

## Beach Soccer Rule quick guide

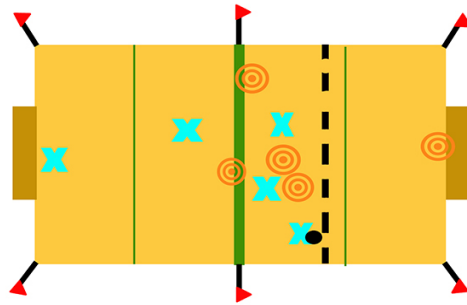
- # Of Players- 5v5 – 4 field players and 1 goalkeeper. For coed divisions must have a minimum of 2 female players on the field during play. If a female player is unable to play then the team must play down a player. All Coed teams shall have a maximum of 3 male players on the field at a time.
- Substitutions are made on the Fly but subs may not enter field until the other player has fully left the field through the substitution zone (the center line)
- Red cards – The team will receive a 2 minute penalty, and the player that committed the offence will be denied permission to play the rest of the game and the next game. Player may be asked to leave the property per the Referees Discretion.
- Games consist of 3, 11- minute periods separated with 2, 2-minute breaks.
- Kickoffs – Goals cannot be directly scored from a kick off. All players from the opposing team must be at least 5 yards from the ball.
- No Offside Rule
- Throw in/Kick ins- Anytime that the ball goes completely over the side line it is considered out of bounds. Play is restarted with either a kick in or a throw in. A goal CANNOT be scored directly off a Throw or Kick in.
- Goal Clearance – A ball that wholly crosses the end line whether in the air, or on the ground, and is touched last by the attacking team and a goal is not scored results in a goal clearance. The goalkeeper has 4 seconds to distribute the ball once he gets control of the ball. The goalkeeper shall only distribute the ball with his hands. A goal CANNOT be scored directly off a Goal Clearance.
- Free Kicks – All Free Kicks are Direct. (a goal can be scored directly from kick.) Direct Kicks will be awarded to the opposing team if a player commits any of the following offenses in a manner that the Referee considers to be reckless, careless, or using excessive force.
  - Kicks or attempts to kick an opponent
  - Tackles or attempts to tackle an opponent
  - Sliding an opponent

- Charges an opponent
- Strikes or attempts to strike an opponent
- Pushes an opponent

Direct kicks will also be given if an opponent commits any of the following offenses:

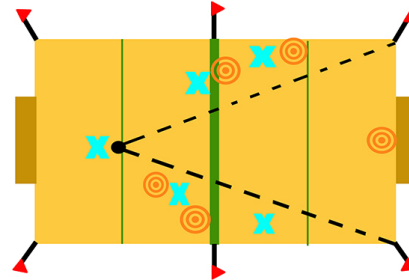
- Holds an Opponent
- Spits at an opponent
- Handles the ball
- Holds the ball with their legs deliberately so as to waste time
- Plays in a dangerous manner
- Prevents the goalkeeper from releasing the ball with their hands
- Tackles an opponent before the ball when attempting to win possession
- Holds or prevents an opponent from executing a scissor or overhead kick
- 4 second rule
- pass back rule
- Direct Kicks in defensive half – Ball will be placed where the offence was committed. A “Clear Zone” is established from where the ball is placed to each of the opponents corner flags. No one except the goalkeeper may be inside of the “Clear Zone.” No one may enter the clear zone until one of the following occurs, the ball goes out of clear zone, the ball goes over the goal line, the ball hits any of the goal posts, the goalkeeper touches the ball.
- Direct Kicks in Attacking half- The ball will be placed where the offence was committed. All players from both teams except for the opposing goalkeeper must be behind the ball before the kick.
- When taking a Direct Free Kick, Corner Kick, or In-bounds Kick In, a player may make a small mound of sand to elevate the balls position. Once the ball is placed and the whistle is blown the player has 4 seconds to take the kick.

Direct Kick on the Offensive Half



Defending Team  
Offensive Team

Direct Kick on the Defensive Half



Defending Team  
Offensive Team

- 4 Second Rule – a team may only have the ball in their own penalty area for a maximum of 4 seconds before they have to distribute it out.
- Pass-Back Rule – a player may chip the ball back to his goalkeeper's hands. It shall be considered a handball if a player plays it back to the keepers hands twice consecutively without another player touching the ball.
- No Punting
- The Scissor Kick Rule – No player shall interfere with an opponent attempting to carry out a scissor kick that has been set up by the kicker. It will be considered a foul and the attacker is awarded with a Direct Kick.