Summer Camp FAQs 2025

Q. What are the times and days available for camp?

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- A camp day is 9:00 am 3:00 pm. We do not offer a half-day option at this time. You can
 opt to leave early or come late if necessary. The price, however, does not change.
- Camp is offered Monday through Friday starting the week of June 23, 2025 and ending on Friday, August 22, 2025.
- The only day we are closed for camps is Friday, July 4, 2025.
- You can sign up for single days or a full week. Make your own schedule!

Q. Do you offer early drop off or late pick up?

A. No, we do not. We do allow students to come in later than 9:00 am or get picked earlier than 3:00 pm if necessary. Please keep in mind that we do not discount the price of a day if that is ever the case. Campers can start entering the building at 8:45 am. If you are going to be a few minutes late, we ask that you please call to let us know.

Q. What is the cost of camp?

A. We are currently running a fantastic camp deal until Monday, May 5, 2025. Please take a look on our website for details.

Until Saturday, **June 21**, **2025**: The cost of a single day is \$65 per participant. The cost of a full week (Monday – Friday) is \$290 per participant. We offer a 10% discount for siblings.

After June 21, 2025: Our camp pricing will be changing for our individual days. The cost of a single day of camp will be \$75. The cost of a full week (Monday – Friday) will be \$290 per participant (same as usual). We will still be offering the sibling discount.

Q. Do you allow drop ins?

A. No. All camps must be paid for in advance so that we can be as prepared as possible on our end.

Q. What ages do you offer summer camp?

A. We offer camp for ages 3 and older. Campers must be potty-trained and able and willing to stay the day with us. As far as an age limit, we typically say that camp is appropriate for up to about age 12. For older students, the same applies. They must be willing to participate in all of the camp activities, including crafts and games.

- Q. Do you accept both boys and girls?
- A. Yes! Everyone is welcome. Camp is appropriate for all.
- Q. Do you require gymnastics experience?

A. No! We accept all levels of gymnastics experience from beginners to competitive team members. Our camps are what the child makes of them. Our instructors try to meet all students at their level, either skill or willingness. It is often a wonderful place to start a gymnastics career. A student will get to experience so much of what gymnastics has to offer. Many first-timers end up enrolling in classes after a camp experience. It could also be simply a place for a great workout!

Q. Do you separate the participants into groups?

A. Typically yes. Because we offer the opportunity to sign up for individual days of camp, our rosters are often different day to day. We try our best to make the groups based on ability and age if possible. We also understand that sometimes it is necessary for siblings/friends to be together. We do our best to make groups that will make the day as successful as possible.

- **Q.** What is your student to instructor ratio?
- **A**. Our typical ratio is 8:1. Some groups require lower ratios.
- **Q.** What is the drop off procedure?

A. When you arrive at the gym, please park in the parking lot in front of the gym. Adults are more than welcome to come inside the building to ready their child for the day. You can also just send them into the building good to go. Whatever you are you comfortable with!

Q. What if my child is very nervous. Can I stay for a while?

A. We welcome you to stay for a few minutes into our warm up and stretch time. After that, we highly recommend you give us the opportunity to help your child acclimate to a great day in the gym.

Q. What does pick up look like?

A. Pick up looks very similar to drop off. You are more than welcome to come in a few minutes ahead of time....check out the last few gymnastics skills of the day! We ready the campers to go home around 3:00 pm. We ask that you help to assure that each child has all of their belongings. If you will be having someone new pick up a camper, please give us a call or let us know at drop off.

Q. What if I signed up for camp and my child is sick the day of or something comes up?

A. Please call us immediately so we can be prepared. If we are able to sneak you into a make-up day, we will gladly do so. Please do, however, keep in mind that we may not have room. We will try our best though. There are no credits/refunds for missed days.

Q. What does a typical day of camp look like?

A. A typical day at day starts off with a warm up and stretch and a welcome activity. We split our campers up into their groups then start our gymnastics rotations. We bring them out to the tables in our lobby for a snack around 10:30 am. We then go back into the gym for some more gymnastics rotations. Lunch is from 12:00 – 12:30. After lunch, we head back into the gym area for more gymnastics, games and activities. We make time for a craft at 1:45 pm then head back into the gym. A little before 3:00 pm, we gather everyone to get all of their stuff together to get ready to go home. The majority of the day is spent working gymnastics skills on all of the events.

Q. What do they need to wear to camp?

A. Attire is something comfortable that they can easily move around in. We recommend leotards, tank tops, tee shirts, yoga pants, sweat pants, soft shorts. Please no buttons, zippers, or jewelry. All long hair must be tied back. We prefer no exposed midriffs. Everyone goes into the gym area barefoot for the best traction.

Q. What do they need to bring to camp?

A. All campers need to bring a lunch with a few snacks and a refillable water bottle. We have a water system in our locker room that they can use to refill their water bottle as needed. We recommend packing an extra set of clothing, just in case. Other than that, please pack light. Campers should not bring electronics or anything that can be broken or stolen. eNVy Gymnastics is not responsible for any broken or stolen items.

Q. Do you have food restrictions?

A. No. We can make arrangements at snack and lunch time to make sure that any allergies are addressed. Students wash hands and hand sanitize before and after eating.

- **Q**. Do you use themes for your camp weeks?
- **A**. Yes! Our themes are different and exciting each week. All activities, crafts, music, decorations each week correlate to the theme!
- **Q**. Do you have air conditioning?
- A. YES! We have A/C in our gym.
- **Q.** Do you go outside?
- **A**. No, we do not go outside daily as part of our curriculum. If we ever decided to do any outdoor activities, you would be made aware well ahead of time so you could prepare.
- Q. Do you have a lost and found?
- **A**. Yes. We have a lost and found in our locker room. We do not keep hair accessories or under garments. We also only keep items in the lost and found for 2 weeks then we donate/throw away.
- Q. This all sounds great! How do I register?
- **A.** We will need 2 things to get started.
 - 1. Completed release form: This is found on www.envygymnastics.com under the FORMS page. The form gets submitted electronically so we will see it on our end once you are finished. If you have already done this at some point under this system, we do not need you to fill it out again.
 - **2. Payment:** Give us a call at 401.624.1403 to take care of the payment with a credit card over the phone. Full payment is required to secure your desired spots. We do not offer a way to pay online at this time. Also, this gives you the opportunity to ask any questions that you may have!