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Dr. Aly Cohen Named a Jones/Lovell Integrative Rheumatology Fellow

Arizona Center for Integrative Medicine
at The University of Arizona School of Integrative Medicine

Monroe Twp., NJ, February 6, 2012 - Dr. Aly Cohen, founder of Integrative Rheumatology Associates in Monroe Township, New Jersey, was recently named the Jones/Lovell Integrative Rheumatology Fellow of the Class of Winter 2013 by the Arizona Center for Integrative Medicine at The University of Arizona School of Integrative Medicine. Only one fellowship is awarded annually to an applicant with a strong commitment to practicing integrative rheumatology, as well as the desire to serve as a community and academic center resource for physicians, residents, and fellows. The long-term goal of the Arizona Center for Integrative Medicine is for these physicians to become mentors and instructors in the training of future rheumatology fellows; and to serve as advisors to the Arizona Center for Integrative Medicine as it further develops an Integrative Rheumatology Fellowship program.

Dr. Cohen founded Integrative Rheumatology Associates, P.C. (IRA) in 2011, with the vision of creating a medical practice that treats every patient with dignity while providing the highest level of patient care. IRA is a comprehensive, evidence-based rheumatology practice that integrates the best of western medicine, with complementary and alternative medicine options in order to maximize pain relief, disease management, and global health.

She is a Board Certified Internist and Rheumatologist who specializes in arthritis, immune system disorders, as well as women's health and wellness. Dr. Cohen is committed to an integrative approach to medicine that takes into account the whole person (mind, body, and spirit), instead of just the patient's symptoms. She invests the time to develop a therapeutic relationship with her patients so they are aware of all of the available treatment options and appropriate therapies, both conventional and alternative.

Dr. Cohen earned an undergraduate degree from the University of Pennsylvania and completed her medical training at Hahnemann University Hospital School of Medicine in Philadelphia. She did her internship and residency in Internal Medicine at Beth Israel Medical Center in New York City. In addition, Dr. Cohen received specialist training in Rheumatology and Autoimmune Diseases at Montefiore Hospital/Albert Einstein University Hospital in the Bronx, New York. She was also trained in medical acupuncture at the Helms Institute at UCLA and in Environmental Medicine at The University of Arizona School of Integrative Medicine, the world's leader in Integrative Medical education. More information on IRA is available at www.irahealth.com.

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