



Noreen's Kitchen

Everything Bagel Sprinkle/Topping

Ingredients

2 tablespoons sesame seeds	2 tablespoons dehydrated minced onion
2 tablespoons poppy seeds	2 tablespoons Kosher salt
2 tablespoons sunflower seeds (optional)	2 tablespoons cracked black pepper (optional)
2 tablespoons dehydrated minced garlic	1 tablespoon red pepper flakes (optional)

Step by Step Instructions

Combine ingredients together in a jar with a tight fitting lid.

Shake well to combine.

Store in a cool dry place.

Use as a topping for your favorite bagel recipe or on top of bread or rolls.

Add 2 tablespoons to a brick of softened cream cheese to make a tasty spread for crackers!

ENJOY!