





Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

COME JOIN US!!!
 Lunch Served
 Monday Thru Friday
 11:00am TO 12:30Pm



April 2026

Suggested meal contribution: \$3.00. No one 60 or older will be denied a meal for inability to contribute. Those under 60 must pay a fee.

SUN	MON	TUE	WED	THU	FRI	SAT
<p>The Saltshaker indicates a higher sodium meal.</p> <p>Low-fat milk served with every meal.</p> 			<p>1 Oven Fried Chicken Mashed Potatoes w/Gravy, Mixed Vegetable, WW Roll & Pineapple Tidbits</p>	<p>2 Beef & Bean Chili, Corn Bread, Green Salad w/dressing & Fresh Fruit</p>	<p>3 Easter Luncheon Roast Turkey, Sweet Potatoes, Pea's w/ Pearl Onions, WW Roll, Spring Cookie & Fruit Juice</p>	<p>4</p> <p>Menu is Subject To Change Without Notice</p>
<p>5</p> <p>Menu is Subject To Change Without Notice</p>	<p>6 Whole Grain Spaghetti W/Meat Sauce, Green Salad w/ Dressing, Garlic Bread & Apple Sauce</p>	<p>7 Chinese Chicken Salad, WW Roll, Mandarin Oranges & Fortune Cookie</p>	<p>8 Turkey & Cheese Sandwich on WW Bread, Bean and Macaroni Soup, WW Cracker & Peaches</p>	<p>9 Roasted Chicken, Scalloped Potatoes, Steamed Carrots, Biscuit & Fresh Fruit</p>	<p>10 Taco Casserole, Black Beans, Spanish Rice & Tropical Fruit Cup</p>	<p>11</p>  <p>shutterstock - 244078135</p>
<p>12</p> 	<p>13 Sweet and Sour Chicken, Brown Rice, Stir Fry Vegetables & Pineapple Tidbits</p>	<p>14 Egg Salad Sandwich on WW Bread, Split Pea Soup, WW Cracker & Peaches</p>	<p>15 Fish and Chips, Cole Slaw, WW Bread & Fresh Fruit</p>	<p>16 Chicken Caesar Salad, WW Roll, WW Crackers & Mixed Fruit Cup</p>	<p>17 Cheeseburger on WW Bun, Sweet Potato Tator Tots & Fresh Fruit</p>	<p>18</p>
<p>19</p>	<p>20 Tuna Sandwich on WW Bread, Vegetable Soup, WW Cracker & Orange</p>	<p>21 Spinach Lasagna, Garlic Bread, Cheese Stick & Italian Squash Mix & Pears</p>	<p>22Turkey Sausage, French Toast Sticks, Hash Brown Patty, Yogurt & V-8 Juice</p> 	<p>23 Pulled Pork Sandwich on WW Bun, Baked Beans, Coleslaw & Banana</p>	<p>24 Happy Birthday Oven Roasted Pork, Mashed Potatoes w/Gravy, Carrots, WW Roll, Apple Crisp & Fruit Juice</p>	<p>25</p>
<p>26</p>	<p>27 Chef Salad, WW Roll, WW Cracker & Banana</p>	<p>28 Herbed Chicken Breast Pasta Primavera, Green Salad W/Dressing & Apricots</p>	<p>29 Beef & Bean Chili, Corn Bread, Green Salad w/dressing & Fresh Fruit</p>	<p>30 BBQ Chicken Potatoes Salad, WW Roll & Applesauce</p>		<p>Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304</p>