

Spectrum Sports Inc.

TROMPER.... 3 ½ - 4 ½ yrs. (45 min)

Pre-Building gymnastics class, using obstacle course learning in a structured class. As the kids work through connecting progressions of skills to the full skill, the excitement of learning gymnastics is evident. Their knowledge of gymnastics terminology, increases while listening to directions and taking turns towards achievement while the Instructor encourages and spots skills they are learning. This class is active for of variety with rewards for trying.

3-7 Trompers in class

- Pre School program is a structured format using reinforcer's, reward and discovery stations in class