

Belgrade Senior Center –April 2022 Activities

Activities may change without notice.

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 9:00 Full Body Workout 10:00 Needleaires 12:00 Lunch	2
3	4 9:00 Full Body Workout 10:15 Line Dancing 12:00 Lunch 12:30 Pinochle	5 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	6 8:30 Pinochle 12:00 Lunch 1:00 Zumba	7 9:30 Full Body Workout 12:00 Lunch 12:30 Mah Jongg 12:45-1:30 Sing Along	8 9:00 Full Body Workout 9:00 Needleaires 12:00 Lunch	9
10	11 9:00 Full Body Workout 10:15 Line Dancing 12:00 Lunch 12:30 Pinochle	12 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	13 8:30 Pinochle 12:00 Lunch 1:00 Zumba	14 9:30 Full Body Workout 12:00 Lunch 12:30 Mah Jongg 12:45-1:30 Sing Along	15 9:00 Full Body Workout 9:00 Needleaires 12:00 Lunch	16
17	18 9:00 Full Body Workout 10:15 Line Dancing 12:00 Easter Luncheon 12:30 Pinochle	19 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	20 8:30 Pinochle 12:00 Lunch April Birthday Lunch 1:00 Zumba	21 9:30 Full Body Workout 12:00 Lunch 12:30 Mah Jongg 12:45-1:30 Sing Along	22 9:00 Full Body Workout 9:00 Needleaires 12:00 Lunch 1:00 Cooking with Dave	23 Quilting Day
24	25 9:00 Full Body Workout 10:15 Line Dancing 12:00 Lunch 12:30 Pinochle	26 9:30 Full Body Workout 12:00 Lunch 12:45 Art Together	27 8:30 Pinochle 12:00 Lunch 1:00 Zumba	28 7:00-8:30 Breakfast Club 9:30 Full Body Workout 12:00 Lunch 12:30 Mah Jongg 12:45-1:30 Sing Along	29 9:00 Full Body Workout 9:00 Needleaires 12:00 Lunch 12:45 Puzzle Competition	30