

FAMILY POOL JANUARY

Monday Tuesday Wednesday Thursday Friday Saturday

Open Swim 5:00am-8:15am	Open Swim 5:00am-8:15am	Open Swim 5:00am-8:15am	Open Swim 5:00am-8:15am	Open Swim 5:00am-8:15am	Open Swim 6:00am-8:30am
Water Aerobics 8:15am-9:15am	Water Aerobics 8:00am-9:00am	Water Aerobics 8:15am-9:15am	Water Aerobics 8:00am-9:00am	Water Aerobics 8:15am-9:15am	Swim Lessons 8:30am-10:00am
Water Aerobics 9:30am-10:30am	MGH Rental 9:00am-12:00pm	Water Aerobics 9:30am-10:30am	MGH Rental 9:00am-12:00pm	Water Aerobics 9:30am-10:30am	Open Swim 10:00am-4:45pm
Water Aerobics 11:00am-12:00pm		Water Aerobics 11:00am-12:00pm		Water Aerobics 11:00am-12:00pm	
Open Swim 12:00pm-4:00pm	Open Swim 12:00pm-4:30pm	Open Swim 12:00pm-5:30pm	Open Swim 12:00pm-8:45pm	Open Swim 12:00pm-5:30pm	
Swim Lessons 4:00pm-5:00pm	Swim Lessons 4:30pm-5:30pm	Swim Lessons 4:00pm-5:00pm			
Water Aerobics 5:30pm-6:30pm		Water Aerobics 5:30pm-6:30pm	Live Y'ers 4:00pm-5:00pm	Water Aerobics 5:30pm-6:30pm	
Open Swim 6:30pm-8:45pm	Open Swim 5:30pm-8:45pm	Open Swim 6:30pm-8:45pm		Open Swim 6:30pm-8:45pm	

- Hi-lighted times are OPEN SWIM times.
- The Family Pool is CLOSED for Swim Lessons, MGH and Water Aerobics at the times listed above.
- Schedule subject to change without notice. Please contact Aquatics Director with questions.
- Swim lessons begin the week of January 19th!

LAP POOL JANUARY

Monday Tuesday Wednesday Thursday Friday Saturday

Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 5:00am-8:45pm	Open Swim 6:00am-4:45pm
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Swim Lessons
5:00pm-6:30pm

Swim Lessons
9:30am-10:00am



AQUATICS AND WATER FITNESS SCHEDULE

- AGE REQUIREMENTS:
- Age 6 and under
A parent or guardian, 18 years or older, must be in the water within arm's reach at all times. Proper swim attire is required.
 - Age 7-11
A parent or guardian, 18 years or older, must be on the pool deck at all times.
 - Ages 12 and up
May use the entire Aquatic Center without parent.

