

# Swim Lesson Request Form

You must have a current membership, lease, or late summer pass with Hayfield Farm Swim Club to participate in swim lessons. Rates vary by instructor.

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Contact Email: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

Can you receive texts from the phone number listed above? **Yes / No**

Instructor Preference (optional): \_\_\_\_\_

Ability of swimmer (check all that **currently** apply):

- Afraid of the water (won't let go of wall/ won't put face in the water)
- Will put face in water
- Holds nose closed when underwater
- Needs a floatation device to keep head above water
- Can tread water/ keep head above water to breathe without touching the bottom
- Can float on back
- Able to dog paddle for short distances (1/4 of the pool or less)
- Can swim unassisted for roughly half a pool length
- Can swim a full length of the pool unassisted
- Additional comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Goal of receiving lessons (check all that apply):

- Become comfortable in the water (work on holding breath, blowing bubbles, letting go of wall, and basic kicking/paddling; swimmer may not be ready to swim independently)
- Pass swim test (swim full length of the pool unassisted and tread water for 30 seconds)
- Go off diving boards (must pass swim test as well)
- Learn strokes/ proper swimming technique (swim team prep)
- Other: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Availability (list the best days/times that work for you):

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Thank you for requesting a swim lesson! Return this form to the front office, and an instructor will contact you shortly regarding rates and scheduling! If you have any questions, please email [hpsclessons@gmail.com](mailto:hpsclessons@gmail.com)

Lessons should be paid for by cash or check (made out to **Hayfield Farm Swim Club** or **HFSC**) after each lesson.