

RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")  
REVISED 11.2013

In consideration of participating in the programs of Mountain Brook Gymnastics Foundation, I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the Activity.

I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue The Mountain Brook Gymnastics Foundation, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost, which any may incur as the result of such claim.

I give my permission for the staff at Mountain Brook Gymnastics Foundation to photograph and/or videotape my child during teaching sessions/special events. I understand that images may be used for marketing purposes or instructional purposes only & that the identity of my child will be kept confidential

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intent to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

\_\_\_\_\_  
Printed Name of Participant

\_\_\_\_\_  
Participant's D.O.B.

\_\_\_\_\_  
Date

PARENTAL CONSENT

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the Minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby Release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim.

\_\_\_\_\_  
Printed Name of Parent/or Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/or Legal Guardian

# preschool GYMNASTICS



SESSION 3: JANUARY 6 - MARCH 9 (9 WKS)  
SESSION 4: MARCH 12 - MAY 20 (9 WKS)

NO CLASSES THE FOLLOWING DATES:

1/20, 3/10-3/11 and 3/23-3/27

Mountain Brook GYMNASTICS

P.O. BOX 43267 ♥ Birmingham, AL ♥ 35243

www.mountainbrookgymnastics.com ♥ 205.969.4889

## Tumble Buddy 2S:

This co-ed class is for children 18 months to 35 months & requires an active buddy (parent, grandparent, caretaker etc.) to participate. \*Only ONE buddy per student--all other family will be asked to watch from the lobby or bleachers. We do not allow siblings on the floor during class, including baby wearing.\* As an intro class in movement education, children are encouraged to use their imagination as they explore obstacle courses, Tumbtrak, bars, beam and lots more! Children will begin to develop physical strength and coordination, as well as balance & agility at an early age. (45 mins 1x/wk) **CLASSES AFTER 3PM WILL BE UPSTAIRS**

## 3 All Me:

This co-ed class is for children 3 years old & is the first class our students are allowed to take in all by themselves! Coaches will promote physical fitness in addition to learning the start of fundamental gymnastics skills. Students are encouraged to learn turn-taking, manners and other early childhood social skills in addition to developing body awareness, coordination & cooperative learning. As always, the emphasis for this class is FUN FUN FUN! (45 min 1x/wk) **CLASSES AFTER 3PM WILL BE UPSTAIRS**

## Fantastic 4S:

This co-ed class is for children 4-5 years old & is a foundational class leading into our Rec. Program for school aged gymnasts. Children will be encouraged to master progressively more difficult gymnastics skills while working on coordination and motor skills. Children will continue to experience strength training in the form of Loose-foam play, Tumbtrak and slide stations. (55mins 1x/wk) **CLASSES AFTER 3PM WILL BE UPSTAIRS**

# GYM POLICIES

\*If you cancel your registration in writing BEFORE the session start date-- JANUARY 6 for Session 3 and MARCH 12 for Session 4, we will issue a credit for the session tuition only, good for one calendar year. This credit is non-transferable and only valid towards a future preschool or rec. class. Once the session has begun, regardless of your class day, no credits will be issued.

\*You may switch classes free of charge up until a week before the Session begins. After that, a \$10 change fee will be applied. This will not be charged for moving up or down a level.

\*PARENTS ARE RESPONSIBLE FOR THEIR CHILDREN BEFORE AND AFTER CLASS. Please be in the lobby 5 minutes before your child's class is over to meet them. No child should be left unattended! We are not responsible to lost belongings!

\*We reserve the right to cancel classes without a minimum of 2 students

\*In order to secure a spot in any of our classes, we must receive a completed registration form, signed waiver, tuition payment & the annual non-refundable registration fee.

\*We do not re-enroll students automatically, nor do we maintain a priority registration system. Spots are always filled on a first-come, first serve basis. Remember to sign up for BOTH sessions in order to guarantee your spot.

\*Girl students should wear a leotard, and boys a tshirt/shorts--please no jeans, skirts, or other loose clothing or jewelry (stud earrings are ok :) All hair past chin, needs to be pulled up.

\*Gym Closing Policy - Please see the front of registration form for our dates we will NOT have class. In the event of inclement weather, our Gymnastics Training Center will generally follow suggested Mountain Brook School Closing Schedules. We will post closings on our website, as well as send an email to your email address you provided at registration. Make ups will not be offered if class is cancelled due to weather.

**\*UNFORTUNATELY, WE DO NOT OFFER MAKE UP CLASSES. NO EXCEPTIONS**

	Monday	Tuesday	Wednesday	Thursday	Friday
Tumble Buddy 2S	9:15 11:00 10:10 6:20	9:00 2:25 10:00 6:30 11:00	9:00 11:00 10:00 5:30	9:00 2:30 10:00 11:00	9:15 10:10 11:10
3 All Me	9:15 1:15 10:10 1:25 11:10 2:20	9:00 1:25 10:00 2:25 11:00 5:40	9:00 1:25 10:00 2:20 11:00 3:45	9:00 1:25 10:00 3:50 11:00 5:20	9:00 10:10 11:10
Fantastic 4S	9:15 1:25 10:10 2:20 11:00 5:25 1:15	9:00 2:25 10:00 3:35 11:00 4:35 1:15 5:30 1:25	9:00 1:25 10:00 2:20 11:00 4:30 1:15	9:00 1:25 10:00 2:30 11:00 4:45 1:20	9:05 10:10 11:10 1:20

CLASS LEVEL	SESSION #3 (Jan. 6th-Mar 9th)	SESSION #4 (Mar. 12th-May 20th)	PRORATED REG. FEE	
			SINGLE	FAMILY
Tumble Buddy 2s	\$140	\$140	\$48	\$68
3 All Me	\$145	\$145	\$48	\$68
Fantastic 4s	\$170	\$170	\$48	\$68

MOM: \_\_\_\_\_ MOM CELL: \_\_\_\_\_

DAD: \_\_\_\_\_ DAD CELL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL: \_\_\_\_\_

EMERGENCY CONTACT NAME & CELL (NOT PARENT): \_\_\_\_\_

IF POSSIBLE, PLEASE GROUP WITH: \_\_\_\_\_

ANY SPECIAL NEEDS WE NEED TO BE AWARE OF? \_\_\_\_\_

CHILD (1): \_\_\_\_\_ CHILD (2): \_\_\_\_\_

BIRTHDATE: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
male female male female

CLASS LEVEL: \_\_\_\_\_ CLASS LEVEL: \_\_\_\_\_

1ST CHOICE DAY: \_\_\_\_\_ TIME: \_\_\_\_\_ 1ST CHOICE DAY: \_\_\_\_\_ TIME: \_\_\_\_\_

2ND CHOICE DAY: \_\_\_\_\_ TIME: \_\_\_\_\_ 2ND CHOICE DAY: \_\_\_\_\_ TIME: \_\_\_\_\_

I have read and fully understand all of the information and policies listed in this registration form

**X** \_\_\_\_\_ PARENT/GUARDIAN SIGNATURE