



AAP

AUTOMATIC FITNESS PLUS

24/7 Customer Support
Live Personal Trainers
Guiding Your Every Step



A lifestyle friendly health and fitness app that produces automatic results by adjusting the 3 crucial training components responsible for changing the body in the most efficient way.

User and lifestyle friendly designed to work in harmony with the natural rhythm of the physiology which produces immediate and sustained results. Achieve results with pinpoint accuracy.

MONEY BACK GUARANTEE!

3 Distinct Training Packages with choice of Nutrition, Cardio, Resistance Training 30/60/90 Day Plans.

Packages range between \$70 and \$203 with Special VIP Packages available upon request for pro-athletes, celebrities, individuals with specific time-line goals.

Program Package Includes: In-depth analysis, resistance training, cardio conditioning, nutrition goals



Call 1-800-816-1649 or Email automaticdiet@yahoo.com

For A Free Consultation or 7-Day Free Trial

www.automaticfitnessplus.com