



## 1<sup>ST</sup> PORT NELSON SCOUT EMERGENCY KIT PROJECT

The contents of a Scout Survival Kit should be appropriate for the type of terrain and time of year.

*The following kit list is for general use:*

### **Emergency Water & Food for Energy - emphasize energy from protein & carbohydrates over fats:**

- Bouillon cubes, soups, granola bars, high sugar hard candy, chocolate, GORP, etc.
- Water purification tablets or bleach in a waterproof vial for treatment of water (boiling for 5 minutes is superior if fuel is not limited)

### **Signaling, Fire Lighting & Warmth**

- Matches in protective case
- Metal mirror (signal, fire starter)
- Whistle (Fox 40) (combinations of 3 blows means an "emergency" and call for help)
- Pencil and paper (leave messages behind for rescuers)
- Candle (warmth, fire lighting)

### **Survival Equipment - hunting & fishing**

- Compass (Protractor type preferred) (direction & time - used only when you know the way to safety)
- Razor blade or small sharp knife (spear point, shelter making, fire making, etc.)
- Heavy fishing line (25-pound test) (fishing, shelter, any place string or rope needed)
- Fish hooks and lures
- 2-4 m of fine wire (snares, shelter making, etc.)
- 2-5 m of heavy aluminum foil (cooking/drinking and utensil making)
- Small roll of duct tape

### **First Aid Supplies**

- Adhesive tape
- Gauze pads
- Adhesive bandages (Band-Aids)
- Scissors (optional)
- Sun screen & lip balm
- Antibiotic/disinfectant solution/wipes

### **Waist Pouch/Water Proof Kit (for contents) - *Make it easy to carry & keep!***

- Consider a pouch big enough to carry your Survival Kit and other hike items