

EMDR International Association

Basic EMDR Training Eligibility Requirements

Licensed Mental Health Professionals

- Qualifying Medical Doctors must have a medical specialty in Psychiatry and must also be licensed to practice in their state or province.
- Qualifying Nurses must have a Master of Science in Nursing (or higher) with a specialization in psychiatric nursing and must also be licensed to practice in their state or province.
- Qualifying Mental Health Clinicians must have a Master's or Doctoral degree in the mental health field (Counseling, Marriage Family Therapy, Psychology, Psychotherapy, Psychiatry, Social Work) or related mental health discipline considered appropriate by EMDRIA and must also be licensed to practice in their state or province.
- Mental Health Clinicians who have a Master's degree in one of the following fields must submit their graduate transcript to EMDRIA to determine their eligibility: *Art Therapy, Christian/Pastoral Counseling, Drug/Alcohol Counseling, and Music Therapy*. These clinicians will also need to submit a copy of their license to practice in their state or province in order to determine their eligibility.

Interns & Students

- Qualifying graduate students must be enrolled in a Master's or Doctoral program in the mental health field (Counseling, Marriage Family Therapy, Psychology, Psychotherapy, Psychiatry, Psychiatric Nursing, Social Work) or related mental health discipline considered appropriate by EMDRIA. Students must have completed their core graduate academic coursework and must be in the practicum/internship portion of their graduate program. Graduate students must be on a licensing track and working under the supervision of a fully licensed mental health clinician.
- Graduate students who are enrolled in a Master's program in one of the following fields must submit their graduate course transcript to EMDRIA to determine their eligibility: *Art Therapy, Christian/Pastoral Counseling, Drug/Alcohol Counseling, and Music Therapy*.
- Students who would like to take the basic training will need to submit the following documentation to determine eligibility for registering for an EMDRIA Approved Basic EMDR Training: graduate transcript, practicum or internship hours, curriculum vita, and a letter from their current supervisor which includes the supervisor's degree information, licensure information and license number.

EMDRIA reserves the right to refuse those individuals who do not meet the required guidelines for consideration.