people with tender, delicate skin (elderly). If a baby is constipated, apply on the abdomen and bottom of the feet.
- Open up sinuses, bowel cramping, sore throats, or upset stomach with **a couple of drops in your cup of Calli and sip.**

Avoid contact with the eyes. It will not harm the eyes, but cause discomfort with burning and tears.

**Do you see why we love**

***SunBreeze* and why we never**

**leave home without it?**

# Sunbreeze Essential Oil and Balm

Soothing, healing oils and balms have been a part of Chinese herbalism for centuries. Sunrider's Sunbreeze formula follows this tradition. Today's Sunbreeze is based on knowledge gained through Chinese herbal traditions combined with modern technology.

## Essential Oils

Sunbreeze Oil is made from the pure essential oils of flowers and herbs, while the balm is made from the same oil blended in a natural beeswax base. Essential oils are widely respected and routinely used in Europe. One writer explains their appeal: "In the plants themselves, essential oils function as hormones, regulators and catalysts (and) help plants fight diseases and parasites. Aromatherapists believe the oils can be as beneficial to humans as plants."

Writes another researcher; "Essential oils—which are distilled from the roots, bark, peels, seeds, flowers and leaves of various plants—have been used for such ailments as...headaches and digestive disorders for thousands of years. Even now, products like Vicks Vapo-Rub, which contains eucalyptus oil, are used to clear up respiratory congestion." The aromatherapist Marcel Lavabre writes...that the molecules of essential oils are small enough to "diffuse through the skin and membranes and penetrate deeply into the tissues and the circulatory system...making application very efficient..."

## The Real Thing

In your local natural store, you'll find a number of different oils and balms, many from Asia. You can't always be sure of what you're getting. Some may contain synthetic oils.

States one article, "Synthetic perfumes, which are made from chemicals and have an inorganic base, were created in the 1800's. Because it was cheaper to make fragrances artificially than to extract essential oils from plants, chemical scents began to replace natural ones, and people forgot essential oils possessed healing properties." 1

Aroma consultant John Steele advocates using only naturally occurring essential oils. "Take oil of rose, for example," he says. "It has approximately 2,000 different groups of aromatic molecules. Of those groups, a synthetic rose oil will synthesize only the 50 most prominent." Leaving out the remaining 1,950 or so molecular groups, adds Steele, diminishes the effect of the oil. "It's exactly like eating synthetic vitamin C instead of eating the whole food with its complex interactions of other vitamins and trace elements."2

Sunbreeze is made from only pure essential oils.

## Using Sunbreeze

Gently rub a few drops of oil or the equivalent of balm on the temples, on the back of the neck at the base of the skull, or onto the shoulders. You may experience the soothing, temporary relief of headache, muscle tension or drowsiness. Gently rub balm or a dew drop of oil on the skin and massage into any area of tenderness, or any other part of the body as needed for congestion, insect bites and stings, and burns. For soothing a sunburn, blend a drop or two of the oil with Kandesn Hand and Body Lotion. Some people rub Sunbreeze on the stomach to soothe upset.

Sunbreeze is perfect for those all-over rubdowns. Combine a few drops of oil with Kandesn Hand and Body Lotion and experience the relaxing sensation of soothing, tingling warmth all over your body. Blend a few drops of Sunbreeze with Kandesn Shampoo.

## Ingredients:

Menthol, Camphor, Cassia oil, and other essential flower oils. The essential oils provoke a brisk sensation, which may be either warm or cool, so avoid contact with eyes. Keep out of the reach of children. For children less than two years old, dilute with cream or lotion before applying.

## References:

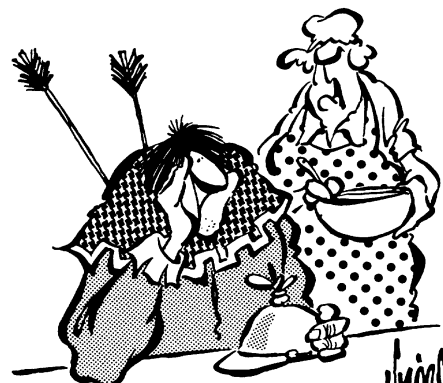
- 1 Kathe A Conti, Good Scents - The Art of Aromatherapy, Delicious! Magazine March 1993, pp. 48 - 50.
- 2 Debra Blake Weisenthal, What the Nose Knows, Vegetarian Times October 1992, pp. 95 - 101.

# Sunbreeze

## Essential Oil and Balm

We've all heard the term "essential oils", but do you know what the term really means? One definition is that these oils are essential to life. Another is that they possess the "essence" of the plant from which they are derived. These oils usually have the taste and smell of the original plant. I like the "essence" definition because it feels like there is a vital aspect to these oils, like there is something much deeper than the simple chemical formulas for these substances. Have you ever found that you get benefits from Sunbreeze Oil or Balm that you didn't even expect? Doesn't it feel like magic sometimes? Well, I believe there *is* something going on besides chemical reactions.

Sunbreeze is a soothing, penetrating oil or balm that not only eases pain, but also aids the body in its natural healing process for external injuries. Is this the magic I was talking about? Not really, the special ingredients in Sunbreeze naturally promote more blood circulation in the areas where it is applied and the body does its own healing. I can't begin to describe the "magic" that may happen for you. You just have to try it for yourself. The Sunbreeze Oil and Balm are based on a formula recorded in the herbal manuscripts of the Chinese Emperors. The formula was originally developed by the temple priests to aid their recovery from injuries sustained while practicing extremely rigorous martial arts. The specific combination of ingredients in Sunbreeze is what makes it a very special product. All ingredients work in synergy, that is, the effects of the combination of all the ingredients are much more effective than those of any individual ingredient. So goes the story of almost all the Sunrider products given to us by **Dr. Chen**.



"Wanna try some of this SunBreeze? It's helped my back pain."

Following are just some of the ways in which Sunbreeze is used:

Rub on the temples, forehead and/or the back of the neck for:

- ✓ Headache
- ✓ Muscle Tension
- ✓ Drowsiness
- ✓ Motion Sickness

Rub on other parts of the body for:

- ✓ Sinus Congestion
- ✓ Strains
- ✓ Sprains
- ✓ Insect Bites/stings
- ✓ Canker Sores
- ✓ Toothache
- ✓ Muscle pain
- ✓ Back pain
- ✓ Minor Wounds
- ✓ Rheumatism
- ✓ Arthritis

Place on tongue for:

- ✓ Heartburn
- ✓ Sinus Congestion
- ✓ Upset Stomach
- ✓ Morning Sickness
- ✓ Sore Throat
- ✓ Motion Sickness
- ✓ Drowsiness

A couple of drops of oil on a Q-tip applied to the ear for infections, water-logging and wax buildup. This may also relieve motion sickness and ear pain while flying.

Avoid getting it in your eyes or on very sensitive areas (*You know where I mean!*). The essential oils provoke a brisk sensation, which may be either warm or cool, depending what is needed to create balance.

# Amazing Sunbreeze!

We've all heard the term "essential oils", but what does it mean? One definition is these oils possess the essence of the life of the plant. These oils usually have the taste and smell of the original plant(s). (Note synthetic oils can be made to smell like pure essential oils.) We find the benefits from **Sunbreeze Oil and Balm** more than we could even expect! It even feels like magic sometimes – because relief is found so fast! **Sunbreeze** works to bring homeostasis to the body, in other words, balance from external entrance. **Sunbreeze** is a soothing, penetrating oil or balm that not only eases pain, but also aids the body in its natural healing process from external injuries. **Here are just a few amazing Sunbreeze experiences:**

**I cut myself on a ragged edge of glass Saturday evening and had a hard time getting it to stop bleeding.** The cut was on the knuckle of my little finger, anyway I got the Sunbreeze out and put a couple of drops on it wrapped it up and left it. Through the night I bumped it and it felt like a bruise but on Sunday morning **I had no more soreness and it was closed up and almost healed.** *From Mary Karry (Lois Emerson)*

**How MIRACULOUS that you and Angela would be talking about using Sunbreeze oil for respiratory distress just as I was stressing out and going into respiratory distress!** I know I didn't go directly to my Sunbreeze oil supply, but as I was choking away in the restroom, I was analyzing what I just heard and determined that if I could calm down enough to get to my treatment room (where my oil was stashed) without appearing to be in a death grip, I would go and immediately inhale some of the stuff. And I did. I practically had to hold my breath all the way across the office to keep from choking but I made it. **I didn't think I could inhale any Sunbreeze while I was choking but I tried anyway. I was absolutely AMAZED that I really could inhale and with each breath of Sunbreeze, it became easier and easier.** Then I didn't have anymore coughing episodes for the rest of the afternoon! With my old routine in such a similar instance, I would have swallowed some particular supplements and then not dared to breathe or TALK for 20-30 minutes while I waited for the full effects. And even then, it was uncertain if the effects would last very long. *Barbara (From Trish Powers)*

Last Saturday morning, **I woke up with a spider bite at my waist.** I immediately rubbed Sunbreeze on it and after I made my Calli, I opened the tea bag and placed the leaves on my skin and covered them with a bandage. It didn't spread or get sore. It was a small spider but a BIG bite, very red and swollen with the pinpoint in the center. *Carol Hermann's story..... never be without Sunbreeze or Calli!.....Lois Emerson*



## ***Popular – Switch Brand Products: No Extra \$-Loaded with Benefits!***

___ Coffee or tea	<b><i>Calli</i></b>	No stimulants. calm energy, mental clarity Cleans blood, tissues & cholesterol Is alkaline!
___ Colas, pops, fruit juices	<b><i>Fortune Delight</i></b>	No sugar or caffeine, high antioxidants, flushes fat, hydrates cells, alkaline!
___ Chips, popcorn, crackers, croutons	<b><i>NuPuffs</i></b>	Delicious food nourishment with a crunch No oil, preservatives, chemicals, additives!
___ Snack-granola-breakfast power bars	<b><i>Vitalite SunBars</i></b>	Packed with whole foods, FOS fiber, No isolated soy products, chemicals or preservatives!
___ Protein Drinks, Smoothie powders, Hot cereals	<b><i>NuPlus/VitaShakes</i></b>	Complete power packed nourishment. No isolated soy Muscle building, Cellular energy
___ Meal Replacement/Ensure	<b><i>VitaShakes</i></b>	Complete meal - \$1.83!
___ Barbecue sauce, marinades	<b><i>Dr. Chen's Sauce</i></b>	No vinegars and irritating spices & chemicals
___ Nutra-Sweet, Aspartame Equal, Splenda	<b><i>SunnyDew/Sunectar</i></b>	Artificial sweeteners, neuro-toxins
___ Laundry and Cleaning Supplies	<b><i>SuperClean</i></b>	Gentle to skin but totally effective for all your household cleaning jobs! Fresh Smell!
___ Toothpaste/Whitening Gel	<b><i>SunSmile Toothpaste/ Whitening Gel</i></b>	No fluoride, saccharine, not poisonous, Cleans tartar with herbs, no harsh whiteners!
___ Mouthwash	<b><i>Refresher Drops</i></b>	Safe when ingested, most are dangerous, 4 hr. bacterial protection, sore throats
___ Antacids, breath freshener	<b><i>SunSmile Tabs</i></b>	No more Tums! No sugars, alcohols
___ Shampoos/Conditioners	<b><i>Oi-Lin &amp; Kandesn Shampoo</i></b>	No Sodium Laurel Sulfate (carcinogen) promotes healthy scalp & hair
___ Deodorants	<b><i>SunSmile Herbal Deodorant</i></b>	No aluminum, no anti-perspirants; no stains, long lasting confidence, herbs kill bacteria
___ Fruit/Vegetable Washes	<b><i>Fruit &amp; Vegi Rinse</i></b>	Removes fertilizers, chemicals, waxes; kills ecoli etc. extends life, soak 1 min./no rinse, SAFE! Multitude of uses.
___ Skin Care Products/lotions	<b><i>Kandesn Line</i></b>	No animal, mineral oils, petroleum, creams & emulsior with squalane –extra virgin olive oil!
___ Make-Up	<b><i>Kandesn Cosmetics</i></b>	No animal fats, dyes, and mineral oils Finest herbal ingredients
___ Perfume and cologne	<b><i>Forbidden &amp; Crazze</i></b>	Real floral, non allergic, radiant!
___ Nail Polish	<b><i>Kandesn Nail Lacquer</i></b>	No formaldehyde, non toxic, beautiful colors
___ Men's shaving products	<b><i>Kandesn Men's line</i></b>	Same wonderful , healing, regenerative products, creams, after shaves, soaps, etc. as above!
___ Essential Oil	<b><i>Sunbreeze</i></b>	Brings healing to anywhere it hurts!
___ Sunscreen/Insect Repellant	<b><i>Natural Protective Lotion SPF25</i></b>	Non toxic, nourishing & beautifying to skin <b>Many other wonderful skin care products!</b>