



CAREER ENRICHMENT

Mental Health Journey



Join us to explore Israel, Palestine & Jordan, a region steeped in history, diversity, and local traditions. Journey with us to this Ancient Land to explore healthcare, daily life, and the many complexities of this beautiful and mysterious region.

Program Highlights

- **9 night/11-day** journey through Israel, Palestine, and Jordan.
- **Optional post-program extension** in Amman, Jordan
- We will apply for **10 CE** for this journey. The University of Denver, Graduate School of Professional Psychology (GSPP) is approved by the American Psychological Association to sponsor continuing education for psychologists. GSPP maintains responsibility for this program and its content.

Focus on Healthcare

- Interact with **mental health faculty** from a local university like *Ono Academic College* in Tel Aviv and/or the *University of Jordan* in Amman to learn about education and training of psychologists.
- Develop knowledge of the Israeli and Jordanian systems of health through talks on the complex nature of mental health issues they are both facing.
- Visit a **local hospital or clinic** in Amman to talk to psychologists and allied healthcare professionals about the types of care they provide in this setting in Jordan including access to care.
- Meet with a local mental health society like the **Israeli Mental Health Association** and their role in policy making and advocacy.

Focus on the Community & Culture

- Gain authentic cultural insight during an evening spent enjoying a **home-cooked meal with a local family** in Nazareth.
- Visit a family-owned coffee mill called **El-Babo**; meet the owner and learn about coffee making in the region.
- Explore Jerusalem including a visit to the **Jewish Wailing Wall**, a walk along the **Via Dolorosa**, the **Church of Holy Sepulcher**, **King David's tomb**, the **Room of the Last Supper** and much more.
- Explore the world's foremost holocaust museum, **Yad Vashem**.
- Cross a bucket list item off your list with a site visit to the **Dead Sea** as well as **ancient Petra**, often called the 8th wonder of the world.

Program Leader: Thomas Barrett, Ph.D., Clinical Professor Emeritus, Graduate School of Professional Psychology at the University of Denver

Dr Barrett was senior medical officer and senior mental health consultant for the mental health and substance abuse department for the World Health Organization in Geneva, Switzerland between 2004 and 2007. He was the Mental Health Director for the state of Colorado between 1994 and 2004 and program evaluation and executive director for Bethesda Community Mental Center in Denver between 1974 and 1990.



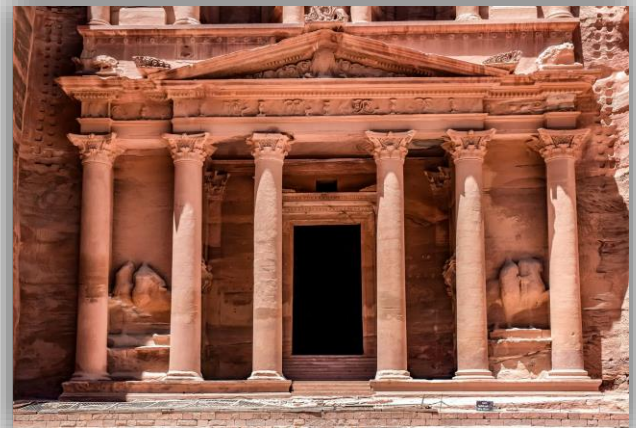
ISRAEL, PALESTINE & JORDAN

January 6-16, 2024

\$6,999 (based on double occupancy)

\$1,149 (single supplement)

BOOK NOW 888.747.7501



Why Nanda Journeys?

Travel for people with purpose and passion. See for yourself what a difference travel makes.

Ready to go?

Tel: 888.747.7501

Email: info@nandajourneys.com

Website: www.nandajourneys.com

CST 2121590-40