

OVERPOPULATION

A compilation of information and articles on
overpopulation from FIGU and the
contacts of [Billy] Eduard Albert Meier

POPULATION COUNT [as of Dec. 31, 2016] =
8,739,001,024

[Source: Information from Ptaah of Erra, Plejaren]



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Population Growth Without Limit - An End to a Taboo Subject !

by Christian Frehner, Switzerland 2008 / Version 0.1

For more than 30 years, the members of FIGU have endeavoured to bring awareness to mankind — especially to the governments — that the rapid population increase on earth poses an immense danger and must be stopped immediately, and that a reduction must take place to a mass that is tolerable for the planet. (According to our calculations at that time, this tolerable mass was calculated to be 529 million people — a population total that can guarantee all resources would be available in abundance, that nature's ability for regeneration is preserved and that large areas remain where the animal and plant kingdoms could develop undisturbed.) We feel obligated to throw light on this because we have realised that the fate of humanity rests on whether or not this most pressing of all great problems of our time is solved. Overpopulation is really the determining problem-factor, because the more people that live on the Earth, the greater all the other problems become and the more the demand exists for not only energy resources like oil, natural gas and uranium, but also fresh water, living space and food, etc.

As the population and purchasing power grow, so does the rubbish, exhaust fumes, waste from energy production and noise, and formerly fertile land disappears beneath asphalt and concrete or becomes too salty and dries up. Speaking of energy resources on Earth: It undoubtedly makes a significant difference whether 7 billion 500 million lunches are prepared daily instead of 500 million (with wood, gas or electricity), whether "only" 50 million fuel-consuming and exhaust-producing vehicles, airplanes and heating systems are in use instead of 2 billion, or whether 2 billion or merely a few dozen million people are using water in arid regions. The situation is so easy to understand that one has to ask oneself why the issue is not prominently featured in the media every day, and one cannot avoid the impression that the overpopulation problem is being suppressed. The conclusion is obvious and this neglect in considering the importance of this problem and the urgency of an appropriate solution actually amounts to a culpable negligence of duty to provide information.

Dealing with the topic of overpopulation can be compared to an

ocean liner that heads full speed into a group of icebergs, meanwhile:

the crew and the passengers argue that the ticket prices should decrease and the employee wages should increase.

there is criticism that the engine has the wrong colour, or that not enough fuel was acquired and it will run out before reaching the next gas station; after which reassurance is given that the problem will solve itself with a little trust in God because someone will certainly find a new source of fuel on the way.

inside the wheel house it is discussed whether the crew must be made up of an equal number of representatives from different countries, whereas one faction absolutely insists on having the right of veto on every decision.

journalists on board write articles on liaisons between passengers whilst some among them though are worried about the discovery of an unusual increase in the number of icebergs within their range of sight.

And meanwhile the ocean liner travels straight ahead with undiminished speed. This preposterous situation corresponds in this instance not only to the actual state of the countries and governments of our Earth, but also to that of the bulk of the mass media.

If one deals more specifically with this plight/calamity, inevitably the question arises, why these circles, organizations and political parties, which espouse the cause of protecting the environment and who vociferously plead for a sustainable use of natural resources – quite often in an theatrical manner – and who shout out loud for measures against climate change and its impact, why do they avoid talking openly about the basic evil of all problems of our time, just as the devil avoids the holy water?! On a large scale money is collected for the protection of dolphins and sharks from industrial fishing, for the protection of moorlands, lean pastures, rain-forests and bird species, for the construction of water wells in Africa, but also for food-aid in regularly occurring droughts, as well as caring for stray dogs and cats, etc. etc. And if we examine more closely all the many brochures and appeals for donation that land in our letter-boxes, we find out that barely ever even a small clue can be found therein about the fact that most of these problems could become so urgent and force counter-

Catholic circles (along with those of other religions) and endanger all life on Earth, indeed, the very existence of the planet. The unrestrained procreation of children without the capability to introduce birthrate cessation and birth control is equivalent to fostering a culture of death. The criminal Holy Chair of Rome, respectively the Pope and all his lieges, have a horrendous power, whereby its occupant (as well as other religions and their representatives) leads all humanity and all life on the planet into misery, desolation, devastation and destruction.

The Pope and the College of Cardinals at the Vatican constitute the highest authority of the Catholic Church, which has a worldwide following of approximately 1 billion believers of all races. In 1968, Pope Paul VI's Encyclical *Humanae Vitae* came into force, whose title reads as follows: "On the correct order of passing on human life." Item # 14 describes the forbidden means of birth control in great detail, in the exact manner by which the means were concocted by the Pope, his cardinals and others in order to discriminate against women; to curtail their rights and to permit the continuation of the world population's uncontrolled growth – to the detriment and destruction of mankind, all life and planet Earth.

Encyclical *Humanae Vitae*, Item # 14

"The direct termination of a procreation that has already begun, particularly by direct abortion – even when undertaken for curative purposes, is not a legitimate method to curb the number of children and is, therefore, an absolute abomination.

"Likewise, the direct, permanent or temporary sterilization of the man or the woman must be condemned.

"Equally objectionable is any action that intentionally prevents propagation, or is employed as a means to this prevention in anticipation of, during or after the consummation of the matrimonial act."

One last item must be mentioned here: Anything the Pope says is hostile to humanity and life, and must simply be ignored, therefore, His prattle is irrelevant. What he says is without actual correlation to the issues now confronting the world and humanity.

suppressed, disregarded and abused; they are considered inferior to men and are, therefore, condemned. A great many women have no rights. As a consequence, the men, especially through their religious faiths, threaten and strictly prohibit abortion and the utilization of birth control. These forms of discrimination occur not only within Christianity and its sects, but also in other religions and their associated sects, as the following brief excerpts prove:

Islam/Koran – Sure 4

"Men are above the women, because Allah has given the one part a superiority above the other."

Confucius

"One hundred girls are not worth as much as one boy."

Hinduism

"A woman must never enjoy independence."

Christian Bible: Paul to the Ephesians in the New Testament

"The women shall be vassals to their men who are their masters."

The above quotes clearly demonstrate the value of women based upon a religious viewpoint and one upheld by many men. Still, these discriminatory words against women, though spoken in the past, nevertheless prevail even today. Such attitudes also guarantee the abuse of women as being mere birthing machines without being provided the necessary means with which to fight back. This, in turn, ensures that overpopulation is able to freely forge ahead, at an accelerated rate and in a more irretrievable manner.

The Catholic Church has erected an influential and powerful defense against the prevention of having children, respectively birth control. The Church holds a totally irrational attitude against any form of birth regulation and birth control, hence, it is adamantly against all rights of women and their own decision-making aspirations on children or pregnancy termination. Politicians as well curb women's rights in this manner. They sit in judgement and rob the women of their freedom by way of national laws. The result: unrestricted increases in birthrates are allowed to thrive in

measures, only because the human population number downright exploded on our planet during the last 300 years and continues to do so at an exorbitant rate. And if in the rare case the overpopulation issue is broached, the reference to practical and concrete measures against this tremendous menace for our civilisation is always missing!

Unfortunately, the human being has the tendency to close his "inner eyes" to the real misery of his fellow-men, which is quite often placed, manipulated and served bit by bit flashed in TV images, and he often prefers to bury his head in the sand, in the hope that all problems will be solved automatically. But in vain! While a headache may have vanished or anger may have abated after sleep, unfortunately, this does not happen in the same scope on a global scale. When an oil well has run dry, it is unrealistic to expect that it will be filled up again after one year, and that the obviously increasing number of disasters triggered by severe weather isn't getting smaller, only because the people living in potential floodplains wish or hope it would be this way. The refusal of many people, after recognizing a deplorable state of affairs, to allow appropriate responsible action to follow, leads to the fact, that either they are rushing through life with blinkers on or they are immersed in the illusory world of the "living-room altar" (=television sets) where the people, through the well-known "bread and circuses" palliation method allow themselves to be lulled, and often either deteriorate into physical or consciousness dullness or into destructive aggressiveness. However, this is not only the case in industrial countries, but equally in large areas of the so-called "developing countries", where the world often is perceived through the "spectacles" of escapist TV-series; combined with appropriate frustration when the discrepancy between the "dream world" and real everyday life penetrates into the consciousness.

One of the primary reasons for the fact that the hot potato "Stop the population growth" is not grasped in all countries – perhaps with exception of China, or India a few decades ago (however with unsatisfactory results) – is the fact that the effective and concrete measures are closely linked to a taboo topic, namely with sexuality and, associated with it, the – justified – protection of human privacy. Every measure against overpopulation inevitably affects the use of the genitals, and hardly anyone is willing to allow any interference into one's own sexual activities, not to mention by the government! And so human reproduction is running along still at full

speed in many countries. Nature and environment break down, whilst the majority of people in the corridors of power (in politics, economics and media), the so-called elites, are still pouring oil into the fire of irrationality with their prayer-wheel manner of shouting "growth, growth, growth". Nothing is against growth, if it is a question of quality of life, or about intrinsic values like love, peace, harmony and wisdom. And nothing is against growth in the sense that there are better crops because the plants are more robust against pests (and if additionally thereby the taste and the mineral content would also increase). Unfortunately and as a general rule, there is no demand for this kind of growth, but instead the constant increase of the stock markets (Note: Quarterly results, connected with the corresponding short term view), the increase of wealth as well as the increase of consumer markets, so that the consumers always buy more dubious and truly useless products, which again needlessly accelerates the consumption of precious resources even more. The Result: Ever cheaper products of ever worsening quality and with less durability. Profit maximization, extra dividends and exorbitant payment of wages, which bear no relation to the efforts, lottery winnings, second and third homes, luxury, living the high life: pure materialistic growth, wherever we look, even in the so-called third world countries, where only a small social class parasitizes and lives like the maggots in bacon at the expense of the poor population. The motto: benefits as high as possible, with the lowest possible input.

It's a shame that the governments of the countries, but also the political parties in general, as well as commerce cannot, or will not, acknowledge "the signs on the wall", i.e. the overpopulation problem and the interconnected threat to our future, and therefore they do not grapple with at the root of the problem. Additionally, the electorate (those who vote) are acting in a similarly disgraceful way when they elect these incompetent politicians to their offices. The few exceptions to the rule are really exceptions and almost have to be searched for with a magnifying glass. And the fact that most of the so-called environmental protection organizations, as well as the main religions and their sects, shy away from becoming active and recognizing and clearly naming overpopulation as the main problem and multiplier/disseminator for the other big problems like famine, climate change, migration, wars, epidemics, criminality, etc., is extremely scandalous. However, we FIGU members are not afraid to deal with the taboo subject "population reduction" and to rub peoples' noses in it, and hit them

farmers, gardeners and others cannot keep pace with the demands of population growth. This means that the many tens of millions of people who are born every year, and who add to the current population masses, will only be fed if the people already alive now restrict their own food consumption. A totally new scenario now comes into play for Man, but he will not adjust to it. Consequently, millions of people will continue to starve to death; indeed, they will starve in ever-increasing numbers.

The Earth's atmosphere and climate present problems as well. In comparison with the size of this Earth, the atmosphere is actually only a very thin layer. Over the past 500 million years, a well-excogitated natural and complex cycle of patterns kept the ratio of various breathable gases for terrestrial life forms at constant levels. Likewise, the temperature range of the air was kept within an extremely narrow range. A natural protective shield formed beneath which a moderate, equally natural greenhouse climate developed and, step by step, a multitude of life forms began to flourish. However, over the last 100 years everything has changed because Man, his technology, production of poisons and other things, interfered with this sensitive equilibrium. He even changed the Earth's climate and is producing a new, dangerous, life-preventive and destructive greenhouse effect that threatens to slowly destroy everything. This is Man's self-betrayal that will lead to his own destruction and the annihilation of all life forms and of the planet itself. Every year 23 billion tons of CO₂ are released into the atmosphere through fossil fuel burning and motor vehicle engine combustion; 1 million tons of chlorofluorocarbons (CFCs) are released into the atmosphere by the chemical industry and consumers; 380 million tons of methane gas are generated by cattle farming, rice cultivation and garbage dumps in addition to 11 million tons of nitrogen-monoxide from nitrogen fertilizers and biologic mass burning.

Beyond a doubt, Man alone is responsible for the depletion of the ozone layer, the greenhouse effect and climatic changes on Earth – the larger the human population on Earth, the worse and more irremediable the situation becomes. Unquestionably, the climatic changes now evident will lead to increases in hurricane activity and other destructive natural events with catastrophic consequences.

The overpopulation blight prevails simply because women are

portional to the mass of humanity, because one single human being requires by nature a living space of 83,333 square meters (99,665 sq. yds.), and 4000 square meters, or 63.245 x 63.245 meters (4784 sq. yds. or 69.166 x 69.166 yards) of fertile ground or garden soil is required to feed him or herself. Calculated for 6 billion people, this amounts to a total arable landmass requirement of approximately 24 million square kilometers (9.3 million square miles). Such an expanse is not available, however, because the entire planet's 12% arable land amounts to 18 million square kilometers (7.0 million square miles) – 6 million square kilometers (2.3 million sq. mi.) less than the 6 billion-strong humanity requires for adequate food production.

This discrepancy widens with every newborn child because the 12% arable landmass neither increases nor remains constant. On the contrary, the surface is reduced daily and dwindles through erosion, desertification and the construction of homes, streets, airports, villages, mega-cities and all types of large sport facilities, etc. etc.

Nine kilograms (19.8 lbs.) of grain are required to produce one kilogram (2.2 lbs.) of beef. One kilogram of meat is equivalent to 1 person's daily food requirement. By comparison, these same 19.8 lbs. of grain would feed 16 people.

Today three million fishing boats operate on the world's oceans and are greatly depleting the supply of fish and other aquatic life forms. Over the past 40 years fishing quotas have tripled. In 1950, 20 million tons of fish and water inhabitants ended up in Man's food chain. By 1990, this amount increased to 100 million tons per year. Fishermen not only unscrupulously plunder the oceans but also lakes, rivers and creeks for the sake of income and profit – as long as their cash registers are ringing up returns. Business in this regard is conducted at a very professional level, albeit with total nearsightedness and irresponsibility in every aspect. The depletion of fish stocks has led to overfishing in all oceans and other bodies of water. Many ocean and lake creatures no longer have the ability to reproduce, or are depleted to such an extent that they are dying out or have already become extinct.

Man now faces the unfortunate situation where the fishermen,

around the ears, with concrete countermeasures for the whole of mankind, that have been under their noses for so long, until all governments wake up and begin to act in a concrete manner, and until the population number has decreased to a number that is digestible or compatible for our planet. And this compatible size for the planet Earth ranges somewhere between half a billion and one billion people, because the optimal total population figures are dependent on the climate, the available resources and the fertile land etc., and this has to be definitively determined in due time. We FIGU members and our friends have great perseverance and we are aware of the fact that this is a task that will challenge us over centuries.

Before starting to explain the concrete measures, I have to make a digression to something very important: The fight against overpopulation is only one of many important issues that are pursued by FIGU or its members, and presented to the public. On the one hand, the focus of our activities lies on the fulfilment of one's own self-responsibility in connection with performing and developing one's own intrinsic values and realizations (virtues, character, striving for the truth, etc.), and on the other hand on the dissemination of writings and information (the so-called "spiritual teaching"), that allows people to identify the true meaning of life, veiled and falsified by the religions, and to free oneself from beliefs. Although we have nothing in common with religions and sects, we respect the right of every person to become blessed by his own belief, at least when no fellow-human beings are harmed and when, e.g., no misdirected suicide bombers are trying to send those of different faiths into the hereafter, because they live in an idiotic delusional belief that virgins galore are waiting for them in heaven. (The belief in the existence of virgins in heaven, who soon won't be virgins any more, would require a lot of explaining, but is not the focus of this article. Such a belief belongs in the same category as the image of eternal harp-playing on the heavenly clouds, or that billions of deceased souls are sitting at God's feet.) We FIGU members demand of ourselves to avoid the fields of belief, illusion and delusion and to always search for the truth behind all things. Furthermore, we let people share in the valuable information that is transmitted to us from highly-developed human beings from other worlds (extraterrestrials) via their Swiss intermediary "Billy" Eduard A. Meier. This information is extraordinarily helpful for understanding our position in the universe, to avoid unnecessary errors and to eventually achieve freedom on Earth. And last but not least it is extremely important to point

out the fact that the human being does not live once only, in order to then vanish into a heaven or a hell for all eternity. The realization of the fact that all of us incarnate again and again in new bodies over millions of years, on the planet where we have died, is very important for the understanding of the justice of our proposed measures which are explained later in this text.

If it is recognized and accepted that – after our death – we human beings will incarnate with a new personality in a new body and will then find before us the world and those conditions that we have left to our children and children's children, then the urgency of these measures unexpectedly may look quite different! And the fact that the gender of people will not remain the same over different incarnations, but rather that a former man can be born as a woman sooner or later, and the other way around, may possibly allow one to be attuned thoughtfully to one or the other; this may be especially the case if it is a question of living together as man and woman, and the related expectations, attitudes of thought and abusive actions. Anyone who is interested in this matter may find much information (in German, and some in English and other languages) in our books and booklets, and on the Internet (www.figu.org).

At the beginning of the nineties of the 20th century, in booklet Nr. 1 on the subject of overpopulation, Billy Meier proposed radical, but nevertheless humane measures to get the raging overpopulation and its resulting effects under control as fast as possible. These measures, the application of which successfully and definitively solved the problems of overpopulation on other worlds tens of thousands of years ago, lead back to the old prophets Nokodemion and Henok. Billy Meier's radical and concrete proposals may offend many people and in many people may provoke a "thinking system breakdown", including an "inner outcry". This, however, can only be the case with people whose reason and sense of responsibility is insufficiently developed, or with those, who have no knowledge of the profound hidden values. To close this gap of knowledge, it is necessary that the system and the many connected measures are explained in detail.

Besides, it is to be considered that time is running away, and whilst reading up to this passage in this text, already thousands of children have been born. Consider: While at the end of 1975 exactly 3,889,992,910 people were living on our planet, this number has nearly doubled in the

This is precisely what happened – and it continues even to this day. The edict is still fostered as a criminal deed against humanity, life and the planet not only by the Pope, his cardinals, bishops, priests and others, but also by their faithful believers. Even some governments, communities and other authorities officially pay large procreation and child support funds to the duped followers of these religions. Furthermore, by blindly adhering to the Pope, followers stifle all common sense from the very start. The Pope not only prohibits an often life-saving or otherwise vital abortion, but also all preventive measures and other birth control devices that would avert a pregnancy and procreation. He and his followers look upon abortion or any type of birth control device as blasphemous and inhumane. Yet, the Pope says nothing about the fact that innumerable women fall into need and misery when they become pregnant and give birth to children, or when the children are abused and mistreated by one or both parents – many women are also abused and mistreated – or when the children miserably starve to death because there is no longer any food for them. Is this demeanor not more abominable and inhumane? Apparently, the Pope's position bothers neither him nor any of his followers. When one of the faithful questions this approach, he or she pays a small offering as vindication to calm the guilty conscience. Certainly, neither this particular approach nor the sectarian phrases and flowery language will advance terrestrial humanity, nor will they resolve any of the many problems facing mankind – in particular, they will not resolve the greatest problem of them all: the planet's overpopulation from which all other existing evils and problems throughout the world arise. Humanity's growth rate is outpacing food production by leaps and bounds. Only a drastic reduction in terrestrial population, such as through plagues, epidemics, starvation and wars, etc., can the equilibrium reestablish itself, that is if Man fails to come to his senses and does not stop the further increase in overpopulation by logical actions and counter-measures. He must initiate and effect strict, radical birth controls; he must encourage deliberate cessation of births, and must enforce these measures without clemency.

A few words must be directed toward food production. A mere 12% of the entire Earth's landmass surface is entirely arable for agricultural and horticultural purposes. The remainder of the planet's surface consists of areas that cannot be cultivated, such as mountains, rocky terrains, tundras, arid regions, forests and deserts. However, the 12% arable land is not pro-

numbers, which ultimately amounted to many millions of deaths. Then, with initial major successes in medicine, Man's deathrate rapidly dropped off again, which resulted in more births than deaths. The population began growing at an accelerated pace, and by 1810 the population reached its first billion mark. Of course, not only did the number of new inhabitants increase on Earth, but the speed at which they multiplied also escalated. A dramatic problem arose that laid the path for the future destruction of all available living space, all life forms and the planet itself. Inevitably, early warnings were expressed in regard to humanity's rapid growth increases and their destructive consequences. These warnings were disregarded, however, in the same way they are ignored today, at a time when the entire world is speaking of the global destruction caused by overpopulation. Meanwhile Man continues to suppress the overpopulation problem instead of doing something about it.

By 1926, in a world of 2 billion inhabitants, humankind observed a doubling of its population—after only 116 years. By 1960 the human population had already reached 3 billion, and by 1977 it was 4 billion. Therefore, it took just 51 years for the next doubling of the population. Ten years later, in 1987, the Earth's population totalled 5.1 billion; and by February 1995, after only a mere eight years—believe it or not—the number climbed to 6 billion. This figure is approximately 300 million higher than the incorrect worldwide statistics indicate. Clearly then, homo sapiens took several million years, about 4.5 million years beginning with the first human being, to reach the population mark of 1 billion, and then it took a mere 185 years to reach a number of human beings on Earth six times that large. These statistics should not come as a surprise, however, when overpopulation advocates such as the Catholic Supreme Shepherd, the Pope, vehemently and cunningly entice people; indeed, through their religious faith they practically force their followers to produce unlimited numbers of children in order to establish for themselves unlimited followers who, in turn, can be exploited by the Catholic Church. The Pope often quotes a biblical edict, which is, mildly put, irrational and criminal. The edict promotes the insanity of cultivating an overpopulation and is expressed in Genesis, Chapter 9, Verse 7 with the following words:

"And as for you, be fruitful and multiply; bring forth abundantly in the earth and multiply in it."

meantime (status at December 11, 2007 = 7,684,227,416 people). These numbers, provided by the extraterrestrial scientists from planet Erra, disclose that the estimations by the terrestrial "Population experts" amount to about 6.5 billion people, which is about one billion lower than reality. The result of this is that the overpopulation disaster is even much more substantial than is officially assumed. According to a study by the UN, which was published in spring 2005, a population of 9.1 Billion people is calculated for the year 2050. It is obvious that this time horizon must be shortened considerably.

While reading this expanded version of Billy's propositions, it is important to keep in mind that the measures are designed to be simultaneously introduced world-wide in all countries (with a possible exception of primitive people – if they still exist – who are self sustaining in remote and isolated areas). In addition to this world-wide implementation it is an absolutely necessary requirement that those in high positions in all countries – the politicians, scientists, aristocrats, billionaires and members of the clergy etc. – may not enjoy any exclusive rights, but rather are on equal terms with the other people without any exception! And of course it is completely self-evident that – besides the main measures demanded by Billy – there is yet a multitude of other actions necessary to resolve all the serious problems and evils of our time. But more on this later in this article.

Explaining the System

The ultimate aim of all these measures is to effectively slow down the population growth to a standstill, to be followed by a decrease. To close one's eyes and wait any longer worsens the situation each day for huge human masses and is extending the time of any measures taking effect. But sooner or later such measures have to be taken, if humanity does not continue to sit back and do nothing, and if all consequences are not accepted in a fatalistic way any longer. The effects caused by overpopulation have already been long in progress and will even become intensified, because – according to the law of cause and effect – a continuous over-exploitation will be followed sooner or later by infirmity and death. (An analogy may serve to prove the fact that if a human being is locked up in an airtight room, which is equipped with food and water in surplus, he will sooner or later die of lack of oxygen.)

After a transitional period and a halt in the growth of the population figures at a high level, caused by the fact that the younger generations are becoming older and older, and because of the increased life expectancy in many countries, the number of births should sink below the level of deaths, which will start the process of a shrinking population number. The generation of offspring will be tied to obligatory conditions that have to be imperatively obeyed. A graded system with seven-year phases of "permission to procreate" and "no births allowed" provides a relatively fast brake-effect, and important factors, like the preservation of the generations, or maintenance of economic sectors and educational systems, will be taken into account. Through a world-wide education campaign, the understanding for the necessity of the measures will grow in all sections of society of all countries, just as it is the case with the necessary power of endurance during the several hundred years of the transition period into a peaceful future.

The Measures

As has been mentioned in the introduction of this text, effective measures against overpopulation do not begin with the symptoms, but at its roots, i.e. in human private life, of sexual intercourse between man and woman. Since sexuality in human life is entirely natural, nobody has the right to restrict its practice, just as this should also not be the case regarding the intake of food, or the urge to be on the move, etc. This non-interference also applies regarding the practice of masturbation, as well as with regard to those people who are attracted to the same gender. But there must be restrictions with regard to the practicing of sexuality however, if the freedom of will of others is restricted, if the health and the freedom of fellow-human beings are threatened directly or indirectly, and if the healthy psychological development of children is affected. With regard to the introduction of the birth-stop measures, this means that people are still free to maintain friendships and associate with acquaintances that include sexual activities, as long as these relationships are voluntarily and mutually started by the partners and if no illegal pregnancies result.

When a couple (a man and a woman) have found themselves to be in love with each other, and when both have the desire for their own child, they have to comply with the following procedure:

grow incessantly at a furious, constantly increasing pace. For this reason alone Earth continues to turn into a wasteland. Man's insane desire to procreate is now leading him to the point where every social, ecological and economic woe is climbing immeasurably beyond the point of recovery.

Man is a part of Earth but he fails to understand the way of life. In his view not every human being is identical to the other, and if one belongs to another color, another race or variety, or if that person is simply a stranger, he or she will not be accepted, but is disregarded or hated, debased and persecuted. Power hungry and powerful individuals grab land and possessions from the helpless—and Man is dealing likewise with his native land, the Earth. He treats the Earth as a complete stranger, lives strictly for his own benefit and not for harmony between Earth and all life on it. He creeps in like a thief in the night, as a stranger, and robs the Earth of whatever he relishes; or, conversely, he destroys and annihilate everything on the planet as he pleases. He fails to live in harmony with the planet, his own Mother Earth and, instead, he has become her enemy; immediately upon conquering and subduing one part of her, he moves on to effect the same destruction elsewhere.

Man treats his native land, the Earth, its atmosphere, its bodies of water, its entire environment and its diverse life forms and species as objects, which he may simply utilize, use, destroy, plunder and then discard and destroy when he is through with them. Man's voracious appetite for everything the Earth has to offer, and his excessive urge to procreate will ultimately devour and destroy the planet and all life on it, where he will leave nothing behind except for a dead, barren wasteland. How did terrestrial Man fall into this current dreary and destructive situation? To answer the question, the development from Man's initial beginnings through to his current development must be considered. Over the past several million years, the human species, known as homo sapiens, continually multiplied to such an extent that it inhabited the entire world. In the first year (year 1 AD) of Christian time calculation, a mere 102.4 million human beings lived on Earth. By the year 1000 AD, Earth's entire population had grown to 300 million. Wars of all types, plagues and epidemics repeatedly killed millions of people, particularly during the Middle Ages. In Europe, especially during the 14th century, the "black death" decimated the population, whereupon the plague raged and prevailed to such a degree that humans died in great

that suffocates all lower life in the sea. Likewise, the harbor towns of Naples, Genoa, Brindisi, Catania, Syracuse, Trapani, Palermo, Marseille and many others contribute their share to this pollution as they simply route their poisonous sewage into the sea.

A further gigantic, global threat is occurring as the Earth's ozone layer is depleted as a result of Man's fault and irresponsibility. Not only is the opening in the ozone layer above the South pole growing larger from year to year but elsewhere as well, for Man is destroying this indispensable protective layer against UV rays. These life-threatening UV rays from space now strike the Earth's surface more powerfully and endanger every terrestrial life form. Above the Northern hemisphere a rapid thinning of the ozone layer is taking place as it, too, becomes dangerously depleted. The hole in the ozone layer is measurably and noticeably expanding and now reaches the temperate zones, resulting in "black cancer", or skin cancer in humans.

Concurrently, an artificially created greenhouse effect, generated by Man, is developing on a global scale that threatens life on Earth with total climatic collapse. Every type of unnatural catastrophe in nature directly results also from the human destruction mania. Meteorologists are today registering an increase in natural disasters, such as tropical hurricanes or cyclones, and abnormal droughts and floods. Even earthquakes and volcanic eruptions are a part of this scenario, although scientists continue to maintain that these events are purely natural, which is not consistent with the truth. Indeed, every one of these events has not been a totally natural occurrence in the customary, natural extent for a long time.

The ice caps at the Arctic and Antarctic poles, the icy plains of Greenland and the mountain glaciers are melting down rapidly and may raise worldwide ocean water levels. Entire low-lying island nations, as well as coastal regions will be endangered and could eventually vanish beneath the rising waters.

In his absurdity and selfishness, Man, who loves to call himself the crowning glory of Creation, has proliferated to such a degree that he has now become a vicious threat to all life throughout the globe. Man is the greatest menace to the Earth. He has by now initiated dangerous changes to countless lives worldwide, while humankind's population continues to

They submit a request to the public authorities and let their union be registered officially. This step may be taken only if both partners are totally free in their decision and are not influenced by any other person, any external traditions and pressure or repressions.

The minimum age for the arrangement of a registration application is 25 years for the woman and 30 years for the man. (Decisive is the year, in which one has been born. For a woman, who is born on the 31st December of the year 2000, the 1st January 2025 is the earliest possible date for a registration application. If she is born one day later, on the 1st January 2001, the earliest date is the 1st January 2026.) The difference in age between man and woman arises from the fact that the process and standard of becoming mature, with regard to the psyche, is occurring at different speeds. (It is interesting to note that in Switzerland – on average – people who marry are within this age range.) Besides, the age limits are deliberately fixed at this level so the people have enough time to learn one or more professions, to sort things out clearly about the direction of their future path of life, and to complete the process of growing-up. Furthermore, in that way both partners have several years time to be gainfully employed and to save enough money so that good materialistic conditions are available at the beginning for a family-to-be. Whether this union shall be confirmed additionally in a Church or sect, is left to the couple's discretion, but it has to be made sure also that no constraint and distress is exerted on the couple. In the three years following the marriage, the married couple has the obligation to devote much effort to the development of the partnership/relationship, to prepare themselves for the demanding role as parents and to build a home of their own. These are requirements that will grant to the child the highest possible chance to grow up in material safety and in a loving environment.

When those three years have expired, the partners reach the so-called "procreation age" (female = 28 years, male = 33 years) and have the right to submit a request to the state for the permission to conceive a child. The permission process must guarantee that the following prerequisites for conceiving a child have been fulfilled:

Both marriage partners have taken advantage of the time and come to the mutual realization that they are really suited to each other, that they

love each other and that they want to spend their future lives together. Both have a good reputation, a good name, which e.g. means: to be hard-working, not to accumulate debt, not performing prostitution or criminal activities, and also not indulging as a parasite (= to live off the state or other people).

The married couple proves their independence by leaving the parental homes at a time before their marriage, which means that the married couple settles down on their own, has founded their own household and are living together under one roof. To be independent and breaking away from one's parental home is a basic requirement for the development of a true, healthy and durable marriage.

The married couple must learn to make all decisions independently and/or together, and they are challenged to reject or repulse any interference from the relatives, including the parents. This, however, does not mean that there should be no contact with the parents, grandparents, brothers and sisters, etc., and that no advice etc. can be sought.

It is a generally accepted fact that the experiences during a human being's first years are formative and are shaping the character. Neglect or maltreatment, respectively, very often cannot be corrected (perhaps with very sparse exceptions) and, therefore, leads to very bad consequences for children and children's children. With this in mind, it will be a duty to any self-responsible person to prepare himself for the coming challenging task prior to the conception of a child. Among other things, this means that—before procreation—the prospective parents have to intensively study the basics of child education, which also means to train in self-development (Eigenerziehung). This could mean, e.g., that a tendency for a violent temper has to be worked on, or that counter-measures are taken against a tendency to be full of self-pity and tearful or complaining (Wehleidigkeit), etc. Furthermore, at least some real love should exist between the prospective parents, because this creates a high probability that the family will last, and it will offer safety and security to the future earth human. Another important aspect of the capability to educate a child is the requirement that both partners have experienced at least six years of schooling and that at least one of the two partners can read and write well. Both partners must master the main language of that country in which they are living or will live. This is absolutely necessary for good integration as well as for an understanding of the cultural, socio-political and social conditions of the domicile or home

its constant, unrelenting utilization of chemicals completely leach the soil and result in steadily decreasing harvests, increasing erosion and the rapidly escalating death of various species. Likewise, animals of all types are shot and exterminated in the "spirit of the sport" and for other threadbare reasons which, of course, exclude their protection and care by gamekeepers and wardens. Additionally, the world's oceans, creeks, rivers and lakes are overfished by small but highly mechanized fishing crews and fishing fleets with state-of-the-art technology. They negligently and irresponsibly decimate the supply of aquatic animals. Today, the fish yield by these expeditions is rapidly diminishing and many types of fish and other aquatic dwellers are threatened with extinction, while others have been exterminated altogether. However, the Third World nations to the South irresponsibly and criminally deplete nature as well. People, criminally and systematically, are cutting down the tropical rain forests; and as of the beginning of 1995, the forests have already been reduced, destroyed or annihilated to half of their original size.

The irresponsible degree and speed of environmental changes generated by humans can be clearly witnessed through satellite surveillance. Indeed, remote sensing photos prove that the Aral Sea in the lowlands of Turan in Kazakhstan and Uzbekistan has shrunk by 50% in just 30 years, whereby 40% of that reduction occurred within a few years. This outlet-free salt lake is fed by the Amudarja and Syrdarja rivers, which can only reach into the lake during wet years, measured 54,400 square kilometers (21,004 square miles) in area. By 1990 the lake had shrunk by 40% over a period of 15 years, due to water depletion for irrigation. This shrinkage has led to the irrecoverable death of fish in this once fourth largest lake on Earth and has brought to an end the fishing industry and utilization of its fish. The blame rests upon agriculturists technicians, scientists and the government. One group drained water from the lake for intensive irrigation of gardens and agricultural grounds, the other groups provided the means and ways to do this, while the government in charge authorized everything and looked on without intervening. Such actions occur in nearly all nations on Earth, but are simply modified in one way or another depending on the circumstances. In the Mediterranean Sea, enormous destruction results, therefore, when various types of fertilizers and sewage drift into the sea from the Po river plains, and the Adriatic Sea becomes constantly polluted. The result from this pollution is a growing, horrendous annual algae plague

40,000 children die of hunger and malnutrition for a total of 14 million a year! Hunger generates every type of human adversity such as social tensions, revolutions and, ultimately, civil and international wars, whereby the battles for goods become increasingly more brutal and inhumane. For the people involved, a human life no longer has any meaning. Entire nations are plunged into terrorism, anarchy and chaos. Hunger, misery, distress, war, persecution and massacres force people to flee their homelands and immense human migrations occur in proportions never before experienced. In the Spring of 1995 alone approximately 200 million refugees existed. The exodus from the Third World is set into motion like a gigantic human steamroller, which begins initially within their home regions, but will soon increasingly expand in a northern direction – toward the lure of the industrial, economic and welfare nations with their full cooking pots, wealth, luxury and employment opportunities. However, through migration these opportunities become constantly rarer once the immigrants increasingly begin to occupy the jobs and are willing to work for lower salaries than the local residents, who lose their own livelihood and become welfare recipients as a result.

The wealthy 33% of the world's population reside in the northern industrial and economic nations, and on an average earn over ten times more per capita than the people in the poor Third World's nations to the South. This wealthy third produces 4/5 of the economic output in the world. In their unrestrained consumption craze, however, the inhabitants of the northern economic nations use 2/3 of the planet's natural resources, raw materials and energy reserves. The total environmental destruction initiated by the northern industrial nations is by far more devastating, more destructive and annihilative than that produced by all Third World countries put together, even though the industrial nations have on hand more advanced technology, and are more capable of protecting their environment and of preventing damage to their surroundings than the developing nations.

Approximately 70% of all motor vehicles in the world are in the northern hemisphere, and they greatly accelerate the industrial nations' share of atmospheric and environmental pollution. Furthermore, people living in the northern industrial nations use nearly 100 times more water per person than inhabitants of the Third World – therefore they generate the largest and most massive share of water pollution, e.g., creeks, rivers, lakes and oceans. The steady increase in agricultural industrialization and

country, respectively.

With the exception of the above-mentioned indigenous/primitive people, it should no longer be allowed that illiterate people conceive children, which–by the way–will considerably improve the situation especially for the women in many countries!

Since each human being has a creational birthright to physical, psychological and consciousness-related health, this means that children have a right to parents, who avoid everything before and after procreation that could harm the growing human being in the womb, and later on as well. Consequently, the fulfilment of this basic birthright means that a person capable of procreation has no unconditional right to have his own children, even if there is no overpopulation problem. It can be concluded from this that certain specific conditions have to be fulfilled for the procreation of a child, and the six most important prerequisites are presented below:

Evidence of a highly probable guarantee regarding nutrition, finances, housing and work, etc.; the family shall not live in need, because parents must devote themselves full time to the child, at least in the first years (for biological and psychological reasons it is the mother who is most suited for staying home and caring for the children during their first years).

Evidence that both parents neither suffer from a psychological illness (e.g. depression and/or mania = so-called bipolar disorder), nor a so-called "mental disease" (e.g. schizophrenia) or even from a degenerative illness (e.g. early stage dementia).

Evidence that both parents are not limited to any extent with regard to intellect and consciousness etc. so that they are not capable of living an independent life and need considerable help from other people (which, unfortunately, is the case with most of those people who have to bear their fate as being "mentally handicapped").

Evidence that no parent suffers from an hereditary disease which could be transmitted to the child, like e.g. haemophilia, cystic fibrosis, muscular dystrophy, etc. For this purpose medical and genetic-technological research has to be continuously promoted, with the result of ever better and more sophisticated, diagnoses, and on the other hand to develop better and better remedies as well as methods to disable or to

remediate defective diseased genes.

Evidence that a parent did not suffer from an addiction within the last three (better seven) years that could/will harm the foetus; this must be checked through regular blood tests during the first three years after the marriage. Addictive substances include, e.g., alcohol, heroin, marijuana and synthetic drugs, but also nicotine, certain drugs as well as anabolic steroids and narcotics. Moderate and regular intake of alcohol must not necessarily be an addiction in each case, of course, but the parents must be aware that the man and the woman must refrain from drinking alcohol a certain amount of time before conception/procreation, and the woman also during pregnancy, because it is a fact that alcohol damages the genetic substance of the embryo or foetus more or less.

Evidence that the marriage partners do not belong to extremist or subversive groups, because – due to their mind-set – members of such groups are not able to grant their children a neutral education. They are not able to accept or to recognize the necessity of law and order and to let their children grow up as free-, neutral- and independent-thinking citizens. This also applies to people, who belong to sects etc. and/or who consider the life or value of other people as inferior because of their skin colour, belief, race etc. or who elevate themselves above the masses ("the chosen one/s"), who grant themselves a special status and/or are propagating violence against fellow-human beings.

All the above-mentioned conditions have to be conscientiously controlled by governmental authorities, i.e. by specially trained administrative representatives of impeccable character, who have good experience as parents. The entire check-up must be done in a neutral form and without bribery/corruption, without favouritism/nepotism and without racial discrimination etc., and when all terms are fulfilled, the permission to procreate must be granted. This permission allows the married couple to procreate a maximum of three children, and this permission applies to the current marriage.

A maximum number of three children (their own and/or adopted or foster-children) ensures that all children of a family receive enough attention, and attention must be paid of course to that fact that no exaggerated

1 month
15,768,00 humans

1 year
189,216,00 humans

This is a fact that was neither discovered nor realized by the "World Watchers", other organizations or statisticians concerned with these matters, for they stubbornly abide by a pseudo-calculation scheme that establishes results only by rule of thumb. The fact is, however, that some years run contrary to the statisticians' rule on population growth, and it is possible that fewer or more additional inhabitants of Earth are born during a particular year. And 1994 was such a year when twice as many children were born than was anticipated. An additional element that comes into play is the fact that the world's population is considerably larger than the rule-of-thumb statistics lead others to believe, because many nations are capable of only providing population approximations, whereby many people are overlooked and this amounts to between 200 an 500 million people at any given time who are not counted in the overall population totals. Hence, the "World Watchers Record" and their statistics are not correct when their figures show that at the beginning of 1995 the Earth's population consisted of 5.75 or 5.85 billion humans. The truth is, instead, that on February 14, 1995, the total population amounted already to 6.27 billion human beings, a substantially larger figure than the statistics indicated. The "World Population Watchers" apparently do not take this discrepancy too seriously; evidently, several hundred million people are of no great significance to them. But this is where they err immensely. The population on Earth has reached the point where each and every human being is significant since each person contributes to the destruction and annihilation of all life on Earth, indeed the planet itself, in a constantly increasing proportion.

By the beginning of 1995, the world was populated by more than 6.27 billion humans; from this time onward, four more people per second are being added to this figure. The rate has since decreased marginally but, nevertheless, compared to the 1993 figure it has increased by one person per second, which was the inevitable result when in 1994 many more individuals became sexually mature and are now bringing more children into the world. Nearly three quarters (75%) of the Earth's inhabitants live in the developing countries; 2 billion of these people are starving, and every day

1 minute	
180 humans	
1 hour	
10,800 humans	
1 day	
259,200 humans	
1 week	
1,814,400 humans	
1 month	
7,884,000 humans	
1 year	
94,608,000 humans	

The year 1994, by comparison, was once again a year in which procreation of children far exceeded the norm, and twice as many humans were born, computing the following results:

1 second	
6 humans	
1 minute	
360 humans	
1 hour	
21,600 humans	
1 day	
518,400 humans	
1 week	
3,628,800 humans	

care or spoiling occurs. Furthermore, it is an advantage for the psychological development of children if they can grow up with children of the same age, no matter if from the same family or the neighbourhood.

Here the reader may object and be of the opinion that only one or two children per marriage will lead to a reduction of the population and that the permission of three children per marriage would stand in conflict with the achievement of the intended goal. To answer this: It will be a relatively rare occurrence that parents make use of the permitted number of three children per marriage, because many people don't want to have more than one or two children, and many simply cannot fulfil the conditions. Furthermore it is desirable that parents, who have very good abilities and capacities in child education, shall be able to give the chance to grow up with love and security to more than just one child.

Since a certain divorce rate has to be expected on earth for the time being – despite the above-mentioned detailed clarifications, or in the case that a spouse dies – it will occur that divorced or widowed spouses want to enter into a new marriage, with an accompanying desire to have children. Therefore, the limit of three children will not be restricted to one marriage, but is valid for and relates to a woman. It is obvious, however, that twins or even triplets are counted individually; that's why a woman with triplets has reached the final number of offspring and is not allowed to conceive more children. And it is also clear that after a new wedding, a new three-year trial period with all associated requirements has to be fulfilled, before a further procreation may occur.

Another problem, which brings much grief to ever more married couples (but is also lowering the birth rate), is the increasing infertility of man and woman. It can indeed be said that nature has begun to protect itself even in the human reproduction sphere against overpopulation and the connected destruction. Of course this doesn't happen through our planet's symbolic scratching of its body, because the clusters of people (cities) and industrial areas are spreading like skin ulcers over our planet; and as well it doesn't happen by the order of any kind of God. Nature's "defence action" is rather a natural result of the law of cause and effect, mainly triggered by the increasing poisoning of the environment and food through chemicals, electric-smog and radioactivity, etc.

Of course it would be absurd to introduce worldwide birth control, and, at the same time, trying to overcome infertility problems through great medical efforts (e.g. artificial insemination or procreation in a test-tube). Despite the great psychological strain on the affected couples, in vitro fertilization has to be prohibited, and fertility problems have to be confined to natural methods, as for example a healthy diet, avoidance of stress, lowering of the testicle temperature and reduction of the exposure to radiation, etc. If a woman ultimately doesn't get pregnant, the couple has to bear this problem calmly, because life is absolutely worth living also without children. Besides, infertile couples with a valid permit to procreate may apply for adoption of some other people's child. Especially in the beginning and transitional period of such birth-stop measures and because of the connected penalties (see below), there will certainly be many children in need of loving foster-parents. As a side note: It is obvious that the disgraceful surrogate motherhood, which degrades the child to an object, must be prohibited.

Concerning adoption and foster-care it is necessary to mention that children, who are to be adopted, should stay in their own country/cultural area whenever possible, where they are looked after by people from the same race and mentality.

Now is the moment to start explaining the birth-stop system I already mentioned above:

The limit of three children per woman will be combined with phases of seven-year periods, during which procreation is allowed or not allowed, respectively. Apart from the fact that the conditions for procreation already represent a big change in the present understanding of freedom, combined with great psychological problems and learning performance, these seven-year cycles can't take place simultaneously, at least not during the introduction phase. Instead there must be a gradation of stages (Staffelung), because otherwise the social and economic problems would become too great. If no more children were born during a seven-year period, whole economic sectors would shrink and much know-how would get lost (teaching professions, apprenticeships/trainings, products for small children, delivery rooms in hospitals, midwives, etc.). That's why the introduction or enforcement, respectively, of the birth-stop phases should take place in graded stages (staggered manner).

population. In my opinion, human beings who think like this no longer have love in themselves and also make no effort to thoroughly think about the situation.

Why are history books even written? For one reason only, namely to learn something from the past.

The sole solution for stopping the population explosion is for every individual to exercise restraint in regards to producing children; married couples should for example have only one child and not five to ten because the population problem affects and concerns everyone. This contribution is rather minor when one considers all the things that will happen to us if we don't do anything against the overpopulation.

If someday the point is reached where the population has reduced then a law must be enacted which allows up to a maximum of THREE children per family – but no more than three. This is very crucial and of great importance. If this number had been complied with, then it would never have come to an overpopulation problem like we have on Earth today.

Overpopulation Bomb / Destruction of the Earth / Discrimination Against Women
by Billy [Billy Eduard Albert Meier] / October 1995

The world's population will double and triple very rapidly unless the insanely uncontrolled procreation of children is stopped very soon. Undeniably, all social, political, economic, natural, environmental, climatic and ecological problems on the Earth can be traced back to the population explosion, respectively overpopulation. From the population explosion to the collapse of the ecology, and the immediate future of our planet Earth.

When the population growth for the year 1993 is observed, one discovers with alarm that during this single year nearly 100 million additional humans populated the Earth. More closely scrutinized, the result shows that three newly born human beings arrived in this world every second:

1 second
3 humans

owe something to our landlords and fellow human beings, etc. but also to Earth. We have lost this immensely important wisdom and only a diminishing small number can still remember fragments of this. Unfortunately those are not the ones who have the power to bring this awareness back among the peoples. But every human being has the possibility to change their situation and to direct their thinking in this direction. Each individual can think about the problem of overpopulation and find ways to contribute to solving this problem. For example, each human being could set themselves the goal of choosing not to marry before the age of 30; in view of the seriousness of the problem they could decide to have only two children.

Thus every human being can carry out a correct family planning which takes into consideration the economic situation, the opportunities of earning an income, the children's educational opportunities etc.

What each individual does is important regardless of where they live. When anyone does something, then it influences those around them and spreads, just as a corn seed produces an ear of corn with dozens of new seeds.

By the time governments really tackle the problem, it will already be too late. Those who are in power bask in their positions – it doesn't concern them, they have a house with a garden and enough space for their personal development.

Perhaps some human beings think that the population could be reduced through wars and diseases such as AIDS, but that is not the solution of the problem. Many human beings suffer because of war and lose their friends, relatives, loved ones etc., who all have an important task in life which they are no longer capable of fulfilling. The human being's evolution is blocked because they no longer can be creative when occupied with the following worrying thoughts: How do I obtain food? How do I protect myself? Where are my children? Where are my friends and neighbours? Where is my loved one?

People who think that the population will be reduced by wars and diseases are making a big mistake. How many wars have already broken out on Earth that have brought suffering and misery but no reduction in the

In FIGU's overpopulation pamphlet Nr. 3, I proposed that the permission to procreate or rather the seven-year cycles be associated with the first letter of the family name, but since this might waste too much administrative energy and lead to too much uncertainty, I suggest the following system: Definitive for the permission to procreate is the woman's date of birth. All women on Earth will be divided into two categories, namely those who are born on an odd day, for example on the 1st, 17th or on the 31st of a month, or on an even day, for example on the 2nd, 18th or 30th of a month. This makes it a requirement that all births on the planet are correctly registered and that each child is assigned to an exact birth date. Starting with the introduction of the worldwide birth-stop measures, seven-year phases/stages of permission to procreate and procreation prohibition will alternate. Example: By the 1st January 2015 those married women, who have been born on a day with an even number, will receive permission to conceive one to three children during a seven-year period. On the 31st December 2021 this right will expire, and starting the next day, it will be turn of the wives with an odd birth number for the next seven years. (Of course the duration of the seven-year period is reduced depending on the date of marriage and the date of the permission to procreate). These seven-year periods are repeated until the terrestrial population number has decreased to the target value.

After this, the terms of permission to procreate will stay in force, but the seven-year cycle is cancelled. Due to the fact that the system is based on the birth number, fairness for all people is guaranteed, even when the effects are varied because of the progressive phases/stages. In any case it is possible for any woman to become pregnant, starting with the age of 35 at the latest, assuming that the marriage and the permission to procreate have occurred early enough.

The desire for a baby will be declared as fulfilled if the infant survives and does not die in a natural way within six months after birth. (On this occasion it should be mentioned that it is beneficial for the wife to observe a three-year regeneration period between the births.) If—in the most "favourable" case—a married couple has seven full years at their disposal to procreate children, much stress is omitted, which will have a positive influence on the ability to conceive and generally will improve the quality of life.

It is quite understandable that the introduction of the birth-stop measures will not arouse joy and enthusiasm around the world, because many people will have to remain childless for life. The number of those, who will revolt against it, will be huge, because it cannot be expected for a long time that a sense of responsibility, compassion, logical thinking, foresight, detachment from religious-sectarian constraints, as well as peacefulness will be anchored to a considerable extent within the masses of earth humans. There will be plenty of those who are of the opinion that – because of their social or political position, their large net assets, their aristocratic descent or their religious aspirations, etc. – they have the right to be viewed as an exceptional case, and they will try to lay claim to their alleged right. Right from the beginning rigorous measures must be put in place to refuse such foreseeable claims of injustice. Therefore, the introduction of the birth-stop measures must be accompanied with adequate harsh but just sanctions which have to be announced to all people and which have to be rigorously applied.

However, before listing the penalties, there are two insights and one claim to consider:

After the successful introduction of the procreation regulations, there won't be any unwanted children or so-called "accidents" any more.

Each child will have the guarantee that he/she was wanted, at least at the beginning of his/her life.

Each child has the right to know who his/her biological father is. This knowledge must not be withheld by the mother and, therefore, the genotype of each newborn child has to be compared to those of the parents.

Control or Penalty Measures

Anyone, who does not obey the birth-stop measures as soon as they have been introduced world-wide, clearly demonstrates that they don't give a damn for the long-term well-being of children and the children's children. They live according to the stupid saying: "I don't care what happens after I've gone". With their lack of understanding, such people clearly prove that they don't possess the required sense of responsibility, which is necessary for the healthy education of offspring.

there would very soon be no living creatures existing on this planet.

The Overpopulation Problem

From the booklet "Overpopulation 3"
by Edith Beldi / Translator: Willem Mondria

There are too many human beings. This claim is based on facts.

Our planet Earth could support 529 million human beings problem-free. Each and every living being, be it plants, animals or human beings of all races and peoples would have conditions that are fair for all to develop.

But we are already have 5.9 billion human beings (in 1993) which the planet Earth has to support (7,503,846,002 on December 31, 2005 at 00:00).

The resulting and future problems which the entire human race will be confronted with will be unpleasant ones. We are already seeing the effects in the form of earthquakes as well as flooding brought about by climatic changes etc., which cause great suffering over the entire Earth. The series of environmental catastrophes will not stop because Earth is defending itself in its own way just like how any other living being would defend itself when exploited.

To pursue a policy that is only based on taking cannot have good results in the end. Earth must be able to regenerate itself, but that is a difficult or rather impossible undertaking when it is populated with 5.9 billion human beings (7.5+ billion in 2006) who naturally all want to have their needs, e.g. food, clothing, warmth, shelter etc., satisfied which is of course everyone's right.

Just imagine: In 1993 six human beings were born every second and five of these were born into a new suffering, putting an even heavier burden on nature.

The planet Earth is also a living being with rights and obligations which it would also like to fulfil; we human beings prevent it from doing so because we have forgotten our own rights and obligations. We not only

(Lemmings are normally solitary and very aggressive animals and come together only during the mating season.) The unusual closeness in the herd increases each lemming's aggressiveness to the point where the herd degenerates into a total mass hysteria. The herd then drowns miserably by making a suicidal plunge from a cliff into a sea or river. Only a few lemmings survive this mass suicide ensuring the preservation of their species. Other birth control measures were also observed with various species of birds such as blackbirds: When there are favourable conditions in the environment a blackbird lays up to 5 eggs. If the blackbirds become overpopulated then only two eggs are laid. Experiments with various bird species have shown that when the eggs are removed, then they are laid again in order to reach the number that the environment can support. The great tit lays 14 eggs in total, the gold woodpecker 72, and the mallard duck lays almost 100 eggs. Our chickens lay an egg every day, up to 270 a year. Ethologists in Australia have observed wild rabbits in times of drought and food shortages, and found that the males no longer showed interest in the females; on extremely hot days the pregnant females even rejected their young and miscarried since the young wouldn't be able to survive in the heat anyway. The elephant's birth control measures are such that when they are living together in an unusual high density then they simply adopt a new rhythm in their sexual behaviour. The normal time span between birth and the next mating is two years and three months. When the density of elephants is unusually high then the time span of sexual abstinence increases by a factor of three to six years and 10 months.

A particular scent that functions like a birth control pill is probably the most widespread type of birth control. It can reduce or even stop the fertility in various animal species such as mice. This anti-baby scent is given off by each female. As soon as there are many females living together the scent increases in strength and the females become infertile. Only under particular conditions can the male scent reverse this development.

These few examples out of many should stimulate the reader to reflect. If the human being were to live more according to the natural laws and commandments related to the Creation and not stray further away from them then we would not have such an enormous overpopulation explosion and its accompanying ever increasing gruesome effects. If animals were to trample on the natural laws, like human beings do, then in all likelihood

If a woman gives birth to a child without having received the necessary permission, then the baby must be taken away from her after birth and given into the care of foster parents or released for adoption. The guilty woman and the father of the child will be sterilized and, depending on the situation, forced to pay up to 10 annual wages, for which they have to work hard for many years. On the one hand the fine will be used to financially support the foster parents and to invest money in a savings account for the illegally procreated child, and on the other hand it will serve to accumulate a national fund, which in turn serves to reduce cases of hardship that arise from the birth-stop measures. Of course any violation of the birth stop measures must be examined in detail to prevent injustice. Likewise it is also the responsibility of every woman to immediately and at an early stage report to the administration as soon as she is diagnosed with an unauthorized pregnancy, so that there can be an abortion at an early stage. If she can convincingly prove that the contraceptive measures have failed or that she was raped (which must be reported immediately), severe measures do not apply, when the violation occurs for the first time. The reason why special attention is given to the woman regarding the birth-stop measures is based on the fact that it is she who is becoming pregnant, and not the man. But at the same time this also means that the woman alone decides whether or not she wants to become pregnant, or whether or not she wants to have an abortion. (If the pregnant girl has not yet reached adulthood, it is the parents or guardians who have to decide, though the young female must be listened to adequately.)

In the case of rape (it doesn't matter whether by man or woman) and violation (which includes sexual abuse of children as well as the abuse of people as sex slaves) the guilty persons must be sterilized and expelled from society. The same measures apply to sodomites (Zoophilia), i.e. those men and women, who are abusing animals to satisfy their sexual urge.

Because an offence against the birth-stop measures is connected to severe penalties, it is the duty of all governments/states to make available sufficient and reliable contraceptives and to teach the people their correct application. As a means to control the compliance with the measures, each girl and each woman, who is capable of becoming pregnant, is obliged to undergo a pregnancy test at least every three months. This also applies to those women, who have permission to procreate but are in the

seven-year phase, where they are not allowed to become pregnant.

If a woman—who has no permission to procreate—gets pregnant, either an abortion has to be carried out immediately, or the baby must be given away for adoption or foster parents. When measures against overpopulation are in force, an abortion represents an act of self-defence and is not considered as murder, which quite contrarily would be the case if, e.g., a foetus is aborted because it has an undesired (= female, as a rule!) sex/gender.

What Now?

Most countries on Earth are burdened by heavy debts, and after payment of huge amounts of interest there is hardly any money left to put a stop to a further increase of debt, let alone to discharge it. This trap and threat may be taken as an analogue to overpopulation, because the higher the number of people, the longer it takes until the reduction can reach a healthy, bearable size, assuming that counter-measures are taken at all. Even after a worldwide introduction of birth-stop measures according to FIGU's method, which may be called an "express method", it would still need several centuries until the terrestrial population would have decreased to half a billion, the optimal number for our planet.

Unfortunately, the chance that the "introduction" as mentioned above will occur is extremely low, nearly zero. There is absolutely no indication in sight that the governments or the majority of the people will summon up the insight and the courage to get down to the root of the overpopulation problem and to accomplish an effective birth stop, whether it would be by the FIGU method or some other system. This is understandable, because a great number of additional measures are necessary to be taken and accomplished. To list them all and explain in detail would expand this text to thousands of pages. (I will leave this task to the scientists of all fields to formulate the necessary actions.) Nevertheless, a few points and tasks shall be mentioned, to show that a tremendous amount of thought and educational-work must be performed. We are facing a problem that makes the so-called "Marshall Plan" after the Second World War look like a trifle in comparison.

Increasing disease and epidemics due to the lack of sanitation, nourishment, etc.

Sexual exploitation of women and children

Diminishing water supplies as a result of irrigation and consumption
Continued suffering of billions of animals inhumanely bred for human consumption

Cheapening of human life – murder and the trafficking of humans
Diminishing quality of life

Increasing disparity between the rich and poor

Deterioration of infrastructures such as roads, bridges, sewage systems, etc.

Exponential population growth compounding all of the above problems with no comprehensive solutions available

The forecast is bleak. The clock is ticking and the window of opportunity to avert the most unimaginable catastrophes and disasters is rapidly closing. Act now to educate and inform your fellowman and all those who have the power to positively influence change towards mandatory birth restrictions or else we as a species will inevitably have to face the calamities brought on by our own inaction and lack of foresight.

Birth Control Among Animals in Contrast to Human Beings

From the booklet "Overpopulation 3"

by Freddy Kropf / Translator: Willem Mondria

In contrast to human beings animals appear to have a greater advantage when it comes to birth control. This is true only as long as human beings do not interfere with the laws of the animal kingdom and violate or destroy them. Many of the animal and behaviour researcher's observations have demonstrably shown that there will never be such an incredible overpopulation in the animal kingdom as there is at the present time with human beings. The measures to regulate births among animals are quite severe, manifold and ingenious. They extend from chemically generated scents which work like birth control pills, to cannibalism and even mass suicide as seen with the mountain lemmings in Scandinavia. After years of intense reproduction the lemmings form themselves – due to a lack of food – into a million strong herd and begin a long journey.

created misery. In a nutshell, the unchecked population explosion will ever increasingly multiply our global problems because it is the root cause of our problems. Here is a partial list of the effects of overpopulation:

- Depletion of all resources
- Depletion of forests for farmland and wood
- Diminishing quality of atmosphere, increasing air pollution and lowering of oxygen levels
- Extinction of flora and fauna due to destruction of natural habitats
- Soil degradation as a result of over-cultivation
- Increasing food shortages leading to malnourishment, starvation, diminishing health and disease
- Decreasing quality and increasing cost of food
- Depletion of fish stocks in our rivers, lakes, seas and oceans
- Poisoning of fresh water supplies due to industry
- Overrunning of fertile land as a result of urban sprawl
- Ever expanding garbage and dump sites leading to further pollution of land and water
- Melting of the glacial polar caps due to global warming resulting in the flooding of low lying populated areas.
- Intensification of storm patterns which include typhoons, hurricanes and tornadoes
- Flooding and droughts
- Desertification
- Immense rolling fire storms due to the lack of moisture in conjunction with high winds
- Tectonic displacements due to the immense concentrated weights of cities
- Further destruction of the ozone layer leading to an increase in cases of skin cancer
- Exhaustion of oil supplies, transportation as we know it will come to a standstill.
- Global tensions, vying for resources, water wars
- Increasing criminality as a means of survival
- Increasing flow of refugees from war torn nations into neighbouring countries leading to difficult economic pressures placed on the hosting countries and subsequently, breeding hatred towards foreigners
- Further exploitation of the weak and vulnerable for financial gain

The following list is neither complete, nor sorted according to priority. All points are equally important and have to be successfully implemented.

- The United Nations (UN) has to be replaced by a new organisation in which all countries have the same rights and duties and whose representatives are directly elected by the people.
- The Security Council, in which a few world powers have the right of veto, must be abolished.
- A multinational peace combat troop must be created, consisting of soldiers from all countries. These combat units – together with the police forces in each country – will have a monopoly of weapons and exclusively consist of people who are committed to high ethical values. They will be subordinate to a commando that was elected from the UN's successor organization and must be provided with clearly defined authority and tasks. (Further information may be found in several articles of FIGU members.)
- In return, all armies from all countries must be dissolved. In each country only police forces will remain to guarantee the observance of the local laws and order.
- All weapons of mass destruction will have to be destroyed immediately.
- In the future, the production of weapons must fulfill the following two conditions: a) They can be used by their owners only (personal encoding and adjustment to their individual personality frequency), and b) they contain an additional function to put someone out of action without killing them.
- The terrestrial penal systems must be unified and severed from religions. The death penalty must be abolished, and zones have to be delineated (e.g. islands, remote areas), to which the delinquents will be deported and where, depending on the degree of severity of their offence, they have to stay for a certain amount of time or even the rest of their lives, without the possibility of a successful escape attempt. The delinquents must be provided with educational material and suitable equipment etc., with which they can support themselves. Great care must be taken to make sure that it is impossible for the delinquents, their guards as well as non-offenders etc. to mix with each other.
- All political parties and religious groups must be dissolved and only capable persons of impeccable character may be elected into the governments. Those men and women shall be selected and elected, who

have the well-being of the country and all citizens in mind, and who don't crave for power and wealth.

The members of the government will be directly elected by the people, for a period of office of at least 20 years, with the option of a re-election. In this way it is possible to pursue a long-term policy and not to waste energy every four years with electoral campaigns and ballots.

The state and church/religion are to be strictly separated in every country. Religion-related expenses (building and maintaining of churches, synagogues, temples and mosques as well as the priests' wages etc.) must be paid by the believers themselves.

Qualified, skilled people must be trained and committees must be formed, to acquire the necessary knowledge in practical psychology, spiritual teaching, education, ethics, healthcare, etc., so they become capable to instruct the prospective parents, the children and the entire population, and to carry out assessment in connection with the permission to procreate.

The efforts to research alternative energy sources, e.g. to tap and make use of the inexhaustible electron energy, have to be furthered with high priority.

Genetic research must be furthered, especially with regard to prenatal diagnostics, so it is possible to recognize illnesses and damages in the embryo and fetus, respectively at an ever earlier stage of development.

This shall guarantee to a great extent that only healthy children see the light of day.

Genetic engineering must also be furthered in the areas of health and food, so that it will be possible, for example, to culture/grow meat in order that keeping animals in masses will some day be a thing of the past and that the people will still be supplied with the animal proteins which are necessary for their healthy development.

Addicts must be given assistance by the state authorities. From this it ensues that the traditions and customs of whole cultures and populations have to be reversed to positive pathways, like e.g. in Russia or South American countries in the case of abuse of alcohol and drugs (opium, coca leaves etc.).

Regarding actions connected with a security risk, as e.g. operating transportation vehicles, etc., a zero tolerance must be enforced for the consumption of drugs and alcohol. There may be no mitigation of punishment if criminal acts have occurred under the influence of alcohol

Do I accept a child regardless if it's a boy or a girl?

Do I eat healthy and balanced meals (which include meat and dairy products in reasonable amounts!) in order to supply the growing baby with all essential nutrients?

Who will look after the child at home during its childhood and youth? (Despite the outcry of some women's lib-ers or other misguided people, the mother is the "natural" person to look after the child.)

Do I care for cleanliness of body and psyche and dwelling?

Do I refrain from letting any animals (especially cats, dogs, birds, etc.) live in my dwelling? (This on one hand will prevent a broad variety of possible diseases and accidents, and on the other hand proves respect to the animal. An animal is and remains an animal despite the efforts of people to look upon their pets as persons. To let animals live in the same rooms as people is a form of maltreatment of animals. Millions of people suffer from severe diseases or have even died because they have or had too close contact with animals.)

In order to take up again the question from the start of this text: The procreation of a child may be recommended in good conscience as a responsible and reasonable act if all of the questions above have been answered positively.

The harsh truth must not be swept under the carpet: Every single person, in control of his or her senses and with a clear-headed consciousness who, before procreating a child, refuses to ponder or answer the many questions in this text, may not be called a human being; he or she must be labelled a thoughtless and irresponsible egoist and criminal sex robot. Such a person is an insult to reason and common sense and brings shame to all of mankind.

Population Time Bomb

by Michael Uyttebroek, March 15, 2009

Unless rigorous and responsible efforts are taken by individuals in all governments and leadership positions to limit population growth by mandatory birth restrictions, overpopulation and its inevitable consequences will spiral out of control leaving humanity to torment in its own self-

accounts, income, food, etc.) for the whole family? (Of course there must be some difference here regarding the culture/civilization of a people the parents-to-be belong to. Parenthood in the jungle requires a different standard than living in a western nation.)

Do we live in our own household (= our own private sphere), without any interference from parents or relatives?

Are we aware of the fact that the presence of a child will change our actual life style considerably? (Certain ventures aren't possible any more for years—or never again—, e.g. dangerous hobbies, etc.)

Am I free from any hereditary disease, e.g. chorea, hemophilia, cystic fibrosis, etc.?

Am I free from addiction to illegal or prescribed drugs, alcohol etc., or has a time of 7 years elapsed since the last intake of the stuff I was addicted to?

Am I a non-smoker or have I stopped smoking at least 18 months ago?

Am I free from infectious disease, such as e.g. AIDS, syphilis, tuberculosis, etc.?

Am I in good health regarding my psyche and consciousness (no schizophrenia, depression, etc.)?

Am I free from mental handicap (mental deficiency, Down's syndrome, autism, etc.)?

Is inbreeding absent in my genealogical tree (the last 7 generations back)?

Do I lead a decent life style, which means:

I am no member of organizations or groups who confirm or show the following degenerations: fanatism, extremism, sectarianism, anarchism, terrorism, crime, racial hatred, slavery, restriction of one's free thinking and one's free will, hate, warfare, torture, etc.; not to prostitute myself; execute no criminal acts against Earth, human beings, animals and plants.

Am I (the woman) ready to undergo prenatal diagnosis? How will I decide if the test shows that the fetus has some defect? Will I consent to an abortion? If no: What about the future of the child, and our future? If yes: How grave must the defect be in order to make the decision for an abortion?

and/or drugs; quite the contrary: the penalties must be more severe. The genital mutilation of girls and women must be abolished immediately. Contravention must be punished with a lifelong expulsion from society.

Because of an increasing high proportion of elderly people and increasing numbers of couples who have no children, the present systems of provisions for old-age are coming under pressure, even beginning to topple. Therefore it is the task of the government and especially of the social community, to guarantee elderly people a worthy life. Among other things, this should occur through the "duty of voluntary help", when the governmental system is overtaxed due to a lack of wage-earners and employers who are paying/contributing to the pension system.

The immigration of young manpower from poor countries into higher developed countries as a means to increase the amount of payers/contributors to the pension system must be stopped.

When young people from emerging countries are going to do job training in industrial countries (Universities etc.), then these people have to go back to their homeland after the training, to make their contribution in the development of their native country. This also includes refugees, who in the case of a personal (= individually made to the person concerned) life threat, may very well take refuge in another country, but have to immediately return as soon as the personal threat does not exist anymore.

Famine relief, i.e. delivering food in regions that are overpopulated, must be stopped.

International help, or help in general, always has to be orientated according to the motto "helping people to help themselves".

Absolutely safe contraceptives must be developed and produced, which on the one hand don't show disadvantages to one's health, and on the other hand are easy to use and to control.

Children have to be informed about the use of contraceptives and about the procreation requirements even before they reach the age of procreation or ability to conceive, respectively.

Regions and countries, where the use of contraceptives is not promoted on a large scale and where no effective educational campaign takes place relating to this, may not receive any financial/economic or food aid from other countries.

The interbreeding of national communities and races on a large scale must be avoided. The degrading "import" of "marriage partners" from foreign cultures has to be stopped, just as the misuse of marriage to attain citizenship of a foreign country.

Each country is obligated to ensure order in its territory and, when this isn't done, to bear the corresponding consequences.

The exploitation of resources (metals, mineral ores, oil, etc.) must occur as environmentally friendly as possible, and it must be ensured that a fair price is paid for it which corresponds with the buying power of the buyer (country). The proceeds must be of direct benefit to the respective population, for example towards the improvement of the educational system.

Corrupt regimes have to be isolated and deprived of their power.

All inhabitants of the countries have to work and earn their living (with exception of mothers of minors as well as sick or handicapped people). If this is not possible because of unemployment (lack of a paid job), the people concerned have to render a service to the community (for example caring for the elderly, doing cleaning work for the community in the city and surrounding area, assist those people who, because of handicap and illness etc., are not able to earn their living). Anyone who refuses to contribute his efforts, won't receive any money from the government, but will merely be paid in kind, so that food and modest accommodation is guaranteed (so-called survival assistance).

The wage/salary system must become fair; there must be an upper limit to one's salary. Each person must be able to earn his living with his own hands and head, if there is a full commitment/effort.

The people have to be informed about the fact that frequent changing of sexual partners entails big health risks, which is clearly shown with the example of the spreading of AIDS. To a great extent it is the children who are suffering, either because they are sick themselves or were born sick, or because they become orphans. (The wish to decimate humankind through the spreading of terminal illnesses may serve the purpose, but is, from the humane point of view, absolutely reprehensible. The reduction of the human population must solely occur on a basis of insight and common sense.)

The teaching of humankind on the values of the spiritual teaching and the knowledge associated with it is of fundamental importance, because as long as people are the slaves of false doctrines from reli-

Additionally, a child has an absolute claim of parents (= a father and a mother!) capable of guaranteeing secured material conditions and capable of providing a loving and neutral education/raising. As a result parents-to-be should have to attend some form of education or instruction before they beget a child, in order to be prepared for this very ambitious but wonderful task.

Since most worldwide birthrate check measures will probably not be started in the near future, unfortunately, it is up to every responsible person and couple to bear his or her own responsibility. With logical and reasonable thinking, one's own actions should have to be brought into harmony with the natural laws, as the only way to guarantee the survival of all life forms on this planet.

The following list of questions shall help any parents-to-be to become aware of the fact that parenthood isn't as simple as it seems: To beget a child needs some seconds or minutes – but childhood and youth last a bit longer!

Before begetting (or fostering/adopting) a child, a reasonable and responsible person has to ask him-or herself the following questions:

Will our union last for at least 3 years -- are we living together for at least 3 years?

Am I, the woman, at least 28 years of age; and I, the man, at least 33 years (see worldwide birthrate check measures by FIGU)?

Have I found my real partner, and am I prepared to live with him or her for the whole rest of my life?

Do I know the difference between amour (= transitory illusion) and real love (real love is indestructible)?

Do we respect each other as not identical but of equal value?

Why do we want to "have" a child?

If we have children: Will it be less than 3?

Are we capable of guaranteeing our future child a protected/safe and good education that encourages responsibility (even beyond babyhood)?

How are our short- and medium-term perspectives? Is there a good chance of enough financial and material means (dwelling, saving

More and more, responsible people ask themselves—confronted with immense population growth, environmental pollution, and maltreatment of life forms of all kinds—, if it's wise to beget a child and bear it into this world of egoism, where growth of the gross national product, hedonism, wealth and controlling other people are the highest goals. A reasonable question, indeed, if we look at the huge misery under which children and adults have to suffer (not in the developing world alone, but also in industrialized countries). How much misery could be avoided if the people on Earth would let themselves be guided by reason and understanding instead of by false emotions, confusing religious ideas of delusion and uncontrolled sexual urges!

If we look at every country on this Earth with a neutral view we cannot avoid the sad conclusion: Many many children shouldn't have been begotten by their parents! Many fathers and mothers have absolutely no knowledge, and are overloaded and incapable, regarding a good and responsible parenthood and the connected educative and caring tasks and duties. Out of parental incapability, immaturity, egoism and other ills legions of children grow up as exact copies of their parents, with only a very small chance to break out of this vicious circle of poverty and misery. Damaged by hunger (mental), maltreatment (psychic and bodily) and neglect (criminal) the children doze through a life without any future perspective, without being aware of the meaning of life, and without having experienced real love. Like thoughtless robots those persons wander through a life of TV consummation and loiter about, babble aimlessly and repeat slogans – or they have to fight constantly for naked survival where the law of the strongest rules and where ethics and sympathy have no place. As a result of false thoughts and a false humanitarianism, the calling into question of a supposed "human right for parenthood" is vehemently opposed – because such persons could come to the troublesome and unthinkable conclusion to be among those who should have no children.

Peoples, governments and every single person by all means have to change their thought processes, and the procreating of children should be coupled with certain qualifications. The parents' thoughtlessness, egoism and lack of discipline shall not have first priority, but the welfare of the child to be begotten! Absolute priority must be granted to the child's right of being born with a healthy body, healthy psyche and healthy consciousness!

gions, it will be impossible that in the individual countries the correct and lasting measures will be embraced. Also peace between people and nations will not be possible, as long as the religions make people dependent and subordinate to them or to a God or Gods.

Since the writings of the spirit teaching are deliberately written in German, and since no other language on Earth allows all nuances to be explained in such details, the German language shall become the common world language. Next to it all the other languages shall still be used, cared for and preserved, of course.

This is just a short list of measures, all of which are necessary to carry out the fight against overpopulation successfully and humanely. A very condensed list, behind which is concealed a great many thoughts and steps to be taken, will inevitably lead to the question: "How and where shall we start?" Well, since time immemorial and for all eternity it is, and continues to be, the duty of every reasonable and responsible person to begin with every kind of change and improvement with themselves. Each person, who has recognized the emergency and danger of the overpopulation problem, is called upon to observe the proposed measures with one's best ability (with the exception of the 7-year-cycle). This appeal is especially directed to all persons in responsible and influential positions, so that they become aware of their responsibility and are working towards a steady increase in understanding and acceptance for the birth-stop measures.

Consider this: With every billion people less, the quality of life will increase, and through insight into the necessity of the worldwide and long-term measures, the chance increases that the global community will develop a "sense of unity" (sense of "us"). In a world without overpopulation, the people will be happy again to meet fellow-human beings, because they aren't living crammed next to each other and above each other anymore like in beehives, which leads to indifference towards the problems and worries of other human beings. It's in the hands of the people of Earth to decide which way they want to choose: the one forced upon them (through hunger, misery, catastrophes, etc.), or the one deliberately chosen (through the use of common sense, insight and self-responsibility).

It is imperative now to not let oneself be intimidated by the outcry of all those narrow-thinking and unreasonable people, who don't recognise

the gravity of the situation or don't want to recognize it and are wallowing in egoism or false humanism, all of which will inevitably lead to distress and misery. Such people don't recognize that the measures we are proposing are really humane,

because they have a uniform validity for all people;
because they make it possible to reach a goal in the shortest time possible, which is in the interest of all the people living on Earth now and for the future generations;
because a gigantic educational campaign is associated with it, which will enable all people on Earth to become mature and responsible adults and citizens;
because it won't be accepted in a fatalistic way that billions of people will vegetate in circumstances beneath human dignity (slums, extreme poverty, poisoning, etc.);
because the right to live is not contentious for anybody who has been born.

The narrow-thinking and unreasonable people do not recognize that – if we do not act now – we will be threatened by inhumane measures in the future, because – due to the constantly increasing effects of overpopulation – the climate is continuing to act more and more in a crazy way, and the supply of every day goods to the people becomes more and more difficult. The social structures will continue to break down, as an ever growing number of people have to struggle for bare survival in many places. Based on a prophecy it cannot be excluded, unfortunately, that governments will start to impose radical and inhumane measures and enforce them with violence. Such measures could even include the imposition of the death penalty for the illegal procreation of offspring, a terrible prospect. Therefore we really should do everything so that such a terrible degeneracy never will come true.

Each person is called upon to think on his/her own about that which has been presented to you above, and to keep one's eyes open so as to become aware of the slowly developing changes associated with population growth. Pictures of mega cities or smoke-filled industrial zones etc. are to be recognized as what they really show: Ulcers and disease patterns of our civilisation, where people are losing sight of taking care of their inner

descendants requires calculated planning.

The planet's overpopulation (14 times greater than the allowed maximum) is the origin of all troubles and suffering seen on this world even when the clerics, the pope and the entire clergy as well as all the rest of the pro-religious and delusional believers deny this in their delusional belief, and they, in their cult-belief, still vehemently defend against contraception. Worldwide 12 children are born every two seconds. In comparison to this there is only one death in the same time period. Having a large as possible number of church tax payers is apparently much more important to the church and religious bigwigs than effectively reducing the troubles in the world and in the so-called third world countries through measures that regulate births. On the basis of the papal paradox it is time to open the eyes and to see through and recognise what has been constantly going on for millenniums – the conscious stultification of human beings by the Christian world and its priesthood through which the human being to this day, by means of force and oppression, was and is kept in dog-like humility.

Parenthood and the Desire to Have a Baby

This is an excerpt from FIGU's Overpopulation Booklet #13
by Christian Frehner

Beware! The following thoughts may appear rigorous and radical; they may even shock a person at the first reading, but they are really neither extreme nor misanthropic. They have absolutely nothing in common with confused, delusional, fanatical and hostile thoughts and demands by extremists of all sorts of political or religious views. Quite in contrast with them my thought-provoking impulses and guidelines are equally valid for all people on Earth (including me!). All my proposed ideas, etc., are valid for everybody, and there may not be any reservation regarding race, nationality, body size, color of hair, bank account, title, etc. It must be guaranteed that not only the intelligentsia may be permitted to produce offspring, because so-called intelligent people are not proof at all against stupidity as is proven again and again by many politicians, professors, journalists, sociologists, theologists, philosophers, scientists and managers, etc., who, in their narrow-mindedness, shortsightedness and arrogance overestimate their own capacities.

impute cruel, human and paradoxical traits to it that only human beings have.

The mass of human beings were driven to boundlessness through irrationality and through the human race's religious, unnatural false doctrines, whereby the limited and controllable problems of a few human beings have increased to a nameless mass and have become uncontrollable.

The preservation of the human species is not based on the formula of simple reproduction as promulgated by the many false doctrines of the religions on Earth. The preservation of the species lies in following the natural laws, thus it is a compliance in holiness(controlling) and has to comply with the given space limitations of this planet. Science also states that 529 million human beings with a maximum of three children per couple may eke out their existence on planet Earth in order to be capable of doing justice to their development as true human beings. These values are calculated from our planet's available cultivatable land. Nature, however, never, and under no circumstances takes its cue from any religious scatterbrains who call themselves loudmouthed priests, lay preachers, missionaries, bishops, cardinals, popes or believer in god or believer etc. who call for an uncontrolled reproduction of human beings.

Every sensible and conscientious human being of this world who still has a strong enough sense of responsibility towards the planet and its humanity knows about the importance of sensible birth control and family planning. For this reason no one would want to have more children than he or she is capable of feeding and being responsible for. Even when the Christian world still opposes contraception and views having as many children as possible as a "gift from god" and not as a product of their own procreative act. Nevertheless, contraception, in whatever form belongs to the human being exactly in the same way as his or her sexuality does, because even the alleged world and nature "personally" created by god, prevents and hinders the reproduction of living things, e.g. by having an innumerable number of seeds go to waste when the wind blows them onto rocks instead of fertile ground. Contrary to all the stubborn claims made by those human beings of the Christian faith, nature does demand human beings to conceive every time they have sexual intercourse. As a result the producing of

growth in the rush of everyday life. We have to realize that hard and difficult years of privation are approaching, because we have to do some rethinking in many matters, and many restrictions have to be endured. But if we always keep in mind that we are doing this for the well-being of the planet, the fauna and the flora, and derived from this also for the well-being of our children and children's children, then everything becomes bearable and durable. And that is where the circle becomes complete, because let's remember: Some day we will walk over Mother Earth as our children's children and be confronted with the fruits of our efforts of today – hopefully in a positive sense!

The Catastrophe Takes Its Unimpeded Course !

by Christian Frehner, January 2, 2011

On New Year's Day 2011, we received from the Plejaren (Ptaah and Quetzal) the actual population number by December 31, 2010 (midnight): 8,102,716,701 human beings!

When compared with the 7,684,489,285 human beings on December 11, 2007, this means an increase of 375,325 human beings per day, respectively 4.34 human beings per second!

When compared with the 7,503,846,002 human beings on December 31, 2005 (midnight), there results an increase of 328,148 human beings per day, respectively 3.8 human beings per second.

This means that the increase rate has accelerated!

Human insanity, and the height of irresponsibility! – Especially in light of the fact that the terrestrial bureaus of census and demography statistics are estimating the number of the actual human population on Earth more than one billion/milliard too low!

And what is done against this catastrophe by those in charge, the responsible persons in governments and the heads of religions and sects? **NOTHING AT ALL!!!**

Regarding BIOGRAMS / How The Plejaren Detect Any Human Being on the Planet

This question refers to the Dec 26th, 2004 TSUNAMI in East Asia.

If I understand correctly from Contact 370th - 372nd, when PTAAH makes mention the total death count in terms of "BIO-GRAMS", what does the term really mean in our world definition & how long did they stay in our skies doing the investigation?

Answer:

Biological recordings of the impulses from the corpses. With those "Biogramme" they can also detect any human being on the planet and, therefore, can give an exact number of the human population on earth at a certain moment, like e.g. on April 8, 2004, at 8:04 p.m. MET, when 7,101,500,011 human beings lived on our planet. Billy doesn't know how long they stayed in our sky to do the investigation.

Excerpt from the 370th contact, December 31st, 2004, 12:04 AM

Ptaah:

As I already explained, our devices and apparatus are directed to find and to record living or dead life forms. Many who were killed through the catastrophe are buried deep under masses of mud or have been ripped far out in the ocean where they will never be found again. Our entire technology regarding the recording and registering of biograms is so perfected that we can specifically analyze every life form and can also determine their state. So it is just as possible for us to determine the exact time of death, as it also is whether it concerns a human, animal or another life form. Further, our devices and apparatuses record whether it concerns female or male life forms, what age they are and through which circumstances they lost their lives. On the solid land the effectiveness of the sensor reaches up to a depth of around 8000 meters, while in the waters, depths up to 12,000 meters are given.

Be Fruitful and Multiply... From the booklet "Overpopulation 3" by Hans Georg Lanzendorfer / Translator: Willem Mondria

(a short version of this article was published in the Schaffhauser Arbeiter Zeitung (Schaffhauser Workers Newspaper) on August 21, 1993)

Subject: Come and hear god's word...and other recent large-scale attempts of Christians at missionising as well as more on the subject of overpopulation and cult-beliefs

Be fruitful and multiply and fill the earth
Moses 1, chapter 1, verse 28 and Moses 1, Chapter 9 verse

A divine command? No! Rather an exceedingly ill-considered statement stemming from some power hungry and ignorant hack-writer of the bible or from a simpleton or fool who consciously acts against the laws of Creation and who does not recognise the limited space on the world that was allegedly created for him by his god. This present or modern age murderous and untenable divine command which calls for an absolute uncontrolled and incalculable simple increase of human beings - which is still promoted by the pope and his Christian supporters - must be, in this form, put on the same level as genocide, mass murder and extermination of a planet without parallel. This behaviour causes an unforgivable destruction on Earth as well as a mass murder of all of its living forms of life, the fauna and flora and the entire humanity.

The inevitable worldwide complete overexploitation and unscrupulous exploitation of natural resources is the result from such an explosive, "divinely ordained" and religiously promoted uncontrolled reproduction of Earth's population. Serious famines are the future consequences and the polluted air and environment caused by the overpopulation destroys the human being's essential natural living space. To still defend or live according to such irrational divine commands calling for the uncontrolled reproduction of human beings testifies to an indescribable stupidity, ignorance, false humanitarianism, incorrect humility and religious short-sightedness. It is, moreover, an indescribable impudence without parallel to describe the elemental might, the Creation, as "god" or to call it "godlike" as well as to

Population and Statistics Charts

Source: Information from Ptaah of Erra, Pleiades/Plejaren

© www.figu.org

Development of Population Growth on Earth (during the last 2004 years)

Source: Information from Ptaah of Erra, Pleiades/Plejaren © www.figu.org

Here are the population figures of Earth given to us from JHWH Ptaah of Erra/ Plejaren:

7,101,500,011 on April 8, 2004 (20:04)

7,503,846,002 on December 31, 2005 (Midnight)

7,684,227,416 on December 11, 2007 (Midnight)

Period	First Year	Last Year	Growth/Total
1-500	102,465,703	198,847,080	96,381,377
501-1000	198,847,080	293,408,074	94,560,994
1001-1300	293,408,074	374,079,611	80,671,537
1301-1500	374,079,611	406,100,043	32,020,432
1501-1600	406,100,043	463,618,432	57,518,389
1601-1700	463,618,432	536,718,004	73,099,572
1701-1800	536,718,004	892,333,410	355,615,406
1801-1900	892,333,410	1,660,990,034	768,656,624
1901-1905	1,660,990,034	1,689,987,973	28,997,939
1906-1910	1,689,987,973	1,810,900,001	120,912,028
1911-1915	1,810,900,001	1,844,760,039	33,860,038
1916-1920	1,844,760,039	1,912,000,432	67,240,393
1921-1925	1,912,000,432	2,008,401,932	96,401,500
1926-1930	2,008,401,932	2,207,034,890	198,632,958
1931-1935	2,207,034,890	2,350,481,002	143,446,112
1936-1940	2,350,481,002	2,400,389,101	49,908,099
1941-1945	2,400,389,101	2,550,108,498	149,719,397
1946-1950	2,550,108,498	2,600,047,000	49,938,502
1951-1955	2,600,047,000	2,784,382,444	184,335,444
1956-1960	2,784,382,444	3,050,382,081	265,999,637
1961-1963	3,050,382,081	3,250,798,000	200,415,919
1964-1966	3,250,798,000	3,500,100,000	249,302,000
1967-1969	3,500,100,000	3,700,641,801	200,541,801
1970-1972	3,700,641,801	3,783,847,320	83,205,519
1973-1975	3,783,847,320	3,889,992,910	106,145,590
1976-1978	3,889,992,910	4,090,799,983	200,807,073
1979-1981	4,090,799,983	4,604,031,892	513,231,909
1982-1984	4,604,031,892	4,800,411,000	196,379,108
1985-1987	4,800,411,000	5,149,979,380	349,568,380
1988-1990	5,149,979,380	5,367,887,093	217,907,713
1991-1993	5,367,887,093	5,876,884,097	508,997,004
1994-1996	5,876,884,097	6,204,008,014	327,123,917
1997-1999	6,204,008,014	6,634,101,302	430,093,288
2000-2002	6,634,101,302	6,905,000,109	270,898,807
2003-2005	6,905,000,109	7,503,846,002	598,845,893

Growth of Earth's Population (per year, day, hour and second) (during the last 2004 years)

Source: Information from Ptaah of Erra, Pleiades/Plejaren © www.figu.org

From Contact 487 February 3, 2010

Ptaah ... "We have conducted our last count on December 31, 2009, whereby accordingly, the total number of terrestrial humanity was 7,831,814,138."

Update: from the Plejaren (Ptaah and Quetzal) the actual population number as of December 31, 2016 (midnight): 8,739,001,024 human beings!

Period	Duration (years)	Growth/Total	Per Year	Per Day	Per Hour	Per Second
1-500	500	96,381,377	192,763	528	22	0.01
501-1000	500	94,560,994	189,122	518	22	0.01
1001-1300	300	80,671,537	268,905	737	31	0.01
1301-1500	200	32,020,432	160,102	439	18	0.01
1501-1600	100	57,518,389	575,184	1,576	66	0.02
1601-1700	100	73,099,572	730,996	2,003	83	0.02
1701-1800	100	355,615,406	3,556,154	9,743	406	0.11
1801-1900	100	768,656,624	7,686,566	21,059	877	0.24
1901-1905	5	28,997,939	5,799,588	15,889	662	0.18
1906-1910	5	120,912,028	24,182,406	66,253	2,761	0.77
1911-1915	5	33,860,038	6,772,008	18,553	773	0.21
1916-1920	5	67,240,393	13,448,079	36,844	1,535	0.43
1921-1925	5	96,401,500	19,280,300	52,823	2,201	0.61
1926-1930	5	198,632,958	39,726,592	108,840	4,535	1.26
1931-1935	5	143,446,112	28,689,222	78,601	3,275	0.91
1936-1940	5	49,908,099	9,981,620	27,347	1,139	0.32
1941-1945	5	149,719,397	29,943,879	82,038	3,418	0.95
1946-1950	5	49,938,502	9,987,700	27,364	1,140	0.32
1951-1955	5	184,335,444	36,867,089	101,006	4,209	1.17
1956-1960	5	265,999,637	53,199,927	145,753	6,073	1.69
1961-1963	3	200,415,919	66,805,306	183,028	7,626	2.12
1964-1966	3	249,302,000	83,100,667	227,673	9,486	2.64
1967-1969	3	200,541,801	66,847,267	183,143	7,631	2.12
1970-1972	3	83,205,519	27,735,173	75,987	3,166	0.88
1973-1975	3	106,145,590	35,381,863	96,937	4,039	1.12
1976-1978	3	200,807,073	66,935,691	183,385	7,641	2.12
1979-1981	3	513,231,909	171,077,303	468,705	19,529	5.42
1982-1984	3	196,379,108	65,459,703	179,342	7,473	2.08
1985-1987	3	349,568,380	116,522,793	319,241	13,302	3.69
1988-1990	3	217,907,713	72,635,904	199,002	8,292	2.30
1991-1993	3	508,997,004	169,665,668	464,837	19,368	5.38
1994-1996	3	327,123,917	109,041,306	298,743	12,448	3.46
1997-1999	3	430,093,288	143,364,429	392,779	16,366	4.55
2000-2002	3	270,898,807	90,299,602	247,396	10,308	2.86
2003-2005	3	598,845,893	199,615,298	546,891	22,787	6.33