### **KITTITAS COUNTY EMS DIVISION**

**Health & Safety Institute (HSI)** 

# First Aid · CPR · AED

2025

**Kittitas Valley Fire & Rescue** 

400 E. Mt. View Ave, Ellensburg

Saturday, January 25th

9 a.m. to 11:30 a.m.

Cost: \$55 (includes card)

**Registration Deadline: 1/22** 

KCHD#2 - Medic One, St. #99

111 Pine St., Cle Elum

Saturday, February 8th

9 a.m. to 11:30 a.m.

Cost: \$55 (includes card)

Registration Deadline: 2/5

# THIS WILL BE A "BLENDED" COURSE (online & in-person)

To register: Please go to the website link and follow instructions for online registration.

https://www.kittitascountyems.org/fa-cpr-aed-resources-1.html

(Please specify date of class in all communications)

To participate: You must complete the online portion through HSI prior to course.

You will receive a link via email from "HSI Platform" once you are registered and confirmed.

Any questions, please email or call: kcems@co.kittitas.wa.us or 509-674-2932.

## **INFECTIOUS DISEASE PRECAUTIONS**

If you have one or more of the following COVID-19 / influenza like illness symptoms within 72-hours of class date, you should not attend and should contact your healthcare provider if needed.

-Fever or chills -Cough -Fatigue -Shortness of breath or difficulty breathing

-Headache -Sore throat -Diarrhea -Muscle or body aches

-Nausea/vomiting -Congestion/runny nose -New loss of taste or smell

#### For more information

Kittitas County EMS Division FA/CPR/AED Resources (kittitascountyems.org) 509-674-2932