



FROM OUR HEARTS & HANDS TO YOURS

## Pants – Elastic Waist Long, Capris, Crop & Shorts

Please respect intellectual property; do not post this pattern on your website, blog or other electronic media without the express written permission of the designer when identified or Stitchin' for Kids

The samples below are made with quilter's cotton:



These elastic waist pants are quick and easy and can be made in several lengths. The pants fit the 14" Hearts for Hearts doll. The instructions were written for the volunteers of the non-profit Stitchin' for Kids that gives dolls with outfits to young patients in hospitals.

### Important

Print pattern full size and check that the one inch marks equal one inch before beginning to sew. If it does not, please adjust accordingly.

**Requirements:**

Pattern for Pants – Elastic Waist Long, Capris, Crop & Shorts

Fabric – Fat Quarter will make at least two pair

¼" wide elastic

Scissors, Thread, Pins, Needles, Sewing machine in good working order, etc.

**Assumptions:**

All seams are ¼ inch unless specified.

**Preparation:**

- Put two pieces of fabric right sides together
- Place pattern on fabric so grain line is on the straight of grain  
Cut fabric using pattern piece; notch Center Front
- Measure and cut 6" of elastic

**Note:**

- As an alternative to zigzag or pinking seam allowance as described below, you can zigzag, serge or overcast seam allowances before starting Construction.

**Construction:****1. Hem**

- Turn up lower edge of each pant leg ¼" and then turn up again ¼".

**2. Center Front Seam**

- With right sides together stitch Center Front seams. Sew the seam again. Clip curve; zigzag or pink seam allowance; press.

**3. Casing**

- Turn down ¼" at waist and sew.
- Turn down another 1/2" at waist for casing and sew.

**4. Inserting Elastic**

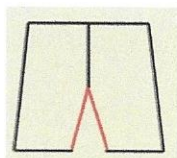
- Attach safety pin to elastic.
- Insert elastic through waist. Pin elastic at each end.

**5. Center Back Seam**

- With right sides together pin the Center Back seam making sure the elastic is pinned; stitch Center Back seams together catching elastic in seam. Clip curve; zigzag or pink seam allowance; press.

**6. In-seam (the upside down V in the drawing below)**

- Right sides together open out pants and match Center Front to Center Back crotch seams then match front and back leg hems.



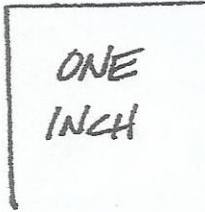
- Starting at the hem of one leg sew to Center crotch seam.
- Repeat with other leg sewing up from the hem.
- Clip seam, zigzag or pink seam allowance; press.

CENTER BACK

CENTER FRONT

Casing

Pants Pattern 11/10/19



6" of  $\frac{1}{4}$ " wide Elastic

shorts cut here

Capri cut here

Crop cut here

$\frac{1}{4}$ "  $\frac{1}{4}$ "

$\frac{1}{2}$ " hem

