


Belgrade Senior Center – July 2022 Menu

Call by 10:00 am to sign up for lunch: 406-388-4711. Menu subject to change without notice!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Salad Goulash Vegetables Fruit	2
3	4 Closed for 4 th of July! 	5 4th of July Picnic BBQ Ribs Potato Salad Baked Beans Corn on the cob Watermelon	6 Salad Salmon Rice Pilaf Vegetables Fruit	7 Salad Chicken Pot Pie with Vegetables Dessert	8 Salad Baked Potato Bar Fruit	9
10	11 Salad Salisbury Steak Potatoes Vegetables Fruit	12 Salad Shrimp Pesto Pasta Vegetables Dessert	13 Salad Chicken Fired Steak Potatoes Vegetables Fruit	14 Salad Chicken Enchiladas Vegetables Dessert	15 Cooking Class Salad Philly Cheese Steak Vegetables Fruit	16
17	18 Salad Roast Beef Mashed Potatoes Vegetables Fruit	19 Salad Gyros Vegetables Dessert	22 Birthday Lunch Salad Hot Turkey Sandwich Mashed Potatoes Vegetables Fruit	21 Salad Spaghetti & Meatballs Vegetables Dessert	22 Salad Taco Bar Fruit	23
24 31	25 Salad Egg Salad Sandwich Vegetables Fruit	26 Salad Meat Loaf Potatoes Vegetables Dessert	27 Salad Fried Chicken Oven Fries Vegetables Fruit	28 Breakfast Club Salad Fish Sandwich Vegetables Dessert	29 Salad Frito Pie Vegetables Fruit	30