





**Please mark all that apply:**

**General:**  N/A

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Poor Appetite       | <input type="checkbox"/> Sweating Easily | <input type="checkbox"/> Localized Weakness           | <input type="checkbox"/> Strong Thirst |
| <input type="checkbox"/> Cravings            | <input type="checkbox"/> Fever           | <input type="checkbox"/> Weight Loss                  | <input type="checkbox"/> Chills        |
| <input type="checkbox"/> Changes of Appetite | <input type="checkbox"/> Disturbed Sleep | <input type="checkbox"/> Bleeding and Bruising Easily |  |
| <input type="checkbox"/> Night Sweats        | <input type="checkbox"/> Weight Gain     | <input type="checkbox"/> Poor Balance                 |  |
| <input type="checkbox"/> Insomnia            | <input type="checkbox"/> Tremors         | <input type="checkbox"/> Sudden Energy Drop           |  |

**Skin & Hair:**  N/A

- |  |   |  |                                   |                                |                                    |                                  |
|--|---|--|-----------------------------------|--------------------------------|------------------------------------|----------------------------------|
| <input type="checkbox"/> Rashes                  | <input type="checkbox"/> Pimples          | <input type="checkbox"/> Ulcerations                     | <input type="checkbox"/> Dandruff | <input type="checkbox"/> Hives | <input type="checkbox"/> Hair Loss | <input type="checkbox"/> Itching |
| <input type="checkbox"/> Recent Changes in Moles | <input type="checkbox"/> Eczema/Psoriasis | <input type="checkbox"/> Changes in Texture of Hair/Skin |                                   |                                |                                    |                                  |

**Head, Eyes, Ears, Nose & Throat:**  N/A

- |                                       |   |  |  |   |
|---------------------------------------|---|--|--|---|
| <input type="checkbox"/> Dizziness    | <input type="checkbox"/> Eye Pain       | <input type="checkbox"/> Blurry Vision   | <input type="checkbox"/> Sinus Problems        | <input type="checkbox"/> Lip/Tongue Sores       |
| <input type="checkbox"/> Concussions  | <input type="checkbox"/> Poor Vision    | <input type="checkbox"/> Cataracts       | <input type="checkbox"/> Migraines             | <input type="checkbox"/> Night Blindness        |
| <input type="checkbox"/> Glasses      | <input type="checkbox"/> Eye Strain     | <input type="checkbox"/> Color Blindness | <input type="checkbox"/> Ringing in Ears       | <input type="checkbox"/> Nose Bleeds            |
| <input type="checkbox"/> Poor Hearing | <input type="checkbox"/> Grinding Teeth | <input type="checkbox"/> Headaches       | <input type="checkbox"/> Ear Aches             | <input type="checkbox"/> Spots in front of eyes |
| <input type="checkbox"/> Facial Pain  | <input type="checkbox"/> Teeth Problems | <input type="checkbox"/> Jaw Clicks      | <input type="checkbox"/> Recurrent Sore Throat | <input type="checkbox"/> Eye Strain             |

**Cardiovascular:**  N/A

- |                                      |  |  |  |  |
|--------------------------------------|--|--|--|--|
| <input type="checkbox"/> Dizziness   | <input type="checkbox"/> Phlebitis           | <input type="checkbox"/> Fainting            | <input type="checkbox"/> Swelling of Feet  | <input type="checkbox"/> Low Blood Pressure  |
| <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Cold Hands/Feet     | <input type="checkbox"/> Swelling of Hands | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Chest Pain  | <input type="checkbox"/> Difficult Breathing | <input type="checkbox"/> Irregular Heartbeat |  |  |

**Respiratory:**  N/A

- |                                    |  |  |  |  |
|------------------------------------|--|--|--|--|
| <input type="checkbox"/> Cough     | <input type="checkbox"/> Asthma            | <input type="checkbox"/> Bronchitis                      | <input type="checkbox"/> Excess Phlegm | <input type="checkbox"/> Pain with deep inhale |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Coughing up Blood | <input type="checkbox"/> Difficult Breathing Laying Down |  |  |

**Gastrointestinal:**  N/A

- |                                      |   |   |                                       |   |
|--------------------------------------|---|---|---------------------------------------|---|
| <input type="checkbox"/> Nausea      | <input type="checkbox"/> Blood in Stool | <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Black Stools | <input type="checkbox"/> Bloating             |
| <input type="checkbox"/> Diarrhea    | <input type="checkbox"/> Rectal Pain    | <input type="checkbox"/> Gas            | <input type="checkbox"/> Constipation | <input type="checkbox"/> Gallbladder Surgery  |
| <input type="checkbox"/> Indigestion | <input type="checkbox"/> Vomiting       | <input type="checkbox"/> Bad Breath     | <input type="checkbox"/> Hemorrhoids  | <input type="checkbox"/> Chronic laxative Use |
| <input type="checkbox"/> Belching    |   |   |                                       |   |

**Genitourinary:**  N/A

- |   |   |  |   |
|---|---|--|---|
| <input type="checkbox"/> Pain in Urination    | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Urgency Urination | <input type="checkbox"/> Decrease in Flow |
| <input type="checkbox"/> Unable to Hold Urine | <input type="checkbox"/> Impotence          | <input type="checkbox"/> Blood in Urine    | <input type="checkbox"/> Kidney Stones    |
| <input type="checkbox"/> Sores on Genitals    |   |  |   |

**Musculoskeletal:**  N/A

- |  |                                    |  |                                       |  |
|--|------------------------------------|--|---------------------------------------|--|
| <input type="checkbox"/> Neck Pain     | <input type="checkbox"/> Back Pain | <input type="checkbox"/> Hand/Wrist Pain | <input type="checkbox"/> Muscle Pains | <input type="checkbox"/> Muscle Weakness |
| <input type="checkbox"/> Shoulder Pain | <input type="checkbox"/> Knee Pain | <input type="checkbox"/> Foot/Ankle Pain | <input type="checkbox"/> Hip Pain     |  |

**Neuropsychological:**  N/A

- |  |                                      |  |  |   |
|--|--------------------------------------|--|--|---|
| <input type="checkbox"/> Seizures        | <input type="checkbox"/> Poor Memory | <input type="checkbox"/> Loss of Temper    | <input type="checkbox"/> Dizziness/Vertigo | <input type="checkbox"/> Loss of Coordination         |
| <input type="checkbox"/> Loss of Balance | <input type="checkbox"/> Anxiety     | <input type="checkbox"/> Areas of Numbness | <input type="checkbox"/> Depression        | <input type="checkbox"/> Easily Susceptible to Stress |

**Reproductive & Gynecologic:**  N/A

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> Premenstrual Changes | <input type="checkbox"/> Heavy Menstrual Flow | <input type="checkbox"/> Premature Births | <input type="checkbox"/> Menstrual Clots  |
| <input type="checkbox"/> Light Menstrual Flow | <input type="checkbox"/> Miscarriages         | <input type="checkbox"/> Painful Menses   | <input type="checkbox"/> Irregular Menses |
| <input type="checkbox"/> Unusual Menses       | <input type="checkbox"/> Infertility          |   |   |

Age of First Menses \_\_\_\_\_ Age of Menopause \_\_\_\_\_ First Day of Last Menses \_\_\_\_\_

Number of Pregnancies \_\_\_\_\_ C-Section  Yes  No If Yes, how many? \_\_\_\_\_

Are you on Birth Control Pills?  Yes  No If Yes, how long? \_\_\_\_\_

**Other Problems Not Listed:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Wentzville Chiropractic and Acupuncture Center

Joan Brower D.C.; Daryl Ridgeway D.C.; Xephyr Day D.C.; Leah Owens D.C.; Jay Hauptman D.C.

## CONSENT TO CHIROPRACTIC TREATMENT PLAN

### THE MATERIAL RISKS INHERENT TO YOUR TREATMENT

Chiropractic care is a safe and effective approach for many health conditions, however as with any healthcare procedures, chiropractic treatments present the risks of complications or negative side effects. The list below includes the various treatments available in our clinic and the potential risks associated with these treatments.

#### **CHIROPRACTIC EXAMINATION**

Prior to establishing a treatment plan the doctor must perform a Chiropractic Examination in order to determine the exact cause of your complaint. During the examination the doctor will perform some procedures or maneuvers intended to reproduce your symptoms which will allow for a better understanding of your condition and for the development of an appropriate treatment regimen. There is a slight possibility that these maneuvers may temporarily aggravate your symptoms.

#### **CHIROPRACTIC MANIPULATION THERAPY**

The risk associated with chiropractic treatments include, but are not limited to, dislocations and sprains, disc injuries, fractures, and strokes. These negative effects are very rare and your doctor has done a careful screening for contraindications during the consultation and examination. Another more common side effect associated with chiropractic manipulation therapy is some soreness or stiffness following the treatment. Your doctor may recommend the use of ice packs to reduce the discomfort.

#### **HOT AND COLD THERAPY**

Application of a hot or cold pack can cause a local burn. We place a towel underneath the pack to minimize this risk, however if you have very sensitive skin you may experience a reaction. Please inform your doctor if the application is uncomfortable

#### **ULTRASOUND**

The therapeutic effect of ultrasound is produced by heat. The risk associated with ultrasound therapy is burning of tissues at the application site. Ultrasound should not be painful. If you experience pain from the treatment please inform your doctor. If you have a metallic implant in the area to be treated, inform your doctor, as the implant concentrates the heat.

#### **ELECTROTHERAPY**

The therapeutic electronic current is transmitted to your body via electrodes. A small defect in the electrode coating, not always detected by observation, may concentrate the current, causing a small burn to the skin. If you feel it sting where the electrode is placed, please inform your doctor. Electronic stimulation causes muscles to contract and in rare instances a muscle cramp may occur during such treatment. Inform your doctor if the procedure is uncomfortable.

#### **GRASTON SOFT TISSUE TECHNIQUE**

A metallic instrument is used to strip a muscle or tendon, softening adhesions and promoting healing of the injured or scared tissue. In some instances this procedure may cause bruising and some reactive swelling. This may be uncomfortable, but is not causing any harm to the patient and this reaction is part of the healing process. Please inform your doctor if you are taking blood thinner medication or if you bruise easily.

#### **LABORATORY TESTS**

Laboratory tests, including the collection of a blood sample may be ordered to help diagnosis your condition. Some patients may faint at the site of needles or blood. Patients with delicate veins may experience some bruising at the skin puncture site. In very rare instances the needle can touch a nerve causing pain for a few days or a few weeks.

#### **ACUPUNCTURE TREATMENT**

Acupuncture is a generally safe treatment, but may have some side effects including bruising, numbness, tingling, itching, and dizziness or fainting. Extremely rare risks of Acupuncture include spontaneous miscarriage, nerve damage, and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although the clinic using sterile disposable needles and maintains a clean and safe environment.

#### **WATER TABLE THERAPY**

Water table therapy uses warm, jetted water to help massage and relax your muscles. May cause redness and/or an itchy sensation to the back. Temperature can get hot, please inform your doctor if it becomes uncomfortable.

#### **INFRARED**

Laser light therapy used for intracellular healing. Infrared is great for injuries, rashes, and many other ailments. Infrared can be harmful if used incorrectly near the eyes.

#### **HEAT LAMP THERAPY**

Heat lamp therapy increases circulation, loosens fascia, and accelerates the natural healing process, mainly used in conjunction with acupuncture. May cause burning if used too close to the skin.

#### **MASSAGE THERAPY**

Massage therapy is used to relax the muscles and tendons. May cause some bruising, temporary muscle soreness, headaches and/or dizziness.

**DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.** Please check the appropriate block and sign. I have read ( ) or have had read to me ( ) the above explanation of the chiropractic adjustment and related treatment. I have discussed it with the clinic and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risk involved in undergoing treatment and have decided that it is in my best interest (or, in the case of a minor, in the best interest of the patient) to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

\_\_\_\_\_  
(Patient's Name Printed)

\_\_\_\_\_  
(Patient or Guardian's Signature)

\_\_\_\_/\_\_\_\_/\_\_\_\_  
(Date Signed)

\_\_\_\_\_  
(Witness's Name Printed)

\_\_\_\_\_  
(Witness's Signature)

\_\_\_\_/\_\_\_\_/\_\_\_\_  
(Date Signed)

# Wentzville Chiropractic and Acupuncture Center

## Privacy Notice Acknowledgement

**1. Wentzville Chiropractic and Acupuncture Center (WCAC):**

- a. Is required by federal law to maintain the privacy of your PHI (Private Health Information) and to provide you with a Privacy Notice detailing the practices legal duties and privacy practices with respect to your PHI..
- b. Is required by state law to maintain a higher level of confidentiality with respect to certain portions of your medical information that is provided for under federal law.
- c. Is required to abide by the terms of this privacy notice.
- d. Reserves the right to change the terms of this privacy notice and to make new privacy notice provisions affective for all of your PHI that it maintains. .
- e. Will not retaliate against you for filing a complaint.

**2. Authorization: I authorize WCAC to use and or disclose information to the following person(s):**

**Name:**

**Relationship:**

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**I do not want any medical information released except to myself**

**3. Limitations: In addition to the above, the following criteria is restricted to be released:**

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**4. Messages related to PHI: When leaving messages, I give permission to WCAC to leave a detailed message on the requested number. Please  one or all of the following:**

**Home Number**    **Work Number**    **Cell Phone Number**

**5. Voluntary Act: WCAC acknowledges that this Authorization is voluntary.**

**6. Revocation: I understand that this Authorization may be revoked by me at any time, provided that I submit a signed revocation form to WCAC. However, any revocation shall not apply to the extent that WCAC has taken action in reliance on this Authorization.**

**7. Copy of Authorization: If WCAC has requested this Authorization from me, I understand that they will provide me with a copy of this Authorization once signed.**

\_\_\_\_\_  
Name (Printed)

\_\_\_\_\_  
Signature of Patient and or Guardian

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**INFORMATION FORM**

<b>DOCTOR NOTES</b>	<b>STAFF NOTES</b>	<b>ABN AT</b>	<b>ABN GA</b>	<b>MISC. NOTES</b>

**PATIENT MISSED APPOINTMENT ACKNOWLEDGMENT:**

I hereby acknowledge that I will be charged a missed appointment fee if I do not call or cancel within 12 hours of my appointment time.

- **Chiropractic Appointment:** A \$25.00 fee for missed appointments
- **Massage Appointment:** A fee of half of the scheduled appointment

**X:** \_\_\_\_\_

**Date:** \_\_\_\_\_