

RUN4VALOR 5K (IN-PERSON: LONG ISLAND)

Place	Name (Team)	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	ROBERT RYAN (NYC NROTC)	MERRICK, NY	M: 1	RUNNER	5415	00:22:09.65	07:08	8.4mph	Male Overall: 1
2	JACK YOUNG (NYC NROTC)	FLORAL PARK, NY	M: 2	RUNNER	5444	00:22:10.56	07:09	8.4mph	Male Overall: 2
3	FRANCIS SENERCHIA	MOUNT SINAI, NY	M: 3	RUNNER	5419	00:22:11.76	07:09	8.4mph	Male Overall: 3
4	BOB KUJAWSKI	CUTCHOQUE, NY	M: 4	RUNNER	5376	00:22:15.59	07:10	8.4mph	Male 60 - 69: 1
5	ROARKE TOSI (NYC NROTC)	MEDFORD, NY	M: 5	RUNNER	5429	00:22:28.37	07:14	8.3mph	Male 20 - 29: 1
6	KC BRETT (SELDEN HILLS WARRIORS)	PORT JEFFERSON STA, NY	M: 6	RUNNER	5323	00:22:39.99	07:18	8.2mph	Male 60 - 69: 2
7	VICTOR PINEDA (NYC NROTC)	BRONX, NY	M: 7	RUNNER	5401	00:23:02.94	07:26	8.1mph	Male 20 - 29: 2
8	JUNIOR ROMERO	CENTRAL ISLIP, NY	M: 8	RUNNER	5414	00:23:05.17	07:26	8.1mph	Male 20 - 29: 3
9	LAWRENCE HUGHES	MASTIC BEACH, NY	M: 9	RUNNER	4059	00:23:07.14	07:27	8.0mph	Male 0 - 19: 1
10	MATTHEW WOOD		M: 10	RUNNER	3894	00:23:14.53	07:29	8.0mph	Male 40 - 49: 1
11	LIAM MAUSER		M: 11	RUNNER	4991	00:23:17.15	07:30	8.0mph	Male 0 - 19: 2
12	NICHOLAS GRETCHYN (NYC NROTC)	BAYSIDE, NY	M: 12	RUNNER	4109	00:23:22.90	07:32	8.0mph	Male 20 - 29: 4
13	KRISTEN MIRACLE (SELDEN HILLS WARRIORS)	ROCKY POINT, NY	F: 1	RUNNER	5392	00:23:40.62	07:38	7.9mph	Female Overall: 1
14	DOMENICK RIBAUDO (NYC NROTC)	MEDFORD, NY	M: 13	RUNNER	5411	00:23:50.38	07:41	7.8mph	Male 0 - 19: 3
15	PATRICK TUNSTEAD	EAST SETAUKET, NY	M: 14	RUNNER	5432	00:23:59.76	07:44	7.8mph	Male 40 - 49: 2
16	STEPHEN DE GORE	LONG BEACH, NY	M: 15	RUNNER	5333	00:24:09.01	07:47	7.7mph	Male 60 - 69: 3
17	BARBARA GUBBINS	SOUTHAMPTON, NY	F: 2	RUNNER	5362	00:24:12.91	07:48	7.7mph	Female Overall: 2
18	JAYDEN YOON		M: 16	RUNNER	3932	00:24:58.66	08:03	7.4mph	Male 0 - 19: 4
19	CARMINE GIRONDA	EAST SETAUKET, NY	M: 17	RUNNER	5351	00:24:59.30	08:03	7.4mph	Male 0 - 19: 5
20	WILLIAM TUNSTEAD		M: 18	RUNNER	3931	00:25:00.32	08:03	7.4mph	Male 0 - 19: 6
21	BRIANA TAYLOR	WADING RIVER, NY	F: 3	RUNNER	5428	00:25:03.59	08:05	7.4mph	Female Overall: 3
22	CHARLES SANDERS	GREENPORT, NY	M: 19	RUNNER	5416	00:25:24.21	08:11	7.3mph	Male 50 - 59: 1
23	ROBERT QUEBRAL (NYC NROTC)	BRONX, NY	M: 20	RUNNER	5403	00:25:45.31	08:18	7.2mph	Male 20 - 29: 5
24	EDWIN QUINTANILLA	CENTRAL ISLIP, NY	M: 21	RUNNER	5404	00:25:58.88	08:22	7.2mph	Male 20 - 29: 6
25	KIMBERLY SMOLOWITZ (SELDEN HILLS WARRIORS)	ROCKY POINT, NY	F: 4	RUNNER	5423	00:26:04.16	08:24	7.1mph	Female 50 - 59: 1
26	EILY KOCHON (NYC NROTC)	ULSTER PARK, NY	F: 5	RUNNER	5375	00:26:09.89	08:26	7.1mph	Female 20 - 29: 1
27	GRACE VAN VALKENBURG (NYC NROTC)	NEW YORK, NY	F: 6	RUNNER	5436	00:26:13.80	08:27	7.1mph	Female 20 - 29: 2
28	STEPHANIE BREE		F: 7	RUNNER	4785	00:26:19.29	08:29	7.1mph	Female 40 - 49: 1
29	EVE MILLNER	MOUNT SINAI, NY	F: 8	RUNNER	5391	00:26:23.17	08:30	7.0mph	Female 50 - 59: 2
30	HEIDI MARCHAND	CORAM, NY	F: 9	RUNNER	5385	00:26:32.53	08:33	7.0mph	Female 40 - 49: 2
31	MICHAEL MILLER	MOUNT SINAI, NY	M: 22	RUNNER	5390	00:27:14.10	08:47	6.8mph	Male 30 - 39: 1
32	COOPER HOTSCH		M: 23	RUNNER	4992	00:27:26.13	08:51	6.8mph	Male 0 - 19: 7
33	JOANNA CAMPO		F: 10	RUNNER	5270	00:27:30.38	08:52	6.8mph	Female 40 - 49: 3
34	ROBERT HAUGHN (SELDEN SELDEN, NY HILLS WARRIORS)		M: 24	RUNNER	5364	00:27:42.00	08:56	6.7mph	Male 60 - 69: 4
35	PAULIE LAROCCO (VFW 4927 PJS)	CENTEREACH, NY	M: 25	RUNNER	5378	00:27:48.95	08:58	6.7mph	Male 30 - 39: 2
36	ANDREW DALBEY	LINDENHURST, NY	M: 26	RUNNER	5329	00:27:49.02	08:58	6.7mph	Male 40 - 49: 3
37	KENNETH ARROYO (VFW 4927 PJS)	PORT JEFFERSON STATION, NY	M: 27	RUNNER	5318	00:27:49.25	08:58	6.7mph	Male 50 - 59: 2
38	ANDREA ADAMS	MILLER PLACE, NY	F: 11	RUNNER	5311	00:27:49.93	08:58	6.7mph	Female 50 - 59: 3
39	MOLLY SIEGEL	EAST SETAUKET, NY	F: 12	RUNNER	5422	00:27:50.13	08:58	6.7mph	Female 0 - 19: 1
40	ANTHONY YOUNGS	MOUNT SINAI, NY	M: 28	RUNNER	5445	00:28:01.99	09:02	6.6mph	Male 30 - 39: 3
41	SEAN HOGAN	RONKONKOMA, NY	M: 29	RUNNER	5366	00:28:11.78	09:05	6.6mph	Male 0 - 19: 8
42	GEORGE WOODHULL	RIVERHEAD, NY	M: 30	RUNNER	5438	00:28:19.42	09:08	6.6mph	Male 60 - 69: 5
43	CHRISTINE DEMPSEY		F: 13	RUNNER	5269	00:28:42.96	09:15	6.5mph	Female 50 - 59: 4
44	EDUARDO QUINTEROS	JAMAICA, NY	M: 31	RUNNER	5405	00:28:54.55	09:19	6.4mph	Male 40 - 49: 4
45	THOMAS BELLUCCI	MEDFORD, NY	M: 32	RUNNER	5322	00:29:06.47	09:23	6.4mph	Male 30 - 39: 4
46	GINA SQUITIERI	PORT JEFFERSON STATION, NY	F: 14	RUNNER	5425	00:29:11.16	09:24	6.4mph	Female 40 - 49: 4
47	MICHAEL MCCLURE	ROCKY POINT, NY	M: 33	RUNNER	5387	00:29:29.41	09:30	6.3mph	Male 70 - 100: 1
48	KELLY RINI	SAYVILLE, NY	F: 15	RUNNER	5413	00:29:43.76	09:35	6.3mph	Female 50 - 59: 5
49	MICHAEL DEGORE	MOUNT SINAI, NY	M: 34	RUNNER	5336	00:29:45.07	09:35	6.3mph	Male 30 - 39: 5

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50	LAWRENCE HUGHES SR	MASTIC BEACH, NY	M: 35	RUNNER	5369	00:29:52.20	09:38	6.2mph	Male 60 - 69: 6
51	KEVIN FUCHS	RIVERHEAD, NY	M: 36	RUNNER	5347	00:29:58.36	09:40	6.2mph	Male 50 - 59: 3
52	VICTOR FASSANO (SELDEN HILLS WARRIORS)	CENTEREACH, NY	M: 37	RUNNER	5342	00:30:00.01	09:40	6.2mph	Male 60 - 69: 7
53	WILLIAM UDE	MASTIC, NY	M: 38	RUNNER	5435	00:30:00.35	09:40	6.2mph	Male 60 - 69: 8
54	JOSEPH MAIORANA	SHIRLEY, NY	M: 39	RUNNER	5384	00:30:03.77	09:41	6.2mph	Male 50 - 59: 4
55	GLENN MORSE	MASSAPEQUA, NY	M: 40	RUNNER	5393	00:30:06.57	09:42	6.2mph	Male 70 - 100: 2
56	TANA PICCIRILLO	RONKONKOMA, NY	F: 16	RUNNER	5400	00:30:11.31	09:44	6.2mph	Female 60 - 69: 1
57	JAMILEE JONES	PATCHOGUE, NY	F: 17	RUNNER	5371	00:30:12.12	09:44	6.2mph	Female 30 - 39: 1
58	MAYGEN OVALLE	CORAM, NY	F: 18	RUNNER	5395	00:30:13.36	09:44	6.2mph	Female 40 - 49: 5
59	MELISSA REYES (SELDEN HILLS WARRIORS)	SELDEN, NY	F: 19	RUNNER	5410	00:30:13.47	09:44	6.2mph	Female 20 - 29: 3
60	SUSAN MURRAY	HAUPPAUGE, NY	F: 20	RUNNER	5394	00:30:26.89	09:49	6.1mph	Female 60 - 69: 2
61	MARISSA DEARBORN	SELDEN, NY	F: 21	RUNNER	5335	00:30:26.98	09:49	6.1mph	Female 40 - 49: 6
62	CHRIS WREDE	HOLBROOK, NY	M: 41	RUNNER	5439	00:30:27.78	09:49	6.1mph	Male 50 - 59: 5
63	PETER TUNSTEAD	EAST SETAUKET, NY	M: 42	RUNNER	5433	00:30:29.63	09:50	6.1mph	Male 0 - 19: 9
64	THOMAS TUNSTEAD	EAST SETAUKET, NY	M: 43	RUNNER	5434	00:30:29.74	09:50	6.1mph	Male 0 - 19: 10
65	MIKE ZALESKI	RIVERHEAD, NY	M: 44	RUNNER	5446	00:31:05.14	10:01	6.0mph	Male 50 - 59: 6
66	JASMIN DELGADO	CENTRAL ISLIP, NY	F: 22	RUNNER	5338	00:31:08.17	10:02	6.0mph	Female 20 - 29: 4
67	GREGORY FOLEY	MOUNT SINAI, NY	M: 45	RUNNER	5345	00:31:25.10	10:08	5.9mph	Male 30 - 39: 6
68	RICHARD HUGHES	PATCHOGUE, NY	M: 46	RUNNER	5368	00:31:39.62	10:12	5.9mph	Male 50 - 59: 7
69	DANIEL MARTINEZ	RIVERHEAD, NY	M: 47	RUNNER	5386	00:31:47.77	10:15	5.8mph	Male 20 - 29: 7
70	KAROLE KALIN-HOLMES	MILLER PLACE, NY	F: 23	RUNNER	5373	00:32:04.24	10:20	5.8mph	Female 50 - 59: 6
71	TERESA DIVAN	RIVERHEAD, NY	F: 24	RUNNER	5340	00:32:11.43	10:23	5.8mph	Female 60 - 69: 3
72	JAMES VERNEY	MOUNT SINAI, NY	M: 48	RUNNER	5437	00:32:52.59	10:36	5.7mph	Male 50 - 59: 8
73	WILLIAM PAPIANOU	SHIRLEY, NY	M: 49	RUNNER	5397	00:32:54.48	10:36	5.7mph	Male 70 - 100: 3
74	JACOB DELEON	MOUNT SINAI, NY	M: 50	RUNNER	5337	00:33:03.74	10:39	5.6mph	Male 30 - 39: 7
75	JANET LONGO		F: 25	RUNNER	4674	00:33:08.28	10:41	5.6mph	Female 60 - 69: 4
76	MURGRAY JOHN	QUEENS VILLAGE, NY	F: 26	RUNNER	5370	00:33:28.29	10:47	5.6mph	Female 20 - 29: 5
77	STEPHANIE BECKER	PORT JEFFERSON STATION, NY	F: 27	RUNNER	5320	00:33:30.17	10:48	5.6mph	Female 50 - 59: 7
78	CHRISTINE GIRONDA	CENTEREACH, NY	F: 28	RUNNER	5353	00:34:18.56	11:04	5.4mph	Female 20 - 29: 6
79	NORA ATCOSTA		F: 29	RUNNER	4677	00:34:21.55	11:05	5.4mph	Female 40 - 49: 7
80	CHRIS CURL		M: 51	RUNNER	4678	00:34:22.31	11:05	5.4mph	Male 50 - 59: 9
81	STEPHANIE STAFFORD (VETERAN COMMITTEE)	BLUE POINT, NY	F: 30	RUNNER	5426	00:34:52.90	11:15	5.3mph	Female 50 - 59: 8
82	ERIC LASKOWSKI (RUM RAISIN RUNNERS)	PATCHOGUE, NY	M: 52	RUNNER	5379	00:35:59.50	11:36	5.2mph	Male 40 - 49: 5
83	KAITLYN ANDERSON	MANORVILLE, NY	F: 31	RUNNER	5314	00:36:13.69	11:41	5.1mph	Female 30 - 39: 2
84	THOMAS TRAINOR	PATTERSON, NY	M: 53	RUNNER	5430	00:36:13.93	11:41	5.1mph	Male 20 - 29: 8
85	HALLIE KUJAWSKI	CUTCHOGUE, NY	F: 32	RUNNER	5377	00:36:42.89	11:50	5.1mph	Female 20 - 29: 7
86	BRIELLA TAPPEN	RONKONKOMA, NY	F: 33	RUNNER	5427	00:38:20.78	12:22	4.9mph	Female 0 - 19: 2
87	PETER BEIHOFF	RONKONKOMA, NY	M: 54	RUNNER	5321	00:38:21.07	12:22	4.8mph	Male 50 - 59: 10
88	ALMA LOPEZ	MEDFORD, NY	F: 34	RUNNER	5382	00:38:35.67	12:26	4.8mph	Female 70 - 100: 1
89	VANESA DELGADO	CENTRAL ISLIP, NY	F: 35	RUNNER	5339	00:38:44.13	12:29	4.8mph	Female 20 - 29: 8
90	PATRICK SCIACCHITANO	MOUNT SINAI, NY	M: 55	RUNNER	5418	00:39:04.42	12:36	4.8mph	Male 30 - 39: 8
91	COLLEEN SECKELER		F: 36	RUNNER	5073	00:40:06.85	12:56	4.6mph	Female 30 - 39: 3
92	APRIL ROSEQUIST		F: 37	RUNNER	4835	00:41:20.02	13:20	4.5mph	Female 50 - 59: 9
93	FRANK CAPONE	WADING RIVER, NY	M: 56	RUNNER	5327	00:41:21.29	13:20	4.5mph	Male 70 - 100: 4
94	DENISE REIDY	MEDFORD, NY	F: 38	RUNNER	5409	00:42:11.18	13:36	4.4mph	Female 50 - 59: 10
95	ZACHARY MAUSER		M: 57	RUNNER	5018	00:43:11.84	13:56	4.3mph	Male 0 - 19: 11
96	JOANNE PALISI	EASTPORT, NY	F: 39	RUNNER	5396	00:43:48.67	14:07	4.2mph	Female 60 - 69: 5
97	KELLY FERTIG	SOUND BEACH, NY	F: 40	RUNNER	5344	00:44:00.62	14:11	4.2mph	Female 50 - 59: 11
98	ANGIE MENDEZ FATA	CALVERTON, NY	F: 41	RUNNER	5389	00:45:54.13	14:48	4.1mph	Female 30 - 39: 4
99	JOSEPH FOLKS	MEDFORD, NY	M: 58	RUNNER	5346	00:46:21.50	14:57	4.0mph	Male 70 - 100: 5
100	HUGO MIGNON		M: 59	RUNNER	3889	00:46:28.46	14:59	4.0mph	Male 0 - 19: 12
101	NANCY WANG		F: 42	RUNNER	3901	00:46:29.59	14:59	4.0mph	Female 50 - 59: 12
102	REBECCA WYGAND	SHOREHAM, NY	F: 43	RUNNER	5440	00:47:29.02	15:19	3.9mph	Female 40 - 49: 8
103	KAT PETSCHAUER	WASHINGTON, NJ	F: 44	RUNNER	5398	00:50:34.36	16:18	3.7mph	Female 30 - 39: 5
104	JOHN (JAY) RATTO	WADING RIVER, NY	M: 60	RUNNER	5408	00:50:58.99	16:26	3.6mph	Male 50 - 59: 11
105	JACLYN LEONARD	NESCONSET, NY	F: 45	RUNNER	5381	00:51:02.42	16:27	3.6mph	Female 40 - 49: 9
106	DAPHNEY POGOLOFF	YAPHANK, NY	F: 46	RUNNER	5402	00:51:02.94	16:28	3.6mph	Female 30 - 39: 6

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107	MELISSA TUNSTEAD	EAST SETAUKET, NY	F: 47	RUNNER	5431	00:51:15.64	16:32	3.6mph	Female 40 - 49: 10
108	MICHELE SIEGEL	EAST SETAUKET, NY	F: 48	RUNNER	5421	00:51:16.59	16:32	3.6mph	Female 40 - 49: 11
109	LUCY GIRONDA	SMITHTOWN, NY	F: 49	RUNNER	5358	00:51:20.53	16:33	3.6mph	Female 60 - 69: 6
110	DANIELLE GIRONDA	COMMACK, NY	F: 50	RUNNER	5355	00:51:20.98	16:33	3.6mph	Female 0 - 19: 3
111	CHRISTOPHER GIRONDA	COMMACK, NY	M: 61	RUNNER	5354	00:51:21.36	16:33	3.6mph	Male 40 - 49: 6
112	AMY GIRONDA	COMMACK, NY	F: 51	RUNNER	5349	00:52:02.27	16:47	3.6mph	Female 40 - 49: 12
113	MARY BRETT (SELDEN HILLS WARRIORS)	PORT JEFFERSON STA, NY	F: 52	RUNNER	5324	00:52:13.20	16:50	3.6mph	Female 60 - 69: 7
114	SARAH DAMORE (SELDEN HILLS WARRIORS)	SEAFORD, NY	F: 53	RUNNER	5332	00:52:13.84	16:50	3.6mph	Female 50 - 59: 13
115	DONNA MCGILL (SELDEN HILLS WARRIORS)	SELDEN, NY	F: 54	RUNNER	5388	00:52:20.63	16:53	3.6mph	Female 60 - 69: 8
116	BOB ARNOLD	ROCKVILLE CENTRE, NY	M: 62	RUNNER	5316	00:52:34.63	16:57	3.5mph	Male 50 - 59: 12
117	DONNA R	ROCKVILLE CENTRE, NY	F: 55	RUNNER	5406	00:52:35.67	16:57	3.5mph	Female 50 - 59: 14
118	GILDA SCHULTZ	BLUE POINT, NY	F: 56	RUNNER	5417	00:52:54.02	17:03	3.5mph	Female 50 - 59: 15
119	SHERIN SHANAHAN	MIDDLE ISLAND, NY	F: 57	RUNNER	5420	00:52:55.63	17:04	3.5mph	Female 50 - 59: 16
120	ROB COSENTINO	EASTPORT, NY	M: 63	RUNNER	5328	00:53:05.11	17:07	3.5mph	Male 60 - 69: 9
121	ROGER THOMPSON		M: 64	RUNNER	5094	00:53:05.33	17:07	3.5mph	Male 70 - 100: 6
122	CELESTE RICE (MERMAIDS ♀ ON THE RU)	STONY BROOK, NY	F: 58	RUNNER	5412	00:53:06.81	17:08	3.5mph	Female 50 - 59: 17
123	INES MIGNON		F: 59	RUNNER	3860	00:53:19.07	17:11	3.5mph	Female 0 - 19: 4
124	ISABELLA GALLIANO		F: 60	RUNNER	3885	00:53:19.45	17:12	3.5mph	Female 0 - 19: 5
125	AMY PFISTER (RUM RAISIN RUNNERS)	PATCHOGUE, NY	F: 61	RUNNER	5399	00:53:22.31	17:13	3.5mph	Female 40 - 49: 13
126	DENISE RATTO	WADING RIVER, NY	F: 62	RUNNER	5407	00:58:28.40	18:51	3.2mph	Female 60 - 69: 9