



Monday	Tuesday	Wednesday	Thursday	Friday	
	<b>HAPPY NEW YEAR!</b>  <b>CENTER CLOSED</b>	<b>1</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Arts & Craft 11:30 Group Activity 12:00 Lunch 1:00 Bingo 1:30 <b>Fitness with Eric Allen</b> 3:00 Snack 3:30 Trivia Time	<b>2</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack 3:30 Classic Games	<b>3</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Cinema Time	
	<b>7</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Sing-along Hour	<b>8</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Let's be Creative 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Tabletop Games	<b>9</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Arts & Craft 11:30 Daily Exercise 12:15 Lunch <b>1:00 Music with Larry Lewis</b> 2:45 Snack 3:00 Bingo 3:30 Trivia Time	<b>10</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack 3:30 Classic Games	<b>11</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Cinema Time
	<b>14</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Trivia Time	<b>15</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Let's be Creative 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Tabletop Games	<b>16</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Arts & Craft 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack 3:30 Trivia Time	<b>17</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack 3:30 Classic Games	<b>18</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Cinema Time
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	<b>28</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Classic Games 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Trivia Time	<b>29</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Let's be Creative 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's keep moving 3:00 Snack 3:30 Tabletop Games	<b>30</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Arts & Craft 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack 3:30 Trivia Time	<b>31</b> 8:30 Coffee & News 9:30 Maintain the Brain 10:30 Learn Something New 11:30 Daily Exercise 12:15 Lunch 1:00 Bingo 1:30 Let's Keep Moving 3:00 Snack 3:30 Classic Games	

Calendar is subject to change to match our clients' interests. Participation in activities is always voluntary, but greatly encouraged.