



# 3 Holidays, 3 Races

in the Beach Communities of  
Cocoa Beach & Cape Canaveral

**Run or walk all three races to earn the  
Holiday Beach Series medal!**

*Races benefit*

*Cocoa Beach Recreation Department Youth Camps  
Cocoa Beach High School Cross Country & Track Teams  
North Beaches Police Athletic League*

**FALL INTO WINTER 5k**  
October 15, 7:30 am  
Cocoa Beach

**COCOA BEACH TURKEY TROT 5k**  
November 24, 8:00 am  
Cocoa Beach

**REINDEER RUN 5k**  
December 10, 8:00 am  
Cape Canaveral

## Registration

\$75 Entries postmarked on or before August 26  
\$80 Entries postmarked after August 26

**For more information or on-line registration:**  
<https://runsignup.com/HolidayBeachSeries>

Enter by mail to:

Check payable to **Cocoa Beach Kiwanis Foundation**  
30 Country Club Road  
Cocoa Beach, FL 32931

**To contact race directors by email:**

Fall Into Winter 5k: [andrea.segarra@cityofcocoa.com](mailto:andrea.segarra@cityofcocoa.com)  
Turkey Trot 5k: [turkeytrot5k@cfl.rr.com](mailto:turkeytrot5k@cfl.rr.com)  
Reindeer Run 5k: [beachteachc104@aol.com](mailto:beachteachc104@aol.com)

**Medals designed by local artist, Hassan Patterson, and awarded at the REINDEER RUN for *registering for all three races.***

**Can't make all three races?** You can enter the series and run any of the races virtually and still earn the series medal.

Races have their own amenities in addition to the series medal. See race websites for details.

**Overall Series Awards** compliments of Ron Jon Surf Shop for the 1st, 2nd, and 3rd place overall male and female finishers in the series. Points awarded based on overall finishing place in each race - 1 point for 1st, 2 points for 2nd, etc. Lowest overall score wins. Virtual racers are not eligible for the overall awards.

## FALL INTO WINTER 5k

## COCOA BEACH TURKEY TROT 5k

## REINDEER RUN 5k

Name \_\_\_\_\_ Address \_\_\_\_\_ Male Female Age \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ Birthdate \_\_\_\_\_  
Email \_\_\_\_\_

Race Shirts (includes one for each race) XS S M L XL XXL (Fall Into Winter & Turkey Trot also include YM; XXXL for Turkey Trot)

I assume all risks associated with my participation as a participant in the Fall Into Winter 5k, Cocoa Beach Turkey Trot 5k, and the Reindeer Run 5k, including, but not limited to injuries, contact with other participants including registered runners and volunteers, the effects of the weather, and traffic and hazards of the road, all such risks are known and appreciated by me. Having read this waiver I, for myself and anyone entitled to act on my behalf, waive and release the directors and sponsors of this race from all claims or liabilities of any kind arising out of my participation in the event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature (Parent if under 18)

Date

